

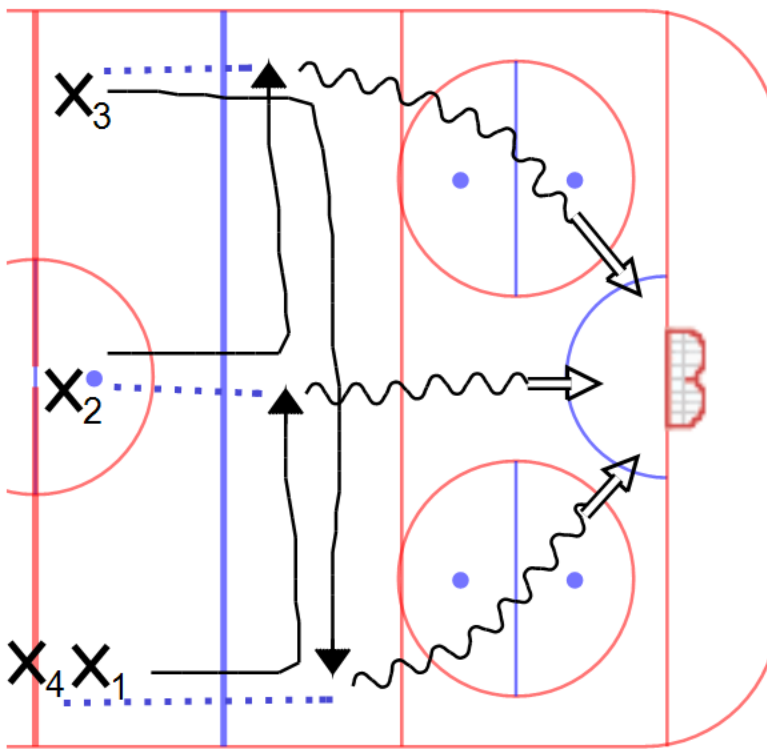
Category #1 :

Title : 3 line passing - L cuts

Category #2 :

Content elements:

Components :



Key Points :

L cut

communication

lead pass

Description

X1 skates over the blue line and makes an L cut, receiving a pass from X2.
X2 skates over the blue line and makes an L cut, receiving a pass from X3.
X3 skates over the blue line and makes an L cut, receiving a pass from X4.

The goalie gets shots from 3 separate angles. The passes should be perpendicular to the lines on the ice, and not going diagonally.

Etc.