

RULES AND OPERATING PROCEDURES - RMHRA

REVISED 2026

Section 1 – Communication Process

24-Hour Respect Rule

All parents, players, and team staff with a grievance or concern must wait a full 24 hours prior to contacting the parties they are concerned with, or the RMHRA executive.

Issue Resolution Process:

1. Speak with team staff. At least two members of team staff must be present.
2. If unresolved, contact the Coaching Coordinator (Vice President)
3. If unresolved, contact the President
4. If unresolved, escalate to the RMHRA Executive
5. Any individual in the above cannot resolve issue if directly involved or are a parent of the team involved and will recuse themselves from the resolution process
6. If complete conflict of interest is present in any of the above (all members of the executive involved in the team, for example), then the issue will be consulted on by the Zone 2 board.

Any person who disagrees with a decision in the above process may file a written appeal to the RMHRA Executive within 7 days of the incident. A \$100 deposit must accompany the appeal and will be returned if the ruling favors the complainant. Zone 2/RAB may be consulted to resolve the appeal if necessary. Following an appeal, the issue is considered resolved and will not be revisited.

Section 2 – Code of Conduct

RMHRA supports a **Zero Tolerance** policy. All members (players, parents, and team staff) will sign the Code of Conduct forms each season, to be collected by the team manager.

1. Committee members, team officials, and participants must demonstrate sportsmanship and respect toward officials, opponents, and spectators.
2. Membership is a privilege, not a right. All members must follow RMHRA, Hockey Alberta, and Ringette Alberta policies. Harassment, abuse, threats, or profanity will not be tolerated.
3. Respect the game of Ringette/Hockey at all times.

4. Male presence in female dressing rooms and on the bench must include an adult female (18+) or certified female staff member.
5. Obscene or abusive behavior by anyone will not be tolerated.
6. Parents and fans are not permitted in dressing rooms unless authorized by coaching staff.
7. Standards of behavior must align with RMHRA and governing bodies. Sanctions may include:
 - Verbal reprimand
 - Written reprimand
 - Suspension
 - Expulsion
 - Combination of the above

RMHRA has authority to discipline all members. On-ice officials should be supported.

Disciplinary Principles:

- Fair and consistent treatment
 - Right of appeal
 - Respect for all individuals
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Standard Suspensions

Player and or coach suspensions mandated by Hockey Alberta, Ringette Alberta, or league policies will be enforced by RMHRA. It is the responsibility of the head coach to ensure suspensions are served and recorded appropriately.

Non-Standard Suspensions

Incidents not covered by governing bodies may be reported in writing to the RMHRA Grievance Committee.

Section 3 – Coach Selection

Applicants must submit a coaching application to be considered. Application form is located on the association website.

Selection Committee (5 Members):

1. President
2. Vice President
3. Registrar

4. Member-at-Large
5. Additional board member

Conflicts of interest will result in replacement.

The committee selects the coaching staff for each team (head and assistant coaches).

Coaching Criteria

1. Certification level (NCCP transcript will be reviewed)
 2. Years of coaching experience (sport-specific prioritized)
 3. Positive community role model
 4. Past complaints or infractions
 5. Parent and player evaluations
 6. Playing experience
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Section 4 – Team Formation and Season Responsibilities

1. Players must play on the appropriate age team if available and suitable
2. Underage affiliates must prioritize their main team
3. Overage players must follow governing bodies (RAB) policies
4. Teams must follow all governing body requirements (UAAs, Advance/Retreat policies)
5. Player release automatically granted for players who make higher calibre teams than offered (A/AA)
6. Player release for reasons other than above will follow governing body policy and will be reviewed case by case
7. Player release can be denied if team viability is affected
8. Funding provided for one away tournament, equivalent to home tournament fee
9. All Zone and League playoff fees, regional and provincial entry fees, and Bunny Bash tournament fees will be paid by RMHRA
10. All referee costs will be funded by RMHRA. Referee booking and payment is the team manager's responsibility.
11. Additional away tournament fees will be funded by individual teams
12. All members will participate in any association-wide fundraising initiatives (example, cash raffle). Failure to comply may result in player consequences.
13. All members will volunteer as necessary and required by individual teams in minor official roles (time clock, gamesheet, shot clock, penalty box attendants), to be scheduled/organized by the team manager.
14. Member volunteer shifts are encouraged at all events hosted by RMHRA (raffle table, 50/50, set up, etc) and can be enforced by RMHRA if needed.