

CR KNIGHTS



RETURN TO PLAY

20/21 HOCKEY SEASON

MESSAGE FROM THE EXECUTIVE

The 2020-21 hockey season is going to be like no hockey season any of us has ever played. The Return to Play document that Hockey Alberta put out in June has already been updated.

As you read this Return to Play plan that the CRMHA executive has put together, please remember that the hockey being played on TV right now is not possible for us to accomplish.

We have put a lot of time and effort into planning a season that will allow all kids playing in our association to have fun and learn.

The Return to Play plan has been made in conjunction with AHS guidelines, Hockey Alberta guidelines, and our facility guidelines for the Covid-19 pandemic.

We hope to see everyone who has registered to play this year remain registered and have fun at the rink.

CRMHA Executive

RETURN TO PLAY - CRMHA

CRMHA, a member in Hockey Alberta, will be partaking in the upcoming hockey season (2020-21) under the direction of Hockey Alberta and their return to play plan.

In this plan there are 3 Stages:

STAGE 1: Off-season skill development

STAGE 2: Development season

STAGE 3: Regular season

As we near the start of our season, these components are ever changing. **We continue to be in phase 1, with Hockey Alberta planning to transfer into phase 2 in the coming weeks.**

CRMHA is planning a hockey season with the players, coaches, volunteers, referees, and family's safety as a priority.

This plan must be flexible, and our members must be the same; as at any point during the season we can transition forward or backwards.

Our plan was developed keeping in mind the AHS return to sport guidelines, Hockey Canada and Hockey Alberta return to play guidelines, and WSAG and RQB ag societies facilities guidelines.

Overview of Hockey Alberta Return to Play

The return to play plan must be flexible. At any point during the season we may transition forward or backwards through the phases based on AHS regulations.

PHASE 1: Off-season Skill Development – Alberta Minor Hockey as of today's date is in Stage 1.

Activities - off-ice sessions, skills camps, development programs, hockey schools

Phase 1 consists of off-ice training and development. We expect Hockey Alberta to move to Phase 2 in the coming weeks. CRMHA will begin operations after we have moved into Phase 2. During Phase 1, CRMHA will assign players to cohorts in anticipation of the beginning of Phase 2.

Travel – There will be no travel during this phase.

PHASE 2: Development Season – we will transition into this stage in the coming weeks.

Activities - on-ice sessions, skills sessions, off-ice training.

CRMHA will be cohorting within our association. This ensures keeping the cohort group under the 50-maximum allowed on the ice. Hockey Alberta has instructed that there be no formal game play. We will be playing intra-squad style games within the association. There will be no referees. No tournaments are allowed. The executive and hockey

operations committee will continue to assist the coaches with skill and development programs.

Travel - There will be no travel during Phase 2.

Travel permits or tournament sanctions will be not approved during this development phase.

PHASE 3: Regional Game Play - added by Hockey Alberta in Return to Play Version 2.

Activities - on-ice sessions, skills sessions, off-ice training, Alberta Hockey sanctioned games.

CRMHA will continue the season same as above in the developmental component, with the addition of regular game play against neighboring associations. These games will be sanctioned games and all Alberta Hockey rules will apply.

FINAL PHASE: Regular Season

Activities - skills session, on-ice practices, off-ice training, league play.

CRMHA will return to the NAI league play. We will continue to follow any new guidelines set forth by the governing bodies of minor hockey and our facilities.

REGISTRATION & FEES

REGISTRATION

Parents/Players will have **1 week (DUE DATE: AUGUST 25, 2020)** to inform the registrar if you wish to continue to play this season or if you wish to withdraw your registration.

If the Registrar (registrar@crknights.ca) does not hear from you by **August 25, 2020** it will be assumed that you wish to continue with the season as laid out by the CRHMA association.

Final Payments of the below amended fees are due **SEPTEMBER 11th, 2020**.

FEES (for September to December Only)

The fees, which cover only the September-December portion of the season, include Hockey Alberta fees, CRMHA ice fees, and 1 CR Knights face mask.

Please note that these fees are subject to change for January to March.

U7- \$200.00

U9- \$200.00

U11- \$400.00

U13- \$400.00

U15-\$400.00

U18-\$400.00

NOTE: A second set of fees would be collected for the January - March portion of the season. The second set of fees are subject to change from the above rates.

REFUNDS

If AHS, the Alberta Government, or Hockey Alberta puts a pause or stop to our season, reimbursements for those delays **longer than 1 month** will be made using the guide in our CRMHA policies.

GENERAL INFORMATION***COHORTS***

- ✓ Hockey Alberta asks that the player is in only one sporting cohort. CRMHA agrees and will ask each player to be part of only one sporting cohort, i.e. hockey only, soccer only, swimming only.
- ✓ If a player participates in a tryout in another association (AA, AAA or Female league) and returns to the association, they must complete a 14-day quarantine prior to entering into the CRMHA cohort.

- ✓ Players may be placed in different cohorts to accommodate the needs of the association.

CONTACT TRACING

CRMHA requires that each player sign in before every practice/game/event with a fit to play declaration. The information must be collected (both practices and games) prior to taking part in the Minor hockey event by a team official (coach or manager). The information must be kept for 30 days.

- ✓ Anyone showing symptoms prior to an event should NOT participate.
- ✓ Anyone developing symptoms during an event must leave immediately, follow AHS protocols, and the executive must be contacted immediately.
- ✓ The executive must also be contacted immediately should anyone either develop symptoms or come into contact with someone who is diagnosed with Covid-19 outside of CRMHA events. Team Snap has developed a system where this information can be entered and stored, which the executive is looking into for use.
- ✓ The executive is working to find ways to assist with tracking.
- ✓ Each member of the association is required to follow the guidelines for cleanliness set out by the facilities.

***** If the fit to play form is not signed prior to every practice and game your player will not be permitted on the ice. *****

FACILITY GUIDELINES

This includes but is not limited to:

- ✓ Numbers of patrons (1 parent/1 player/no siblings)
- ✓ Bleachers will not be open.
- ✓ Arrive no earlier than 30 mins prior to ice slot.
- ✓ No shower or washroom use in the dressing rooms. Lobby washrooms will be available.
- ✓ Coaches and players only in the dressing room (includes back hall and benches)

- ✓ Players are to remain in dressing room until instructed to go the appropriate bench and ice.
- ✓ Players will undress and leave the dressing room and arena as soon as possible after ice slot. Use supplied hand sanitizer and wash hands frequently while in the building.
- ✓ Masks are encouraged for use when social distancing cannot be attained.
- ✓ Maximum number of people permitted in the lobby is 38.
- ✓ Concession will be open (take out style). No tables will be provided for eating.

COACHES/LEADER RESPONSIBILITIES

- ✓ Collect Fit to Play information from each player, no earlier than 2 hours prior to team event. Hold this information for 30 days after the event.
- ✓ Encourage the use of hand sanitizer and handwashing at the rink.
- ✓ Ensure each player is in only 1 cohort, there will be no Affiliating or joining other teams' practices.
- ✓ All players and coaches will be required to wear masks in the facilities and dressing rooms. Players and coaches may remove their masks prior to going on the ice.

PLAYER RESPONSIBILITIES

- ✓ Practice good hygiene and hand washing when entering and leaving the facilities. Avoid touching your face, avoid touching common or high touch surfaces, and sanitize or wash your equipment frequently.
- ✓ No sharing of equipment or water bottles.
- ✓ No spitting.
- ✓ STAY HOME if you are sick, follow the AHS guidelines for Covid-19
- ✓ All players and coaches will be required to wear masks in the facilities and dressing rooms. Players and coaches may remove their masks prior to going on the ice.

PARENT/GUARDIAN RESPONSIBILITIES

- ✓ Practice good hygiene and hand washing when entering and leaving the facilities. Avoid touching your face, avoid touching common or high touch surfaces.
- ✓ Masks are encouraged for use when social distancing cannot be attained.
- ✓ No yelling, cheering, or spitting.
- ✓ Guidelines for outside facilities will be provided as needed. CRMHA will be required to follow the specific facilities guidelines.
- ✓ STAY HOME if you are sick, follow the AHS guidelines for Covid-19.

THE ON ICE PLAN

- ✓ CRHMA is planning on creating cohorts within all divisions based on our registration to date.
- ✓ There will be NO EVALUATIONS this year.
- ✓ The players will be split **evenly** into teams within their divisions.
- ✓ Each cohort will be given ice for a practice and game per week.
- ✓ The Developmental component will begin mid-September 2020 and will continue until Hockey Alberta enters the Regional game play/League game play (Phase 3), or **for 13 weeks total**.
- ✓ There will be new fees to reflect the new on ice schedule. If we return to game play (regular season/final phase 3), the fees will return to the 2020-21 fee schedule (pro rated) as there will be an increase in ice time, ref fees and league fees.

U7 (formerly Initiation)

The U7 will remain similar to last season as both practices and games will be half ice. With the current registration numbers, there will be one cohort and two teams in this division.

U9 (formerly Novice)

The U9 will remain similar to last season as both practices and games will be half ice. With the current registration numbers, there will be

one cohort, with four teams. Two teams will practice together per ice slot and will play against each other in game play. This will be a four team exhibition style series.

U11 (formerly Atom)

U11 will be one cohort. Based on the current registration numbers this division will be split into four teams. Two teams will practice together per ice slot and will play against each other during gameplay. This will be a four team exhibition style series.

U13/U15 (First year U15) (formerly Peewee and Bantam)

Based on current registration numbers, we have had to combine the U13 and first year U15 into one cohort. There will be four teams, two of which will share an ice slot for practice and play against each other during gameplay. This will be a four team exhibition style series with games being played on the weekend.

U15 (second year)/U18 (formerly Bantam and Midget)

Based on current registration numbers, we have had to combine the U15 and U18 year into one cohort. There will be two teams. They will each receive 2 practice ice slots and 1 game slot.

Game Rules

- ✓ Each game will be 3 on 3, 4 on 4 or 5 on 5. This will be dependent on the size of the teams.
- ✓ Each game will begin with a three to five-minute warm-up followed by two 23-minute periods. The game will conclude with a team shootout.
- ✓ There will be no referees. (Coaches will be the on-ice officials)
- ✓ There will be no contact for all levels.
- ✓ Penalties issued will be taken as a chase down penalty shot style format.

Transition into Regional/League play

Our return to play plan was developed with flexibility to transition into regional or league play.

In event this transition does not occur we are planning to adopt a similar format for January to March.

For now, **fees** will be collected only for the September to December portion of the season.

If regional or league play resumes fees will increase to reflect 20/21 fee schedule (prorated based on number of weeks remaining).

They will be adjusted to reflect credit for the fees previously paid.

All these guidelines as well as the CRMHA bylaw and policies will have to be followed by CRMHA members. Failure to follow these will result in CRMHA discipline per the bylaws and policies. Any questions should be directed to the President of the association, president@crknights.ca or 780 920 3598.

We thank our members for their patience as we continue to work toward providing a safe return to play for our players.

We look forward to providing a fun and safe return to play for the 20/21 hockey season.

IMPORTANT LINKS

Please see the below links for additional information on Return to Play. The CR KNGHTS Executive will continue to ensure that our members receive all pertinent information produced by AHS and Hockey Alberta.

[Return to Hockey | Hockey Alberta](#)

[Return to Hockey | COVID-19 Updates and Information](#)

[COVID-19 Canadian Government Updates](#)

[COVID-19 info for Albertans | Alberta.ca](#)

[Relaunch guidance documents | Alberta.ca](#)

[COVID-19 information : Alberta Health Daily Checklist ...](#)

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