



145B-26500 Hwy 44  
Sturgeon County, AB T8R 0J3

## **Information for Families New to CRMHA**

Welcome to CR Knights Minor Hockey Association (CRMHA). Please read this letter as it has information on CRMHA and what to expect before your player hits the ice in September.

CRMHA plays and practices out of both the RQB and Calahoo arenas. Teams will practice once during the week (Mon-Fri) and all teams have one ice slot during the weekend (Sat or Sun) for home games. Ice slot times are determined in September and will be released once teams are made.

CRMHA is in the Northern Alberta Interlock (NAI) league for U9 (formally Novice), U11 (formally Atom), U13 (formally Peewee), U15 (formally Bantam) and U18 (formally Midget). NAI league is made of local communities (e.g.: Westlock, Barrhead, Onoway and farther communities e.g.: Vegreville, New Serepta, Mayerthorpe). NAI tries their best to limit travel for games but it isn't always guaranteed. The U7 (formally Initiation) division is not in this league as they are responsible to find games with other local associations, as per Hockey Alberta guidelines. Please make sure that you are familiar with the CR Knight's website, as important information and updates are posted on there (<http://crknights.ca>). Also, the NAI website will have some useful information (<http://nainterlock.com>). Check the CR website late August/early September for divisional ice times and evaluation dates as our email lists are only updated in late September once teams are made.

All parents are highly encouraged to volunteer for the associations fundraising opportunities. These opportunities are helpful in keeping our costs down and help keep our association running. All players are charged a \$200 volunteer fee at registration. A 4hr volunteer shift per player is required (up to 2 players per family) every season. If the volunteer hours are met, a credit of \$200 will be added onto the next season's registration. If the volunteer hours are not met, the volunteer fee will be charged again on the next season's registration. Some opportunities to volunteer are: Pitmaster (May), Apparel Day (September), Family Hockey Tournament (January), Public skating at both arenas. Depending on the year, there may also be a Casino or Oilers 50/50 ticket sales.

CRMHA is solely ran by volunteers and we encourage our members to volunteer for positions that are important in the day to day running of the association. These people put in countless hours and without them our association would not be able to run. These positions are but are not limited to: President, Vice President, Registrar, Treasurer and Secretary. Division directors, coach directors, Referee in Chief, Ice allocator, Team Managers and Coaches. If you are interested in any of these positions please reach out to our executive board (President, Vice



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President, Registrar, Treasurer or Secretary) all their contact information can be found on the website.

All players **are required** to have one parent/guardian take an online course named ***Respect in Sport*** before the season starts. This course needs to be renewed every 4 seasons. There is a cost for this course, and it is not refundable through the association. The course takes about 1 hour and can be paused and resumed to fit into your schedule. If this is your first child in hockey, please follow the directions below. If this is your second child, log into your existing respect in sport parent profile and add your new player under the child management tab. No course is needed, unless the first player needs a renewal.

Use this link to get to the respect in sport page:

<https://www.hockeyalberta.ca/members/respect-sport/>

- Click on the respect in sport parent button
- Set up a new user profile, if needed. If not sign in using your profile and password.
- Click on the program access button on the left-hand side of the page to start the program
- You will need to pay for the course before you start it.
- This course can be taken on a tablet, phone or computer. Follow directions on website.
- If additional help is required with Username, Password or other issues accessing your Respect Group account, you **MUST** contact the Respect Group Helpdesk. Here is the link for more info. <https://www.hockeyalberta.ca/members/respect-sport/ris-help-desk/>

If you have any questions or concerns please contact the registrar [registrar@crknights.ca](mailto:registrar@crknights.ca)