



KINECTIV

Date _____

First Name _____ Last Name _____

Middle Name(s) _____ I go by _____

Care Card (PHN) _____

Birthdate (mm/dd/yy) _____ Age _____ Male Female

Home Address _____

City _____ Postal Code _____

Home Telephone _____ Cellphone _____

Email (parents) _____

Division Peewee Bantam Midget Junior

Emergency Contact _____ Telephone _____

I would like to be reminded of my upcoming appointments by: Email Text Both Email and Text

Do you have an extended health plan? Yes No Insurance Company _____

Primary Plan Members Name _____ Birthdate (mm/dd/yy) _____

Policy Number _____ ID Number _____

Would you prefer your initial visit to be billed under: Physiotherapy Chiropractic No preference

Payment, changes to appointments and file sharing (require your initials)

I accept full responsibility for any fees incurred during care and treatment, and am aware that I am responsible for payment at the time services are rendered. _____

We require 24 hours of notice for any changes to, or cancellation of your appointment. All appointments missed, cancelled or rescheduled within 24 hours of the appointment will incur a penalty of the full cost of the visit. _____

I consent to my file being shared if I decide to see another practitioner within the office. _____



Concussion Management

Many sports associations across the Lower Mainland are implementing mandatory baseline concussion testing for all players prior to the start of the season in an effort to better recognize and manage concussions. [CCMI](#) (Complete Concussion Management Inc.) is leading in the presentation of current research within the healthcare field. They have developed an in depth protocol to establish useful baseline data, which will assist both in the management as well as return-to-play process following a concussion related injury.

At [Kinectiv Sport + Health](#), we have 5 practitioners (physiotherapists and chiropractors) certified under CCMI. Our goal is to make post-injury assessment and management accessible within a short time frame following the injury. We will educate and guide you through the assessment and rehabilitation process to ensure a safe and timely return-to-play. With the help of your coaches and support staff we will be able to track injuries as they occur and keep them updated as you progress through the 10-step Return to Play policy.

Why do I need to have a baseline assessment? A baseline provides us with a direct individual comparison should a injury occur in the future. Comparisons made to baselines are more reliable then comparing to normative data for your age group.

How often do I need to be tested? Baseline testing occurs once a year and post injury assessment should occur within ~24 hours of a suspected injury.

How is a concussion identified? Your association/team will designate individuals to complete sideline assessments following a suspected injury via the CCMI Concussion Tracker App. Our clinic will be notified once an injury assessment has been completed, which will allow us to follow-up with you to begin the management process in a timely manner.

Baseline Concussion Testing The in-clinic testing will take approximately **30 minutes** and will include a medical history, memory and concentration tasks, as well as an assessment of balance, reaction time, and grip strength.

- Please arrive 15 minutes early and sign-in with front desk when you arrive
- Come well rested - do not come after physical activity and get a good rest the night before
- Come dressed in athletic gear (bring layers to stay warm during less active portions) and good footwear
- Hydrate well leading up to your schedule test day
- Come and put forward your best effort!

ImPACT Online Assessment Upon completion of the in-clinic assessment you will complete an online assessment at home which takes approximately 30 minutes to complete. This test is only for players 12 years and older and includes an assessment of both memory and cognition. Instructions on how to complete this test will be sent to you once you complete the in-clinic baseline assessment. Our clinicians will review this neurocognitive assessment once you have completed it.

Cost Baseline and follow up visits are eligible to be covered by extended health plans under chiropractic or physiotherapy. We direct bill to a number of extended health plans. Your plan will be billed on the day of the visit.

Baseline Group Assessment \$85.00

Baseline Individual Assessment \$120.00

Assessment Appointments Baseline Testing will be completed on the days listed below. Once we receive your form, we will call you to schedule your baseline testing.

- Friday January 11, 2019 (PM)
- Friday January 18, 2019 (PM)
- Friday January 25, 2019 (PM)
- Friday February 1, 2019 (PM)
- Friday February 8, 2019 (PM)
- Friday February 15, 2019 (PM)
- Sunday January 13, 2019
- Sunday January 20, 2019
- Sunday January 27, 2019
- Sunday February 3, 2019
- Sunday February 10, 2019
- Sunday February 17, 2019

CMMI Registration If you have registered with CCMI in the past your account number will be the same. Please write this number below and bring your CCMI identification card to your baseline testing appointment. If you are new to CCMI, please go to network.completeconcussion.com/register to create an account and obtain your 16-digit account number. This number will be used for all future testing, regardless of which CCMI certified practitioner you go to.

CCMI Account Number: _____

How to Return Completed Form Please email your form to: concussiontesting@kinectiv.ca

How to Find Us

#200 - 20395 Lougheed Hwy
Maple Ridge, BC V2X 2P9
(604) 465-4263

We are located in the Westgate Shopping Centre in Maple Ridge. We are located on the second floor above the Rogers Mobile store (in the same building as the Save On Foods and Shoppers Drug Mart). Please use the door immediately to the left of the Rogers Mobile door and either go up the stairs or up the elevator to the second floor. We are the first door on the left in the courtyard.

