

## **Ringette New Brunswick - High Performance Team** **Tryout Injury / Illness Policy**

### Background

In accordance with Ringette New Brunswick's (RNB) High Performance (HP) program outline, attendance at RNB HP Team Identification Camps (ID) will be mandatory for possible entrance into Ringette New Brunswick High Performance program.

That said, player injury or illness may prevent a player from attending ID camps and tryouts at the determined dates.

The intent of this policy is to outline the process for players who cannot attend RNB HP team ID Camps and tryouts.

### Policy

This policy is applicable to players who cannot attend the RNB HP team ID Camps and/or tryouts, either completely or partially, due to injury and/or illness.

In the event that a player cannot attend RNB HP team ID Camps and tryouts, the player/parent/guardian shall obtain a note from a health care provider (Example: physician, physiotherapist, occupational therapist, etc...) indicating that the player cannot perform the physical activity required and that also indicates an expected return to play date.

The player/parent/guardian shall provide the doctors' note to RNB via email to the following email addresses:

To: [hp.ringettenb@gmail.com](mailto:hp.ringettenb@gmail.com)

CC: [fyrapresidentsg@gmail.com](mailto:fyrapresidentsg@gmail.com)

Along with the health care provider note, it is recommended that the player/parent/guardian provide a short summary to RNB with general information on the situation. Information to be included in the summary should include but may not be limited to: nature of the injury/illness, prognosis and expected return to play date.

Upon reception of the doctors' (or other health care provider's) note, RNB HP Committee will evaluate each instance on a case-by-case basis. The RNB HP Committee will communicate back with the player/parent/guardian within (7) days of reception with a case specific process and next steps for each specific instance.

In evaluating and recommending a process and next step for each case, the RNB HP Committee may consider any of the following, including but not limited to: type of injury/illness, prognosis, existing performance data from previous evaluations, interview with past year coach(es), feedback from local community ringette associations, etc...

RNB reserves the right to waive tryout requirements for players who have a medical exemption based on past player data and/or feedback.

A player who cannot participate in the evaluation process due to injury or illness and wishes to remain considered for the program shall conform with the requirements of this policy.

Unless a health care provider note is provided prior to any ID Camp or tryout evaluated session, on-ice or off-ice, the player will be expected to attend the session.

#### Frequently asked questions

***If doctors' note indicates a return to play date, is the player expected to attend all evaluated sessions after the specified return to play date?***

Yes, players are expected to attend evaluated sessions if cleared for physical activity by the treating physician.

***In the event of Covid or other injury where the return to play date is not easily predictable, how will the return to play date be determined?***

The RNB HP Committee will require player/parent/guardian to work with their physician as the player's condition evolves and provide a projected return to physical activity date.

***In the event that a player is cleared for a return to play by the treating physician, and the player performance is not consistent with past player performance, will RNB take this under consideration?***

Should a player, who has been cleared for physical activity, return to play and have a performance that is significantly lower than pre-injury / illness levels, the player/parent/guardian will be expected to communicate the condition to RNB via the emails provided. The HP Committee can consider the impact of the injury / illness on the players performance and use previous evaluation data to supplement current evaluations. Any special considerations are only applicable to players who qualify as injured or ill during the current year ID Camps and tryouts.

If you have any questions, please contact Michelle Boudreau, RNB HP Coordinator at [hp.ringettenb@gmail.com](mailto:hp.ringettenb@gmail.com)