



# Red Deer Minor Baseball Association

## Baseball-A-Thon Fundraiser

Three Weeks to Play Ball and stay active! T-Ball & Rally Cap

*Mark down your completed items and try to get a Blackout to win Prizes!*

S	W	I	N	G
PLAY CATCH WITH A PARENT	WORK YOUR GLOVE	WATCH A BASEBALL MOVIE WITH YOUR FAMILY (SANDLOT IS A CLASSIC!)	RUN! (WITH A PARENT)	THROW YOURSELF FLY BALLS (USE A BOUNCY BALL OR TENNIS BALL)
FIND OUT WHAT 'THE WAVE' IS - DO IT WITH YOUR FAMILY IN YOUR LIVING ROOM!	RUN THE BASES AT A PARK	SEND BASEBALL PICS/VIDEO TO YOUR FAMILY	FIND OUT WHAT A "GRAND SLAM" IS - PRETEND TO HIT ONE IN YOUR YARD OR PARK!	WATCH AN INNING OF A BLUE JAYS GAME
HIT SOME BALLS (WITH A PARENT)	PLAY CATCH WITH A FRIEND WHO IS NOT ON YOUR TEAM!	FREE SPACE	DO 10 BUM KICKS	WATCH SOME BASEBALL HIGHLIGHTS. (MLB MASCOTS ARE FUNNY TOO)
LOOK AT RED DEER ON GOOGLE EARTH SPOT YOUR BASEBALL DIAMOND	DO 10 PUSH UPS	CHEER ON YOUR TEAMMATES!	THANK YOUR PARENTS OR ADULTS FOR TAKING YOU TO BASEBALL!	BALANCE ON ONE FOOT FOR 10 SECONDS (TRY BOTH FEET)
NAME THREE WAYS TO GET AN OUT!	WATCH A YOUTUBE BASEBALL DRILL YOU CAN DO (WITH A PARENT)	LISTEN TO 'TAKE ME OUT TO THE BALLGAME' (PARENTS CAN SING ALONG!)	PRETEND YOU ARE A PITCHER ON THE MOUND - STRIKE OUT A SIBLING OR PARENT!	PUT ON RALLY CAPS WITH YOUR FAMILY!