



## SKILL EVALUATION

### OUTFIELDING

#### Outfield Ground balls

- Movement to and through the ball( does player use proper footwork)
- Arm Action - Are throws accurate and what type of Velocity do the throws have

#### Outfield Flyballs

- Is player in an athletic position to start the play
- Tracking of the ball( does the player take the proper route to the ball)
- Footwork ( does the player use the proper footwork to move to the ball)
- When catching a flyball is the player's glove in the proper position and is the player able to use proper footwork to throw the ball to their target

### INFIELDING

#### Infield Ground balls

- Is player in an athletic position to start, do they use a prep step
- Proper footwork pre catch and post catch
- Glove work and glove presentation( 1 or 2 hands depending where the ball is)
- Actions- is the player smooth, fluid and on time when catching the ball.
- Throwing - Arm strength and accuracy

### HITTING

Stance - Proper balance and body position

Load - Is player able to move to a balanced and strong load position

Swing - Does player's bat enter and stay in hitting zone/ bat to ball skills (Good bat path before and after contact)

Finish - Is player in a balanced position

### PITCHING

- Body mechanics ( including: delivery is repeatable, balanced, arm is on time)
- Pitchability ( locate the fastball along with off speed pitches)
- Velocity

### CATCHING

- Receiving pitch - proper set up and glove work
- Blocking - proper blocking technique
- Throwing - proper footwork, arm strength and accuracy