

## RAB CUP - April 26-27 Cochrane - TEAM 7 - NAVY

date	start time	end time	Activity	Leader	Team 1	Team 2	Location
Thurs or Fri	misc		Fitness Testing	CSI Calgary	CWG	Self-ID	Winsport
Saturday, April 26	9:30 AM	10:45 AM	PRACTICE	MENTOR COACH	7 - NAVY	8 - GREY	TOTEM 2
Saturday, April 26	11:30 AM	12:30 PM	TEAM-BUILDING/STRATEGY	TEAM COACHES	7 - NAVY		Glenbow Gym
Saturday, April 26	2:30 PM	3:45 PM	PRACTICE	MENTOR COACH	7 - NAVY	8 - GREY	TOTEM 2
Saturday, April 26	4:15 PM	5:15 PM	COACH DEV*	MENTOR COACH	7 - NAVY	8 - GREY	Creekside
Saturday, April 26	4:30 PM	5:30 PM	PSYCH	Frank Van Den Berg	7 - NAVY	8 - GREY	Glenbow Gym
Saturday, April 26	7:45 PM	8:30 PM	GOALIE DEV.	GOALIE COACH	GOALIES	teams 7-12	TOTEM 2
Sunday, April 27	9:30 AM	10:45 AM	GAME	TEAM COACHES	7 - NAVY	8 - GREY	TOTEM 1
Sunday, April 27	11:30 AM	12:30 PM	COACH DEV*	MENTOR COACH	7 - NAVY	8 - GREY	Waterfall
Sunday, April 27	11:45 AM	12:30 PM	OFF-ICE POWER SKATING^	Dallas Robbins	7 - NAVY	8 - GREY	Glenbow Gym
Sunday, April 27	12:30 PM	1:15 PM	PREVENTION & RECOVERY^	TBD	7 - NAVY	8 - GREY	Glenbow Gym
Sunday, April 27	2:00 PM	3:15 PM	GAME	TEAM COACHES	7 - NAVY	6 - WHITE	TOTEM 1
Sunday, April 27	3:45 PM	4:15 PM	DEBRIEF*	MENTOR COACH	7 - NAVY	8 - GREY	Waterfall

\*Coaches only

^Athletes only