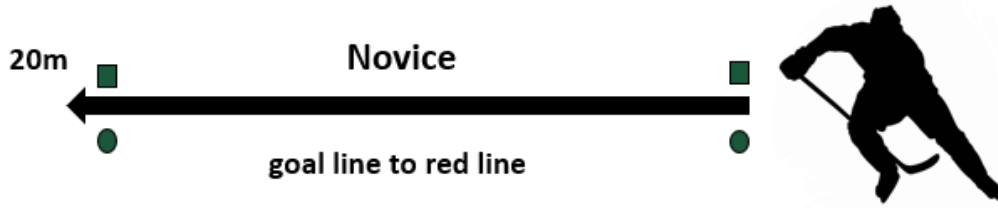


# SAMHA Novice Evaluations

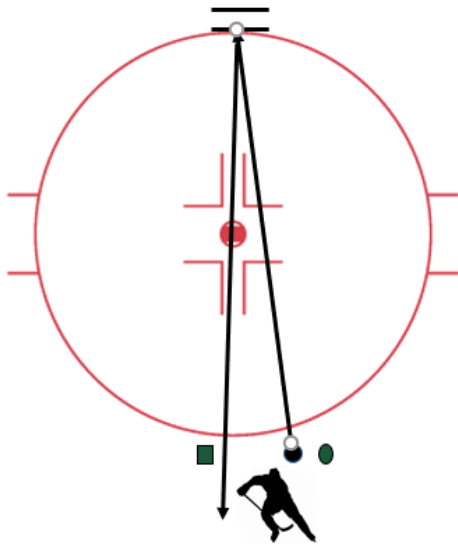
Drills 1 and 2

Forward and Backward 20m – No Puck



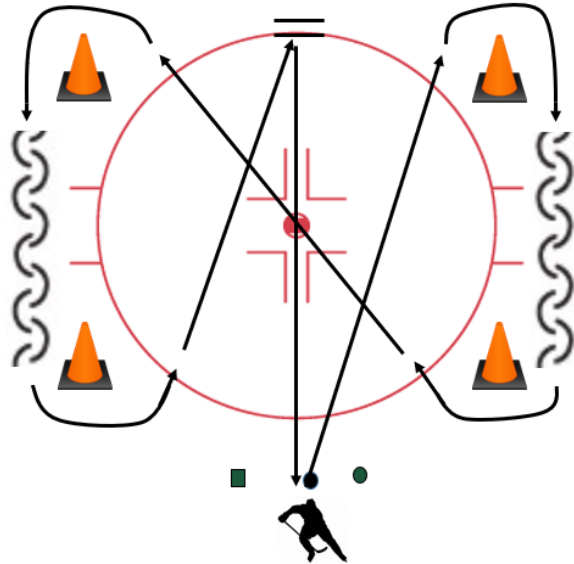
Drill 3

Stop/Start Agility – No Puck



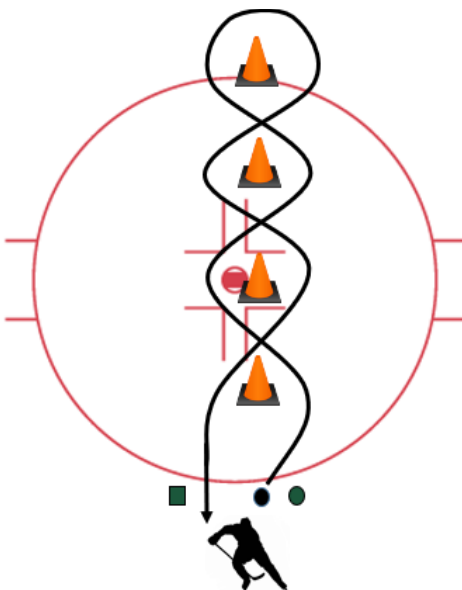
Drill 4

Double Transition Agility – No Puck



Drill 5

Weave Agility – With Puck



Drill 6

S Weave – No Puck

