

### **Ringette PEI U14 Development Program**

Ringette PEI is continuing the development program at the U14 level for the 2024-25 ringette season. This will allow U14 athletes who are committed to and interested in higher performance and enhanced skill development to achieve those goals.

Location and timing is to be determined

Athletes who are listed on an Edge or Wave team roster are **not** eligible to participate.

#### **Purpose:**

- To provide extra training for players who already have a strong base in fundamental ringette skills (skating, passing, shooting).
- To provide challenging playing opportunities with counterparts in New Brunswick and Nova Scotia, who run their own U14 Development Programs.

#### **The Development Program:**

The program is open to U14 aged players (born in **2011 or 2012** for the 2024-25 season) who want to improve their strong base of ringette skills. Players should be committed to attending regularly and be motivated to build upon a strong fundamental base of existing ringette skills.

The program will attempt to have representation from all club associations, assuming athletes meet the minimum skill levels required to participate.

The programs for the most part will offer weekly sessions over the course of the season with program leaders providing more defined details. The program will focus on increasing skills and preparing players for provincial team training when they are older.

The Program will be conducted in multiple phases:

- **Phase 1:** This phase will involve skating, ringette skills, and game play assessment to determine entrance into the core program.
- **Phase 2:** This will consist of approximately four to six sessions, during which the coaches will continue to assess the players to determine travel teams.
- **Phase 3:** All 60 players will continue with skill development. Players identified with above-average ringette and skating skills during Phase 2 will focus more training time on game strategy and team tactics. These players may also have the opportunity to play a number of exhibition games against U14 teams of similar caliber from NB and NS and/or against PEI U14 house league teams. The team will be granted a maximum of **2 travel permits per season**. No tournament play will be permitted.

#### **Cost:**

The cost to participate in the development program is TBD. Those players participating in games will pay an additional fee, which will be determined following the first initial sessions.

## **Ringette PEI U16/U19 Development Program**

Ringette PEI is continuing the development program at the U16/U19 level for the 2024-25 ringette season. This will allow U16/U19 athletes who are committed to and interested in higher performance and enhanced skill development to achieve those goals.

Location and timing is to be determined

Athletes who are listed on an Edge or Wave team roster are **not** eligible to participate.

### **Purpose:**

- To provide extra training for players who already have a strong base in fundamental ringette skills (skating, passing, shooting).
- To provide challenging playing opportunities with counterparts in New Brunswick and Nova Scotia, who run their own U16/U19 Development Programs.

### **The Development Program:**

The Development Program:

The program is open to U16/U19 aged players (born in 2006, 2007, 2008, 2010 for the 2024-25 season) who want to improve their strong base of ringette skills. Players should be committed to attending regularly and be motivated to build upon a strong fundamental base of existing ringette skills.

The program will attempt to have representation from all club associations.

The programs for the most part will offer weekly sessions over the course of the season with program leaders providing more defined details. The program will focus on increasing overall ringette skills with an end goal of preparing players for possible provincial team training in subsequent years.

The Program will be conducted in multiple phases:

- Phase 1: This phase will involve skating, ringette skills, and game play assessment to determine overall skill levels. This initial assessment will allow program leaders to create practice plans to meet overall program goals. This could be done over four to six sessions.
- Phase 2: All players will continue with skill development but also focus more training time on game strategy and team tactics. Players may also play a number of exhibition games against teams of similar caliber from NB, NS and PEI. The team will be granted a maximum of 2 travel permits per season. This program should respect HL play and no travel should be scheduled if it creates a HL conflict

### **Cost:**

The cost to participate in the development program this season is to be determined. Those players participating in games will pay an additional fee, which will be determined following the first initial sessions.

No tournament play will be permitted.