



COMPETITIONS: PLAYER SUBSTITUTES FOR INVITATIONAL TOURNAMENTS

The substitution procedure is designed to assist association teams who, from time to time, experience a last-minute shortage of players due to injury or illness when attending a sanctioned event. It is not intended to build a team's calibre but to maintain a team's minimum roster size, and to avoid any last-minute cancellations that result in expenses to the Host Association. It is the responsibility of the Head Coach to abide by these intentions to the best of their ability. Note that Leagues have their own substitution rules and procedures.

- For substitution purposes, the playing seasons extends from October 1st to April 15th.
- Eligible players for all divisions up to and including 18+ must be registered with Ringette Ontario in the current playing season.

Requests for substitutions must be made at least forty-eight (48) hours prior to the official beginning of the tournament. Requests made with less than forty-eight (48) hours or during the tournament will only be granted for medical or extenuating circumstances, at the discretion of the Ringette Ontario Program Manager (or designate). Requests made less than 2 hours before the substitution is required will only be considered under emergency circumstances, at the discretion of the Ringette Ontario Program Manager (or designate).

Players (including goalies) cannot play in more than one (1) sanctioned event on more than one (1) team on the same weekend or in the same sanctioned event.

All substitutes must be listed on the TRF Adjustment form, and the form must be submitted to Ringette Ontario for approval. Written approval from the Ringette Ontario Program Manager (or designate) is required before a substitute can participate.

Substitute players can be either/or:

- same age division or one lower, same calibre or less.
Example 1) A U16AA team could choose:
a U16AA/A/B/ C team player
Example 2) A U16A team could choose:
a U16A/B/C team player; or
a U14A/B/C team player
- one calibre higher only, one age division lower.
Example: a U16A team could also choose:
a U14 AA player

NOTE: 18+ teams are permitted to draw substitutions from RO registered U19 players who are eighteen (18) years old by December 31st of the current playing season.

NOTE: A U19 player, who has decided to play 18+ by registering on an 18+ TRF, is not eligible to substitute for a U19 Team (except where a Two Team Player Agreement exists).

Substitution Rules: U19 and Below Teams

- Substitutes must be registered and in good standing with their Provincial Sport Organization (outside of Ontario, proof of registration may be requested before approval is given).
- Teams may carry up to four (4) substitute players in total per tournament.
- Substitutes must replace a player who is unable to attend part or all of that tournament. If the player they are replacing returns to play, the substitute may NOT continue to play, although they could then replace another player who was injured or called away.
- The roster can never increase in size because of a substitute and **cannot exceed twelve (12) skaters with substitutions.**
- All players (skaters & goalies) registered as U19 and below may play as a substitute in up to six (6) games in sanctioned tournaments in a season (excluding Championship events). Any player that appears on a T.R.F. Adjustment Form more than allowed by their age group constitutes violation of Sanction Rules, unless written approval is received from Ringette Ontario Program Manager.
- Exceptions to the above rules may be given in emergency situations. Requests must be approved in writing by the RO Program Manager.
- Out-of-province teams competing at Ringette Ontario sanctioned events must submit their team TRF to savannah@ringetteontario.com along with the TRF Adjustment Form.
- Substitute players registered outside of Ringette Ontario must submit proof of registration to savannah@ringetteontario.com along with the TRF Adjustment Form.

[TRF Adjustment Form for U19 and Below Teams](#)

Substitution Rules for 18+ Teams and Players (including Independent Players)

- Substitutes at 18+ must be registered and in good standing with their Provincial Sport Organization (outside of Ontario, proof of registration may be requested before approval is given).
- Teams may carry up to the number of regular (Excludes Two-Team Players) players listed on their TRF. The TRF cannot increase in size due to substitutes. If a team is down to 6 players or less without substitutes, a composite TRF should be considered.
- All players (skaters & goalies) registered as 18+ may play as a substitute in up to ten (10) games in sanctioned tournaments in a season.
- Any player that appears on a TRF Adjustment Form more than allowed by their age group constitutes violation of Sanction Rules, unless written approval is received from Ringette Ontario Program Manager.
- Exceptions to the above rules may be given in emergency situations. Requests must be approved in writing by the Ringette Ontario Program Manager.
- Out-of-province teams competing at Ringette Ontario sanctioned events must submit their team TRF to savannah@ringetteontario.com along with the TRF Adjustment Form.

- Substitute players registered outside of Ringette Ontario must submit proof of registration to savannah@ringetteontario.com along with the TRF Adjustment Form.

[TRF Adjustment Form for 18+ Teams and Independent Players](#)