



RIDGE MEADOWS

MINOR LACROSSE Tyke and Tyke Tentative Schedule (April 7th to June 30th)

Team	Practice 1	Time/Location	Practice 2	Time/Location	Games Day	Time/Location
TYKE 1	Monday	4-5pm THSS	Wednesday	4-5pm Chrysler	Saturday	8am-11am Chrysler
TYKE 2	Monday	4-5pm MRSS	Thursday	4-5pm Chrysler	Saturday	8am-11am Chrysler
Tyke 3	Tuesday	4-5pm MRSS	Thursday	5-6pm Chrysler	Saturday	8am-11am Chrysler
TYKE 4	Thursday	4-5pm MRSS	Tuesday	4-5pm Fiat	Saturday	8am-11am Chrysler
TYKE 5	Thursday	4-5pm THSS	Monday	4-5pm Fiat	Saturday	8am-11am Chrysler
TYKE 6	Friday	4-5pm MRSS	Tuesday	4-5pm Chrysler	Saturday	8am-11am Chrysler

Team	Practice 1	Time/Location	Practice 2	Time/Location	Games Day	Time/Location
MT 1.3.5.7	Thursday	5:00-6:00 MR Leisure Center	Saturday	TBD (between 9am-1pm THSS)	Sunday	8am- 12noon Chrysler
MT 2.4.6.8	Thursday	6:00-7:00 MR Leisure Center	Saturday	TBD (between 9am-1pm MRSS)	Sunday	8am- 12noon Chrysler

***Please note all practice times are tentative until coaches are assigned. While we do try to accommodate requests, our first priority is a balance of skill levels on all teams.*

Mini Tyke Equipment:

Helmet with Face Shield - CSA approved.

Shoulder Pads.

Gloves - Hockey gloves are okay.

Athletic Support

- Boys must wear a "Jock" with plastic cup.

-Girls must wear a "Jill".

Mouth guard ("Boil & Byte" are acceptable).

Elbow Pads (recommended).

Knee Pads (recommended).

Junior Canadian Lacrosse Stick

Tyke Equipment:

All the Mini Tyke Equipment as well as:

Arm slash guards (recommended, not mandatory).

Kidney/rib/back slash guards (mandatory).

Lacrosse Stick with a minimum length of 36"

LACROSSE SPECIFIC EQUIPMENT



Photos Courtesy Mountain Edge Lacrosse

Need Equipment for the season, we recommend the following stores

MVP Athletics (10% discount for Burrard Members)

20215 97 Ave Langley BC

Lacrosses Experts

931 Brunette Ave h, Coquitlam

Mountain Edge Lacrosse

#405 1515 Broadway St, Port Coquitlam