



Coaching Policy

Red Deer Lacrosse Association (RDLA)

This policy outlines certification, development, incentives and procedures for all RDLA coaches. It ensures fairness, safety and team development while supporting coaches in professional growth.

1. Mandatory Coaching Certification

Course Requirements:

- **U7-U13 Coaches:** Complete the **Community Development Coaching course**
- **U15-U17 Coaches:** Complete the **Competitive Introduction Coaching course**

Note: Only one NCCP-approved coaching course may be completed per calendar year. All new coaches must start with the Community Development course before progressing to higher-level certifications.

Guidelines:

- Certification requirements follow the **Central Alberta Lacrosse League (CALL)**.
- Full details are available on the [CALL website](#).

Funding and Fees:

- RDLA covers all **coaching course fees**.
- Coaches who **miss a scheduled course** are responsible for any associated fees.

2. Criminal Record Check Requirement

All bench staff must have a **valid Criminal Record Check with Vulnerable Sector Search** dated within the last three years.

Coaches may request a **volunteer letter** from RDLA to present to the RCMP.

Contact: **Coaching Coordinator – coachingrdla@gmail.com**

3. Coach Incentives

- **Parent Volunteer Head Coaches: 50% discount** on one player's registration fee for the season.
- **Non-Parent Head Coaches: Honorarium** of **\$750** for box lacrosse and **\$500** for field lacrosse per season.
- **Professional Development:**
 - RDLA supports ongoing coaching education.
 - Coaches may submit receipts for NCCP-approved or relevant courses for potential reimbursement.
 - Reimbursement is at the RDLA Board's discretion and is not guaranteed.

4. Procedure for Becoming a Coach

1. Obtain an NCCP Number

- Only one NCCP number is needed, even for multiple sports.
- Steps:
 1. Go to coach.ca
 2. Click **"The Locker"** (red tab, top right)
 3. Click **"Don't have an account?"** and agree to terms
 4. Check **"I want to create a Locker account..."**
 5. Complete registration to receive your NCCP number

2. Register for a Coaching Clinic

- Visit the CALL website: [CALL Coaching Clinics](#)

3. Complete the RDLA Coaching Application

- Submit the Coach Application Form on the RDLA website after obtaining an NCCP number.
- Required for all head and assistant coaches before approval.

4. RAMP Registration

- After approval from the Coaching Coordinator, register on RAMP to be eligible as bench staff.
- **Important:** Coaches not registered on RAMP cannot be on the bench during games.

5. Procedure for Selecting Bench Staff

- At season start, head coaches may select:
 - One Team Manager
 - One Assistant Coach
- Selection must prioritize team parity; avoid stacking strong players with staff choices.
- RDLA Board may deny selections if:
 - Team balance is negatively impacted
 - The individual has already been requested by another coach
- Once teams are formed, head coaches may add up to two additional assistant coaches and one trainer to complete the bench staff.
- Additional coaching staff may be requested to assist on the floor. These individuals will not be allowed on the bench and do not register on RAMP. They must have a **valid Criminal Record Check** dated within the last three years.