



RHRA – Change Room Policy

Version: 1.0

Effective Date: February 1, 2026

Next Review: February 1, 2029

RICHMOND HILL RINGETTE ASSOCIATION CHANGE ROOM POLICY

Ensuring fairness, transparency, and alignment with program costs.

Prepared by: Richmond Hill Ringette Association (RHRA)

Aligned With: Ringette Canada Safe Sport Framework & Ringette Ontario Policies

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1. Purpose

The Richmond Hill Ringette Association (RHRA) is committed to providing safe, inclusive, respectful, and developmentally appropriate environments for all athletes.

This policy outlines expectations for change-room use, supervision, privacy, safety, and conduct, consistent with Ringette Canada's Safe Sport Framework and Ringette Ontario policies.

2. Guiding Principles

Change rooms are team spaces where every participant must feel:

- Safe
- Included
- Respected
- Provided meaningful privacy
- Free from discrimination based on gender identity, religious needs, developmental needs, or personal dignity

RHRA will support any athlete or family requesting accommodations and will work with facilities to provide appropriate, equivalent change spaces.

3. Attire & Changing Protocols

3.1 Base Layer Requirement

All athletes must wear a base layer (shorts + T-shirt, sports bra, compression gear, etc.) in common areas.

3.2 Changing into Base Layer

Athletes arriving without a base layer must use the following before entering shared team spaces:

- A bathroom stall
- A private booth
- An unused change room

3.3 Use of Private Stalls

Where available, athletes are encouraged to use private stalls. Athletes should not be undressed in open areas.

4. Supervision & Safe Sport Requirements

RHRA follows the **Rule of Two**:

- Minimum two screened adults supervising when minors are present
- Supervision that is observable, open, and justifiable if exceptions occur

4.1 Supervision Timing

Supervision begins:

- 30 minutes before ice time
- Continues until 25 minutes after athletes leave the ice

Players must not enter without a designated supervisor.

5. Supervision Requirements

5.1 FUN1 / FUN2 / FUN3

- All players (female or male) must comply with the base layer requirements above
- Minimum two supervisors, one of which must be female (unless only one athlete with their guardian)

5.2 U12–U19

- If supervision in the changeroom is required, two screened adult female supervisors may remain

inside or just outside with the door open

- Non-team parents not permitted
- Male staff may enter only:
 - Before/after ice time
 - When athletes are fully dressed
 - With a female supervisor present

5.3 Male Athletes (U12-U19)

Male athletes must use a separate change room:

- One male athlete: supervised by parent/guardian or two screened male staff
 - Multiple males: supervised by two screened male adults (one must be team staff)
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6. Behaviour & Conduct Expectations

Athletes must:

- Follow RHRA's Player Code of Conduct
- Use respectful language and behaviour
- Keep noise/music at supervisor discretion
- Stay in the room only for preparation and team talks
- Be fully dressed (except helmet/neck guard/gloves/skates) before coaches enter
- Not change clothing while coaches or male staff are present (where applicable)
- Avoid unsafe behaviour (running, horseplay, climbing)

6.1 Access Restrictions

Once teams are formed, no siblings, friends, or unrelated minors may enter.

7. Privacy, Technology & Media

7.1 Device Restrictions

Cameras, camera-enabled phones, tablets, and recording devices are **not permitted**.

7.2 Music Use

If allowed:

- Must be age-appropriate
- Cameras must be covered/disabled
- Volume controlled by supervisors

8. Inclusion & Accommodations

RHRA supports needs related to:

- Gender identity
- Religion/privacy
- Disability
- Medical conditions

RHRA will provide alternative spaces, adjust supervision, or develop confidential, respectful solutions.

9. Reporting & Concerns

Report concerns to:

- Team Manager/Coach
- RHRA Director of Player Safety (secretary@rhringette.com)
- RHRA Board (admin@rhringette.com)

Reports may also be submitted to Ringette Ontario's Safe Sport mechanism.

10. Policy Review

This policy will be reviewed every three years, or as needed in accordance with:

- Ringette Canada
- Ringette Ontario
- Safe Sport guidelines
- Facility requirements
- Best practices