

RAB CUP - April 26-27 Cochrane - TEAM 5 - BLACK

date	start time	end time	Activity	Leader	Team 1	Team 2	Location
Thurs or Fri	misc		Fitness Testing	CSI Calgary	CWG	Self-ID	Winsport
Saturday, April 26	9:45 AM	11:00 AM	PRACTICE	MENTOR COACH	5 - BLACK	6 - WHITE	TOTEM 1
Saturday, April 26	1:00 PM	2:00 PM	PSYCH	Frank Van Den Berg	5 - BLACK	6 - WHITE	Glenbow Gym
Saturday, April 26	2:00 PM	3:00 PM	TEAM-BUILDING/STRATEGY	TEAM COACHES	5 - BLACK		Glenbow Gym
Saturday, April 26	3:45 PM	5:00 PM	PRACTICE	MENTOR COACH	5 - BLACK	6 - WHITE	TOTEM 1
Saturday, April 26	5:30 PM	6:30 PM	COACH DEV*	MENTOR COACH	5 - BLACK	6 - WHITE	Creekside
Saturday, April 26	8:30 PM	9:15 PM	GOALIE DEV.	GOALIE COACH	GOALIES	teams 1-6	TOTEM 2
Sunday, April 27	9:45 AM	11:00 AM	GAME	TEAM COACHES	5 - BLACK	6 - WHITE	TOTEM 2
Sunday, April 27	11:30 AM	12:30 PM	COACH DEV*	MENTOR COACH	5 - BLACK	6 - WHITE	Waterfall
Sunday, April 27	11:45 AM	12:30 PM	PREVENTION & RECOVERY^	TBD	5 - BLACK	6 - WHITE	Glenbow Gym
Sunday, April 27	12:30 PM	1:15 PM	OFF-ICE POWER SKATING^	Dallas Robbins	5 - BLACK	6 - WHITE	Glenbow Gym
Sunday, April 27	2:15 PM	3:30 PM	GAME	TEAM COACHES	5 - BLACK	8 - GREY	TOTEM 2
Sunday, April 27	3:45 PM	4:15 PM	DEBRIEF*	MENTOR COACH	5 - BLACK	6 - WHITE	Waterfall

*Coaches only

^Athletes only