



CODE OF CONDUCT AND ETHICS

The Red Deer Minor Baseball Association (the “RDMBA”) has adopted the [Universal Code of Conduct to Prevent and Address Maltreatment in Sport \(“UCCMS”\)](#) which shall be incorporated into this Code by reference as if set out in full herein. Any modifications or amendments made to the UCCMS by the Sport Dispute Resolution Centre of Canada (“SDRCC”) shall come into effect immediately and automatically upon their adoption by the SDRCC, without the need for any further action by the RDMBA.

Definitions

1. Terms in this Code are defined as follows:

- a) **Athlete** – An individual who is a Participant in the RDMBA who is subject to the policies of the RDMBA and to this Code.
- b) **Athlete Support Personnel** – Any coach, trainer, manager, team staff, official, medical, parent or any other person working with, treating or assisting an Athlete participating in or preparing for sports competition.
- c) **Bullying** – Offensive behaviour and/or abusive treatment of a Participant that typically, but not always, involves an abuse of power.
- d) **Event** – An event, which may include a social event, sanctioned by the RDMBA.
- e) **Harassment** – A vexatious comment (or comments) or conduct against a Participant or group, regardless of whether the comment or conduct occurs in person or via any other media, including social media, which is known or ought to reasonably be known to be unwelcome.

Types of behaviour that constitute Harassment include, but are not limited to:

- a. Written or verbal abuse, threats, or outbursts;
- b. Persistent unwelcome remarks, jokes, comments, innuendo, or taunts;
- c. Racial harassment, which is racial slurs, jokes, name calling, or insulting behaviour or terminology that reinforces stereotypes or discounts abilities because of racial or ethnic origin;
- d. Leering or other suggestive or obscene gestures;
- e. Condescending or patronizing behaviour which is intended to undermine self-esteem, diminish performance or adversely affect working conditions;
- f. Practical jokes which endanger a person’s safety, or which may negatively affect performance;
- g. Hazing, which is any form of conduct which exhibits any potentially humiliating, degrading, abusive, or dangerous activity expected of a junior-ranking individual by a more senior individual, which does not contribute to either individual’s positive development, but is required to be accepted as part of a team or group, regardless of the junior-ranking individual’s willingness to participate. This includes, but is not limited to, any activity, no matter how traditional or seemingly benign, that sets apart or alienates any teammate or group member based on class, number of years on the team or with the group, or ability;
- h. Unwanted physical contact including, but not limited to, touching, petting, pinching, or kissing;
- i. Deliberately excluding or socially isolating a person from a group or team;
- j. Persistent sexual flirtations, advances, requests, or invitations;
- k. Physical or sexual assault;

- l. Behaviours such as those described above that are not directed towards a specific person or group but have the same effect of creating a negative or hostile environment; and
 - m. Retaliation or threats of retaliation against a person who Reports harassment to the RDMBA.
- f) **Maltreatment** – As defined in the UCCMS.
 - g) **Participant** – Refers to all categories of individual members and/or registrants defined in the By-laws of the RDMBA who are subject to the policies of the RDMBA, as well as all people employed by, contracted by, or engaged in activities with, the RDMBA including, but not limited to, employees, contractors, athletes, coaches, instructors, officials, volunteers, managers, administrators, parents or guardians, spectators, committee members, and Directors and Officers.
 - h) **Person in Authority** – Any Participant who holds a position of authority within the RDMBA including, but not limited to, coaches, instructors, officials, managers, support personnel, chaperones, committee members, Directors and Officers, employees, staff and contractors.
 - i) **Power Imbalance** – As defined in the UCCMS
 - j) **Report** – As defined in the UCCMS
 - k) **UCCMS** – The Universal Code of Conduct to prevent and address Maltreatment in Sport, as amended from time to time by the Sport Dispute Resolution Centre of Canada (“SDRCC”).
 - l) **Workers** – All individuals who perform work for the RDMBA including employees, managers, supervisors, temporary workers, volunteers, student volunteers, part-time workers, and independent contractors.
 - m) **Workplace** – Any place where business or work-related activities are conducted. Workplaces include but are not limited to, the registered office(s), work-related social functions, work assignments outside the registered office(s), work-related travel, the training and competition environment, and work-related conferences or training sessions.
 - n) **Workplace Harassment** – A course of vexatious comment or conduct against a Participant in a Workplace that is known or ought reasonably to be known to be unwelcome. Workplace Harassment should not be confused with legitimate, reasonable management actions that are part of the normal work/training function, including measures to correct performance deficiencies, such as placing someone on a performance improvement plan, or imposing discipline for workplace infractions.
 - o) **Workplace Violence** – The use of or threat of physical force by a person against a worker in a Workplace that causes or could cause physical injury to the worker; an attempt to exercise physical force against a worker in a Workplace that could cause physical injury to the worker; or a statement or behaviour that it is reasonable for a worker to interpret as a threat to exercise physical force against the worker in a Workplace that could cause physical injury to the worker.

Purpose

2. The purpose of this Code is to ensure a safe and positive environment within the programs, activities, and Events of the RDMBA by making all Participants aware that there is an expectation, at all times, of appropriate behaviour consistent with the RDMBA’s core values, mission, and policies.
3. The RDMBA supports equal opportunity, prohibit discriminatory practices, and are committed to providing an environment in which all individuals can safely participate in sport and are treated with respect and fairness.

Application – General

4. This Code applies to the conduct of all Participants during the business, activities, and Events of the RDMBA including, but not limited to competitions, practices, evaluations, treatment, or consultations (e.g., massage therapy), training camps, travel associated with organizational activities, the office environment, and any meetings.
5. This Code also applies to the conduct of all Participants outside of the business, activities, and Events of the RDMBA when such conduct adversely affects the RDMBA's relationships (and the work and sport environment) or is detrimental to the image and reputation of the RDMBA. Such applicability will be determined by the RDMBA at its sole discretion.
6. This Code applies to Participants who are registered with the RDMBA. This Code also applies to Participants who are no longer registered with the RDMBA but against whom a claim has been submitted that a potential breach of this Code occurred when the Participant was registered with the RDMBA.
7. Notwithstanding anything to the contrary contained herein, all incidents of Maltreatment involving Workers, may also be addressed pursuant to the processes set out in any applicable workplace policy.

Prohibited Behaviours

8. All Participants must refrain from any behaviour that constitutes a Prohibited Behaviour as defined by the UCCMS and the Code.
9. Participants are responsible for knowing what actions or behaviours are Prohibited Behaviours and/or Maltreatment.
10. Prohibited Behaviours listed in the UCCMS, that are described further in the UCCMS, include but are not limited to:
 - a) Physical Maltreatment
 - b) Psychological Maltreatment
 - c) Neglect
 - d) Sexual Maltreatment
 - e) Grooming
 - f) Boundary Transgressions
 - g) Discrimination
 - h) Failing to Report
 - i) Aiding and Abetting
 - j) Retaliation
 - k) Interference with or Manipulation of Process
 - l) False Reports
11. In addition to the Prohibited Behaviours described in the UCCMS, this Code sets out other expected standards of behaviour and conduct for all Participants. Any failure to respect these expected standards of behaviour by a Participant may constitute a breach of this Code. In addition, the following behaviours also constitute breaches of this Code:
 - a) Bullying
 - b) Harassment
 - c) Workplace Harassment

- d) Workplace Violence

Responsibilities of Participants

12. All Participants have a responsibility to:

- a) Refrain from any behaviour that constitutes Maltreatment or Prohibited Behaviour under this Code or the UCCMS.
- b) Maintain and enhance the dignity and self-esteem of other Participants by:
 - a. Treating each other with fairness, honesty, respect and integrity;
 - b. Focusing comments or criticism appropriately and avoiding public criticism of athletes, coaches, officials, organizers, volunteers, employees, contractors or other Participants;
 - c. Consistently demonstrating the spirit of sportsmanship, sport leadership, and ethical conduct; and
 - d. Ensuring adherence to the rules of the sport and the spirit of those rules.
- c) Refrain from the use of power or authority to coerce another person to engage in inappropriate activities.
- d) Refrain from consuming tobacco products, cannabis, or recreational drugs while participating in the programs, activities, competitions, or Events of the RDMBA.
- e) In the case of minors, not consume alcohol, tobacco, or cannabis at any competition or Event.
- f) In the case of individuals who are not minors, not consume cannabis in the Workplace or in any situation associated with the Events of the RDMBA (subject to protections under applicable human rights legislation), not consume alcohol during training, competitions, or in situations where minors are present, and take reasonable steps to manage the responsible consumption of alcohol in adult-oriented social situations.
- g) When driving a vehicle while participating in RDMBA work, events and/or activities:
 - a. Have a valid driver's license;
 - b. Obey traffic laws;
 - c. Not be under the influence of alcohol or illegal drugs or substances;
 - d. Have valid car insurance; and
 - e. Refrain from engaging in any activity that would constitute distracted driving.
- h) Respect the property of the association and others and not wilfully cause damage.
- i) Promote sport in the most constructive and positive manner possible.
- j) Refrain from engaging in deliberate behaviour which is intended to manipulate the outcome of a competition and not offer, receive or refrain from offering or receiving any benefit which is intended to manipulate the outcome of a competition. A benefit includes the direct or indirect receipt of money or other anything else of value including, but not limited to, bribes, gains, gifts, preferential treatment, and other advantages.
- k) Adhere to all applicable federal, provincial/territorial, municipal and host country laws.
- l) Comply with the bylaws, policies, procedures, rules, and regulations of the RDMBA, as applicable, and as adopted and amended from time to time.

Directors, Committee Members, and Employees / Contractors

13. In addition to Section 12 (above), Directors, Committee Members, and employees/contractors of the RDMBA have additional responsibilities to:

- a) Function primarily as a Director, committee member or employee/contractor of the RDMBA (as applicable) and ensure to prioritize their duty of loyalty to RDMBA (and not to any other organization or group) while acting in this role. Directors, committee members, and

- employees/contractors of RDMBA to disclose any and all conflicts of interest whether valid or perceived.
- b) Ensure that financial affairs are conducted in a responsible and transparent manner with due regard for all fiduciary responsibilities.
 - c) Comply with their obligations under any screening procedures, including understanding ongoing screening expectations and cooperating fully in the screening process.
 - d) Conduct themselves openly, professionally, lawfully and in good faith.
 - e) Be independent and impartial and not let self-interest, outside pressure, expectation of reward, or fear of criticism influence their decision-making on behalf of the RDMBA.
 - f) Exercise the degree of care, diligence, and skill required in the performance of their duties pursuant to applicable laws.
 - g) Maintain required confidentiality of organizational information.
 - h) When acting as a Director or Committee Member, respect the decisions of the majority (the Board or a Committee, as applicable) and resign if unable to do so.
 - i) Commit the time to attend meetings and be diligent in preparation for, and participation in, discussions at such meetings.
 - j) Have a thorough knowledge and understanding of all governance documents.

Athlete Support Personnel

- 14. In addition to Section 12 (above), Athlete Support Personnel have many additional responsibilities.
- 15. Athlete Support Personnel must understand and respect the inherent Power Imbalance that exists in their relationship with Athletes and must be extremely careful not to abuse it, either consciously or unconsciously.
- 16. Athlete Support Personnel will:
 - a) Avoid any behaviour that abuses the Power Imbalance inherent in their position.
 - b) Ensure a safe environment by selecting activities and establishing controls that are suitable for the age, experience, ability, and fitness level of the athletes.
 - c) Prepare Athletes systematically and progressively, using appropriate time frames and monitoring physical and psychological adjustments while refraining from using training methods or techniques that may harm athletes.
 - d) Avoid compromising the present and future health of athletes by communicating and cooperating with sport medicine professionals (where appropriate) in the diagnosis, treatment, and management of athletes' medical and psychological treatments.
 - e) Support the Athlete Support Personnel of a training camp, provincial/territorial team, or national team, should an athlete qualify for participation with one of these programs.
 - f) Accept and promote athletes' personal goals and refer athletes to other coaches and sport specialists as appropriate.
 - g) Provide athletes (and the parents/guardians of minor athletes) with the information necessary to be involved in the decisions that affect the athlete.
 - h) Act in the best interest of the athlete's development as a whole person.
 - i) Comply with their obligations under any screening procedures, including understanding ongoing screening expectations and fully cooperating in the screening process.
 - j) Report any ongoing criminal or anti-doping investigation, conviction, or existing bail conditions to the RDMBA, including those for violence, child pornography, or possession, use, or sale of any illegal or prohibited substance or method

- k) Under no circumstances provide, promote, or condone the use of drugs (other than properly prescribed medications) or prohibited substances or prohibited methods and, in the case of minors, alcohol, cannabis, and/or tobacco.
- l) When acting as a coach, respect athletes competing for other jurisdictions and, in dealings with them, not encroach upon topics or take actions which are deemed to be within the realm of 'coaching', unless after first receiving approval from the coaches who are responsible for the athletes.
- m) When a Power Imbalance exists, not engage in a sexual or intimate relationship with an athlete of any age
- n) Disclose to the RDMBA any sexual or intimate relationship with an athlete over the age of majority and, if requested by the RDMBA, immediately discontinue any coaching involvement with that athlete.
- o) Avoid compromising the present and future health of athletes by communicating and cooperating with sport science and sport medicine professionals in the diagnosis, treatment, and management of athletes' medical and psychological treatments, including when discussing optimal nutritional strategies or weight control methods for junior-aged athletes and above (18+ years of age). Dieting and other weight control methods are not permitted for athletes 17 years of age and younger.
- p) Recognize the power inherent in their position and respect and promote the rights of all Participants in sport. This is accomplished by establishing and following procedures for confidentiality, privacy of their personal information, informed participation, and fair and reasonable treatment. Athlete Support Personnel have a special responsibility to respect and promote the rights of Participants who are in a vulnerable or dependent position and less able to protect their own rights.
- q) Dress appropriately.
- r) Use inoffensive language and take into account the audience being addressed (e.g., the age/maturity of the individuals).

Athletes

17. In addition to Section 12 (above), athletes have additional responsibilities to:

- a) Report any medical problems in a timely fashion, when such problems may limit their ability to travel, practice, or compete.
- b) Participate and appear on-time and prepared to participate to their best abilities in all competitions, practices, training sessions, and evaluations.
- c) Properly represent themselves and not attempt to participate in a competition for which they are not eligible by reason of age, classification, or other reason.
- d) Adhere to any rules and requirements regarding clothing, professionalism, and equipment.
- e) Act in accordance with applicable policies and procedures and, when applicable, additional rules as outlined by Athlete Support Personnel.

Officials

18. In addition to Section 12 (above), officials have additional responsibilities to:

- a) Maintain and update their knowledge of the rules and rules changes.
- b) Not publicly criticize other Participants.
- c) Adhere to the rules of their national and provincial federations and any other sport organization that has relevant and applicable authority.
- d) Place the safety and welfare of competitors, and the fairness of the competition, above all else.

- e) Respect the terms of any agreement that they enter into with the RDMBA.
- f) Work within the boundaries of their position's description while supporting the work of other officials.
- g) Take ownership of actions and decisions made while officiating.
- h) Act openly, impartially, professionally, lawfully, and in good faith.
- i) Be fair, equitable, considerate, independent, honest, and impartial in all dealings with others.
- j) Respect the confidentiality required by issues of a sensitive nature, which may include discipline processes, appeals, and specific information or data about Participants.
- k) Comply with their obligations under any screening procedures, including understanding ongoing screening expectations and fully cooperating in the screening process.
- l) Honour all assignments unless unable to do so by virtue of illness or personal emergency, and in these cases inform a supervisor or the RDMBA at the earliest possible time.
- m) When writing reports, set out the facts to the best of their knowledge and recollection.
- n) Dress in appropriate attire for officiating.

Parents/Guardians and Spectators

19. In addition to Section 12 (above), parents/guardians and spectators at Events will:

- a) Encourage athletes to compete within the rules and to resolve conflicts without resorting to hostility or violence.
- b) Condemn the use of violence in any form.
- c) Never ridicule a Participant for making a mistake during a competition or practice.
- d) Respect the decisions and judgments of officials and encourage athletes to do the same.
- e) Support efforts to stop and prevent verbal and physical abuse, coercion, intimidation, and excessive sarcasm.
- f) Respect and show appreciation to all competitors, coaches, officials and volunteers.
- g) Never harass competitors, Athlete Support Personnel, officials, parents/guardians, or other spectators.
- h) Never encourage, aid, cover up or assist an athlete in cheating through doping, competition manipulation, or other cheating behaviour.

Anti-Doping¹

20. The RDMBA adopts and adheres to the Canadian Anti-Doping Program. The RDMBA will respect any sanction imposed on a Participant as a result of a breach of the [Canadian Anti-Doping Program](#) or any other applicable Anti-Doping Rules.

21. All Participants shall:

- a) Abstain from the non-medical use of medications or drugs or the use of Prohibited Substances or Prohibited Methods as listed on the version of the World Anti-Doping Agency's Prohibited List currently in force.
- b) Refrain from associating with any person for the purpose of coaching, training, competition, instruction, administration, management, athletic development, or supervision, who has been found to have committed an anti-doping rule violation and is serving a period of ineligibility imposed pursuant to the Canadian Anti-Doping Program or any other applicable anti-doping rules.

¹ Any capitalized terms used in this Anti-Doping section shall, unless the context requires otherwise, have the meanings ascribed to them in the Definitions section of the Canadian Anti-Doping Program.

- c) Cooperate with any Anti-Doping Program that is conducting an investigation into any anti-doping rule violation.
- d) Refrain from any offensive conduct toward a Doping Control official or other individual involved in Doping Control, regardless of whether such conduct constitutes Tampering as defined in the Canadian Anti-Doping Program.

22. All Athlete Support Personnel or other Persons who are Using a Prohibited Substance or Prohibited Method without a valid and acceptable justification shall refrain from providing support to athletes that fall under the RDMBA's jurisdiction.

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Retaliation, Retribution or Reprisal

23. It is a breach of this *Code of Conduct and Ethics* for any Participant to engage in any act that threatens or seeks to intimidate another individual with the intent of discouraging that individual from filing, in good faith, a Report pursuant to any policy of the RDMBA. It is also a breach of this *Code of Conduct and Ethics* for an individual to file a Report for the purpose of retaliation, retribution or reprisal against any other individual. Any individual found to be in breach of this section shall be liable for the costs related to the disciplinary process required to establish such a breach.

Privacy

24. The collection, use and disclosure of any personal information pursuant to this Policy is subject to the *Privacy Policy*.