

**RINGETTE ALBERTA**

**ANNUAL REPORT**

**2018-2019**



**RINGETTE  
ALBERTA**

# SINCE THE 2017- 2018 AGM

## Board and Staff Meeting in September

- Board and Staff met to dig into priorities for the associations in light of the Ringette Canada Competition Review and findings from the 2017/2018 AGM
- Decision was to focus heavily on contexts and Children's Ringette
- Divided into TWO task forces to help guide plans for the 2019-2020 season
  - Children's Ringette
  - Flex, Classic and Excellence

Recommendations from the task forces came to life in  
the Roadshow



## HIGHLIGHTS & KEY POINTS

Continuing with the goal of increasing registration (through retention) and to align with the Long Term Athlete Development Model and the Ringette Canada Competition Review, we have been working hard to define and differentiate the various participation contexts.

- Conducted 8 meetings for local Ringette associations.
  - For associations, we chose to share the entire picture and determine the state of readiness for change (how much, when?)
- Based on advice from associations, a specific plan for Children's Ringette for 2019-2020 was developed and with that narrower scope, we presented to the general Ringette community via a webinar
- Final decisions on the "WHAT" for the 2019-2020 season were communicated to group members in March with the "HOW" to be developed together with the members at the 2019 Conference

**[yourringette.ca](http://yourringette.ca) was created to communicate the bigger picture, where we are headed, so that consistent information would be available for those choosing to access it.**



YOUR GOALS

YOUR REASONS

YOUR CHOICE

## YOUR RINGETTE

It doesn't matter if you want to play once a week with your friends, participate in a competitive environment, or train to be the best and maybe play in the National Ringette League or on the National Team one day – we have a fit for you and we want you in the game, your game.

*We're excited about the upcoming changes and are looking forward to getting associations' and participants' input as to how to implement them! Explore the site for details on the who, what, when and why. This may change based on your feedback as we want to ensure the changes are implemented with as little disruption as possible.*



# EXCELLENCE WORKGROUP

Ringette Alberta assembled a small group of very experienced coaches and tasked them with the following:

- Using the Athlete Development Matrix and Junior National Team standards, identify the most critical attributes for our athletes at the Canada Games level.
- Based on the previous bullet point, identify developmentally appropriate standards for U19, U16, and U14 athletes.
- Implement athlete development tracking of these standards and benchmarks
- Develop sample season plans and other resources to guide coaches in the Excellence context
- Define the expectations of coaches, teams, and athletes on a 'AA' team and/or participating in the Excellence context

This project is still in its early stages, but the goal is to have the standards and tracking system ready to be used for the 2019/20 season.

We believe defining expectations is key to providing strong ringette programming in Alberta. The goal of this project is to give athletes the best possible chance to be selected for Team Alberta, NRL teams, or the Junior National Team; in turn this will give Alberta clubs the best possible opportunity to be successful at the regional or national level.

# REGISTRATION

Association	2016-2017			2017-2018			2018-2019			Net Change from 2018-19
	Minor Players	Adult Players	Total Players	Minor Players	Adult Players	Total Players	Minor Players	Adult Players	Total Players	
Airdrie Ringette Association	164		164	174	1	175	182		182	7
Beaumont Ringette	135	5	140	162	17	179	162	19	181	2
Black Gold Ringette Club		16	16		15	15		16	16	1
Bowview Ringette	475		475	474		474	508		508	34
Calgary East Ringette	51		51	57		57			0	-57
Calgary Open Ringette Association		455	455	8	497	505	3	506	509	4
Central Alberta Sting	64		64	49	16	65	37	16	53	-12
Central Alberta Wiggers Ringette Association		19	19		16	16		26	26	10
Cochrane Ringette	165		165	171		171	183		183	12
Drayton Valley Ringette	60		60	51		51	30		30	-21
Edmonton Ringette (EFCLRA)	468		468	325	103	428	400	27	427	-1
Edmonton Ringette Club	46	41	87	45	41	86	42	44	86	0
Foothills Ringette				17		17	19		19	2
Fort McMurray Ringette	139		139	154		154	192		192	38
Fort Saskatchewan Ringette	93		93	92		92	129		129	37
Hinton Ringette Association	83	12	95	71		71	73		73	2
Indus Ringette Association	112		112	121		121	123		123	2
Lacombe Ringette	127		127	115	22	137	113	24	137	0
Leduc (Jaguars) Ringette	149		149	127	9	136	139		139	3
Lethbridge Ringette	111	38	149	125	22	147	126	36	162	15
Medicine Hat Ringette	188	0	188	141	28	169	156	35	191	22
Mighty Peace Ringette	17		17	15		15	10		10	-5
Northern AB Women's Ringette		213	213		242	242	4	239	243	1
North west Ringette	404		404	424		424	437		437	13
Olds Ringette			0			0			0	0
Peace Country Ringette (Grande Prairie)				13	28	41	20	21	41	0
Pembina Ringette	65		65	71		71	78		78	7
Red Deer Ringette	250		250	241		241	242		242	1
Ringette Calgary AA	91	16	107	118	15	133	123	16	139	6
Riviere Qui Barre Ringette Association		14	14		17	17		16	16	-1
Rockyford Ringette Association	30	32	62	38	33	71	94		94	23
Sherwood Park Ringette	297	43	340	315	47	362	335	46	381	19
South Calgary Ringette	378		378	374		374	400		400	26
Spruce Grove Ringette Association	272	24	296	304	23	327	306		306	-21
St. Albert Ringette	415		415	320	76	396	374	103	477	81
Strathmore Minor Ringette Association	156		156	161		161	151		151	-10
University Ringette Club		42	42		41	41	1	37	38	-3
Women's Ringette Association of Calgary		229	229		230	230	208	7	215	-15
Zone 2 Big Country Ringette	42		42	27		27	41		41	14
Zone 5 AA Ringette Club	68		68	53	17	70	33		33	-37
	5115	1199	6314	4953	1556	6509	5474	1234	6708	199

# COME TRY RINGETTE



44 Events

25 Associations

938  
Participants

400 Reported to have registered

42% conversion rate

Our continuous goal is to get this rate up to the 60% benchmark set by Ringette Canada



# COME TRY RINGETTE

## Scorecard system

We continued to use the scorecard system which has proved to be useful for event planning

Of the 34 scorecards submitted, the average score was 33 out of a possible 60. Much improvement is required.

33/60

Better pre-planning and follow up with families after the events were two common shortcomings across the province.

Going forward, we hope to make events more consistent across the province and to make expectations for the recruitment team, volunteers, and associations clearer.





# COME TRY RINGETTE



This season we spearheaded the production of a new promotional video to support Come Try Ringette registration for participating associations this fall. The video will be screened at the Conference for those in attendance.



# INJURY TRACKING

REPORT IT...  
TO PREVENT IT



Injury Reporting System

- Not enough people are using the injury tracker. Insufficient data to be useful.
- Working on alternate solutions. Announcement this fall.

Ringette Canada has been plugging more information into their Concussion website, and that continues to be another location for education on prevention and return to play

[www.ringette.ca/concussion/](http://www.ringette.ca/concussion/)



# PLAYDOWNS & PROVINCIALS

## PLAYDOWNS

**256  
GAMES**

38 teams  
did not  
commit to  
attend

**512 OFFICIALS ASSIGNMENTS**

**122 OFFICIALS**



**2019  
PROVINCIALS**

[www.ringettealberta.com](http://www.ringettealberta.com)



# PLAYDOWNS & PROVINCIALS

## PROVINCIALS

### 2018-2019 Season

U16A, U19A, Open A	- March 1-3
U14A, U12B, U14C, U16B, Open B	- March 8-10
AA, U12C, U12A, U14B	- March 15-17
U19B, Open C	- March 22-24

\*\*AAs were moved due to Canada Winter Games

### 2019-2020 Season

AAs	- Feb 28-March 1
U16A, U19A, Open A	- March 6-8
U14A, U16B, Open B	- March 13-15
U14C, U14B	- March 20-22
U19B, Open C	- March 27-29

# WESTERNS



St. Albert hosted a great event

Team AB U14AA - Gold  
Calgary Red U14AA - Silver  
Team AB U16A - Gold  
Team AB U19A - Bronze  
Team AB Open A - Gold  
St. Albert Open A - Bronze



10 AB Officials and Supervisors  
were invited to the event!



# CANADA WINTER GAMES

130+ athletes tried out, and the final team of 18 athletes from across Alberta. The group participated in tournaments in Nova Scotia and Winnipeg, as well as several local exhibition games vs. Team Saskatchewan and Alberta NRL teams.



Kaley Bilyk	NRL Black Gold Rush
Shaelyn Corasiniti	Calgary U19AA Rogue
Hannah Coyne	Calgary U19AA Rogue
Kat Eamon	Calgary U19AA Rogue
Maddy Galeski	Calgary U19AA Rush
Alyssa Hall	U of L Pronghorns
Kennedy Hickey	NRL Black Gold Rush
Vail Ketsa	St. Albert U19AA Mission
Ali Keylor	Edmonton U19AA Elite
Lauren Millar	St. Albert U19AA Mission
Nicole Pelletier	NRL Black Gold Rush
Megan Riou	NRL Edmonton WAM!
Ann Sauve	Calgary U19AA Rogue
Jordyn Scott	St. Albert U19AA Mission
Torrie Shennan	NRL Edmonton WAM!
Marla Wheeler	Calgary U19AA Rush
Jenna Wolsey	Calgary U19AA Rush
Katie Zipp	Edmonton U19AA Elite



3 AB Officials and Supervisors were invited to the event!



# CANADIAN RINGETTE CHAMPIONSHIPS



12 AB Teams in attendance

Congratulations to our Alberta medalists at the  
Canadian Ringette Championships!  
U16AA Gold- Ringette Calgary Core  
U19AA Bronze - Ringette Calgary Rush  
NRL Champions - Calgary RATH Ringette



5 Officials and Supervisors were invited to attend Nationals

# ATHLETE ADVISORY COMMITTEE

The Athlete Advisory Committee (AAC) was formed on September 8, 2019. The Committee's role is to support the elected Board of Directors, may conduct a formal review of Ringette Alberta's programs and make related recommendations. They may advise on policy considered by the Board, bring concerns to the attention of the Board, and act as an advisory resource to the Ringette Alberta staff on operational matters.

The Athlete Advisory Committee had two formal meetings. The first was an orientation session held on December 9th, 2019. At this meeting the Committee:

- Was made aware of the terms of reference, Ringette Alberta policies, and Basecamp communication platform
- Reviewed the Ringette Alberta strategic plan
- Discussed competition review implementation
- Discussed forthcoming changes to Children's Ringette, youth ringette, and excellence ringette
- Chose a chairperson (Jody Nouwen)



# ATHLETE ADVISORY COMMITTEE

The second meeting as a web/conference call on March 4th;  
at this time the Committee discussed:

- Proposed changes to Children's Ringette: Half-ice, season logistics, U12 season-ending event
- Proposed changes to Classic and Flex ringette
- Proposed changes to Excellence programming

A report was then submitted to the Board on March 5th.

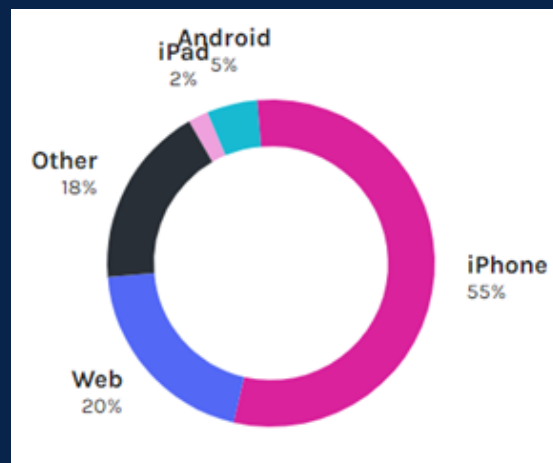
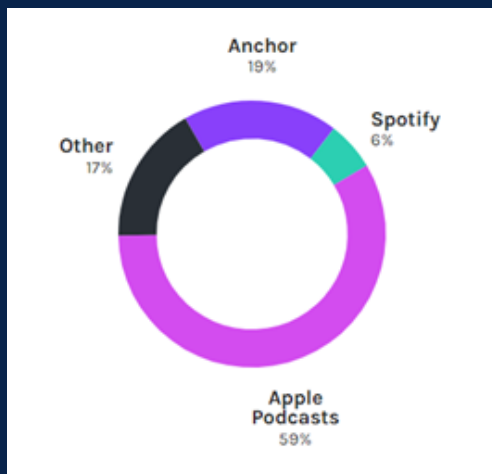
In the next year, the Committee hopes to continue being a valuable resource to the Board and Staff and to bring an athlete perspective to the operations of Ringette Alberta.

There will be another round of nominations and appointments to follow the Terms of Reference.

Information about this process will be distributed late in the summer.

# LET'S TALK RINGETTE PODCAST

The Let's Talk Ringette podcast debuted this year, with episode topics ranging from coaching, nutrition, goalies, inclusion, and why we love ringette. The podcast can be heard on Anchor, Spotify, Google Podcasts, Apple Podcasts, and many other streaming services.



On average,  
each episode  
was listened to  
251 times

Most popular  
episode featured  
Keely Brown as  
guest and was  
listened to 491  
times!



# OFFICIATING DEVELOPMENT

## ASK AN OFFICIAL

Have a question for an official? We have answers!



175  
Officials  
responded

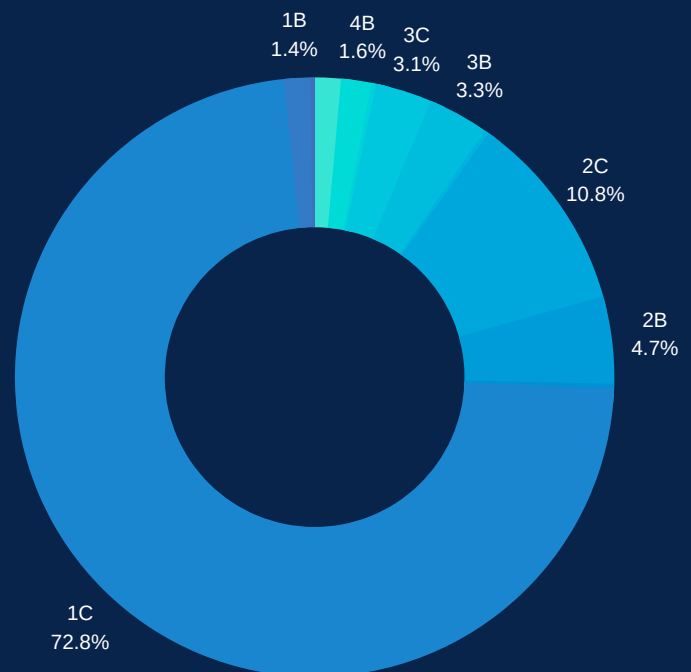
Ringette Alberta also conducted a survey that encompassed mentorship, exit surveys, goal settings, and feedback about various issues. This was NOT mandatory based on some of the information needed.

## New online resources

- Ask an official  
Several officials and coaches used this over the season, and understood that it was to clarify a rule, not question an official's judgement call
- Coaches Feedback  
Much like the previous version of Officials feedback, where coaches could comment on officials (positive or negative), officials had the opportunity to comment on coaches.

## Evaluations

428 evaluations were completed last season by 25 Evaluators. That is expected to be similar this season, but slightly higher after 11 new evaluators got certified in January.



# OFFICIATING DEVELOPMENT



## CLINICS

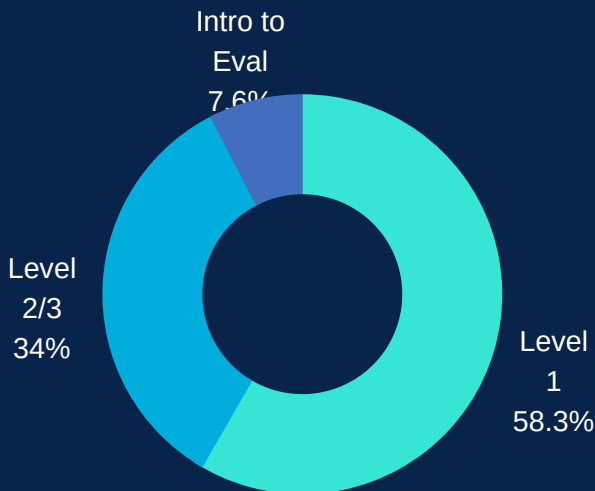
As it was a non-refresher year, RAB hosted FIVE Level 1 clinics, FOUR Level 2/3 clinic, and a single Introduction to Evaluating clinic.

In 2019, Ringette Canada will be releasing an updated rulebook, meaning that ALL officials that want to remain active will need to take a refresher.



The chart on the left is the percentage of participants in each clinic, 84 registrants took the Level 1, 49 registrants were invited and participated in the Level 2/3, and 11 invitees attended the Introduction to Evaluating clinic.

As it is not a refresher year, RAB does not count the registration numbers as active. In 2017/2018 we had 424 active officials, and we added 83 Level 1s in 2018/2019.



\*\*Not all 424 officials from last year are active

# COACHING DEVELOPMENT

12

Community Sport  
Initiation clinics

214

10

Competition  
Introduction clinics

160

19

Making Ethical  
Decisions clinics

229

Participants

71 CI  
Evals

1 New  
Learning  
Facilitator

3 coaches  
became  
Competition  
Development  
Certified

Clinics were taught by 10  
different instructors

# COACHING DEVELOPMENT



NCCP Certification maintenance continues this season. Professional Development (PD) points can be obtained in a number of ways. See our website for more details.

Ringette Alberta filmed and developed coaching resources which are available on our YouTube channel. Topics include stick length, defensive triangle, ringette basics, wrist shot, team-building activities, and much more. We conducted several coach surveys to find out what coaches are looking for. More resources coming soon!

We posted 33 “Ask an Athlete” videos on social media, where athletes from around the province told us things they like about ringette – spoiler alert, most of it was about being with friends and having fun!

# SOCIAL MEDIA

Ringette Alberta continues to be very active on social media, posting on Facebook, Twitter, and Instagram at least once per day



**1,994**

**FOLLOWERS**



**1,727 FOLLOWERS**



**2,109 PAGE LIKES**



**131**

**SUBSCRIBERS**

**19,507  
views!!**

The Ringette Alberta Youtube channel has seen a major increase in viewership over the last year. While there are only 131 subscribers, the channel has received 19,507 views across various videos in the past year. Most people do not subscribe to Youtube channels in general, but we share the video links across other platforms to drive viewership. Our most popular videos are skill-instruction and coaching resource videos. We want to continue to gain followers and provide more useful resources across the platforms in the next year.