



RETURN TO TRAIN FOR REFEREES

A GUIDE FOR CLUB HEAD REFEREES

RETURN TO SOCCER GUIDELINES



In order to commence training the following steps have to have been achieved and the club has decided to go ahead:

- The easing of stay-at-home orders from the Federal public health authority;
- The easing of restrictions on public gatherings from the respective Provincial public health authority;
- The easing of restrictions for field and facility usage by the respective Municipal public health authority;
- Canada Soccer has received the **Return to Soccer Plan** from the Provincial or Territorial Member Association, which has been provided to the applicable Provincial or Territorial government department and/or public health authority, and where applicable, has received confirmation from the Province or Territory that it approves of the Plan; and
- Canada Soccer has received the **Return to Soccer Assessment Tool** from the member organization and has provided any comments or feedback to the member organization or its Provincial or Territorial Member, if any.

PRIOR TO TRAINING ~ CLUBS



- Ensure that the Club has received confirmation that it may commence training based on the Canada Soccer return to soccer guidelines and the Member Association Return to Soccer Plan.
- Referee physical training will be in accordance with the protocols established by the club for access to the venue.
- Ensure that all referees participating are appropriately registered with Canada Soccer through club and the Member Association.
- Club Head referee, and anyone coordinating the training sessions, must have read and be familiar with these guidelines and the clubs return to soccer plan.
- Ensure all communications with referees about the return to training plan, include this document, highlighting the information when not to attend training.

PRIOR TO TRAINING ~ INDIVIDUALS



- **You must not attend training if, in the past 14 days, you:**
 - Have been unwell or had any flu like symptoms;
 - Have been in contact with a known or suspected case of COVID 19;
 - Have had any respiratory symptom (even if mild); or
 - Are at a high risk from a health perspective, including the elderly and those with pre-existing medical health conditions.
- **Those with even mild symptoms are strongly encouraged to get tested.**

HYGIENE PROTOCOLS: INDIVIDUALS



All individuals attending training must:

- Wash hands with hand sanitizer immediately before and after training and during scheduled breaks in training
- Not spit at any time
- Not share drink bottles and clearly label their own bottle
- Take their training bib or any other items worn/used during training, home to wash individually
- Carry hand sanitizer in order to enable good personal hygiene
- Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze and place tissues directly in garbage bins

TRAINING PROTOCOLS: CLUB HEAD REFEREE



When conducting training, the following conditions must be implemented:

- An accurate record of all attendees (including parents/guardians) for the purposes of contact tracing must be kept, including full name, phone number, date and time of attendance to be completed only by the Club Head Referee or the individual conducting the training session.
- Entry must be refused to any person who attends training who, in the last 14 days, has (or had) symptoms, contact with a known/suspected case, or be at high risk.
- Any referee who presents to training with COVID like symptoms, must be immediately isolated and sent home as soon as possible.
- Where referee training sessions are integrated with other club training events, staggered training start times are to be implemented with a gap of no less than 15 minutes in between scheduled training sessions to avoid congregation.

TRAINING PROTOCOLS: CLUB HEAD REFEREE



When conducting training, the following conditions must be implemented (cont):

- Training times should be made available for referees that does not coincide with teams/players.
- Identify an area where individual kit bags will be stored adhering to the physical distancing policy.
- Group size is limited by the local restrictions on gathering and social distancing.
- Groups must adhere to the gathering requirements of the respective Province or Territory, including coach or support staff required to run the activity.
- Parents, guardians will be included in the total number permitted for gatherings.
- Establish preregistration to manage and limit the number of participants.

TRAINING PROTOCOLS: CLUB HEAD REFEREE



When conducting training, the following conditions must be implemented (cont):

- Clarify responsibility for bringing equipment (other than personal) to the field for practice (ie cones, balls) and for cleaning/sanitising the equipment post session in accordance with Club policy.
- Physical distancing of 2 meters must be maintained.
- Activities must be non contact, i.e., no handshakes, high fives or similar.
- Regular breaks are to be provided for the purpose of rehydrating and hand sanitizing.
- No social activity is to occur once training has concluded and participants must leave promptly in a staged approach.

TRAINING PROTOCOLS: REFEREE



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When attending training, the following conditions must be observed:

- Participants must arrive at the time stipulated prior to training commencing.
- Participants must not congregate at the entry point.
- Participants must arrive prepared to train; changing rooms will not be in use.
- Participants must bring your own drink bottles clearly labelled; all your other training requirements are to be in one bag. You will be told where to place this bag to adhere to physical distancing requirements.
- No sharing of drink bottles is permitted.
- Participants must follow the hygiene protocols determined by the club; regular breaks will be provided for the purpose of rehydrating and hand sanitizing.
- Physical distancing of 2.0 meters must be maintained.

TRAINING PROTOCOLS: REFEREE



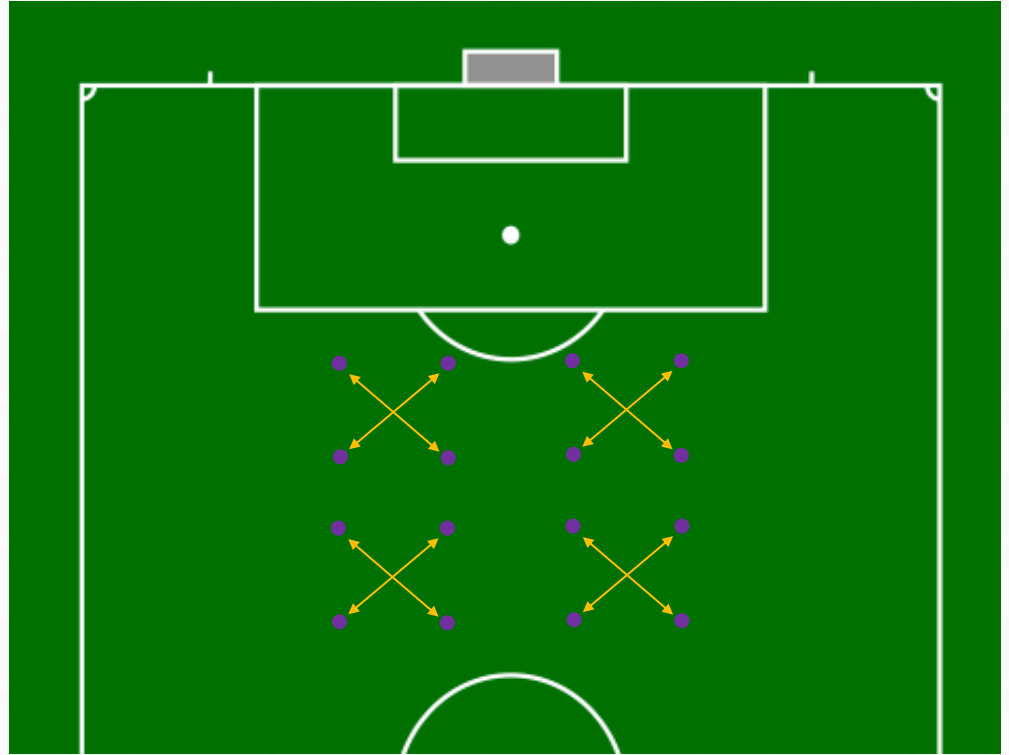
When attending training, the following conditions must be observed (cont):

- Recommend that only one parent/guardian accompany their child/referee to the session.
- If the club requires waiver or consent form to be completed prior to training for its players, referees are to complete the same form. Referees under the age of 18 years will require a parent or guardian to sign.
- No sharing of equipment (flags, whistle, etc). Use own equipment for training sessions (the equipment needed should be notified in advance). Cones, balls, etc, provided by club and cleaned and sanitised before and after each session.
- Participants are responsible to clean and disinfect personal equipment prior to and after use.
- Participants must provide your details including full name, phone number, date and time of attendance for the purpose of contact tracing.
- If training bibs are used, Participants will be allocated a bib and you must take it home and wash it.

RETURN TO PLAY: TRAINING EXAMPLES



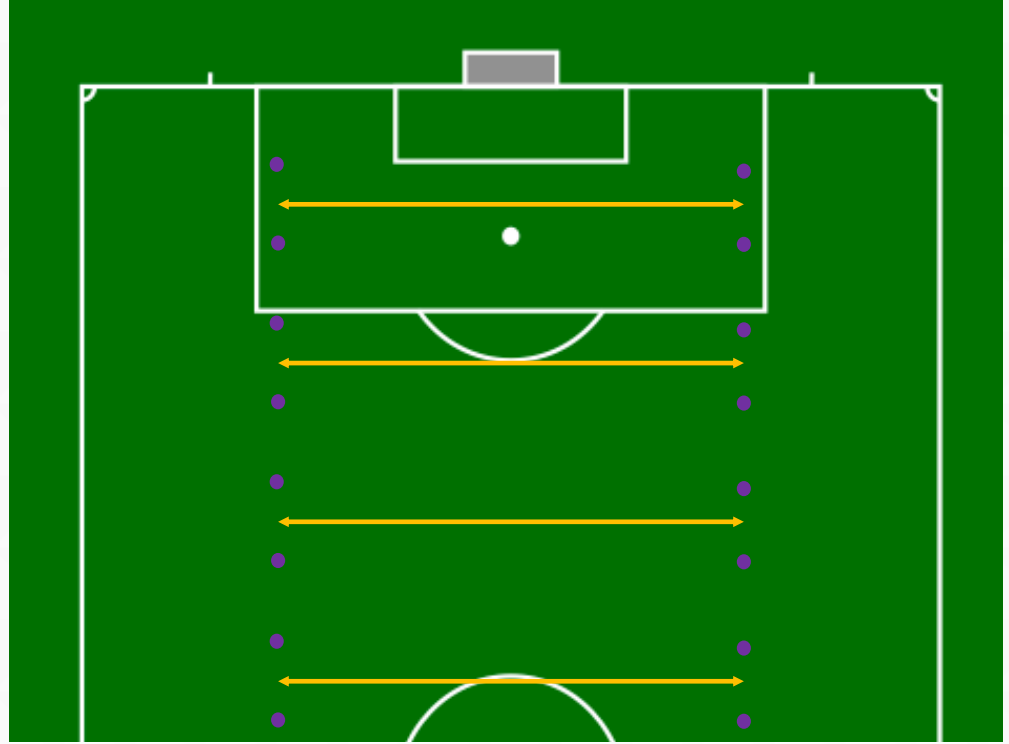
- Perform training exercises in clearly defined zones that create separation between participants and avoids contact or overlap.



RETURN TO PLAY: TRAINING EXAMPLES



- Perform training exercises in clearly defined zones that create separation between participants and avoids contact or overlap.



RETURN TO PLAY: MATCH PROTOCOL



- Canada Soccer will provide further guidelines in respect of return to play for referees once contact training is permitted.
- Please contact Isaac Raymond, Canada Soccer Referee Manager, or your local Referee Development Officer for information