



Athlete Eligibility and Program Information
2025-26 AAA High Performance Program

Purpose

The Ringette Ontario (RO) AAA Program is a bi-annual provincial program that provides high performing athletes with an opportunity to participate in a high-performance environment. The program runs concurrently to the AA competitive season and provides athletes with a next level development experience. The athlete centered program includes an evaluation camp, two development camps, and the 2026 Ontario Winter Games. Each development camp will include on-ice practices, games, classroom sessions, and alumni athlete mentorship. The program also incorporates coach and official development opportunities.

Athletes selected for the 2025-26 AAA Program will form the 2027 Canada Winter Games Team Ontario athlete selection pool. The athletes will be scouted by the Canada Winter Games coaching staff throughout the program and AA season for invitation to the Team Ontario selection camp in the spring of 2026.

Participant Selection

Up to a maximum of 136 athletes (120 skaters and 16 goalies) will be invited to the selection camp. Participants will be selected using scouting data from the 2025 AA Provincial Championships, throughout the 2024-25 season, and Club coach feedback forms gathered by Ringette Ontario.

Following the selection camp, up to a maximum of 85 athletes (75 skaters and 10 goalies) may be offered spots in the program. For the first development camp, all athletes will train together and learn key technical and tactical concepts in a high-performance environment. Following the first development camp, athletes will be divided into 5 balanced teams to train at the second development camp and then compete at the 2026 Ontario Winter Games.

Selection criteria will be shared with camp participants during the virtual orientation session – details to be confirmed.

Invitations to the 2025-26 AAA Selection Camp will be sent via email starting May 16, 2025. The invitation process can take up to 2 weeks.

Applications are due May 14, 2025 at 9am.

Application form: <https://forms.office.com/r/DcstjHFHf4>

Program Eligibility

The 2025-26 Ringette Ontario AAA Program is open to athletes from across Ontario who are in the following standards:

- Born between January 1, 2007 and December 31, 2011
- Be in good standing with their local Club and Ringette Ontario
- Athlete must also be one of;
 - On a U16 or U19 AA roster for the 2025-26 season.
 - Played AA during one of the last 2 seasons (2023-24/2024-25), in areas where the 18+ and/or AA selection process has not been completed.
 - Played A where no AA level was offered in 2024-25, with a coach recommendation

Note: The AAA Program may include athletes affiliated to an NRL team or rostered to an 18+ team during the 2025-26 season.

Male athletes may register to attend the evaluation weekend. To run a male program, we require a minimum of 34 (2 teams) players to register and be evaluated to be at the high-performance level. Male athletes do not need to meet the requirement of being rostered to an 'A' team, as there are limited opportunities. Male teams will not be eligible to attend the Ontario Winter Games event (it is female only) but would be able to train and compete in their own division at development events.

Exemptions

National High Performance Program Participant Exemption

Those athletes who are still age-eligible for the 2025-26 Ringette Ontario AAA Program and have been invited to the 2025 U18 or Junior National Team Selection Camp will be granted an exemption from the AAA Selection Camp, but are still expected to participate in the AAA Program unless named to either 2025 U18 Team Canada East or 2025 Junior National Team (see below).

Athletes who are selected to participate in the 2025 Ringette Canada U18 and/or Junior National Team programs (attending the 2025 World Ringette Championships) are exempt from being part of the AAA program to be eligible to be invited to the 2027 Team Ontario selection camp but are still encouraged to participate in the AAA Program.

Athletes attending the 2025 U17 La Releve program may apply for an exemption from attending the AAA selection camp.

Injury/Medical Exemptions

Injury/medical exemptions must be made in writing to Steph Laurin:
operationsdirector@ringetteontario.com

Other

Sometimes schedules conflict or other things must take precedent over ringette during the summer months. Athletes may apply for an exemption from attending selection camp. If granted an exemption, the athlete will be given a rank using scouting data and coach information in order to assess fit for the 2025-2026 AAA Program. An exemption does not mean that the athlete is automatically selected to be a part of the program – they must still meet selection criteria to be invited to continue.

NOTE: Athletes who are granted an injury/medical or other exemption for the selection camp will still be responsible for paying 50% of the selection camp registration fee.

Selection Camp Exemption Request Form: <https://forms.office.com/r/MMXGgCFbjF>

Program Events

Selection Camp – Ajax: July 18-20, 2025

Development Camp – Location to be Determined – October 2025.

Following this development camp, coaches will draft the teams.

Development Camp – Kitchener: December 19-21, 2025.

Ontario Winter Games – Orillia: February 20-22, 2026

Costs

Selection Camp: \$300

Includes:

- Group skill and tactical sessions
- Classroom sessions
- Scrimmage sessions
- Access to on-site mental performance coaches
- Access to on-site athletic and/or massage therapy
- A selection camp practice jersey to keep
- A camp t-shirt
- Post-activity recovery snacks
- Athlete feedback (if requested)

Program Fees (if selected): Up to \$1,000

Program Fee Includes:

- Participation in both development camps and the 2026 Ontario Winter Games
- Development camps: on-ice instruction lead by Canada Winter Games staff and AAA coaches, off-ice development sessions, access to mental performance consultants and athletic therapists. Post activity snacks will be provided after each ice session.
- On-ice uniform: game jersey and practice jersey for player to keep.
- Off-ice apparel: team sweater and toque will be provided to each athlete.

Travel and accommodation at each camp are the responsibility of the athlete. Group accommodation blocks will be provided for each camp if families wish to stay with the group.

Hotel accommodation and meals for those participating at the Ontario Winter Games is included in the participation fee that Ringette Ontario pays to the Games.

Additional information regarding program fees and payment schedule will be provided to the athletes who are selected to move forward in the program.