What you need to know about this presentation/workshop



This presentation and workshop is meant to create discussion

I hope to generate as many questions as answers

It's supposed to make you think and reflect on your daily best practice





Freedom to play anywhere on the field



Freedom to play **Minimal risk** Look at this slide Discuss with one of your neighbors **No Risk** What does it mean? 1) Which one do you like? 2)

3) Why?

Defensive half



Developing difference makers/adaptable players

through.....

Freedom to play!!

"Allowing players to play out of difficult situations"

"Decision making in training, let the game be the teacher"



Reflect on this for a couple of minutes

Then, share with two or three of your neighbors



A different way of looking at stages of soccer development

- Love for the ball
- Street soccer
- Experimenting and taking risk
 - Players are in control
- Being competitively creative
 - Always playing to win
 - Never compromising creativity, trying things
- Me and my team mate
 - Dribbling to pass
- Team game
 - Dribble, pass and move



Are we, as coaches, sufficiently nurturing this love affair with the bal



Introducing

HITECA

TECAPS

Soccer for the brave players, parents and, especially, coaches

What does this picture mean to you?

Discuss!



Environment

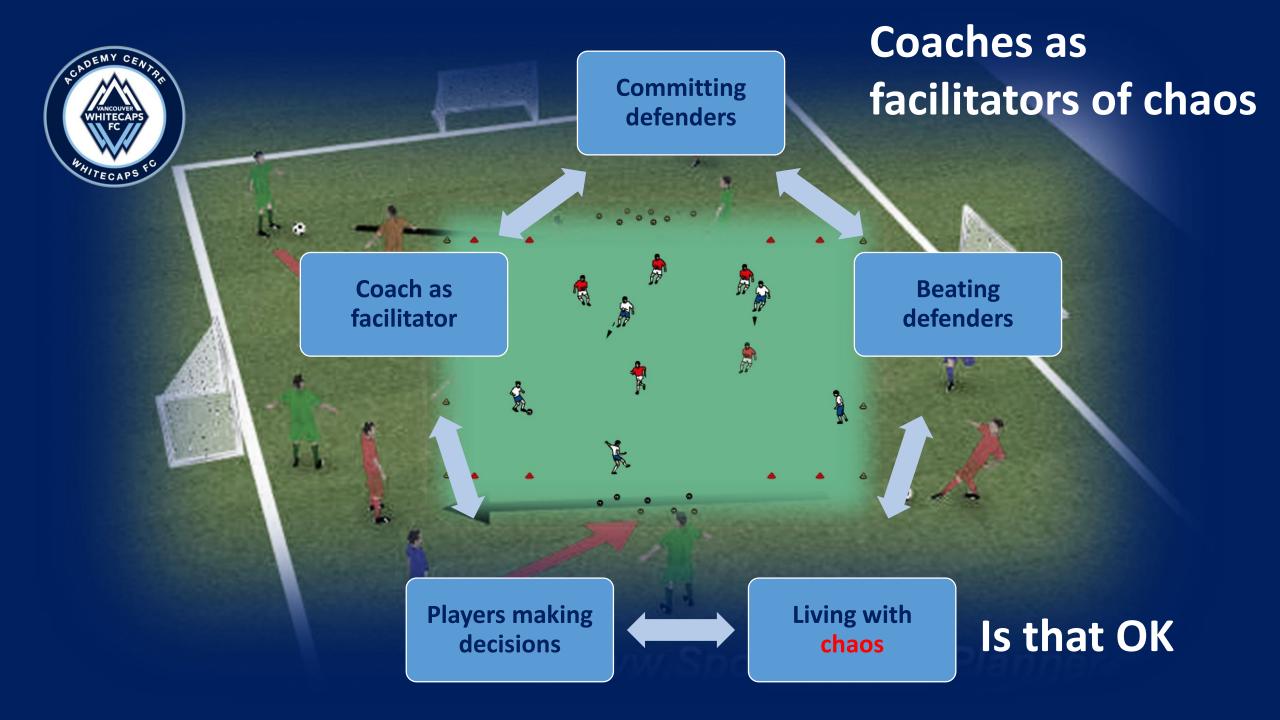
"recreating street soccer"

Ultimate freedom to play!!

Training inspired by street soccer

TECAPS

Key elements!

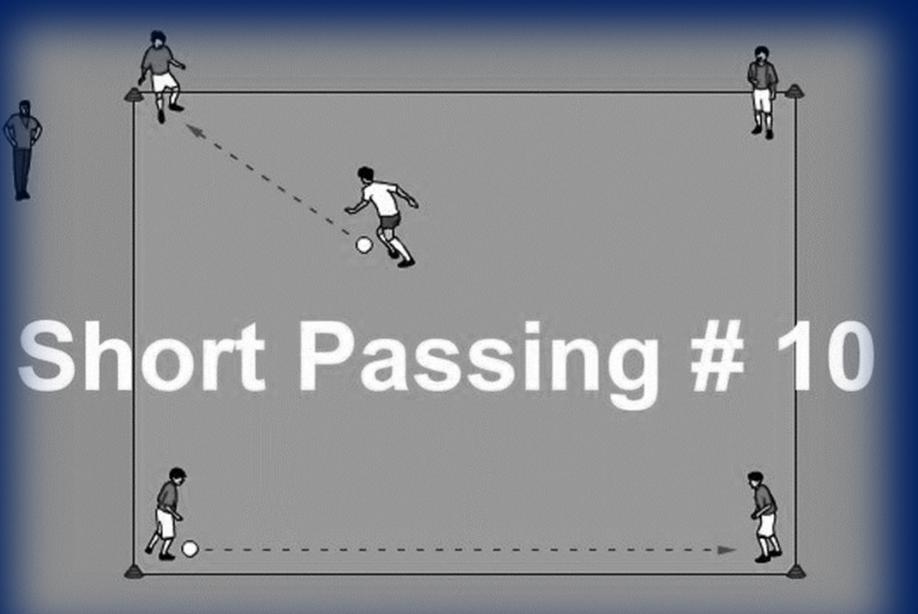




Is a well organized looking practice the same as a very effective practice?

Discuss in small groups

What may be missing in this exercise?



"I feel that the offense should not be so stereotyped that the players are forced to follow such a set pattern that their individual initiative and freedom of movement are limited too severely. There should be enough options and freedom of movement to eliminate any possibility of the defense or you yourself knowing exactly what each player is going to do. As any offense that becomes too mechanical can invariably be more easily defended, flexibility is essential." Coach Wooden





Difference makers







Characteristics

- Highly skilled
 - under pressure
- Love for the ball/game
- Passionate
- Unpredictable
- Creative

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- Confident
 - Excited to try things
 - Not afraid to make mistakes



Developing difference makers

Consequences for training & games



Random versus Blocked (practice)

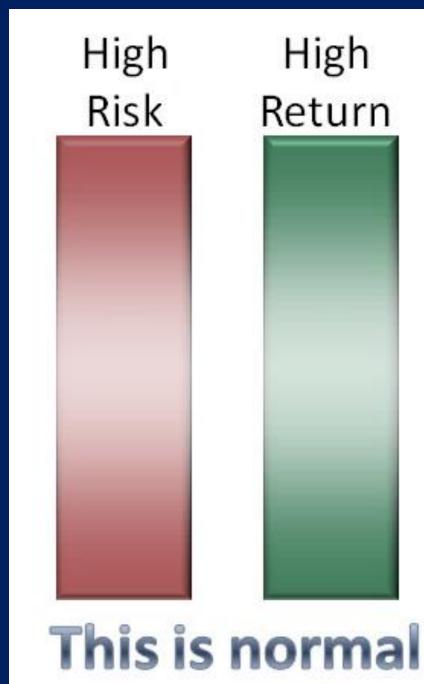
- Outcome is unknown
- Unpredictable
- Always with opposition
- Decision making is constant
- Will look like chaos more often than not
- Practice resembles game
 - Transfer to game is imminent Chaos is very random

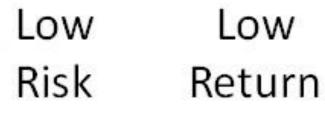
- Outcome is pre-set
- Everything is predictable
- No (or very little) opposition
- No decision making required
 Will look like very organized and will move from A to B to C
 - No resemblance with game
 - Transfer to game is minimal
- Passing patterns are very blocked



Risk/reward theory and how it pertains to soccer and soccer development

Some food for soccer thought in following slide





This is normal







High risk

Playing with risk and creativity Allowing players to play free Letting players play (& dribble) out of difficult situations Playing young high potential players with older teams Taking players on all over the field

High reward

Players become confident Produces skillful & creative players Players learn to solve the most difficult problems Focuses on the development of potential pros Creates a dynamic game to play/watch



Low risk

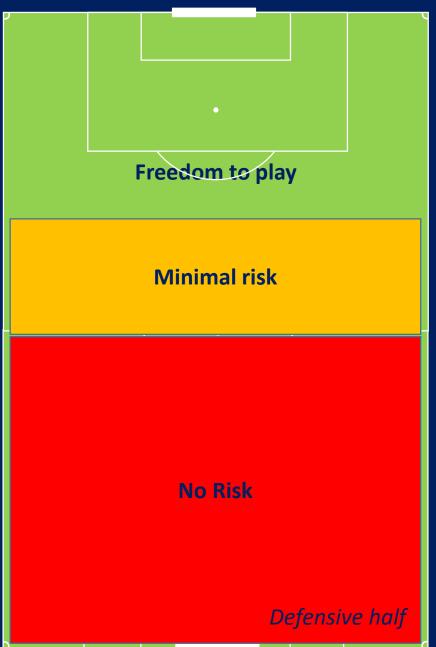
No risk/creativity No freedom Winning comes first Booting the ball out Just passing/booting

Low reward

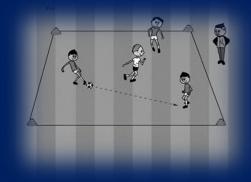




Low risk, low reward







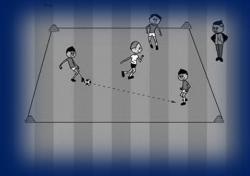
Possession Style What does that mean?

Discuss!



Read and reflect

Possession Style



The possession style of play is synonymous with teams like Barcelona, Ajax, Spanish national team, Manchester City.... First we need to understand what the possession style of play is and that it isn't "pass, pass, pass" like many think.

The possession style is when a team tries to take control of the match by having more possession than the opposition, both in offensive & defensive phases of play. When you set out to play this style, you want to have more possession than the opposition, but it's not possession for the sake of it. The intention is to keep the ball while you set up your tactical plans or positional attacks, rather than surrender the ball to the opposition. When we see a team like Barcelona playing short passes back & forth in the midfield it's not just to attain great pass completion stats; but to move the opposition, either to create space for a pass (<u>or dribble!</u>) or to expose a tactical weakness to exploit.

When using this style of play it doesn't mean we pass over all options. <u>The first</u> <u>thought is to run forward or dribble with the ball if we can and not to tell</u> <u>our player to pass every time they have the ball.</u>

