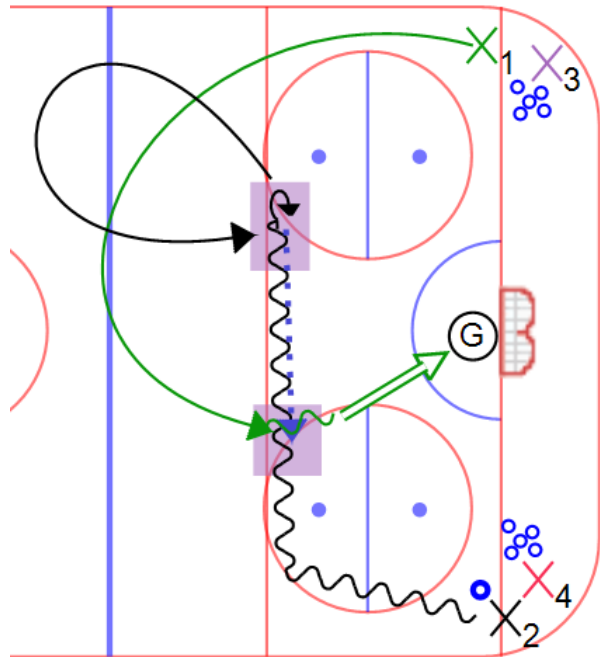
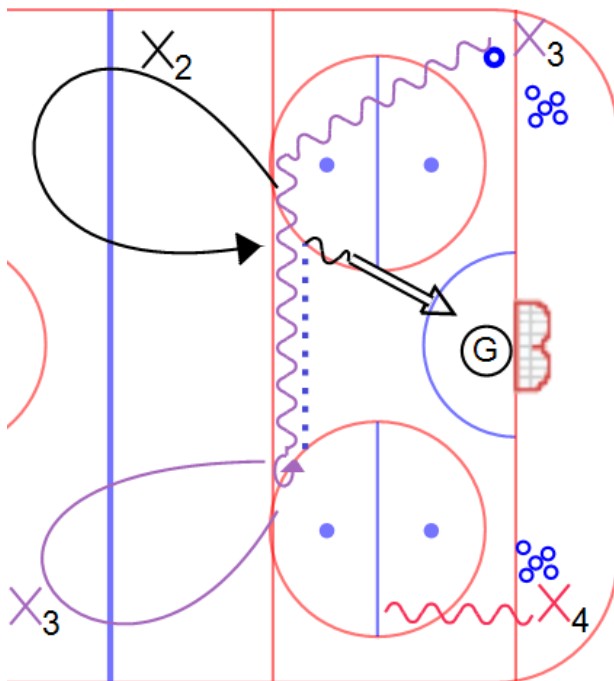
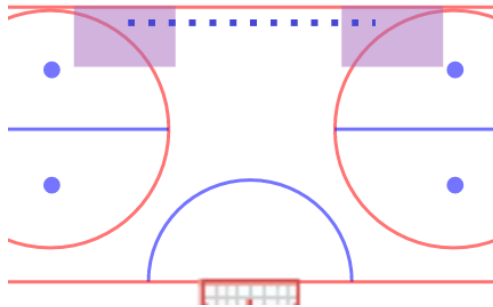


½ ice horseshoe with a turn pass

X1 and X2 leave almost at the same time. X2 skates as if they're going around the defensive triangle, and they get to the purple shaded area on the far side, they do a turn and pass across to the purple zone on the other circle there X1 is aiming to be. Once X2 makes the pass, they do the disappear route and come back towards the purple zone on the same side they passed from. X3 leaves right as X2 makes the pass.



The pass should come from the purple space on one side and be picked up in the purple space on the other side. This way, athletes aren't trying to attack right down the middle of the ice, and instead are spreading out the defense.



X3 then leaves and skates the same pattern around the "defense", until they get to the purple zone on the far side, when they turn and pass to X2 who's skating back into the zone. Once X3 passes, X4 leaves to run the same pattern.

The keys are timing – it's better for the player who's coming in with speed to be a second too late than too early. A missed pass that's in front of them is more likely to be recovered again than a pass behind them.