

## **RETURN TO SOCCER PLAN**

## **REVISION HISTORY**

Version #	<b>Revision Date</b>	Revision
Version 2	June 19, 2020	ADDED: RTSP PHASE 2 and Phase 3 Considerations added based on the Re-Open Saskatchewan Guidelines for Sport.
		ADDED: Travel section added.
		ADDED: Canada Soccer Assessment tool section
		UPDATED: Timelines for Return to Soccer
Version 3	June 26, 2020	UPDATED: Timelines for Return to Soccer
		UPDATED: Further Considerations for Phase 3
		UPDATED: Contract Tracing Section
		ADDED: No in person coaching courses in 2020
		ADDED: Spectator Considerations
		ADDED: A referee may only referee in one mini league (later revised)
		ADDED: Facility Operator Considerations
		ADDED: Contact information for the Business Response Team
Version 4	July 3, 2020	UPDATED: Timelines for Return to Soccer
		ADDED: Indoor Activity Considerations
Version 5	Sept 4, 2020	UPDATED 09/04/20 - This is discouraged, however the the BRT confirmed that there are no guidelines that prohibit participation in more than one mini league within a sport. o Ultimately the Member Organization is responsible for providing a safe environment for its participants. Allowing participants to play in more mini leagues increases risk and, if there is an exposure, multiple groups may be affected. The risk of the spread of COVID increases exponentially

		with every contact a person has. By maintaining access to only one mini league your participants are safer. (later removed)
		UPDATED 09/04/20 - ONLY under the following circumstances only may a coach participate in more than one mini-league:
		<ul> <li>The coach maintains 2 metres social distancing at all times and wears a non-medical mask, OR;</li> </ul>
		If the coach cannot maintain social distancing at all time, they must wear medical (surgical or procedural) mask.
		UPDATED 09/04/20 - Intra-provincial travel for sport is only allowed under two conditions:  • In-sufficient numbers do not allow mini leagues to be formed locally, and,  • Distance between communities is reasonable.
		<ul> <li>UPDATED 09/04/20 - Referees are now allowed in this phase.</li> <li>ONLY under the following circumstances, may a referee participate in more than one mini league: • The referee maintains 2 M social distancing at all times and wears a non-medical mask, OR;</li> <li>If the referee cannot maintain social distancing at all time, they must wear medical (surgical or procedural mask).</li> </ul>
		It is highly recommended that referees participate in only one mini league. Soccer referees are considered highly active as they run at the same pace as the players and therefore will have difficultly wearing masks.
		o If a Member Organization chooses to have referees in multiple mini leagues, they should be aware that the referees' abilities will be limited by the above requirements. The member organization will also need to determine an alternative to a referee blowing the whistle (i.e. electronic whistles).
		o All referees need to continue best practices of not touching equipment with hands, maintain social distancing during pre-game routines (no coin toss unless social distancing is achieved), and postgame routines (no handshakes), etc.
Version 6	Sept 11, 2020	UPDATED 09/11/20 - SSA has confirmed with BRT that Outdoor Soccer, Indoor Soccer and Futsal are separate sports which are played on separate surfaces with different rules, different seasons, and participants. As such, considering the provincial guidelines do not restrict players from playing multiple sports, SSA has been advised that Member Organizations can develop new mini leagues

		separate from outdoor leagues for the indoor soccer and futsal categories.
		UPDATED 09/11/20 - Although they are considered separate sports, it is recommended that groups take a minimum of a 14-day break between Outdoor and Indoor/Futsal.
Version 7	Sept 18, 2020	UPDATED 09/18/20 - ONLY a coach, referee or volunteer that maintains 2 metres social distancing at all times, wears a non-medical mask, and avoids contact with the players, balls and equipment is <b>not</b> considered to be part of the 50 person minileague. It is important to note: o
		o <b>Coaches</b> - it is difficult to ensure a coach can maintain social distancing at all times and therefore we recommend there is at least one coach on each mini and youth team that is within the minileague numbers. Regardless if a coach is in a mini-league or outside of the numbers, it is strongly recommended that all coaches wear masks.
		o <b>Referees</b> – a member organization cannot expect a referee to wear a mask and have the same performance level as they would without a mask. Therefore, it is strongly recommended to have referees participate in only one mini league when possible, without a mask, allowing them to be highly active (like the players).
		o <b>Equipment</b> – coaches, referees, volunteers not part of the minileague can still follow sanitization procedures in regard to cleaning the equipment before and after practices. They shouldn't however be engaging
Version 8	Sept 25, 2020	UPDATED 09/25/20 - When roster sizes do not allow for competition to occur within a mini-league of 50, only under these circumstances, a mini-league size may be increased from 50 to 80 people (including players, and those referees/coaches part of the mini-league). For soccer this applies only to leagues in which the game format is 9 v. 9 or 11 v. 11. This change allows these leagues to operate with 4 teams within an 80 person mini-league bubble.
Version 9	Oct 16, 2020	UPDATED 10/16/20 The risk of the spread of COVID increases exponentially with every contact a person has. By maintaining access to only one mini league your participants are safer. Allowing participants and teams to play in more mini leagues increases risk and, if there is an exposure, multiple groups may be affected. BRT has confirmed that this is now prohibited. Later revised on Oct. 23.
		ADDED: Participant exhibits symptoms of COVID 19 chart
		ADDED: Positive COVID Test chart
Version 10	Oct 23, 2020	UPDATED 10/23/20 - The Business Response Team (BRT), working with Sask Health, has confirmed that participation in more than one

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		mini league is currently not prohibited by the Sports and Activities Guidelines. Participants should, however, restrict themselves to as few activities as possible. (removed November 13)
Version 11	Nov 13, 2020	REMOVED: The Business Response Team (BRT), working with Sask Health, has confirmed that participation in more than one mini league is currently not prohibited by the Sports and Activities Guidelines. Participants should, however, restrict themselves to as few activities as possible.
		ADDED: It is recommended that athletes not belong to multiple sports mini-leagues (whether community or school based). They should select one sport mini-league for the duration of each season.
		UPDATED: 'Participant Exhibits Symptoms of COVID 19 or is a Close Contact of a Person with COVID 19' and 'Positive COVID Test' flow charts
		ADDED: Pre-Activity Screening Section
Version 12	November 27, 2020	ADDED: IMPORTANT RESTRICTIONS EFFECTIVE NOVEMBER 27, 2020
		As per the public health order (November 27, 2020):  "Sports or activities where one or more individuals compete against one or more other individuals ("team sports", such as hockey, football, soccer, and basketball) are not permitted. This includes competitions and games for all amateur and recreational leagues. Group training for individual athletic events (such as dance, figure skating, diving, and speed skating) is not permitted. This includes competitions, and rehearsals. The owner or operator of a business or facility must not use the business or facility for this purpose, and must not rent, reserve or allow -5- the business or facility to be used for this purpose. Notwithstanding the foregoing, individuals 18 years of age or under may continue conditioning and skills training in groups not exceeding 8 individuals so long as 3 meter distancing between all individuals is maintained".
		Conditioning, Training and Individual Competition:
		<ul> <li>Athletes and performers 18 years of age and under may continue conditioning and skills training in groups of eight or fewer, abiding by the required mask use</li> </ul>

		and at least three metres of physical distancing between participants at all times.
		<ul> <li>Individual groups of eight may not share a training/rehearsal surface or space at the same time.</li> </ul>
		<ul> <li>Groups of 8 must remain consistent (we are awaiting further clarification from BRT on this item).</li> </ul>
		<ul> <li>Coaches/trainers are not included in the training group numbers as long as they are masked and maintain a minimum physical distance of three metres.</li> </ul>
		<ul> <li>Mandatory Masking Expanded - Mandatory, non- medical mask use will be required during all soccer activity.</li> </ul>
		Training Spaces
		<ul> <li>A training space must have enough space for all participants plus coaches to socially distance by 3 metres at all times</li> </ul>
		<ul> <li>In indoor facilities where a field is divided into sub fields (ex. quarter fields), each sub field is considered a separate training surface only if separated by a physical barrier (ex. curtains).</li> </ul>
		<ul> <li>The above is for reference only. As each facility is unique, each Member Organizations must also consult with their facility operator regarding facility capacity restraints and facility specific guidelines.</li> </ul>
Version 13	December 4, 2020	UPDATED: Restrictions from Version 12 were updated to add further clarification
		<ul> <li>Individual groups of eight may not share a training/rehearsal surface or space at the same time.</li> </ul>
		<ul> <li>UPDATED 12/4/20 - Everyone is being asked to limit the number of contacts they have, and therefore, it is recommended to keep groups the same, but not required as social distancing must be maintained and masks are required at all times.</li> </ul>
		<ul> <li>In indoor facilities where a field is divided into sub fields (ex. quarter fields), each sub field is considered a separate training surface only if separated by a physical barrier (ex. curtains).</li> <li>UPDATED 12/4/20:</li> </ul>

1 coach). 3 metres of social distancing must be maintained between the coach and player, and masks must be worn at all times.  Version 15  April 16, 2021  Added information on how current restrictions relate to outdoor:  Masks  INDOOR - Mandatory, non-medical mask use is required during all soccer activity for all participants.  INDOOR and OUTDOOR - Coaches, trainers, and on field support personnel are required to wear masks.  OUTDOOR - Masks are not required for players or spectators but are recommended.  OUTDOOR Training Spaces and Guidelines  A training space must have enough space for all participants plus coaches to socially distance by 3 metres at all times  Multiple groups of 8 or fewer can be on a field as along as distanced 5 metres between groups with a maximum of 30 players total on the field.			<ul> <li>Surfaces need to be separated by a physical barrier that you cannot go through. Tape, pylons, etc. do not suffice.</li> <li>Sask Health has recommended physical barriers such as poly or plexiglass.</li> <li>BRT confirmed that the floor to ceiling curtains found in most soccer centres are acceptable barriers.</li> </ul>
April 16, 2021  Added information on how current restrictions relate to outdoor:  Masks  INDOOR - Mandatory, non-medical mask use is required during all soccer activity for all participants.  INDOOR and OUTDOOR - Coaches, trainers, and on field support personnel are required to wear masks.  OUTDOOR - Masks are not required for players or spectators but are recommended.  OUTDOOR Training Spaces and Guidelines  A training space must have enough space for all participants plus coaches to socially distance by 3 metres at all times  Multiple groups of 8 or fewer can be on a field as along as distanced 5 metres between groups with a maximum of 30 players total on the field.  Maximum of 30 spectators per field - physically distanced at 2 metres between each spectator, unless from the same household  The above is for reference only. As each facility/field is unique, each Member Organizations must also consult with their facility/field operator regarding facility capacity restraints and facility specific guidelines.  Also added the following clarification:  Parents in a support role with young children on the field	Version 14		ADDED: Adults (19 +) are allowed to train individually (1 player with 1 coach). 3 metres of social distancing must be maintained between
Other minor updates were made to provide clarity and	Version 15	April 16, 2021	<ul> <li>Masks</li> <li>INDOOR - Mandatory, non-medical mask use is required during all soccer activity for all participants.</li> <li>INDOOR and OUTDOOR - Coaches, trainers, and on field support personnel are required to wear masks.</li> <li>OUTDOOR - Masks are not required for players or spectators but are recommended.</li> <li>OUTDOOR Training Spaces and Guidelines</li> <li>A training space must have enough space for all participants plus coaches to socially distance by 3 metres at all times</li> <li>Multiple groups of 8 or fewer can be on a field as along as distanced 5 metres between groups with a maximum of 30 players total on the field.</li> <li>Maximum of 30 spectators per field - physically distanced at 2 metres between each spectator, unless from the same household</li> <li>The above is for reference only. As each facility/field is unique, each Member Organizations must also consult with their facility/field operator regarding facility capacity restraints and facility specific guidelines.</li> <li>Also added the following clarification:</li> <li>Parents in a support role with young children on the field are not considered part of the training group numbers.</li> </ul>

Version 16	April 20, 2021	
version to	April 30, 2021	Athletes of all ages may continue conditioning and skills training in groups of eight or fewer, abiding by the required mask use (see below under 'Masks') and maintaining at least three metres of physical distancing between participants at all times.
		Parents in a support role with young children on the field are considered part of the training group numbers.
		MASKS - INDOOR and OUTDOOR — Coaches, trainers, and on field support personnel are required to wear masks. Coaches, trainers, and on field support in more than one training group must wear a medical grade mask.
		OUTDOOR Training Spaces and Guidelines:
		<ul> <li>Parents on the field in a support role are included in the group of 8 players and in the 30 total players on the field.</li> </ul>
		Maximum of 10 Gathering Limit - The BRT confirmed that the outdoor gathering limit of 10 applies to outdoor sport. Therefore, Member Organizations cannot go over 10 total in one training group, with a maximum of 8 of the 10 being players (ex. you can have 8 players and 2 coaches).
Version 17	May 21, 2021	Changes made to update masking requirements.
		UPDATED 05/21/21 - OUTDOOR – There is no public health order requiring mask usage outdoors if participants can maintain 3 metres social distancing at all times. Mask use is still recommended however for all participants.  UPDATED 05/21/21 - Participants two and younger are not required to wear masks.

## Updated June 17, 2021

Version 18	May 26, 2021	Phase 4 Guidelines – for Outdoor added
Version 19	June 17, 2021	Phase 4 updated to include guidelines for Indoor Sport to resume on June 20.  Tournaments now allowed to resume on June 20 <sup>th</sup> .