



Ringette Ontario

Modified Game Play Rules

Full-Ice 4v4/5v5 Modified Game Play

- ☐ 5v5 play is highly recommended when and where modified game play is permitted.

Player Benches

- ☐ The usual player benches can be used.
- ☐ Players must ensure physical distancing on the bench.
- ☐ Bench staff (coaches and trainers) must be limited to accommodate Provincial and facility restrictions.
- ☐ Rule of Two must always be followed.
- ☐ Bench staff must ensure physical distancing on the bench.

Game Structure & Playing Rules – Formal Game Format

- ☐ Officials:
 - Recommend the use of two officials and one scorekeeper/timekeeper for each section of the ice being used for games (if numbers permit).
 - Officials must ensure physical distance from coach/players when discussing any calls.
- ☐ Total number of players, coaches and/or officials on the ice at one time will be based on Provincial and facility directives.
- ☐ Shot clocks are recommended for U12 divisions and above.
- ☐ Game sheets and jerseys with numbers are highly recommended for modified games play between associations.
- ☐ When a goal is scored, officials will notify the scorekeeper and ring goes back to the center for a free pass.
- ☐ Penalties:
 - Athletes will not serve any penalties they are awarded in the penalty box and can remain on the ice.
 - Penalty shots will instead be awarded to the non-offending team and will be taken at the time of the violation, alternating between teams, if necessary.
 - If the penalty involves an offence against a specific player, that player will be awarded the penalty shot.
 - One penalty shot will be awarded to the non-offending team for each minor penalty. Two penalty shots will be awarded to the non-offending team for each major penalty.

- If a player incurs more than 10 minutes of penalties, they should be ejected from the game. Official will notify the scorekeeper of team and type of infraction. Free pass is given to non-offending team.
- Playtime and Shifts:
 - Substitutions can be made on a two-minute buzzer for younger age groups (U10/U12). Older age groups may make substitutions on the fly (U14/U16/U19/18+).

Contact Modifications

- Intentional physical contact is not permitted and must be avoided.
 - Accidental/incidental contact may occur
- When a scrum (2 or more participants) occurs with prolonged contact, the ring will be given to the defending team in the closest free pass circle.
- Lifting a player's stick to obtain the ring does not constitute physical contact.
- Clarification on driving of the triangle - Cutting in the triangle is permitted if there is space to do so, and if the offensive player is not initiating contact that results in prolonged contact with a defensive player. If the gap closes and player is stopped, play should be immediately blown down and defending team obtains possession.
- Violations of these rules should be treated the same as any other rule violation, with the non-offending team being awarded the ring and a free pass to start the play again.

Additional Reminders

- There shall not be any handshakes either with or without gloves.
- There shall not be any traditional celebration of goals where players have come together or tapped gloves. Social distancing must be followed.
- Apart from the modifications outlined in this document all other Ringette Canada Ringette rules should be applied. The intention of all modifications is to ensure we are taken precautions to minimize risk but not to change the way traditional ringette is to be played.