



BASEBALL MANITOBA COVID-19 RETURN TO PLAY

COACH'S CHECKLIST: COMPETITION

This checklist has been created to help you, as a coach, stay within the guidelines of Baseball Manitoba's Return to Play for competitions in 2020.

WHAT YOU **NEED** TO DO:

- Ensure that every participant, including yourself, has signed Baseball Manitoba's 2020 Waiver and Release
- Ensure that a team representative will act as the Health and Safety Coordinator for each game for the entire season
- Host a parent meeting prior to the season to educate families of the Return to Play Guidelines
- Design practice plans and dugout usage to include Physical Distancing (6 feet), except for brief exchanges
- Remind players each session of the restrictions:
 - o Physical Distancing
 - o No sharing of equipment, unless sanitized between use
 - o No sharing of personal items
 - o No licking fingers, spitting, chewing gum, or eating sunflower seeds
 - o No handshakes or high fives
- Request that players arrive 45 minutes ahead of games
- Follow batting cage protocol - 2 people maximum per cage
- Conduct team huddles and meetings using physical distancing
- Bullpens and dugouts should be closely monitored for physical distancing
- In collaboration with the Health and Safety Coordinator, ensure all baseballs and bases are disinfected after each game
- Ensure players sanitize their hands if seen touching their face
- Players must sanitize their hands before going on the field to play defence.

**Thank you for your dedication and cooperation.
Have a great summer of baseball!**