



# COVID-19 Rec-Tangle Use Protocol

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## Purpose

This guideline is intended to establish procedures for managing and minimizing exposure of COVID-19.

## Background

COVID-19 is believed to be spread mainly by coughing, sneezing or direct contact with someone who is sick with COVID-19 or with surfaces they have recently touched.

**NOTE: This Protocol is based on the guidelines of Alberta Health Services and the orders and recommendations put in place by the Medical Officer of Health and OH&S Safety Code. The orders and recommendations of the Medical Officer of Health are changing as more information is gained on the nature of the virus. This guideline does not supersede any of the content of the orders or recommendations of the Alberta Medical Officer of Health.** As the COVID-19 outbreak is an evolving situation, this document, and the guidance within is subject to change and will be updated as appropriate.

## Guidelines

*The Town of Redcliff and the RecTangle staff will follow the restrictions as put in place by the Government of Alberta.*

### RESTRICTION EXEMPTION PROGRAM (REP):

The Rec-Tangle will participate in the REP and will allow groups to rent the facility who have agreed to manage their participants records to ensure adherence to public health orders. Rental groups that implement the REP, must strictly adhere to the requirements and will maintain documentation that could be viewed by Rec-Tangle Administration. Public skating will be canceled as Administration does not have the capacity to manage checking all points of entry for valid proof of vaccination, negative test or medical exemption.

As per the Requirements for the Restrictions Exemption Program individuals in a rental group must show to their contact with the Rec-Tangle administration:

- Proof of vaccination as defined by the REP
- Proof of a negative privately-paid test result from a sample that is taken within the prior 72 hours (Results from Alberta Health Services are not eligible for consideration for this program)
- An original (non-copied) medical exemption letter
- Individuals 18 years or older must produce valid personal identification

Source: <https://www.alberta.ca/assets/documents/covid19-restrictions-exemption-program-requirements.pdf>

### Group physical activities

- Lessons, practices, physical conditioning activities and games are allowed for indoor and outdoor minor sports/activities and school athletics (for example, school sport activities that are outside of a physical education class or related part of the school curriculum).
- Participants must be masked at all times, except during on ice activity. Coaches and trainers must remain masked at all times.
- Access to change rooms must be limited, including accelerated arrival and departure, emergencies (for example, first aid) and washroom use.

Source: <https://www.alberta.ca/covid-19-public-health-actions.aspx>

### PATRON RESPONSIBILITIES:

Parents and coaches are expected to follow the posted guidelines and direct their children or teams to follow the guidelines as well.

- Parents, coaches and spectators must adhere to the Restrictions Exemption Program.
- Players and parents are asked to limit the amount of time spent in the building as well as limit the number of people entering and exiting the facility.
- Facility users should fill water bottles at home as this will help limit areas needing to be sanitized. The expectation is that everyone has their own water bottle, filled at home, and washed after every session.
- All facility users MUST NOT spit, blow their nose freely, or release any bodily fluid anywhere in the facility due to the extremely high risk of virus transfer.
- **Attendance** should be taken daily by coaches/instructors/organizers for Cohort Groups along with a daily “COVID Symptom Checklist” that is provided by both Hockey Alberta and/or AHS to assist with the potential need for contact tracing.
- Hand-sanitizer will be provided at entryways and in hallways, with patrons encouraged to use it. We also encourage people to carry their own when possible and to follow handwashing recommendations.

*Rec-Tangle management reserves the right to refuse access to groups that do not follow the guidelines.*

*A warning will be given, and if actions are not corrected, the use of the facility will be cancelled.*



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### PHYSICAL DISTANCING

Physical distancing involves taking steps to limit the number of people with whom you come into close contact. It is a critical step in slowing down the spread of COVID-19.

**All reasonable steps should be taken to maintain a distance of at least 2 metres (6 feet) between individuals at all times.**

- Limit widespread social interaction and develop routines that reduce the potential spread and enable easier contact tracing if a confirmed case of COVID-19 appears.
- Limiting groups coming together in the common areas, maintain 2 metres distancing, except youth while engaged in physical activity
- Patrons are asked to follow signage as posted in the RecTangle.

### HAND AND RESPIRATORY HYGIENE

Hand washing should be done between tasks or after contact with objects in a high traffic area or a contact with a potentially contaminated object.

- Use a sink with soap, running water and paper towels /hot-air dryers
  - Wash with soap and water for at least 20 seconds as per AHS handwashing poster
  - If a sink with soap and water is not available, use an alcohol-based hand sanitizer (greater than 60% alcohol content). Rub hands with a generous pump of sanitizer, being sure to get the tips of fingers in contact with the sanitizer and allow to air dry.

**Sanitizer will be available for patrons at entry and exit points. All visitors are asked to use sanitizer.**

- Signage will be posted at sanitization stations.

**Masks are not provided at the Rec-Tangle, but the use of a personal mask is required.**

Respiratory hygiene is the recommended method for preventing transmission of respiratory illness.

- Covering cough/sneeze with a sleeve or tissue
- Disposing of used tissues in the garbage
- Washing hands after coughing or sneezing
- Masking when in public areas where physical distancing is not possible

### Staff responsibilities:

- Staff are to remind people to keep their distance when they see groups of people loitering. As staff cannot know if a group is a cohort, staff will not force groups to separate. If patrons are confrontational, staff are to call for the supervisor to deal with the situation.
- Staff will have masks and gloves available for tasks that do not allow for effective social distancing.
- Staff will post dressing room assignments on the TVs or on dressing room doors as is most practical based on weather.

### SYMPTOM NOTIFICATION AND ISOLATION.

- Patrons and Employees are to conduct daily self-checks, monitoring for symptoms including fever, cough, shortness of breath, difficulty breathing, sore throat or runny nose (not related to a pre-existing condition) PRIOR TO COMING TO WORK.
  - If any of the symptoms are present, call 811 or use the AHS Self-Assessment. Following the AHS guidelines, the individual MUST self-isolate for 10 days after the onset of symptoms and until symptoms have resolved (whichever is longer) or until notification of a negative test result.
  - As soon as symptoms are identified, individuals are encouraged to book a COVID-19 test through [alberta.ca](http://alberta.ca). The sooner the better, an appointment can be cancelled, but it can be a 1-2 day wait for the test, and then 2-5 days wait for results.
- Notify the coach and RecTangle management of any symptoms and follow AHS recommendations.

### CLEANING OF PUBLIC SPACES, FACILITIES, AND EQUIPMENT

The RecTangle will have daily cleaning and disinfecting of common areas and surfaces. With particular attention to doorknobs, light switches, staff rooms, desktops, washrooms and other high touch surfaces. Change rooms and showers are cleaned between user groups.