



Ringette Ontario Coach Qualifications

TRAINER REQUIREMENTS

- Making Head Way eLearning Module
 - Respect in Sport for Activity Leaders
 - Volunteer Screening Requirement as per RO Screening Policy
 - Standard First Aid*
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All teams U10-U19 are required to have ONE designated trainer on their bench for sanctioned events, this individual must be 18 or older and counts towards the maximum of 5 staff members permitted on the bench at once. A team is permitted to register multiple Trainers on the official Team Registration Form.

*To be a trainer, Standard First Aid or higher is required. Alternatives include:

- i. Medical Doctor/Student
- ii. Firefighter
- iii. Registered Nurse/Nursing Student
- iv. Paramedic
- v. Athletic Therapy
- vi. Sport Physio Designation or Sport First Responder
- vii. Equivalency for any certified standard first aid course, thirteen (13) hours or more in duration (e.g. St. John Ambulance or Red Cross Standard First Aid programs), which includes the following content:
 - Principal of First Aid and Safety
 - Artificial Respiration
 - Wounds and Bleeding
 - Shock, Unconsciousness and Fainting
 - Fractures
 - Head and Spinal Injuries
 - Joint Injuries
 - Medical Conditions (Diabetes, Asthma, etc.)

Re-certification is required every three (3) years. For equivalency, course content must be submitted to Ringette Ontario for approval. All proof of Standard First Aid or equivalencies must be submitted to your Club Coaching Coordinator.

All bench staff requirements must be completed by **November 30th** of the current playing year to be an eligible member of the Bench Staff.