The purpose of the Mini Tyke and Tyke leagues is to introduce, emphasize, and develop the fundamental skills of lacrosse. The focus of practices as well as games is to promote an environment that encourages participation, skill development, and overall enjoyment of the game.

* Play the width of the floor
* 3x3 CLA approved nets
* Each team shall be composed of three players, one designated goalkeeper and a recommended six substitute players for a total recommended team size of ten players.

**Time Allotment:**

* Sessions are 1 hr
* 15 min warm up (skills) - 15 min game – 15 min skills – 15 min game
* Running time
* Play 3 on 3 (with a goalie – no specific equipment required)
* 3 minute straight-time “shifts” during the 2 - 15 minute games

**End of Shifts:**

* When the buzzer sounds to conclude a 3 minute “shift”, the play should be blown dead with

possession going to the goaltender of the team who last had possession– regardless of the ball’s

location on the floor

**Floor Management – Games:**

* No referees – coaches manage the floor
* No penalties – stop when necessary to explain infractions

**Fall Back Rule:**

* Applies anytime the goalie has the ball
* Awarded possession for a goal or when a save is made
* Goalie should pass the ball in the air to a teammate who must be at least 9 feet from the crease
* Defensive players are required to retreat to the neutral zone where they must wait until the ball crosses the restraining line.

**Contact:**

* Equal Pressure: Stay between the offensive player and your net. Very similar to basketball defense. No hitting. There will be incidental contact, but there is zero intentional checking except to the stick.
* Sticks can be checked to dislodge the ball.