



## **Code of Conduct policy for all RVLA Lacrosse teams:**

*The Rule of Two serves to protect minor athletes in potentially vulnerable situations by ensuring that more than one adult is present. Vulnerable situations can include closed doors meetings, travel, and training environments.*

### **RULE OF TWO:**

No parent or coach will be alone in a dressing room with any minors, other than their own child. Should you be the first to arrive. When a second child arrives the singular coach, or parent, must leave the room until another adult has arrived. Best practice would be to stand outside the dressing room door until a second adult arrives then you may re-enter the room.

As the athletes get older and the parents are not present in the dressing room, one of the coaches must be the first to arrive, to at least monitor the athletes from outside the dressing room until a second coach or parent arrives.

### **FEMALE DRESSING ROOMS:**

Two or more females, known as the “Dressing Room Moms” must be in the dressing room at all times while girls are getting ready, or right outside of the dressing room door.

Once the players are ready – a predetermined time before a practice or game that has been set by the Head Coach of the team - the “Dressing Room Moms” will double check that all the players are ready and will let the coaches know it is okay to enter the dressing room. Once all of the coaches (male or Female) enter the room, the non-coaching personnel must leave the room.

After games or practices, the players will not get undressed (they may remove their helmets) until the coaching staff has left the room. Once the coaches have left the room, the “Dressing Room Moms” will again be required to be in the room or at the dressing room door until all of the girls have left.

### **PROCESS FOR COMMUNICATIONS:**

Once the 24 hour rule has been observed, the first person any communication should go to is the Team Manager or Head Coach. They will be given 48 hours to respond to the communication. If the response is not acceptable to the original sender, or if no response is given, the next point of contact for communication will be the Division Director. The Division Director is given 48 hours to respond to the communication. If the division director response is not acceptable to the original sender, the next point of communication will be to the Club’s President and Vice President who will have 48 to respond to the communication.

Thanks,

RVLA

March 2nd, 2023



## **RVLA Club Affiliations Procedures:**

As a minor Lacrosse association, we strongly believe in player development and advancement. We encourage all coaches to extend the opportunity for players to practice at a level above their team placement as much as possible, not just when a team is short rostered players. We also expect all of our players to be committed to their rostered team first, at all times.

The coach who would like to affiliate a player, must notify the Head Coach of the team that the player is registered with before they contact the player. The team affiliating a player doesn't need RVLA permission to do so, they only need to notify the team's head coach and the division director by email. This can be a blanket request for practices during the season but must be done each time a player is called up for a game so both the teams and the division directors can track games played. Players can be called for as many games as required during the 2023 season the CDLA has dropped the maximum 4 games limit on affiliation.

Players have the right to refuse the offer to affiliate up however, the coaches on the affiliated player's team do not.

There is no limit to the number of practices that a player may attend with an affiliated team. Players are not able to miss their own team's game or practices to attend a practice as an affiliate.

Players may miss their own team's practice to attend a game as an affiliate.

Players may only attend a game as an affiliate if it conflicts with their own team's game if the following conditions are met: 1) player's Head coach has given written approval by email to his team's manager; 2) the head coach of the team requesting the affiliate 3) The RVLA division director has been notified.

Our U13, U15 and U17 A teams will first call up from the B team or teams in the same age group with the next call being to the lower division's A team. (I.E. U17 A calls U17 B first, then U15 A).

Our U15 B and U17 B teams will first call up from the lower age groups A team then one of the B teams in the lower division.

Our U13 B teams will call up from the U11 D1 team first then one of the U11 D2 teams.

Thanks,

RVLA Board

March 2<sup>nd</sup>, 2023