14AA 16AA 19AA PROGRAM

Hosted by Zone 2 Ringette Association





#### Welcome to the 2025 Alberta 14AA, 16AA and U19AA Ringette Provincial Championships

On behalf of the Zone2 Ringette Association executive and our provincial tournament committee, I would like to welcome you to our community and wish everyone the best of luck in the 2025 Provincial Championships. I would also like to say "Thanks!" to the families and friends who have come out to support the players.

I also want to extend a heartfelt thank you to all our sponsors for making this event so successful. Their generous contribution helped make our vision a reality by helping to offset the cost of holding the 2025 Provincials. In addition, our provincial committee and our volunteers have worked for many months to offer us these weekend's activities. Without these volunteers and their strong sense of community spirit, hosting this event would not be possible.

During this weekend, we all look forward to seeing a great display of skill, competition and teamwork in the true spirit of fun and good sportsmanship.

We have plenty to offer over this championship weekend, including many exciting prizes. Check out our tournament map for directions to all our venues, and don't hesitate to ask any of our volunteers, for directions or advice on where to eat, get skates sharpened or where to go shopping, they will be happy to help.

We look forward to three days of good competition, developing relationships and a fun filled weekend! Skate Hard and Have Fun!

Clara Leblond, Provincial Host Committee



### **TRUE SPORT** PRINCIPLES

#### **KEEP IT FUN**

Find the joy of sport and have a good time. Keep a positive attitude and look to make a positive difference, on the field and in your community.

#### **GO FOR IT**

Always strive for excellence and rise to the challenge, but never at the expense of others. Discover how good you can be.

#### **RESPECT OTHERS**

creating a sporting experience, both on the field and off. Win with dignity and lose with grace.

#### Show respect for everyone involved in

#### **STAY HEALTHY**

Place physical and mental health above all other considerations and avoid unsafe activities. Respect your body and keep in shape.

GIVE

Always remember the community that

supports your sport and helps make

it possible. Find

out of sport.

ways to show your

appreciation and help

others get the most

#### **PLAY FAIR**

Play honestly and obey the rules, in letter and spirit. Winning is only meaningful when competition is fair.

#### **INCLUDE EVERYONE**

Share sport with others, regardless of creed, ethnicity, gender, sexual orientation or ability. Invite everyone into sport to make it more meaningful for the whole community.

#### Coaches Oath

In the name of all coaches taking part in these Provincial Championships, I pledge our commitment to the True Sport Principles and that we will coach in a manner respectful of the dignity of all athletes and carry out our tasks with responsibility and integrity.

#### Athletes Oath

As I come to play ringette, grant me the will to participate to my fullest, as an individual player and a team member. May my goal be to play, with spirit and fairness, to the best of my knowledge and ability. While my coach guides and teaches my team, may he or she receive respect and encouragement from players and parents alike. Thank you for the officials whose organization gives us the opportunity to play ringette and, as I play, may the support of my parents add to the fun of the game. I promise to play ringette, respecting and abiding by the rules which govern it. I pledge my commitment to the True Sport Principles, for the appreciation of the sport and the honour of my team.

#### Officials Oath

In the name of all officials, I promise that we shall officiate these Provincial Championships, respecting and abiding by the rules which govern them, in the true spirit of sportsmanship, for the glory of the sport. I pledge my commitment to the True Sport Principles and will ensure that these Games are played in a fair and respectful manner for all participants.















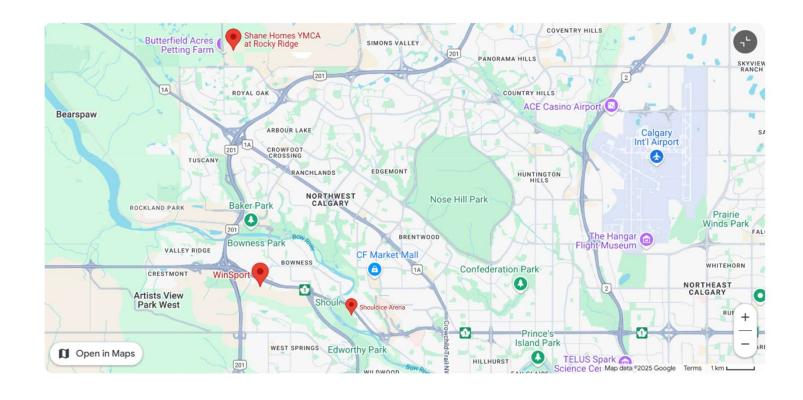
GRAPHNIX.Com

### ARENA LOCATIONS

- Winsport Canada Olympic Rd S W, Calgary, AB T3B 5R5 TOURNAMENT HEAD QUARTERS
- Rocky Ridge YMCA 11300 Rocky Ridge Rd NW, Calgary, AB T3G 5H3
- Shouldice Arena 1515 Home Rd NW, Calgary, AB T3B 0V8

Canada Olympic Park, formerly known as Paskapoo Ski Hill, is a ski hill and multipurpose training and competition facility located in Calgary, Alberta, Canada, owned and operated by WinSport. It is currently used both for high performance athletic training and for recreational purposes by the general public





For this year's Provincials, our photographer will be Kyle Clapham, who specializes in close-up, high-quality action photography. He is offering a Team Action Photography package for this year's event, details and photo samples on the RAB Provincials Website:

#### **2025 PROVINCIALS TEAM ACTION PHOTO PACKAGE**

#### Cost-\$300

Includes minimum 200 action photos of ALL players and coaches
Photos are fully edited and high resolution, capable of being printed at any size
Team photo included
Each player will have minimum of 5 photos, in most cases 7-12 each
You own the photos and can use for any personal purposes

In order to properly cover the teams that order this package, he is limiting the package to the first 10 teams that order. To pre-order, or for more information, please contact Kyle directly at <a href="mailto:kyleclapham@myyahoo.com">kyleclapham@myyahoo.com</a> If he does not fill up with the 10 teams, he may be able to do some individual packages.



Make sure you visit the raffle table at Winsport for some great Prizes

# Raffle Basket Tickets \$10

\*1st Prize \$600 Basket \*2nd Prize \$400 Basket

## Sucker Pull \$3

For a chance to Win

\*Candy

\*Starbucks Gift Card

\*Entry to Win New Ringette Stick

## Cooler + Liquor Tickets \$10

Value \$1000+



#### **SHRed Concussions**

Surveillance in High School and Community Sport to REDuce Concussions

SHRed Concussions is a large Canadian research study that was funded by the National Football league's (NFL) Scientific Advisory Board to better understand how common concussions are in high school athletes.

We are looking at:

- · how to prevent concussions from occurring
- · how to detect and diagnose concussions
- · how to manage concussions to get athletes back playing sport faster



#### Who is participating?

Youth who participate in at least one of the SHRed study sports in the community or at their school to participate: <a href="ice hockey">ice hockey</a>, <a href="soccer">soccer</a>, <a href="basketball">basketball</a>, <a href="soccer">wrestling</a>, <a href="street">street</a> dance</a>, <a href="sledge hockey">sledge hockey</a>, <a href="wheelchair basketball">wheelchair basketball</a>, and other sports.

#### What are participants doing?

Participants must create an online account at SHRedConcussions.ca, whereby they will complete most of their study requirements. Through the online account participants will complete weekly sport participation and injury surveys and be able to report any injury sustained to their study therapist. Additionally, participants are asked to participate in baseline testing that includes; baseline measures, online questionnaires and clinical assessments.



## **U14AA**

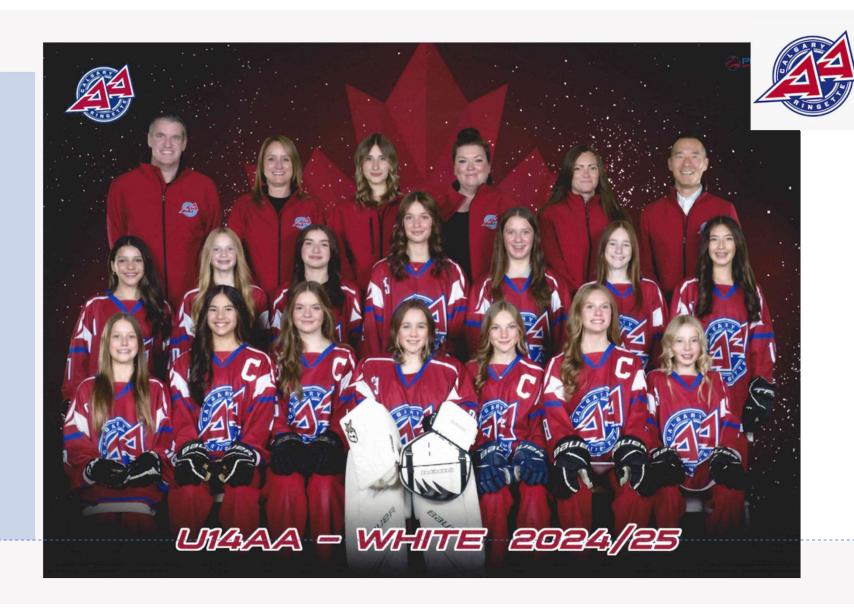
- 2 Khloe Kelliher
- 3 Avelynn Grzyb
- 4 Kinsey Foley
- 5 Sophie Fleck
- 6 Sasha Dyjur
- 7 Londyn Grayson
- 8 Lexi Seymour
- 9 Aysia Rosentreter
- 10 Amy Condratow
- 11 Bowen Pilipchuk
- 12 Hailey Cockerill
- 15 Eadyn Reynolds
- 22 Sophie Peake
- 24 Letty Russell
- 27 Blair Fleming
- 1 Clara Olthof
- 31 Ivy Lundrigan



Calgary Red U14AA



- 1 Poppy Genge
- 2 Jenna Hansen
- 4 Eva Halpen
- **6 Quinn Baillargeon**
- 8 Lola Giffen
- **9 Jessie Reinhart**
- **10 Kaitlyn McIntosh**
- **11 Elliot Balderston**
- **12 Evangeline Lok**
- **13 Lili-Claire Benison**
- **14 Juliette Stringer**
- **15 Addyson Cuthbertson**
- **16 Jade Matheos**
- **18 Georgia Early**



- 2 Courtney Klimpke
- 3 Karis Cripps
- 7 Olivia Rampaul
- 8 Nova Hollman
- 9 Grace Giasson
- 10 Isabel Hutchinson
- 12 Charlotte Feuchuk
- 13 Tessa MacMillan
- 14 Katie Lewis
- 15 Ashtyn Rushfeldt
- 16 Ava Clare
- 17 Reese McDougall
- 18 Annie Choe
- 31 Alida Kimpton
- HC Stacey Clare
- AC Eddie Choe
- AC Teena Feuchuk
- **AC Riley Lindquist**
- AC Scott McDougall
- JrC Amelia Whiteley
- JrC Macy Lacusta
- JrC Gwen



## Calgary Blue U14AA

2 Ayva Pittis

4 Evi Johnson

**5 Abby Makin** 

6 Aahna Hayer

**10** Allie Reinders

11 Taryn Dukeshire

**12 Jessie Stevenson** 

13 Dakota Hoare

**14 Jorgia Deeks** 

15 Keira Early

**16 Georgia Lambe** 

**17 Kate Gervais** 

**18 Charlotte Gratton** 

31 Sophie O'Grady





### 

ROW1 (TOP ROW): TARIN O'HARA - ASSISTANT COACH, DAVID BATCHELOR - ASSISTANT COACH, ABIGAIL BATCHELOR, HAYDEN O'HARA, ADDILYN POESCH, BROOK TAYLOR - ASSISTANT COACH, MEGAN ROTHWELL - HEAD COACH ROW2: GRACIE FORRE, PETRA ATZESBERGER, KALI LARENTE, JULIA ROTHWELL, CLAIRE ULLIAC, WILLA FEREDAY ROW3: KYLIE ROTHWELL, PAIGE TAYLOR, FIONA MAGDALINSKI, GIGI HOLE, LAYLA LADURON, EMMA METZINGER ABSENT: CHERYL FEREDAY - ASSISTANT MANAGER, JAMIE FERRI - ASSISTANT COACH, TRISHA SAVITSKY - MANAGER



## SPRUCE GROVE RINGETTE U14AA RIOT



Front Row: 20 Tylar Lourens, 5 Carly McConaghy, 14 Gabriella Hetu, 6 Norah Schultz, 31 Quinn Carson, 18 Kenley Freadrich 66 Abby Brennan, 22 Isabella Paron, 16 Peyton Lang Back Row: JR C Jacey Freadrich, AC Shaelynn Korpach AC Jessica Yerichuk, 19 Ryley Chmilar, 2 Tegan Blais, 11 Sienna Fyculak, 27 Victoria Klassen, 39 Delaney Willoughby 4 Emily Andrews, 90 Kallie Diamond, AC Sherri Fyculak, AC Saila Pethick, HC Kim Heacock-Goudreau, JR C Kira Ible Missing: AC Alia Van Beers, AC Kelly Lang, AC Daelynn Kew, TM Leeam Freadrich

2024-2025



- 1 Megan Anderson
- 2 Gemma Niehaus
- 6 Hailev Weissenborn
- 7 Ella Day
- 8 Sophia Stewardson
- 9 Jilian White
- 10 Brenna Mishna
- 11 Morgan Morhart
- 12 Camryn Spooner
- 13 AliEnah Sargent
- 17 Alexandra Pace
- 19 Sydney Gallace
- 22 Joelle McNeill
- 74 Julia Peirsor
- 77 Julie Sieben





ST. ALBERT



U14AA





1 Tayte Stephenson

2 Morgan Pikkert

3 Brooke McPeek

5 Kasenia Hyshka

6 Kara Adamson

7 Emersyn Teskey

8 Calleigh Pascoe

9 Hannah Jorgensen

10 Alexis Tremblay

11 Dacey Nesseth

12 Aubrie Flewelling

13 Madison Stevenson

14 Dallas Lawes

15 Aliyah Teskey

22 Marlise Lawrence

27 Sianna Freele

31 Raeann Abbott

HC Ray Teskey
HC Jay Adamson
AC Gillian Dreger
AC Hailee Pluister
AC Jada MacDonnell



**U16AA** 



U16AA

- 2 Teagan Dyck
- 3 Asia Mitchell
- 4 Paige Turbide
- 6 Laila Assaly
- **7** Skye Percival
- 8 Kaidyn Wilson
- 9 Siena Hawryschuk

- 10 Charitina Stelbaska
- 11 Farrah Assaly
- 12 Sophia Meyer
- **14 Cameron Earle**
- 15 Alicia Munoz
- **16 Leighton Grierson**
- 31 Brielle Rosner

### U16AA FUZE

- 2 Hailey Kane
- 3 Tilly Lister
- 5 Makayla Fraser
- 7 Charlee Yarker
- 8 Amelia Whiteley
- 9 Jadee Patel
- 11 Kalyn Byers
- 12 Sydnee Rivard
- 13 Avery Ashley
- 14 Cami Tym
- 16 Julia Proudfoot
- 17 Neely Tate
- 18 Amelie Rivard
- 31 Maiya AubinVilorio

**HC Robyn Fraser** 

**AC Erin Ashley** 

**AC Shannon Smith** 

**AC Erin Ung** 

**AC Maddy Nystrom** 

**AC Regan Meier** 



### U16AA EDGE

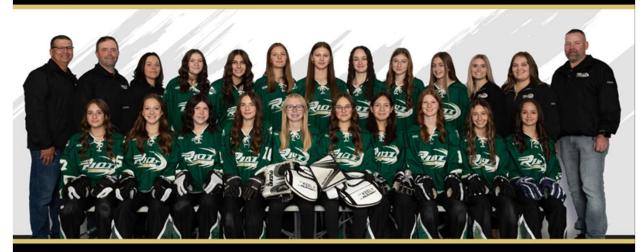




1	SYDNEY	MULLEN
4	KATIE	MORISON
6	MADISON	MACKINNON
8	MAHI	PATEL
9	ANNIE	ZOLKAVICH
10	CLAIRE	WIART
12	MEGAN	CORSCADDEN
13	PAYTON	BOYD
14	<b>AVERY</b>	WADE
15	ASHLYNN	QUILTY
16	CLAIRE	RYTON
17	ISABELLA	CAREY
18	ELLIE	HAAK
19	IYLA	DREW
20	JOCELYN	ARDIEL
21	NASHLYN	MORTENSON
31	MEGAN	PEIRSON
HC	CARLY	ROSS
AC	ALEXIS	SNOWDON
AC	JODY	CHERDARCHUK
AC	TARA	RYTON
AC	SEAN	CAREY
AC	DUNCAN	WADE



## SPRUCE GROVE RINGETTE U16AA RIOT



Front Row: 17 Elise Hutnan, 15 Ella Kelemen, 3 Claire MCGroggan, 10 Mara Boyd, 35 Mallory Hnatko, 1 Adriana Walker
12 Everley McNeil, 14 Emily Burroughs, 29 Ashley Cedric, 13 Falynn Richardson
Back Row: AC Robert Adams, AC Craig Lenderbeck, AC Kyla Walker, 91 McKenna Hunter, 21 Abigail Repchuk
87 Julia Klassen, 19 Jenna Adams, 16 Elliet Brown, 7 Senna Hendry, 8 Kate Lenderbeck, AC Rio Kesslar
GC Makayla Kew, HC Matthew Hunter Missing: TM Korrin Lenderbeck

2024-2025



- 2 Paige Fadish
- 3 Meghan Beche
- A Raga Ma
- 5 Maura McLaren
- 6 Grace Comi
- 7 Kava Bakke
- 8 Casey Douglas
- 10 Ryley Finla
- 13 Grace Koty
- 15 Abi Dul
- 16 Megan Mercer
- 17 Isla McKnigh
- 19 Brostup Thomas
- 21.0
- 22 Jackyn McCallum
- DE Brinnon Morin



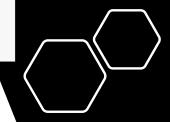
U16AA





## U19AA HEAT





1 Julia Harvie

2 Alyssa Harvie

**3 Josie Lister** 

5 Marin McKnight

6 Kailey Rudnicki

7 Leah Marlborough

8 Sophie Miller

10 Mya Althen

11 Hailey Dunn

12 Dani Falconer

13 Katie Chapman

14 Megan Sterchi

**15 Charlotte Landers** 

16 Jocelyne Galbraith

17 Riley Chapman

18 Ava Will

31 Sadie Blenkhorn

24/25

### **EDMONTON RINGETTE CLUB U19AA**





- 2 Kenzie Millard
- 3 Mimi Prociuk
- 4 Clara Finnen
- 5 Erica Corscadden
- 7 Megan Dimitrova
- 8 Esme Gafuik
- 9 Madison Thompson
- 10 Rachel Kinniburgh
- 11 Jasmine Swain
- 13 Adyson Charpentier
- 16 Isla Bokenfohr
- 17 Ksenia Wiker
- 18 Tegan McIntyre
- 19 Anna Marsh
- 20 Meghan Kinniburgh
- 30 Kaitlyn Harrington
- 31 Anna Simon

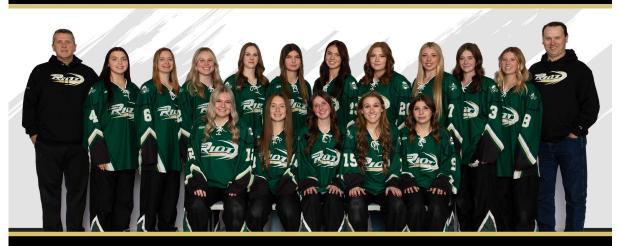
**HC Katie Zipp** 

**AC Melissa Misutka** 

**AC Tyler Prociuk** 



## SPRUCE GROVE RINGETTE U19AA RIOT



Front Row: 12 Emma Carson, 10 Carra Lenderbeck, 5 Addison Marks, 15 Kendyl Bogusky, 9 Macey Cyrenne
Back Row: HC Paul Bechard, 4 Jordan Fuhr, 6 Brooke Fels, 2 Anna Granson-Woollard, 17 Isabelle Burroughs, 8 Abbie Getz
23 Brooklyn Bomke, 31 Allison McNeill, 7 Madeline Bechard, 13 Nedaviah McNaughton, 33 Hannah Murray, AC Jeff Fuhr
Missing: TM Sonia Granson, GC Kate Granson-Woollard, AC Molly Chorney, DC Lexi Byers, OC Annie Hood
T Dana Cyrenne, TA Danielle Bechard, On Ice Asst. Curtis Woollard

2024-2025



1 Brianna Mockerman

2 Megan Kilpatrick

3 Bridget Duhaime

4 Danae Funnell

5 Abby Fry

7 Ashley Stephens

8 Sienna Famuak

9 Kyla Liber

10 Kate RogersHorne

11 Sadie Brisban

12 Violet Kotyk

14 Leah Schmidt

16 Vanessah Forster

17 Jenna Cargan

21 Erika Baalam

33 Payton McLaren







1 Alyssa Carew

3 Tayte Arlinghaus

4 Addison Herbert

5 Emily Spaans

6 Olivia Hwang

7 Ella Lazarick

8 McKenna Kelbert

9 Tia Dyrland

11 Emmerson Yaganiski

12 Saige Kleinmann

13 Gracie Shambel

14 Sydney Auton

15 Ella Anderson

16 Kylie Stolk

17 Kamryn Waples

18 Casey Houde

31 Bronwyn MacDonald

HC Brittany Kraychy

AC MarieEve Gauthier

AC Taya Tweten

AC Cassie Pinkoski

AC Kat Acheson

U19AA





## EMERGENCY ACTION PLAN

POLICE

There is always the potential for injury in all physical activities. Therefore, it is important to have an emergency action plan. The key to the emergency action plan is getting professional care to the athlete as quickly as possible

- DIAL 911 Calgary is a 911 community
- First Aid Kits: Team Staff
- Telephones: Guest Services & Cell Phones
- Addresses:
- Winsport Canada Olympic Rd SW, Calgary, AB T3B 5R5 TOURNAMENT HEAD QUARTERS
- Rocky Ridge YMCA 11300 Rocky Ridge Rd NW, Calgary, AB T3G 5H3
- Shouldice Arena 1515 Home Rd NW, Calgary, AB T3B 0V8



### **EMERGENCY ACTION PLAN**

#### When Injury Occurs

- 1. Take control and assess the situation.
- 2. Remember the basic first aid rule: Do not move the injured athlete. If the athlete cannot start a movement herself, do not move the body part for them.
- 3. Tell bystanders to leave the athlete alone.
- 4. Leave the athlete's equipment in place.
- 5. Evaluate the injury. Once you have assessed the severity of the injury, decide whether further assistance is required. If an ambulance is required DIAL 911.
- If an ambulance is not needed, decide on how to remove the injured athlete from the ice surface.



### **EMERGENCY ACTION PLAN**

Addresses for Hospitals
(\*\*Non-Emergency transport only)

Alberta Children's Hospital – 403-955-7211

28 Oki Dr, Calgary, AB T3B 6A8

**FOOTHILLS HOSPITAL – 403-944-011** 

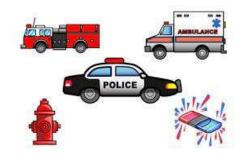
1403 29<sup>th</sup> Street NW, Calgary AB T2N 2T9

PETER LOUGHEED HOSPITAL – 403-943-4555

3500 26<sup>th</sup> Ave NE, Calgary AB T1Y 6J4

**South Health Campus – 403-956-1111** 

4448 Front St SE, Calgary, AB T3M 1M4



### Thank You Volunteers!!

## Provincial Host Committee

Aaron Cowley Alanna Berger Amber Burt Anne Moman Clara Leblond Erin Luke Jamie DeCosta Kathy Herriot

## Medal Game Shot Clock Officials

Asako Perejma Bob Armstrong Dion Rock Judy Renneberg





The Zone 2 Tournament Committee would like to thank all the players, parents and many volunteers whose hard work and dedication have made this another successful tournament.

A BIG "THANK YOU" TO ALL OUR REFEREES!

