



# RINGETTE ONTARIO

## U12 TEAM FORMATION GUIDELINES

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Ringette Ontario, in active partnership with clubs, players, coaches, families, and the community is committed to fostering the values of fairness, sportsmanship, safety, and leadership to all members.

### U12 TEAM FORMATION OBJECTIVES

Teams are formed within each Club and participate in a system of competition following the program principles focused on sport for life, long-term athlete development and long-term participant development. All Clubs can support community-based "Club" teams, built around skill development, fun, and age groups.

Ringette Ontario encourages smaller roster sizes for U12 Club teams to facilitate increased ring touches, player engagement and overall enjoyment of the game. In addition, smaller rosters assist with the following player development initiatives:

- Increased engagement for all players as they are more active during practices and games
- Increased opportunities to experience playing different positions
- Increased opportunity for skill development
- Increased opportunity for players to experience different game situations; and
- Increased opportunities for coaches to train and develop all the athletes on their team while recognizing individual skill levels of players.

Players in the U12 division interested in an introduction to the competitive level can evaluate for placement on A, B, C tiered teams.

- Place all players on the team for which they are best suited, in a manner which is standardized, fair, transparent and provides meaningful competition using a series of evaluation sessions.

### TEAM FORMATION

A club should start by creating a Team Selection Committee consisting of impartial coaches, caregivers and knowledgeable athletes that have experience in skill assessment and the [athlete development matrix](#) for the age group. Final team sizes and player distribution should be solely determined by the Team Selection Committee and may be adjusted at any point up until the final roster deadline as determined by Ringette Ontario. Team formation results should be posted in a timely manner.

- U12 player evaluations are to be done after September 1<sup>st</sup> of the current season.
- The U12 division will be categorized as mixed gender at all levels of play to align with the [Ringette Canada Equal Opportunity for Participation Guidelines](#).
- Combine with neighbouring association(s) only if the Club(s) do not have enough to form a full team (or second/third team) based on numbers coming to be evaluated.
- U12 teams will be tiered as an A, B or C team. The programs for these teams should look the same regardless of the level of play the team identifies as.
- If a Club has multiple U12 teams, they can choose to tier the teams or balance the teams depending on the level of skill and experience the group has based on the evaluations done at sort outs. If a Club can form more than one team within a tier, the teams will be balanced to allow those teams to compete under the same competition structure.

Things taken into consideration in team formation, but not necessarily limited to or constrained by, are:

- Team Viability (Minimum 10 skaters + 1 goalie required on Team Registration Form (TRF))
  - Up to 2 over-aged players will be permitted to be on the TRF.
    - Over-aged players at U12 will be approved by the RO Office. Form to be provided prior to the evaluation phase.
- Long Term Development (LTD)
- Availability of Coaches
- Availability of Ice
- Player Placement Requests
- Goaltender allocation
- Player Positions

Once formed, the team has certain obligations to and certain expectations to their Club and to Ringette Ontario. The team personnel, players, and parents have certain rights with respect to the team and how it operates.

Responsibilities include:

- Qualified team staff and support staff at all team functions
- Season plan
- Transparency and regular updates to the team budget
- Familiarity with all timelines, guidelines and policies required by Ringette Ontario
- Completion of a safe sport training module be completed by at least one guardian of each athlete ([Respect in Sport for Parents](#)).

Coach Selection

The Head Coaches should be selected prior to evaluations whenever possible. All other coaches may be named after Team Formation is completed.

## **GUIDELINES FOR THE USE IN DETERMINING TEAM FORMATION**

Player evaluations are recommended, and all players should be conducted at the beginning of each ringette season. Evaluations should be done according to the Clubs Player Evaluation processes. Notice should be provided via the Club Website and the Club Board of Directors outlining the evaluation process for the current season.

Evaluations should be completed by knowledgeable coaches and 18+ athletes that are completely unbiased towards the athletes being evaluated and/or the team that are being formed. To simplify the process the Team Selection Committee should appoint one person who should be appointed the Evaluations Coordinator. Results of the evaluations should be submitted to the Evaluations Coordinator who then will pass the results directly to the Team Selection Committee. At no time should parents or coaches be privy to these results.

The Club reserves the right to advise the top and bottom skaters that they no longer need further evaluations after two skates, thereby allowing the bubble skaters greater opportunities for evaluation.

For viability purposes, teams must have at least 10 skaters and 1 goalie on their Team Registration Form. Maximum of 18 players per team, but registration numbers dictate the size and number of teams.

On completion of the evaluations the respective Evaluation Coordinator should collect the results and meet with the Selection Committee to form the teams. It is recommended that the Head Coach be included in the team formation process once the official evaluations have been completed.

In situations where there is more than one team at a level for an age, the teams should be evenly distributed (balanced) based on skater and goaltender evaluations. The following method is an example of how the teams can be formed: Team 1 – player 1, Team 2 – player 2, Team 3 – players 3 & 4, Team 2 – player 5, Team 1 – player 6 & 7. This is continued until all skaters are placed on a team. Goaltenders are to be divided along the same lines. A random draw will be used to determine placement order, Team 1 would get the top skater and Team 2 the top goaltender.

On completion the teams will be reviewed to ensure balance based on evaluation results, movement may occur to ensure balance. If a player has identified a preferred position during registration, this may be considered during team formation.

There will be circumstances where a player may not be available to be evaluated either due to absence, sickness, or injury. In such situations, the player may be placed at the level where they have consistently played without evaluation. The decision for team placement should be made by the Club Board after consultation from the Selection Committee. Clubs should only transfer players in and out of the Club where it is needed to form teams, or in situations where a neighbouring Club has too many players at the applicable age group or does not have enough players to form a team at the level of the players.

### **ATHLETE EVALUATION PROCESS**

- Two sessions over two separate days for initial evaluations skills.
- Skating and Technical Skills:
  - Forward & Backward Skating
  - Starting & Stopping
  - Pivots & Turns
  - Ring Control Skills:
    - Passing & Receiving
    - Shooting
- Competitive drills designed to test work ethic and determination.
  - Does the athlete work their hardest at all drills or is their work ethic inconsistent or less than 100%?
  - Does the athlete perform the drill as described?
  - What is the athletes' attitude towards the evaluations and drills?
  - Does the athlete listen to the directions? Do they want the ring, and do they work hard to get it?
  - Do they work hard at getting to openings and/or participating in the play?
  - Does the athlete only work when they have the ring, or only when on offense?
- Teaching to see which players understand, listen, and can apply to the drill situation.
- Scrimmage time during sessions to give athletes the opportunity to demonstrate their ringette game knowledge, experience, and skill.
- Additional sessions may be held to select the final team.
- Format of additional try-out sessions are at the discretion of the Coach and Team Selection Committee and may include:
  - Individual skills and tactics
  - Team tactics
  - Teamwork
  - Team play and exhibition games