

RAB CUP - April 26-27 Cochrane - TEAM 1 - BLACK

date	start time	end time	Activity	Leader	Team 1	Team 2	Location
Thurs or Fri	misc		Fitness Testing	CSI Calgary	CWG	Self-ID	Winsport
Saturday, April 26	8:15 AM	9:30 AM	PRACTICE	MENTOR COACH	1 - BLACK	2 - WHITE	TOTEM 1
Saturday, April 26	12:00 PM	1:00 PM	TEAM-BUILDING/STRATEGY	TEAM COACHES	1 - BLACK		Creekside
Saturday, April 26	2:15 PM	3:30 PM	PRACTICE	MENTOR COACH	1 - BLACK	2 - WHITE	TOTEM 1
Saturday, April 26	4:15 PM	5:15 PM	COACH DEV*	MENTOR COACH	1 - BLACK	2 - WHITE	Creekside
Saturday, April 26	4:30 PM	5:30 PM	PSYCH^	Frank Van Den Berg	1 - BLACK	2 - WHITE	Glenbow Gym
Saturday, April 26	8:30 PM	9:15 PM	GOALIE DEV.	GOALIE COACH	GOALIES	teams 1-6	TOTEM 2
Sunday, April 27	9:00 AM	10:00 AM	COACH DEV*	MENTOR COACH	1 - BLACK	2 - WHITE	Waterfall
Sunday, April 27	11:15 AM	12:30 PM	GAME	TEAM COACHES	1 - BLACK	2 - WHITE	TOTEM 2
Sunday, April 27	1:15 PM	2:00 PM	OFF-ICE POWER SKATING^	Dallas Robbins	1 - BLACK	2 - WHITE	Glenbow Gym
Sunday, April 27	2:00 PM	2:45 PM	PREVENTION & RECOVERY^	TBD	1 - BLACK	2 - WHITE	Glenbow Gym
Sunday, April 27	1:30 PM	2:00 PM	DEBRIEF*	MENTOR COACH	1 - BLACK	2 - WHITE	Waterfall
Sunday, April 27	5:15 PM	6:30 PM	GAME	TEAM COACHES	1 - BLACK	4 - GREY	TOTEM 2

*Coaches only

^Athletes only