



Player & Parent Code of Conduct

The purpose of Roadrunners Lacrosse is to expose young athletes to all levels of lacrosse instruction and life skills, which will help them develop into confident, successful athletes and leaders. In doing so, we hope to:

1. Create a positive learning environment that promotes players' growth and development both on and off the court.
2. Support players on the lacrosse field and in everyday life by providing mentorship, ensuring they keep on track not only physically but mentally and emotionally.
3. Offer best-in-class lacrosse coaching to elevate the player's game to the next level, led through practices that ensure players train and prepare in competitive, challenging, and accountable environments.

To fulfill its purpose, Roadrunners Lacrosse expects members to abide by a Code of Conduct that embodies basic common-sense principles, demonstrates consideration of others, and projects a positive image of lacrosse as a game of healing and pride. Pride must be taken while wearing the Roadrunners Lacrosse jersey, and respect must be shown to others, regardless of what others may say or do. To play the game is a privilege, not a right. As a Roadrunners member, integrity, respect, honour and trust will be shown to other teams, teammates, officials, parents and to the game. Lacrosse is a gift, rich in culture, ceremonial significance, and history. To honour this gift, we encourage members to research the game to learn more about the history and meaning.

The Code of Conduct is as follows:

1. Players and Parents (and guests) will demonstrate courtesy and respect to all teammates, players, coaches, opponents, spectators, and officials, regardless of association. Respect will be shown regardless of race, creed, color, sex, orientation, ability, political belief, or economic status.
2. Players, Parents (and guests), will not engage in any kind of unsportsmanlike conduct such as booing and taunting; using profanity, inappropriate language, or gestures; or refusing to shake the opposing team's hands.
3. Players and Parents will represent Roadrunners Lacrosse in a positive and respectful way. As members of Roadrunners Lacrosse, Players and Parents always represent Roadrunners Lacrosse. This means that behaviour on the court, sidelines, and off the field of play, including social media, reflects on the members of Roadrunners Lacrosse, whether positively or negatively.
4. Players and Parents will not engage in altercations, physical or verbal, with players, officials, opposing coaches, or other spectators.
5. Players and Parents (and guests) will not verbally or physically abuse a game official.
6. Players and Parents will not encourage players or others to initiate physical or verbal fights.
7. When an issue occurs and a party has a resulting complaint to make or issue to be resolved, we are asking the party to please wait 24 hours, then put the issue in writing and submit it to the head coach, team manager or email directly to president@richmondlacrosse.com. Whether this issue is labelled as coaching error, teammate interference, parent conflict or any other of several possible situations, it is very important that all parties involved take the full 24 hours to remove or decrease the emotional element so that the actual issue can be resolved quickly, in a civilized manner, and to everyone's satisfaction.

8. Players will not smoke or vape at any event when representing Roadrunners Lacrosse; including games, practices, clinics, camps, tournaments, team events, etc.
9. Players will not be under the influence of any non-prescribed, mind-altering substances, including alcohol, before or during Roadrunners Lacrosse events; including games, practices, and tournaments.
10. Parents will be aware that smoking and consumption of liquor in public spaces is governed by City/Municipal/State specific bylaws. Parents are to familiarize themselves with the bylaws pertaining to the public spaces, training facilities, hotel/accommodations, and act in accordance.
11. Parents are reminded that personal behaviour is reflected in Roadrunners Lacrosse; unruly boisterous behaviour may affect your Player's playing time or standing on the team.
12. Parents will encourage sportsmanship and the concepts of fair play essential to the game. Developing and teaching these concepts at home will enable a smooth transition onto the field of play. Permitting, encouraging, or condoning a performance that is dangerous or demeaning to a player, coach, official, spectator, or anyone connected with the function of the game is unacceptable.
13. Rules of Lacrosse must be respected and adhered to by all who participate in the game of lacrosse, both in the letter and the spirit of the game. The Rules are designed to protect the players, provide common standards, and control the game. Attempts to beat these rules, to take unfair advantage of an opponent, or to teach deliberate unsportsmanlike conduct is considered unacceptable conduct.
14. Players shall attempt to attend each practice, game, and other team event and will arrive prepared with the appropriate gear. Players will notify coaches with the reason for any absence prior to the event.
15. Players will do their best to arrive 30 minutes before games; 10 minutes before practices, unless otherwise instructed. Players are expected to participate in a team dynamic warm-up 10 minutes before the start of the game.
16. Players and Parents will uphold the authority of officials assigned to games.
17. Players and Parents shall cooperate with Roadrunners Lacrosse in the enforcement of rules and regulations, and shall report all suspected violations of rules, regulations, and codes of conduct.
18. Players and Parents shall not engage in any unsportsmanlike conduct during Roadrunners Lacrosse events, including practices, games, and tournaments.
19. Players and Parents shall not engage in illegal activity as it affects the reputation of Roadrunners Lacrosse.
20. Players and Parents shall not engage in any behaviour that would endanger the health and safety of players, including transportation of players to and from Roadrunners Lacrosse events.
21. Players will work on their strength, conditioning and stick work outside of organized team practices and games.
22. Players and Parents will be good teammates and mentors on the sidelines by encouraging teammates and not acting in a manner that distracts from the team's performance.

Unsportsmanlike Conduct is defined as a player, coach, parent, or spectator who at any time while on the field of play or on the grounds of a sanctioned Roadrunners Lacrosse event; conducts themselves in an abusive, offensive, or illegal manner during game situations or outside of game situations.

This includes but is not exclusive to:

1. Fighting during practice, games, at school, or elsewhere
2. Causing property damage at an event site
3. Entering into an argument with an official or umpire as to a decision that has been made
4. Attempting in any way to influence the decision of an official or umpire
5. Using threatening, profane, or obscene language or gestures at any time during a game or practice
6. Baiting, taunting, or any other act which is intended or designed to embarrass, ridicule, or demean others under any circumstances, including aggressions based on race, religion, gender, or national origin

By signing the Player & Parent Code of Conduct, Players and Parent(s)/Guardian(s) commit and agree to the Roadrunners Lacrosse Code of Conduct. A Roadrunners Lacrosse member understands the commitments and becomes subject to discipline that may include removal from the game, practice, facility or event, depending on the severity of the action, possible suspension or expulsion from Roadrunners Lacrosse, should any of the above listed commitments be broken.

Player Signature

Player Name

Date

Parent/Guardian Signature

Parent/Guardian Name

Email

Cell

Date

Parent/Guardian Signature

Parent/Guardian Name

Email

Cell

Date
