



## Team New Brunswick High Performance Ringette Selection Policy

**1. Purpose** The purpose of this policy is to establish a fair, transparent, and competitive selection process for athletes representing Team New Brunswick (Team NB) at the AA and A levels in ringette.

**2. Eligibility Criteria** To be eligible for selection, athletes must:

- Be a registered player in good standing with Ringette New Brunswick (RNB) and Ringette Canada.
- Meet the age and residency requirements set forth by Ringette New Brunswick.
- Be committed to all team activities, including training sessions, games, and competitions, recognizing that reasonable exceptions may be made for illness, injury, or extenuating circumstances.
- Adhere to the RNB Code of Conduct.

**3. Selection Committee** The selection process will be overseen by a selection committee composed of:

- The Head Coach of the respective team.
- The HP Coordinator
- RNB Executive Director
- A representative from the HP committee (impartial to the respective level)

### 4. Selection Process

- **Tryout Registration:** Players must register for tryouts by the specified deadline.
- **Evaluation Criteria:** Athletes will be assessed based on the Ringette Canada evaluation matrix appropriate to their respective age division.
- **Tryout Sessions:** Format will be determined by HP Committee with consultation from RNB and RC
- **Player Evaluation:** Each player will be scored using a standardized evaluation form from Team Genius.
- **Final Selection:** The committee will review all evaluations and make final selections based on the criteria outlined in Section 5, with the goal of selecting athletes who will contribute to team success.



**5. Evaluation Criteria** Athletes will be evaluated based on the following criteria:

### **STRENGTH/FITNESS**

**Physical strength and stamina** – The ability to compete in 1v1 situations, win battles, maintain possession, and gain an advantage.

### **SKATING**

- All-around skating ability including speed, quickness, mobility, deception, agility and edge work.

### **RING SKILLS**

- Ability to handle and maintain ring possession under pressure, and the ability to pass, receive, and shoot effectively.

### **CHECK, FORECHECK AND BACKCHECK**

- Body control, ability to apply pressure on the ring carrier, awareness of defensive responsibilities, and effectiveness in forechecking, backchecking, and 1v1 checking.

### **ICE AWARENESS & DECISION-MAKING ABILITY**

- Ability to play the game effectively with and without the ring, make decisions that create advantages, understand the game, see the ice well, and make effective decisions under pressure.

### **OFFENSIVE PLAY**

- Ability to contribute to team offense by creating offensive opportunities through skills/talents, vision, using outlets, creating opportunities for others, and driving to the net.



### **DEFENSIVE RESPONSIBILITIES (Triangle Play)**

Do they understand triangle positioning and movement? Do they see the zone well and have awareness (head of a pivot)? Do they have good body control and a physical presence? Do they contact the shooter prior to the shot (stick and hip/body control)?

### **TRANSITION PLAY**

- **Defense to Offense:**
  - As a defense or center - do they understand how to gain the blue lines with and without the ring?
  - As a forward, do they know how to time their skate (save ice) to be viable receivers in both the neutral and offensive zones?
  - Do they know how to use the lanes on the ice? Quiet ice to gain advantage in gaining possession over the lines?
  - Do they support the ring appropriately to the position they play?
  - Do they create open ice on transition?
- **Offense to Defense:**
  - As a defender or center, do they have the ability to play consistent goal side man on (GSMO)
  - Ability to execute 2-on-1 or 1-on-1 forecheck as part of team strategies.

### **COMPETITIVENESS/WORK ETHIC**

- Consistent effort, hard work, leadership by example, success in 1v1 and 50/50 ring battles, creating opportunities through hard work, discipline in shifts, and competing for the entire shift.



## 6. Notification and Appeals

- Players selected will be notified via email.
- Feedback from evaluations will not be provided.
- Appeals must be submitted in writing to Ringuette New Brunswick (RNB) within 48 hours of selection notification. The appeal must clearly outline the specific concerns related to the selection process.
- An independent panel will review appeals and make a final decision.

## 7. Team Commitments

Selected athletes are expected to prioritize their commitment to the team. This includes:

1. **Attendance:** Athletes are expected to attend all scheduled practices, games, and team events unless absence is due to illness, family emergency, or other reason approved by the coaching staff. Notification of absence should be provided to the coaching staff as soon as possible.
2. **Conduct:** Athletes are expected to adhere to the highest standards of conduct, both on and off the ice. This includes:
  - a. Respect for coaches, teammates, officials, and opponents.
  - b. Adherence to team rules regarding language, behavior, and dress.
  - c. Responsible use of social media, ensuring that posts do not negatively reflect on the team, teammates or RNB.
3. **Training and Preparation:** Athletes are expected to:
  - a. Arrive on time and prepared for all team activities.
  - b. Maintain a level of physical fitness necessary to compete at this level.
  - c. Follow any team guidelines regarding nutrition, rest, and recovery.
  - d. Demonstrate a positive attitude and a willingness to learn and improve.



Failure to meet these commitments may result in disciplinary action, up to and including removal from the team. The following process will be followed:

1. Verbal warning from the Head Coach.
2. Written warning from the Head Coach, in consultation with the team's coaching staff and RNB.
3. Suspension from one or more games or team events, as determined by the coaching staff in consultation with RNB.
4. Removal from the team. This decision will be made by the coaching staff in consultation with RNB.

Athletes and their parents/guardians have the right to appeal any disciplinary action to RNB. Appeals must be submitted in writing to RNB within 14 days of the disciplinary action as per *RNB's Complaints Policy*.

- Athletes are expected to attend all scheduled practices, games, and team events unless absence is due to illness, family emergency, or other reason approved by the coaching staff. Notification of absence should be provided to the coaching staff as soon as possible.
  - Players must comply with all team policies, policies may include rules regarding punctuality, ability to miss team functions for other commitments, appropriate language, respect for teammates and coaches, use of social media etc...
  - Failure to meet commitments may result in disciplinary action. The following process will be followed: 1) Verbal warning from coaching staff, 2) Written warning from coaching staff, 3) Suspension from one or more games, 4) Removal from the team. The Ringette New Brunswick (RNB) will be consulted in the case of potential removal from the team. Athletes and their parents/guardians have the right to appeal any disciplinary action to the RNB.
  - **8. Amendments** This policy is subject to review and revision by Ringette New Brunswick on an annual basis to ensure fairness and alignment with organizational goals.
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