



Saskatchewan Academy of Sport Medicine
PO Box 338
Delisle, SK S0L0P0

Dear Coach,

With the start of the 2015/16 sporting season upon us, the Saskatchewan Academy of Sports Medicine wanted to provide you with some important information regarding concussion in sport.

As coaches, you play an essential role in concussion management, from encouraging safe play, to recognizing the signs and symptoms of concussion and having athletes undergo the appropriate assessment for concussion diagnosis. Finally, understanding the steps involved in the management of concussion will allow your athletes to return safely to their sport.

Included with this letter is an information sheet about concussion that you may find useful. Please share it with trainers, athletes and parents.

In Saskatchewan, we have great concussion information available at the Sport Medicine and Science Council of Saskatchewan (SMSCS) website (www.smscs.ca). Here you will also find a list of sports medicine physicians that can be contacted if you have concerns about an athlete with a diagnosed or suspected concussion.

Sincerely,

Saskatchewan Academy of Sports Medicine, Inc.