

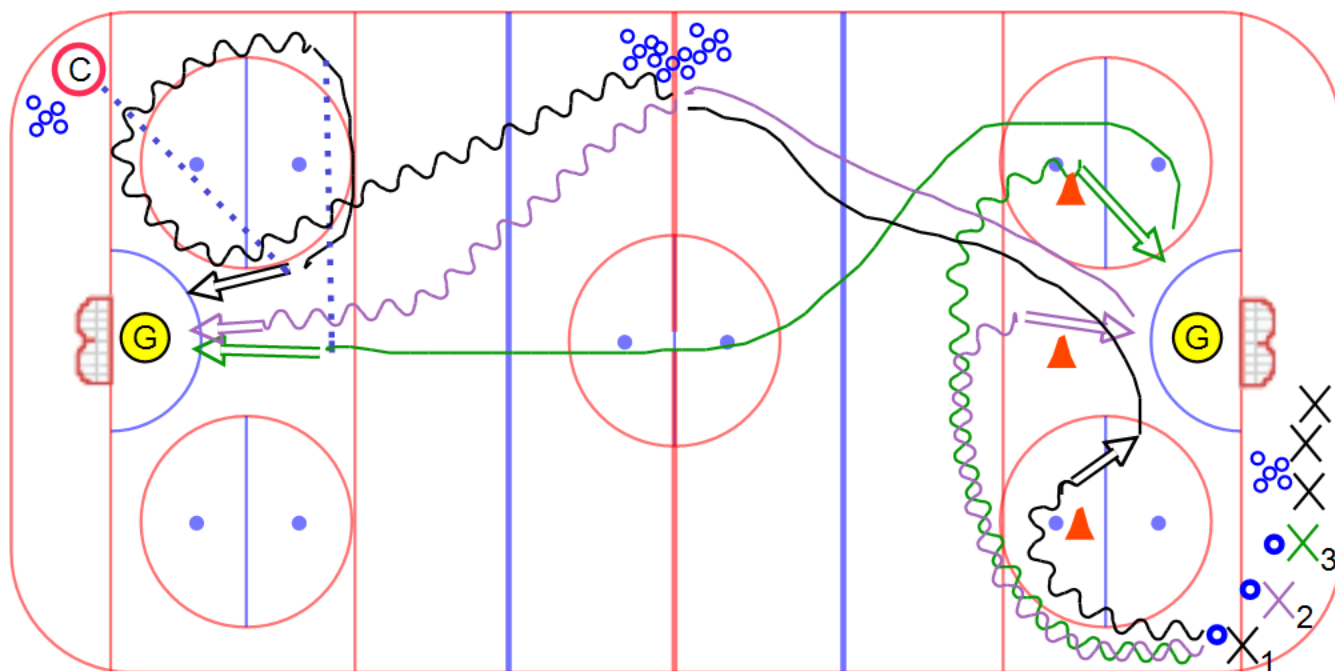
Category #1 :

Title : Snakebite

Category #2 :

Content elements : _____

Components: _____



Key points :

Description

Snakebite starts out with Bentleys. 3 shooters from 3 angles.

X1 then picks up a ring, drives to the net, makes a fake, and curls around the circle (doesn't matter which). They will eventually pass to X3.

X2 picks up a ring, drives to the net, and shoots (breakaway). They then stay in front of the net as a screen.

X3 has their head up and times themselves to be going full speed as X1 comes to the top of the circle so they can get a FLAT pass roughly along the ringette line.

X1 should then get a pass from a coach or teammate in the corner. Shooting order at the second end should be X2, X3, X1.

This can be done out of opposite corners at the same time, making sure there are rings on both sides of centre ice, and that the groups start out at the same time. X1 would then get a pass from the first person standing in line at the other end.