

# ***Northern Alberta Interlock Regulations 2020-2021***

## **NAI Supplemental Discipline**

NAI Supplemental Discipline Policy History Based on activity in Alberta's hockey leagues, the concern about excessive penalty minutes needs to be addressed. Too many teams, and individuals, are collecting too many penalties. The following rules are implemented beginning with the 2019/2020 season, with the hope that we will be successful in reducing individual penalty minutes, and therefore team accumulations.

### **Individual Penalty Minute Thresholds:**

- Once a player in the U18 division reaches 90 penalty minutes in total, they will receive a 1 game suspension, and for every 25 minutes thereafter the suspension will be doubled, i.e. 115 = 2 game suspension, 140 minutes = 4 game suspension, etc.
- Once a player in the U15 division reaches 80 penalty minutes in total, they will receive a 1 game suspension, and for every 20 minutes thereafter the suspension will be doubled, i.e. 100 = 2 game suspension, 120 minutes = 4 game suspension, etc.
- Once a player in the U13 division reaches 60 penalty minutes in total, they will receive a 1 game suspension, and for every 15 minutes thereafter the suspension will be double, i.e. 75 = 2 game suspension, 90 minutes = 4 game suspension, etc.
- Once a player in the U11 division reaches 45 penalty minutes in total, they will receive a 1 game suspension, and for every 10 minutes thereafter the suspension will be doubled, i.e. 55 = 2 game suspension, 65 minutes = 4 game suspension, etc.
- Penalty minutes will not be accumulated from games while playing as an affiliate player; only penalties with the player's registered team will be included in this total.
- Penalty minutes will accumulate for all NAI games including pre-season, regular season, and playoffs • All individual player suspensions will carry over to the following season. Suspensions will be served in NAI scheduled games only
- Regardless of whether or not a player is still a member of any team, his/her penalty minutes will stay with that team, and count against that team's totals, for the duration of the season
- If any player should receive 25 minutes or more in penalties during a single game, they will receive an additional 1 game suspension that will be served in addition to any Hockey Alberta and other NAI Supplemental Discipline suspensions that may be issued.

### **Additional Penalty Due to a Suspension**

For the purpose of affiliation in the U11, U13, U15, and U18 divisions:

- Any player that is suspended under the regulations of this NAI Supplemental Discipline is not permitted to be replaced through affiliation unless the team's roster falls below 10 skaters and 2 goalies. This can only be approved by the NAI President or their delegate.

### **Team Penalty Minute Thresholds:**

- Once a team in the U18 division reaches 340 minutes in penalties, the coach will be issued a 1 game suspension. Should the team reach 440 penalty minutes, the coach will receive a 3 game suspension. At 540 minutes, the team will be disqualified from the Championship rounds of the playoffs, and sent directly to the Consolation rounds
- Once a team in the U15 division reaches 290 minutes in penalties, the coach will be issued a 1 game suspension. Should the team reach 365 penalty minutes, the coach will receive a 3 game suspension. At 440 minutes, the team will be disqualified from the Championship rounds of the playoffs, and sent directly to the Consolation rounds
- Once a team in the U13 division reaches 210 minutes in penalties, the coach will be issued a 1 game suspension. Should the team reach 270 penalty minutes, the coach will receive a 3 game suspension. At 330 minutes, the team will be disqualified from the Championship rounds of the playoffs, and sent directly to the Consolation rounds
- Once a team in the U11 division reaches 150 minutes in penalties, the coach will be issued a 1 game suspension. Should the team reach 200 penalty minutes, the coach will receive a 3 game suspension. At 250 minutes, the team will be disqualified from the Championship rounds of the playoffs, and sent directly to the Consolation rounds
- The coach that receives the suspension will be the coach that is identified and on the bench as the team's coach during the game when the threshold number is met
- All team accumulations begin with the start of Regular Season play
- All team penalties go to zero for the beginning of the playoffs
- No suspended player or team official is allowed on the bench, in the timekeepers/penalty box, dressing room, or within fifteen metres of the players' benches during a game
- The team (coaches, manager, players) is responsible for knowing the player's penalty minute totals prior to any game. If a player hits the NAI Supplemental Discipline Penalty Minute Threshold at any time before the NAI Discipline Coordinator can rule on it and send out the notice of suspension, that player must sit out the next game(s) until their NAI Supplemental Discipline penalty minute suspension has been served. This will count towards serving their suspension. Failure to do so will result in the named head coach on the game sheet having to serve a 1 game suspension.
- Any of these suspensions must be served on the team which the coach or player is registered to, and players will not be eligible to play as an affiliate on any other team until their suspension is served in full. Coaches will be permitted to coach other teams that they are listed on the HCR for.

### **Suspensions for Discriminatory Slurs and Other Abuse (including physical)**

In the 2018/19 hockey season, the NAI experienced a drastic increase in the number of complaints pertaining to racial slurs that were expressed towards our aboriginal players. There have also been a couple of incidents involving unwanted physical interactions by coaches towards players.

**Discriminatory slurs – for the NAI**, this will consist of any unwanted, uncalled for, and discriminatory comments directed towards any player, coach, or official against their race, ethnicity, religion, gender, or sexual orientation, Hockey Alberta minimum suspension – under Gross Misconduct – 2 games unless in last 10 minutes, then 3 games. Regardless of the Hockey Alberta suspension, the NAI will add games to make it a minimum of 5 games. Should the incident not be written up by a referee, the NAI will conduct an investigation of its own and should it be determined that the offending coach or player is guilty, whether through admission or evidence, the league will impose the entire 5 game suspension to be served during NAI league games (tournaments, exhibitions, and Provincials will not be allowed to count). Any member of any team that receives a 9.2F penalty call will be automatically subject to an indefinite league suspension, regardless of what the Hockey Alberta minimum suspension is.

**Physical Abuse** - under the Zero Tolerance regulations of Hockey Canada, Hockey Alberta, the NAI, and almost every LMHA, any team staff member or player that engages in any unwanted physical abuse or touching will be subject to a minimum of a 5 game NAI suspension. Should the incident not be written up by a referee, the NAI will conduct an investigation of its own and should it be determined that the offending player/team staff member is guilty, whether through admission or evidence, the league will impose the entire 5 game suspension, to be served during NAI league games (tournaments, exhibitions, and Provincials will not be allowed to count).