



Outdoor Rules of Play U11 – U19 Youth Leagues

SYSI rules are adapted from FIFA rules of the game based on the specifics of this age group as well as the conditions offered in the indoor venues available. Please see the comments section for detailed tips on each law.

LAW # 1 – OUTDOOR FIELD OF PLAY

- **Field Surface:**
 - o **U11 & U13:** City of Saskatoon natural grass sports fields
 - o **U15 & U19:** Saskatoon Sports Centre ~ Turf
- **Field Size and number of games:**
 - o **U11 all divisions:** 8 games on modified $\frac{1}{4}$ field, City of Saskatoon natural grass sports fields (no playoffs, no standings)
 - o **U13 all divisions:** 8 games on modified $\frac{1}{2}$ field, City of Saskatoon natural grass sports fields + one final 1st vs 2nd.
 - o **U15 & U19 all divisions:** 8 games $\frac{1}{2}$ field turf Saskatoon Sports Centre (SSC) + one final 1st vs 2nd.

LAW # 2 – THE BALL

- **U11 = Size 4**
- **U13 to U19 = Size 5**

LAW # 3 – THE NUMBER OF PLAYERS

- **U11 all divisions** – modified $\frac{1}{4}$ field game – 7v7
- **U13 all division** – modified $\frac{1}{2}$ field game – 9v9
- **U15 & U19 all divisions** – $\frac{1}{2}$ field – 9v9
- **Substitutions** will be unlimited and on the fly from the center line with a limit of 2 players at once. Player leaving the field must be at the center line prior to the substitute entering the field. The player entering the field must enter the field at the center line.
- **5 up – 1 up (U11 age groups only):** If the games get to a 5-goal differential the trailing team can add a player, and every 3 goals after, you can add an additional player up to a maximum of 3 additional players. If the score goes under the 5-goal differential they must remove the additional player.

LAW # 4 – THE PLAYERS EQUIPMENT

As per FIFA Regulations:

- A player must not use equipment or wear anything that is dangerous to himself or another player (including any kind of jewelry).
- The basic compulsory equipment of a player comprises the following separate items:
 - o a jersey or shirt with sleeves – if undergarments are worn, the color of the sleeve must be the same main color as the sleeve of the jersey or shirt
 - o shorts – if undershorts or tights are worn, they must be of the same main color as the shorts
 - o stockings – if tape or similar material is applied externally it must be the same color as that part of the stocking it is applied to
 - o shin guards
 - o footwear

LAW # 5 – THE REFEREES

- SSA and SDSRAI Registered Referees will be appointed to each match
- A referee has full authority to enforce the Laws of the Game in connection with a match to which they are assigned.
- The jurisdiction of a referee over the teams in a match to which the referee has been assigned begins at the time the referee arrives at the playing venue.
- If an assigned referee is not present at time of Kick-off the coaches will agree to use a mutually agreeable substitute referee (i.e assistant coach, one coach for each half) and play the scheduled game. Prior to starting or continuing a game with a substitute official, both coaches should sign the game sheet with a note indicating acceptance of the agreed substitute. The substitute referee will be paid for the game at the end of season if they have clearly stated their name and address on the game sheet. If the volunteer referee chooses not to be paid for the game, then SYSI will refund the Zones at the end of the season.

LAW # 6 – ASSISTANT REFEREES

- Assistant referees will not be used for SYSI Outdoor league matches.
- Assistant referees **may** be used for SYSI playoff matches dependent on availability.

LAW # 7 – DURATION OF THE MATCH

- Outdoor season games will consist of two equal periods separated by a 5-minute halftime break. The periods will be:
 - o 30 minutes for U11
 - o 35 minutes for U13
 - o 45 minutes for U15 and U19
 - o Any delay to the start of the match shall be accommodated by reducing the length of the game
- In matches where a winner must be declared (i.e. Playoffs) two 5-minute extra time periods, if the game is still tied at the end of the second period, the winner will be determined by kicks from the penalty mark.

LAW # 8 – START AND RESTART OF THE GAME : As per FIFA Laws of the game.

- **Retreat Line: U11 Pool B: The Defensive team's players must retreat to the ½ way line on all Goal Kicks.**

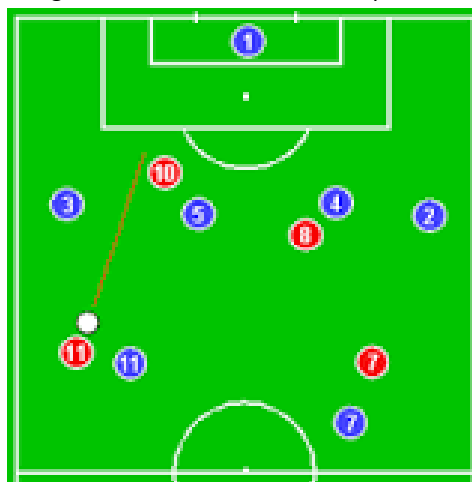
LAW # 9 – THE BALL IN AND OUT OF PLAY

- The ball is considered out of play if the ball goes over the touch line, goal line.

LAW # 10 – SCORING : As per FIFA Laws of the Game.

LAW #11 OFFSIDE

- **U11:** No offside.
- **U13:** The offside line is the center line
- **U15 – U19:** The offside line will be the attacking third line. Players can be offside if they are passed the offside line in their opponent's 1/3 of the opponent's defensive end of the field.
- A player is in an offside position if he is nearer to his opponents' goal line than both the ball and the second last opponent.
- Offside will only be called if the offside player is passed the ball. E.g., Number 10 is in an offside position in the diagram below. If Number 11 passes number 10 the ball, offside is called.



LAW # 12 – FOULS AND MISCONDUCT: As per FIFA Laws of the Game

LAW #13 – Free Kicks

- U11: Distance of 3 yards
- U13: Distance of 5 yards
- U15 - U19: Distance of 10 yards
- For player safety, the longer distance will be used for free kicks during a crossover game (e.g. in a match between a U13 team and U15 team, the distance will be 10 yards).

LAW #14 – The Penalty Kick

- Penalty kicks will be taken from the front of the penalty area at a point directly in line with the center of the goal.

Law #15 – The Throw In

- As per FIFA Laws of the Game
- A modified throw-in shall be used for U11. This modified throw-in allows the player a second chance to throw the ball in properly. If the player's throw-in is not perfect, but close to proper procedure, the referee has the discretion to allow play to continue.

Law #16 – The Goal Kick

- **Retreat Line: U11 Pool B: The Defensive team's players must retreat to the ½ way line on all Goal Kicks.**
- **Goal Kick Spot:**
 - o **U11:** will be taken at the top of the Penalty Area.
 - o **U13-U19:** will be taken at the top of the Goal Area, as per FIFA/IFAB Laws of the Game.

Law #17 – The Corner Kick

- As per FIFA Laws of the Game
- Exception for U11 and U13: Corner Kicks will be taken from the goal line, 5 yards outside from the lateral line of the penalty area. The ball cannot be kicked "backwards" towards the touch line.
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Law #18 – The Goal Size (Feet)

- **U11:** 16' 5" x 6'7"
- **U13:** 18' 6" x 6'6"
- **U15 & U19:** 24' x 8'