



Rocky Mountain Female Hockey League

Maximum Player Penalty in Minutes (PIMs) Totals

U11 Division - When a player in the U11 division receives 30 PIMs over the course of the season this player will receive a 1 game suspension. For every 10 PIMs received above this marker the player will receive a 2-game suspension for the first 10 PIMs, 3 game suspension for the second 10 PIMs and so on. Playoff PIMs will continue to add up towards a player's total.

U13 Division - When a player in the U13 division receives 40 PIMs over the course of the season this player will receive a 1 game suspension. For every 10 PIMs received above this marker the player will receive a 2-game suspension for the first 10 PIMs, 3 game suspension for the second 10 PIMs and so on. Playoff PIMs will continue to add up towards a player's total.

U15 Division - When a player in the U15 division receives 50 PIMs over the course of the season this player will receive a 1 game suspension. For every 20 PIMs received above this marker the player will receive a 2-game suspension for the first 20 PIMs, 3 game suspension for the second 20 PIMs and so on. Playoff PIMs will continue to add up towards a player's total.

U18 Division - When a player in the U18 division receives 60 PIMs over the course of the season this player will receive a 1 game suspension. For every 20 PIMs received above this marker the player will receive a 2-game suspension for the first 20 PIMs, 3 game suspension for the second 20 PIMs and so on. Playoff PIMs will continue to add up towards a player's total.

Maximum Team Penalty in Minutes (PIMs) Totals

U11 and U13 Divisions - When a team playing in the U11 or U13 divisions total PIMs exceeds 150 PIMs, the RMFHL Executive will contact the offending team's association's Executive Board to advise of the excessive penalty minutes. Upon reaching 200 PIM's the head coach will be suspended for 1 game. For every additional 50 PIM's incurred by the team, the head coach will be suspended an additional game on top of the previous total. Eg. 250 PIM's = 2 game suspension. Playoff PIMs will continue to add up towards a team's total. Length of suspensions, will be at the discretion of RMFHL and the offending team's association.

U15 and U18 Divisions - When a team playing in the U15 and U18 divisions total PIMs exceeds 250 PIMs, the RMFHL will contact the offending team's association's Executive Board to advise of the excessive penalty minutes. Upon reaching 300 PIM's the head coach will be suspended for 1 game. For every additional 50 PIM's incurred by the



team, the head coach will be suspended an additional game on top of the previous total. Eg. 350 PIM's – 2 game suspension.

Playoff PIMs will continue to add up towards a team's total. Length of suspensions, will be at the discretion of RMFHL and the offending team's association.

Note: Player suspensions for exceeding the allowable PIMs are in addition to any other suspensions that are received to put the player over the allowable PIMs. Note: Penalty minutes earned by a player in an affiliated game do not follow an affiliated player back to her original division