



The Saskatoon & District Soccer Referee Association Inc.

“Return to Play” Phases 1-4

Plan, Guidelines, Protocols
and Recommendations

July 1st 2020

**WE ARE IN THIS
TOGETHER!**

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CONTENT DISCLAIMER

The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content, including text, graphics, images, and information, are provided for general informational purposes only. The knowledge and circumstances around COVID-19 are changing constantly and, as such, Saskatoon & District Soccer Referee Association Inc. (SDSRAI) makes no representation and assumes no responsibility for the accuracy or completeness of this information. Further, you should seek advice from medical professionals and/or public health officials if you have specific questions about your return to training and competition. SDSRAI does not represent, warrant, or endorse the completeness or timeliness of any of the information, content, views, opinions, or recommendations contained in the information provided. This information is accepted on the condition that errors or omissions shall not be made the basis for any claim, demand, or cause for action. It is the responsibility of the reader to perform proper due diligence before acting upon any of the information provided. Prior to using this information, obtain proper legal advice from a person authorized to give it. In no event, will SDSRAI be liable for any direct, indirect, incidental, punitive, or consequential damages of any kind whatsoever with respect to these materials.

SASKATCHEWAN SOCCER ASSOCIATION PHASES OF RESUMING SOCCER



Phase 1- Return to Train (No Contact)	Social Distancing measures are in place	Technical Based Activities	*Opposition may be created utilizing individuals from within same household or family bubble. No referees needed
Phase 2 – Return to Train (Minimal Contact)	Social Distancing measures are being relaxed	Small Group Activities (1v1 to 3v3)	No referees needed
Phase 3 – Return to Play (Increased Contact)	Social Distancing measures are relaxed further	Intro of Small Game Formats (1v1 to 7v7) Mini Leagues	Referees can now officiate modified games.
Phase 4 – Return to Play (Full Contact)	Social Distancing measures are removed <u>(TBD)</u>	All Game Formats (1v1 – 11v11) <u>(TBD)</u>	Modified games no longer needed. Resume back to 11v11 (TBD)

INTRODUCTION

The Saskatoon & District Soccer Referee Association Inc. (SDSRAI) Return to Soccer Plan consists of returning to officiate between Phases 1-4. Within this plan you will find that the SDSRAI have taken into consideration the safety, well being, laws of the game, and efficiency for its members. During the execution of this plan, the SDSRAI is committed to staying current and updated with government regulations and guidelines from the Saskatchewan Soccer Association. It is most important that education and communication is brought to SDSRAI members to keep everyone updated. The SDSRAI plans to work in collaboration with its partnering member organizations to provide service in a safe and friendly environment.

1. Symptoms

Symptoms of COVID-19 are similar to other respiratory illnesses including the flu and common cold.

Common symptoms may include one or more of the following:

- fever;
- cough;
- headaches;
- aches and pains;
- sore throat;
- chills;
- runny nose;
- loss of sense of taste or smell;
- shortness of breath or difficulty breathing.

These may be unexplained new or worsening symptoms and may vary. Some people experience mild symptoms or no symptoms at all. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death. Older people or those with chronic illnesses may be at higher risk for a more severe form of the disease.

2. What is COVID-19

Coronaviruses are a large family of viruses. They can cause diseases ranging from the common cold to more severe diseases such as Severe Acute Respiratory Syndrome (SARS) and Middle East Respiratory Syndrome (MERS-CoV). Some cause illness in people, while others circulate among animals. Some coronaviruses transmit easily from person to person while others do not.

COVID-19 is a new virus that has not been previously identified. At present it is causing mild to moderately severe symptoms and some deaths. The virus spreads through close person-to-person contact. As with new viruses, further details will be available as we learn more.



3. How COVID-19 Spreads

The infection transmits via coughing and sneezing (droplet transmission). It can also be spread by touching surfaces with the virus on it and then touching your mouth, nose or eyes before washing your hands. While it is not yet known exactly how long COVID19 lives on surfaces, preliminary evidence suggests it can live on objects and surfaces from a few hours to several days. Therefore, isolation at home or hospital is important to prevent transmission.

It is recommended to maintain a social distance of ideally two metres and at minimum one metre.

4. Treatment

As with most respiratory illnesses, most people with COVID-19 illness will recover on their own. There is no specific treatment for disease caused by COVID-19. Severe or worsening symptoms may require supportive treatment in hospital.

If symptoms feel worse than a standard cold, see a health care provider or call HealthLine at 811. If HealthLine 811 recommends you seek acute care, they will provide instruction to call ahead.

Currently, there is no approved vaccine that protects against coronaviruses, including COVID-19.

5. How to Protect Yourself

Currently, there is no approved vaccine that protects people against coronaviruses.

As a respiratory illness, the best method to protect yourself against COVID-19 is to practise everyday preventive actions, including:

- 
- Practise proper cough and sneezing etiquette (into a tissue or the bend of your elbow);
 - Wash your hands often with soap and water; if soap and water are not available, use an alcohol-based hand sanitizer;
 - Avoid touching your eyes, nose and mouth with unwashed hands;
 - [Clean and disinfect your home regularly;](#)
 - Maintain safe food practices;
 - Avoid close contact with people who are sick;
 - Avoid unnecessary travel to affected areas; and
 - Avoid large crowds and practice physical distancing (do not shake hands, hug or kiss).

PHYSICAL DISTANCING: HOW TO SLOW THE SPREAD OF COVID-19

Together, we can slow the spread of COVID-19 by making a conscious effort to keep a physical distance between each other. Physical distancing is proven to be one of the most effective ways to reduce the spread of illness during an outbreak. With patience and cooperation, we can all do our part.



What does physical distancing mean?

This means making changes in your everyday routines in order to minimize close contact with others, including:

- ▶ avoiding crowded places and non-essential gatherings
- ▶ avoiding common greetings, such as handshakes
- ▶ limiting contact with people at higher risk (e.g. older adults and those in poor health)
- ▶ keeping a distance of at least 2 metres (approximately 2 metres) from others, as much as possible



Here's how you can practise physical distancing:

- ▶ greet with a wave instead of a handshake, a kiss or a hug
 - ▶ stay home as much as possible, including for meals and entertainment
 - ▶ grocery shop once per week
 - ▶ take public transportation during off-peak hours
 - ▶ conduct virtual meetings
 - ▶ host virtual playdates for your kids
 - ▶ use technology to keep in touch with friends and family
- If possible,
- ▶ use food delivery services or online shopping
 - ▶ exercise at home or outside
 - ▶ work from home

Remember to:

- ▶ wash your hands often for at least 20 seconds and avoid touching your face
- ▶ cough or sneeze into the bend of your arm
- ▶ avoid touching surfaces people touch often
- ▶ self-monitor for symptoms of COVID-19 including:
 - cough
 - fever
 - difficulty breathing

If you're concerned you may have COVID-19:

- ▶ separate yourself from others as soon as you have symptoms
- ▶ if you are outside the home when a symptom develops, go home immediately and avoid taking public transit
- ▶ stay home and follow the advice of your Public Health Authority, who may recommend isolation
- ▶ call ahead to a health care provider if you are ill and seeking medical attention

NOTE: Some people may transmit COVID-19 even though they do not show any symptoms. In situations where physical distancing is difficult to maintain, wearing a non-medical mask or face covering (i.e. made with at least two layers of tightly woven fabric, constructed to completely cover the nose and mouth without gaping, and secured to the head by ties or ear loops) provides a barrier between your respiratory droplets and the people and surfaces around you. It may also stop you from touching your nose or mouth, which is another way the virus can get into your body.

The Government of Canada has implemented an Emergency Order under the Quarantine Act. This order means that everyone who is entering Canada by air, sea or land has to stay home for 14 days in order to limit the spread of COVID-19. The 14-day period begins on the day you enter Canada.

- ▶ If you have travelled and have no symptoms, you must quarantine (self-isolate)
- ▶ If you have travelled and have symptoms, you must isolate

FOR MORE INFORMATION:

canada.ca/coronavirus

1-833-784-4397

Public Health Agency of Canada

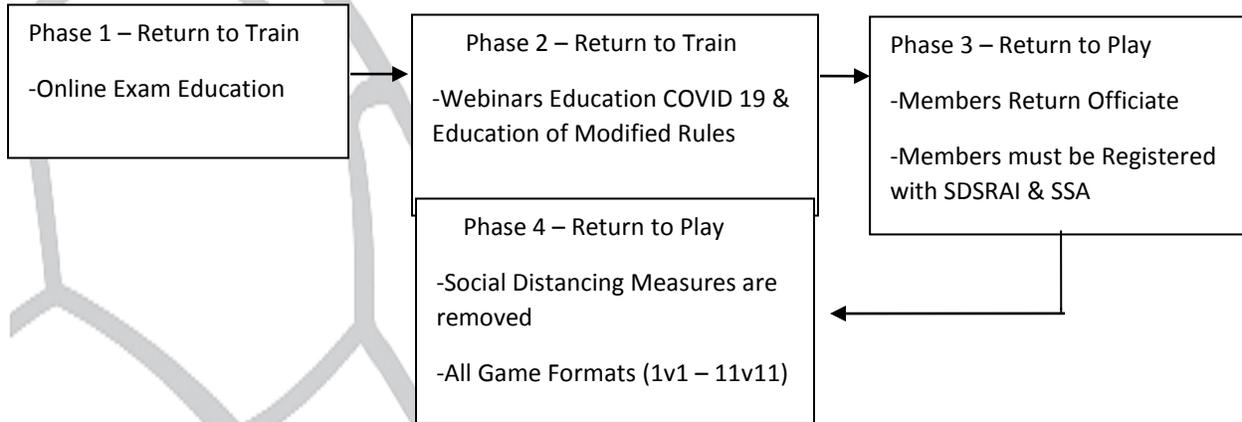
Evidence suggests wearing a surgical/medical mask does not prevent the wearer from becoming sick; however, it may provide an additional layer of protection for those around them if they are sick. The World Health Organization supports wearing a medical mask as one prevention measure that can limit the spread of certain respiratory viral diseases, including COVID-19. If a mask is worn, it should be done in addition to other preventative measures as noted above, and not in place of them. If you are experiencing respiratory symptoms such as cough or difficulty breathing, you should wear a surgical mask when seeking medical care at a health facility. If possible, please phone the facility prior to attending. If you are going to a health care facility for treatment, are experiencing respiratory symptoms and do not have a mask, ask for one at the admission desk and one will be provided to you.

Covid-19 Symptoms Checklist

1.	Does the person attending have any of the below symptoms? <ul style="list-style-type: none"> • Fever • Cough • Shortness of Breath / Difficulty Breathing • Sore Throat • Runny Nose 	YES	NO
2.	Has anyone in your household experienced any of the above symptoms in the last 14 days?	YES	NO
3.	Have you, or anyone in your household travelled outside of Canada in the last 14 days?*	YES	NO
4.	Have you, or anyone in your household been in contact in the last 14 days with someone who is being investigated or confirmed to be a case of Covid-19?	YES	NO
5.	Are you currently being investigated as a suspect case of Covid-19?	YES	NO
6.	Have you tested positive for Covid-19 within the last 10 days?	YES	NO

If an individual answer 'YES' to any of the questions above, they are not to be permitted to participate in any sanction soccer activity for a minimum of 14 days UNLESS a negative Covid-19 test result is received after answering 'Yes' to the above

Phases for Members to Return Officiate



Phase 4 – Return to Play will be decided upon Government, Saskatchewan Soccer & Partnering Member Organizations to determine start and operations.

RESPONDING TO CHANGING CONDITIONS

Due to the nature of the Covid-19 pandemic, we must be prepared to respond to changing conditions within our association. If health situations change, we may be required to return to a previous phase of Return to Soccer. As the Government of Saskatchewan Health Services monitors the provincial progression through our Saskatchewan re-open plan. We expect that they will continue to advise sport organizations on how they can lead the province through the stages of re-opening. The Saskatoon & District Soccer Referee Association Inc. (SDSRAI) will provide the applicable health and safety guidelines that must be implemented to safely move from one phase of the Return to Soccer Plan to the next.

If public health restrictions should be reinstated and soccer activity is NO LONGER permissible OR we must return to a previous phase, the SDSRAI will communicate this change directly to its members. Changes will also be posted on the SDSRAI RAMP website. SDSRAI members are to follow any form of change that is required.

RECOMMENDATIONS AND GUIDELINES FOR MATCH OFFICIALS

BEFORE YOU LEAVE HOME

DO NOT leave home if you are feeling unwell or showing signs of COVID-19 Symptoms (Fever, Cough, Shortness of Breath, Sore Throat or Runny Nose). You MUST contact your referee assignor with as much notice as possible in this case. Please access the Self-Assessment tool located on provincial website.

https://www.saskatchewan.ca/COVID19#utm_campaign=q2_2015&utm_medium=short&utm_source=%2FCOVID19

- Eat before you arrive at the field as food is discouraged on premises.
- Thoroughly wash your hands with soap and warm water.
- Thoroughly wash water bottles with soap and warm water.
- Clean and sanitize your referee equipment. (whistle, card wallet, pen/pencil)
- Use the washroom.
- Register your attendance for contact tracing. (This takes place when you accept your assignment).
- Ensure that you have attended the SDSRAI COVID webinar and have registered with SDSRAI & SSA for 2020.
- Ensure that you have submitted your signed waiver and declaration form to the SDSRAI Board of Directors prior to accepting assignments.

ARRIVAL AT FIELD/FACILITY

- Respect physical distancing guidelines, including players, prior to game.
- Consider bringing personal hand sanitizer.
- Perform standard field/net check, maintaining/requesting physical distancing as needed. Check in particular for any items that may endanger health (e.g. discarded medical gloves, masks etc.)
- Checking of game sheet and player cards from arms length.
- Oversee sanitizing of game ball in which sanitizer wipes are provided by local MO. Then check and adjust ball pressure BEFORE it has been touched by any other person. Avoid touching the ball with your hands unnecessarily after this step.

DURING THE GAME AT THE FIELD

- Practice respiratory etiquette (sneeze/cough into arm, no spitting, no clearing nasal passages)
- Where possible, do NOT blow your whistle within 12 feet of any player.
- Refrain from shaking hands, fist bumps, or high fives.
- It is recommended that the referee have gloves with them at all games. This is a measure to protect themselves from COVID-19.
- If the ball contacts a player's head, the play will need to stop. The ball will then need to be wipe off again with sanitization wipes.
- The referee will not be required to wear a mask. AR (Assistant Referee) can wear a mask since they are not blowing their whistles during games.
- Maintain 2 meters distance when speaking to a player or showing a yellow or red card.
- Maintain 2 meters distance from any physical altercation.
- Maintain 2 meters distance when managing a defensive wall.
- Ensure that any team official attending to an injured player is wearing gloves and a mask and that all other players maintain physical distance during the treatment. Exceptions MAY be made if the injury is 'life threatening'.
- Stop the match for any violation of COVID related guidelines. This must be reported to the league.

AFTER GAME IS COMPLETE

- NO LOITERING. Aka no chit chat with players.
- Completing the game sheet.
- Respect physical distancing guidelines.
- Use hand sanitizer if available.
- Leave facility parking lot.
- Thoroughly wash your hands with soap and warm water at earliest opportunity.
- Clean and sanitize your referee equipment and uniform at the earliest opportunity.
- Complete 'feedback form' and submit to SDSRAI (www.sdsraiexecutive@gmail.com).

MODIFIED GAME LAWS OF THE GAME

Discipline Adjustments for COVID-19:

Any players who are involved in face-to-face (but non-mass confrontation) interactions, will result by the showing of a Yellow Card for Unsportsmanlike Behaviour. The Referee should stay away and allow the emotional situation to deescalate before engaging from a safe distance.

- Serious physical altercations will result in an automatic red card.
- Mass confrontations will result in a send off by the showing of a red card for all involved.

No spitting on or around the field of play for indoor matches. The player will be sent off by the showing of a red card. Spitting does not have to be directed at anyone for the send off. If a player needs to spit during play, they should walk off the field or spit in the nearest garbage can and be mindful of spectators as well. Deliberate coughing on another player will not be tolerated. Player management with regards to outdoor matches to spitting. Will be at the discretion of the Referee by applying the IFAB Laws of the game pending the situation.

LAWS OF THE GAME ADJUSTMENTS

HEADING OF THE BALL:

To reduce body fluid transfer onto ball surface, the heading of the ball has been removed from Phase 3 (Can be altered later proceeding into Phase 4). With the ball contacting a player's head being accidental or intentional. The play shall be stopped, the heading of the ball will result in an indirect free kick for the opposing team. In the situation where a player heading the ball stops a promising attack, shall receive a verbal warning on the first incident. In the situation where a player heading the ball stops a promising attack a second time during the game. The player shall receive a yellow card for Unsporting Behaviour. If a goal has been scored, after contacting a player's head. The goal shall not stand, and play is restarted with an indirect free kick where contact was made. If contact was made within the goal area, the restart shall be at the top of the goal area. This rule is intended to limit the Player and the Referee exposure to COVID-19.

Throw-Ins:

Throw-Ins are not permitted. The ball must be kicked into play. All other requirements of a Throw-In regarding Law 15 will still be applied. After the first verbal warning, failure to comply will result in a kick-in to the opposing team. All opponents must respect social distancing rules and apply a 6-meter distance from player kicking ball back into play. Game formats leading into Phase 4 will return to players using hands to throw ball back into play during a Throw-in.

THE DROP BALL:

Requirement has been removed to reduce the handling of the ball and has been converted to an indirect free kick. If an injury occurs, the team that had possession of the ball should be given possession to restart with an indirect free-kick at the point where the ball was last when play was stopped. If the drop ball is inside the penalty area after hitting the Referee, the ball automatically goes to the Goalkeeper. The Referee stops play and leaves the ball on the ground, and the Goalkeeper picks it up.

COIN TOSS:

There will be no gathering at a Coin toss. The Home team chooses every game, at every level.

THE THUNDER AND LIGHTNING POLICY:

Thunder and Lightning Policy will be adjusted to read that if the game is stopped for severe weather, then the game is over to avoid gathering of participants in confined areas. The Referee will make a report in the case of lightning.

Game Sheets:

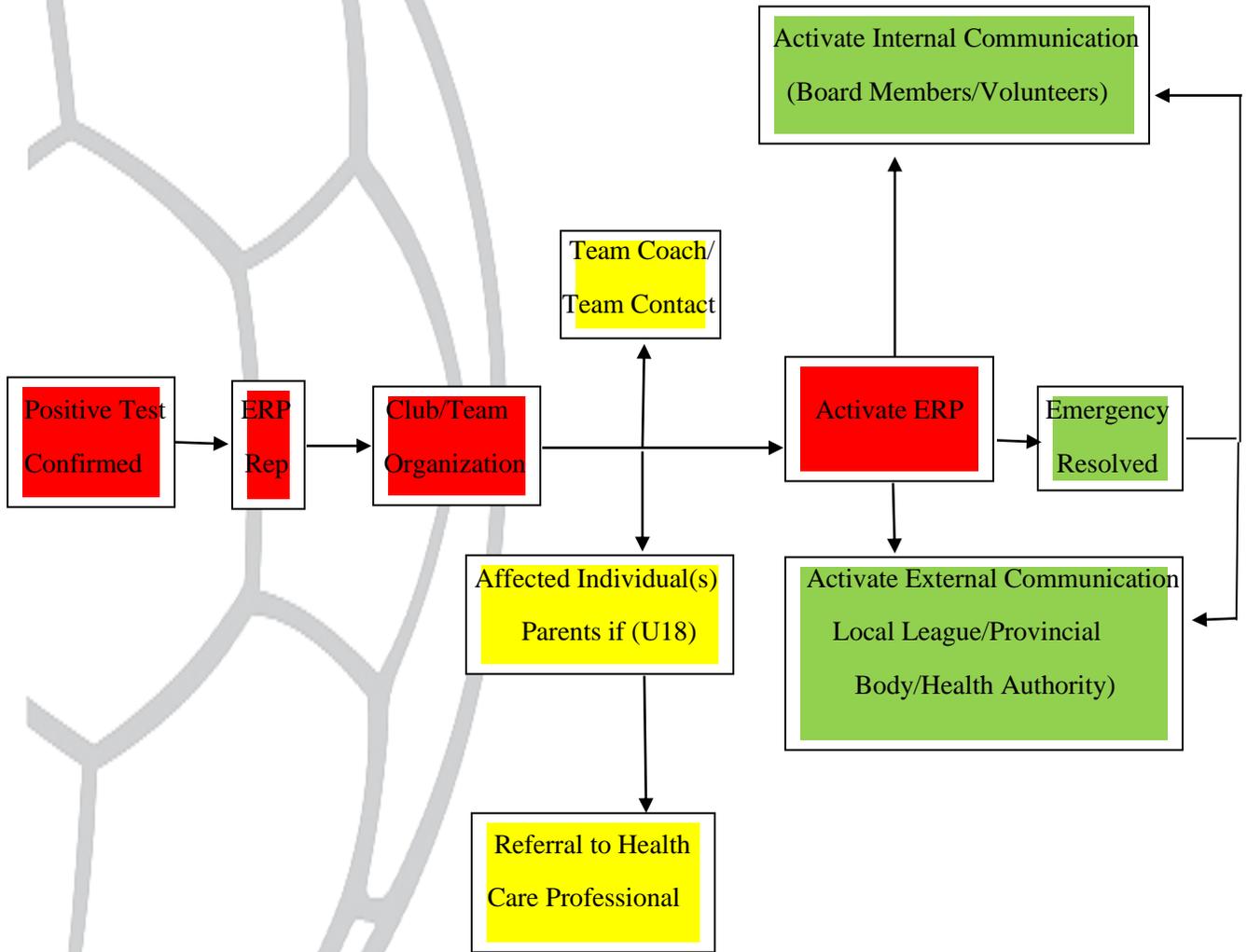
The Referee will not be physically handling player's IDs; however, they will only view the player's ID at arms length and mark the game sheet of their attendance and participation in the game. (Mentioned on page 12)

EMERGENCY RESPONSE CONTACT TRACING LOG



Date	Full Name	Address	Email	Phone	Arrived	Departed
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Source: Personal Information will be used for communication purposes



COVID-19 EMERGENCY RESPONSE PLAN CHART (ERP)

**SASKATCHEWAN SOCCER ASSOCIATION
DECLARATION OF COMPLIANCE – COVID-19**

(to be executed by parents/guardians of Individuals who are under the age of majority)

Saskatchewan Soccer Association and its affiliated Member Organizations (collectively the “Association”) requires disclosure of exposure or illness is in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent. A Participant (or the Participant’s parent/guardian, if the Participant is under the age of majority) who is unable to agree to the terms outlined in this document is not permitted to participate in the Association’s activities, programs, or services at this time.

WARNING! By Signing this document, you will assume certain risk and responsibilities. Please read carefully!

Individuals Name _____

I, the undersigned being the Participant or the Participant’s Parent/Guardian (if the Participant is under the age of majority), hereby acknowledge and agree to the terms outlined in this document:

1. The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Association has put in place preventative measures to reduce the spread of COVID-19 and requires all participants (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
2. The Participant has not been diagnosed with COVID-19, OR if the Participant was diagnosed with COVID19, the Participant was cleared as noncontagious by provincial or local public health authorities prior to the date this Declaration of Compliance was signed.
3. The Participant has not been exposed to a person with a confirmed or suspected case of COVID-19; OR if the Participant was exposed to a person with a confirmed or suspected case of COVID-19, the date of exposure was more than 14 days prior to the date this Declaration of Compliance was signed.

4. The Participant is participating voluntarily and understands and assumes the risks associated with COVID19. The Participant (or the Participant's parent/guardian, on behalf of the Participant (when applicable) agrees to assume those risks, including but not limited to exposure and being infected.

5. The Participant has not, nor has anyone in the Participant's household, experienced cold or flu-like symptoms in the last 14 days (including fever, cough, sore throat, shortness of breath, respiratory illness, difficulty breathing).

6. If the Participant experiences, or if anyone in the Participant's household experiences, any cold or flu-like symptoms after submitting this Declaration of Compliance, the Participant MUST NOTIFY THE ORGANIZATION AND will immediately isolate and not attend any of the Organization's activities, programs or services until at least 14 days have passed since those symptoms were last experienced.

7. The Participant has not, nor has any member of the Participant's household, travelled to or had a lay-over in any country outside Canada, in the past 14 days.

8. The Participant is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of six feet from others, frequent handwashing, and otherwise limiting exposure to COVID-19.

9. The Participant will follow the safety, physical distancing and hygiene protocols of the Association.

10. This document will remain in effect until the Association, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.

11. The Organization responsible for the activity shall remove the Participant from participation in the activities, programs or services of the Association at any time and for any reason if the Association believes, in its sole discretion, that the Participant is no longer in compliance with any of the compliance standards described in this document.

12. This Declaration of Compliance is intended to be as broad and inclusive as is permitted by law of the Province of Saskatchewan and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

Name of Individual (print)

Signature of Individual

Date of Birth

Name of Parent or Guardian (print)

Signature of Parent or Guardian

Date

SASKATCHEWAN SOCCER ASSOCIATION

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY

(To be executed by Parent/Guardian of Participant under the age of majority)

WARNING! PLEASE READ CAREFULLY

BY SIGNING THIS DOCUMENT, YOU WILL ASSUME CERTAIN RISKS AND RESPONSIBILITIES.

DEFINITIONS

In this document Saskatchewan Soccer Association and its affiliated Member Organizations shall hereinafter be referred to collectively as the Association.

In this document the term "Activities or Activity" shall include all activities, programs, events, classes, and services provided, including but not limited to: games, tournaments, practices, personal training, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, educational, orientation or instructional sessions or lessons, aerobic and anaerobic conditioning programs.

1. This is a binding legal agreement. Clarify any questions or concerns before signing. As a participant in the sport of soccer and the spectating, orientation, instruction, activities, competitions, programs, and services of Saskatchewan Soccer Association (collectively the "Activities"), the undersigned, being the Participant and the Participant's Parent/Guardian (collectively the "Parties"), acknowledge and agree to the terms outlined in this document.

DISCLAIMER

2. Saskatchewan Soccer Association and their respective Directors, Officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facilities in which the Activities take place, and representatives (collectively the "Association") are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result

of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Association.

DESCRIPTION AND ACKNOWLEDGEMENT OF RISKS

3. The Parties understand and acknowledge that:
 - a. The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;
 - b. The Association may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming;
 - c. The Association has a difficult task to ensure safety and it is not infallible. The Association may be unaware of the Participant's fitness or abilities, may give incomplete warnings or instructions, may misjudge weather or environmental conditions, and the equipment being used might malfunction; and
 - d. The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Association has put in place preventative measures to reduce the spread of COVID-19; however, the Association cannot guarantee that the Participant will not become infected with COVID-19. Further, participating in the Activities could increase the Participant's risk of contracting COVID-19.

4. The Participant is participating voluntarily in the Activities. In consideration of that participation,

the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to:

 - a. Health: executing strenuous and demanding physical techniques, physical exertion, overexertion, stretching, dehydration, fatigue, cardiovascular workouts, rapid movements and stops, lack of fitness or conditioning, traumatic injury, bacterial infections, rashes, and the transmission of

communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof.

- b. Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, walls, equipment or persons; dangerous, unsafe, or irregular conditions on grass, turf or other surfaces, extreme weather conditions; travel to and from premises.
- c. Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment within my own ability.
- d. Contact: contact with soccer balls, other equipment, poles, stands, soccer equipment, nets, fences, or other persons, whether intentional or unintentional, is a common part of soccer programs, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, or serious spinal injury.
- e. Advice: negligent advice regarding soccer programs.
- f. Ability: Failing to act safely or within my own ability or within designated areas.
- g. Sport: the game of soccer and its inherent risk.
- h. Training: Risk associated with dryland training including weights, running, bands, and massage;
- i. Cyber: privacy breaches, hacking, technology malfunction or damage.
- j. Conduct: My conduct and conduct of other persons including any physical altercation between soccer participants.
- k. Travel: Travel to and from the Activities.
- l. Negligence: My negligence and negligence of other persons, including NEGLIGENCE ON the PART OF THE ORGANIZATION, may increase the risk of damage, loss, personal injury or death. I understand that the Organization may fail to safeguard or protect me from the risks, dangers and hazards of soccer programs, some of which are referred to above.

TERMS

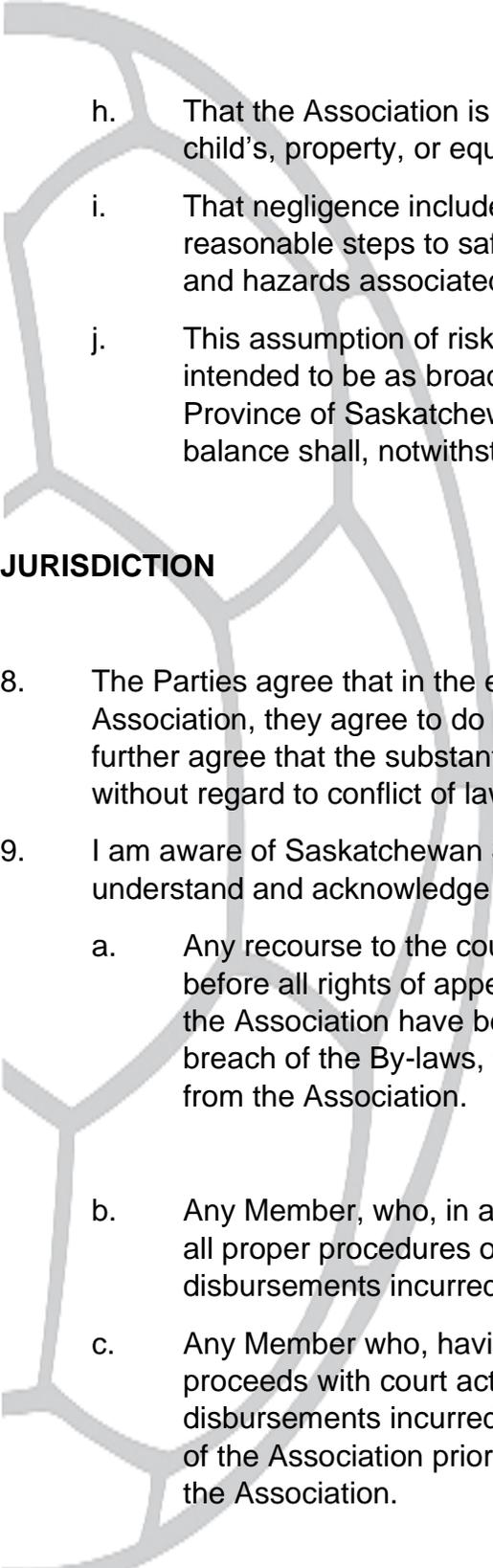
5. In consideration of the Association allowing the Participant to participate in the Activities, the Parties acknowledge and agree:
- a. That when the Participant practices or trains in their own space, the Parties are responsible for the Participant's surroundings and the location and equipment that is selected for the Participant;
 - b. That the Participant's mental and physical condition is appropriate to participate in the Activities and the Parties assume all risks related to the Participant's mental and physical condition;
 - c. To comply with the rules and regulations for participation in the Activities;
 - d. To comply with the rules of the facility or equipment;
 - e. That if the Participant observes an unusual significant hazard or risk, the Participant will remove themselves from participation and bring their observations to a representative of the Association immediately;
 - f. The risks associated with the Activities are increased when the Participant is impaired, and the Participant will not participate if impaired in any way;
 - g. That it is their sole responsibility to assess whether any Activities are too difficult for the Participant. By the Participant commencing an Activity, they acknowledge and accept the suitability and conditions of the Activity;
 - h. That COVID-19 is contagious in nature and the Participant may be exposed to, or infected by, COVID-19 and such exposure may result in personal injury, illness, permanent disability, or death; and could lead to exposure and further spread of COVID 19 to other individuals; and
 - i. That they are responsible for the choice of the Participant's safety or protective equipment and the secure fitting of that equipment.
6. In consideration of the Association allowing the Participant to participate, the Parties acknowledge and agree:
- a. That the Parties are not relying on any oral or written statements made by the Association or their agents, whether in brochure or advertisement or in individual conversations, to agree to participate in the Activities;
 - b. That the Association is not responsible or liable for any damage to the Participant's vehicle, property, or equipment that may occur as a result of the Activities; and

- c. That this Agreement is intended to be as broad and inclusive as is permitted by law of the Province of Saskatchewan and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

RELEASE OF LIABILITY AND DISCLAIMER

7. In consideration of the Association allowing my child to participate, I agree:

- a. That the sole responsibility for my child's safety remains with me;
- b. To ASSUME all risks arising out of, associated with or related to my child's participation;
- c. That I am not relying on any oral or written statements made by the Association or its agents, whether in a brochure or advertisement or in individual conversations, to agree to participate in the Activities;
- d. To WAIVE any and all claims that I may on behalf of my child, now or in the future against the Association;
- e. To freely ACCEPT AND FULLY ASSUME all such risks and possibility of my child's personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the Activities;
- f. To FOREVER RELEASE AND INDEMNIFY the Association on behalf of my child, from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I have or may have in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of contract and/or breach of any statutory duty of care of the Association;
- g. To FOREVER RELEASE AND INDEMNIFY the Association on behalf of my child, from any action related to my child becoming exposed to or infected by COVID-19 as a result of, or from, any action, omission or negligence of themselves or others, including but not limited to the Association;

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- h. That the Association is not responsible or liable for any damage to my child's, property, or equipment that may occur as a result of the Activities;
 - i. That negligence includes failure on the part of the Association to take reasonable steps to safeguard or protect my child from the risks, dangers and hazards associated with the Activities; and
 - j. This assumption of risk, informed consent, waiver and indemnity is intended to be as broad and inclusive as is permitted by law of the Province of Saskatchewan and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

JURISDICTION

- 8. The Parties agree that in the event that they file a lawsuit against the Association, they agree to do so solely in the Province of Saskatchewan and they further agree that the substantive law of the Province of Saskatchewan will apply without regard to conflict of law rules.
- 9. I am aware of Saskatchewan Soccer Association By-Laws (INSERT LINK) and understand and acknowledge that:
 - a. Any recourse to the courts of any jurisdiction in a dispute by any Member before all rights of appeal and all the rights and remedies of the By-laws of the Association have been exhausted, shall be deemed a violation and breach of the By-laws, and shall result in automatic indefinite suspension from the Association.
 - b. Any Member, who, in a dispute, has sought court action before exhausting all proper procedures of appeal, will be liable for all legal costs and disbursements incurred by the Association.
 - c. Any Member who, having exhausted all proper procedures of appeal, proceeds with court action, will be liable for all legal costs and disbursements incurred by the Association should the courts rule in favour of the Association prior to reinstatement of said party's membership with the Association.

INSURANCE

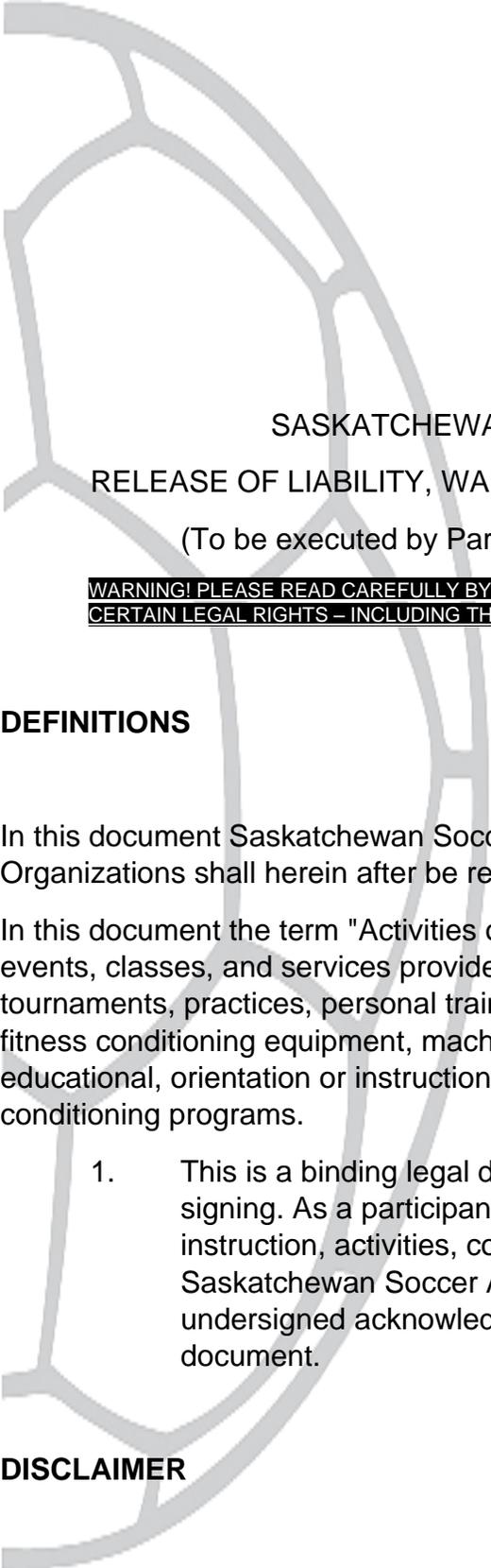
10. The Parties are aware that the Association carries insurance and that should my child/ward become injured or cause personal injury or property damage to any third party while participating in a sanctioned soccer activity, the child/ward may or may not be entitled to insurance coverage depending on the terms and conditions of the Association's Insurance Policy.
11. The Parties acknowledge that Saskatchewan Soccer Association insurance does not extend to non-soccer events or participation in non-sanctioned soccer events or to participation against participants who are not registered with the Association.
12. The Parties are aware that the Association's Insurance Policy provides no coverage for any Claim in any way caused by, arising out of or resulting from any disease or contagion, including that designated as such by any of the following:
 - a. a Federal, Provincial, Territorial or Municipal authority or agency;
 - b. a Minister of the Federal, Provincial or Territorial Crown;
 - c. a person occupying the position of Chief Medical Officer of Health (or similar position) of a Province, Territory or Municipality;
 - d. the World Health Organization;
 - e. the Center for Disease Control/Centre for Disease Control of
 - i. Canada or any Canadian Province or Territory;
 - ii. the United Kingdom of Great Britain and Northern Ireland; or
 - iii. of the United States of America and any American State or Territory.

For purposes of this Endorsement, disease or contagion so designated shall include:

- a. any derivative, mutation or variation of the disease or contagion;
- b. any fear or threat of the spread of the disease or contagion;
- c. any failure to prevent, contain or eradicate the disease or contagion.

For purposes of greater clarity, the following are diseases or contagion that are excluded pursuant to this endorsement:

1. Coronavirus disease (COVID-19);
2. Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2);



SASKATCHEWAN SOCCER ASSOCIATION
RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY
(To be executed by Participants over the Age of Majority)

WARNING! PLEASE READ CAREFULLY BY PROVIDING YOUR ELECTRONIC SIGNATURE. YOU WILL WAIVE CERTAIN LEGAL RIGHTS – INCLUDING THE RIGHT TO SUE

DEFINITIONS

In this document Saskatchewan Soccer Association and its affiliated Member Organizations shall herein after be referred to collectively as the Association.

In this document the term "Activities or Activity" shall include all activities, programs, events, classes, and services provided, including but not limited to: games, tournaments, practices, personal training, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, educational, orientation or instructional sessions or lessons, aerobic and anaerobic conditioning programs.

1. This is a binding legal document. Clarify any questions or concerns before signing. As a participant in soccer and the spectating, orientation, instruction, activities, competitions, programs, and services of Saskatchewan Soccer Association (collectively the "Activities"), the undersigned acknowledges and agrees to the terms outlined in this document.

DISCLAIMER

2. Saskatchewan Soccer Association and their respective Directors, Officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facilities in which the Activities take place, and representatives (collectively the

“Association”) are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Association.

DESCRIPTION AND ACKNOWLEDGEMENT OF RISKS

3. I understand and acknowledge that
 - a. The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;
 - b. The Association may offer or promote online soccer activities (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming;
 - c. The Association has a difficult task to ensure safety and it is not infallible. The Association may be unaware of my fitness or abilities, may misjudge weather or environmental conditions, may give incomplete warnings or instructions, and the equipment being used might malfunction; and COVID-19
 - d. The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Association has put in place preventative measures to reduce the spread of COVID-19; however, the Association cannot guarantee that the Participant will not become infected with COVID-19. Further, participating in the Activities could increase the Participant’s risk of contracting COVID-19.

4. I am participating voluntarily in the Activities. In consideration of my participation, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the Activities. The risks, dangers and hazards include, but are not limited to:
 - a. Health: executing strenuous and demanding physical techniques, physical exertion, overexertion, stretching, dehydration, fatigue, cardiovascular workouts, rapid movements and stops, lack of fitness or

conditioning, traumatic injury, bacterial infections, rashes, and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof.

b. Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, walls, equipment or persons; dangerous, unsafe, or irregular conditions on grass, turf or other surfaces, extreme weather conditions; travel to and from premises.

c. Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment within my own ability.

d. Contact: contact with soccer balls, other equipment, poles, stands, soccer equipment, nets, fences, or other persons, whether intentional or unintentional, is a common part of soccer programs, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, or serious spinal injury.

e. Advice: negligent advice regarding soccer programs.

f. Ability: Failing to act safely or within my own ability or within designated areas.

g. Sport: the game of soccer and its inherent risk.

h. Training: Risk associated with dryland training including weights, running, bands, and massage;

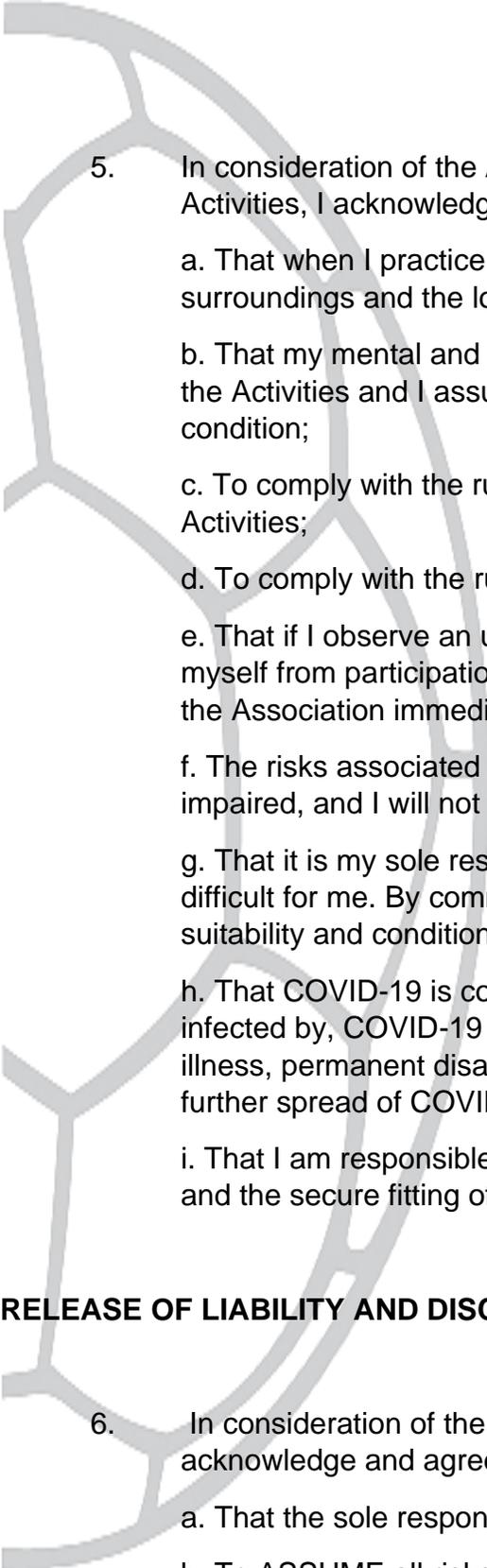
i. Cyber: privacy breaches, hacking, technology malfunction or damage.

j. Conduct: My conduct and conduct of other persons including any physical altercation between soccer participants.

k. Travel: Travel to and from the Activities.

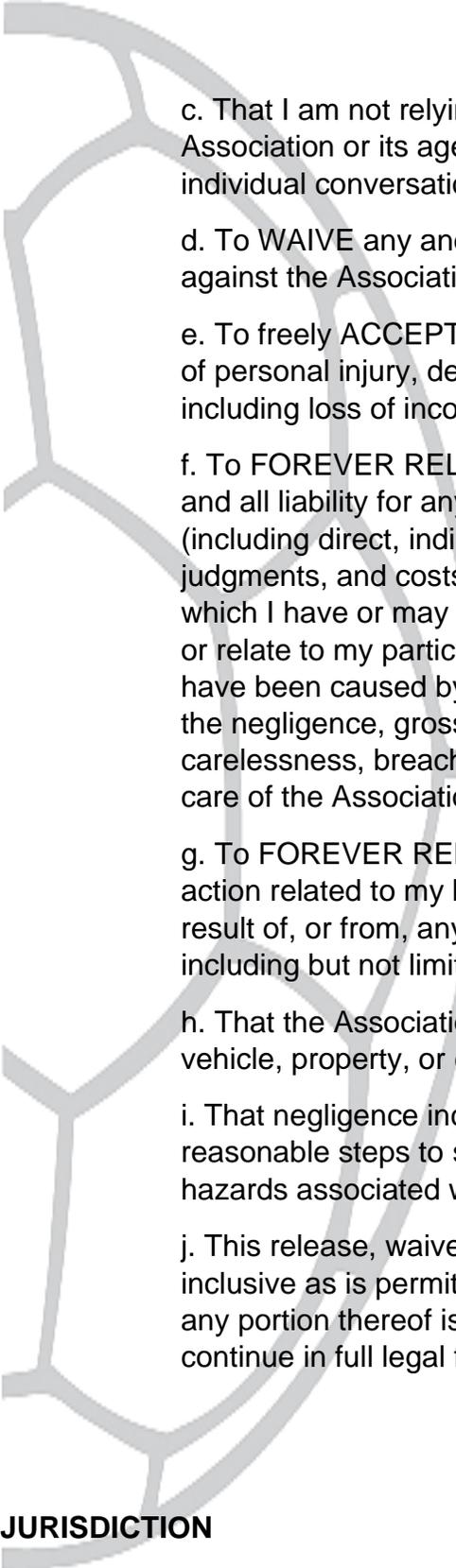
l. Negligence: My negligence and negligence of other persons, including NEGLIGENCE ON the PART OF THE ORGANIZATION, may increase the risk of damage, loss, personal injury or death. I understand that the Organization may fail to safeguard or protect me from the risks, dangers and hazards of soccer programs, some of which are referred to above.

TERMS

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5. In consideration of the Association allowing me to participate in the Activities, I acknowledge and agree:
 - a. That when I practice or train in my own space, I am responsible for my surroundings and the location and equipment that I select;
 - b. That my mental and physical condition is appropriate to participate in the Activities and I assume all risks related to my mental and physical condition;
 - c. To comply with the rules and regulations for participation in the Activities;
 - d. To comply with the rules of the facility or equipment;
 - e. That if I observe an unusual significant hazard or risk, I will remove myself from participation and bring my observations to a representative of the Association immediately;
 - f. The risks associated with the Activities are increased when I am impaired, and I will not to participate if impaired in any way;
 - g. That it is my sole responsibility to assess whether any Activities are too difficult for me. By commencing an Activity, I acknowledge and accept the suitability and conditions of the Activity;
 - h. That COVID-19 is contagious in nature and I may be exposed to, or infected by, COVID-19 and such exposure may result in personal injury, illness, permanent disability, or death; and could lead to exposure and further spread of COVID 19 to other individuals; and
 - i. That I am responsible for my choice of safety or protective equipment and the secure fitting of that equipment.

RELEASE OF LIABILITY AND DISCLAIMER

6. In consideration of the Association allowing me to participate, I acknowledge and agree:
 - a. That the sole responsibility for my safety remains with me;
 - b. To ASSUME all risks arising out of, associated with or related to my participation;

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- c. That I am not relying on any oral or written statements made by the Association or its agents, whether in a brochure or advertisement or in individual conversations, to agree to participate in the Activities;
 - d. To WAIVE any and all claims that I may have now or in the future against the Association;
 - e. To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the Activities;
 - f. To FOREVER RELEASE AND INDEMNIFY the Association from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the “Claims”) which I have or may have in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of contract and/or breach of any statutory duty of care of the Association;
 - g. To FOREVER RELEASE AND INDEMNIFY the Association from any action related to my becoming exposed to or infected by COVID-19 as a result of, or from, any action, omission or negligence of myself or others, including but not limited to the Association;
 - h. That the Association is not responsible or liable for any damage to my vehicle, property, or equipment that may occur as a result of the Activities;
 - i. That negligence includes failure on the part of the Association to take reasonable steps to safeguard or protect me from the risks, dangers and hazards associated with the Activities; and
 - j. This release, waiver and indemnity is intended to be as broad and inclusive as is permitted by law of the Province of Saskatchewan and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

JURISDICTION

7. I agree that in the event that I file a lawsuit against the Association, I will do so solely in the Province of Saskatchewan and further agree that the

substantive law of the Province of Saskatchewan will apply without regard to conflict of law rules.

8. I am aware of Saskatchewan Soccer Association By-Laws (INSERT LINK) and understand and acknowledge that:
 - a. Any recourse to the courts of any jurisdiction in a dispute by any Member before all rights of appeal and all the rights and remedies of the By-laws of the Association have been exhausted, shall be deemed a violation and breach of the By-laws, and shall result in automatic indefinite suspension from the Association.
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 - d. a Federal, Provincial, Territorial or Municipal authority or agency;

- e. a Minister of the Federal, Provincial or Territorial Crown;
- f. a person occupying the position of Chief Medical Officer of Health (or similar position) of a Province, Territory or Municipality;
- g. the World Health Organization;
- h. the Center for Disease Control/Centre for Disease Control of
 - i. Canada or any Canadian Province or Territory;
 - ii. the United Kingdom of Great Britain and Northern Ireland; or
 - iii. of the United States of America and any American State or Territory.

For purposes of this Endorsement, disease or contagion so designated shall include:

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- c. any failure to prevent, contain or eradicate the disease or contagion.

For purposes of greater clarity, the following are diseases or contagion that are excluded pursuant to this endorsement:

1. Coronavirus disease (COVID-19);
2. Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2);
3. Ebola;
4. Avian Influenza (Avian Bird Flu); and,
5. Legionella (Legionnaire's Disease)

PERSONAL INFORMATION, MEDICAL HISTORY AND IMAGES

12. I acknowledge and grant the Releasees the unrestricted right to collect, use, and disclose my personal information, including my name, image and likeness in all forms of media, for any purpose reasonably related to the administration and management of soccer programs. I acknowledge that upon request I will provide an up to date Medical Information Form prior to participation in soccer-related activities.

13. I am aware that the Association has a written Privacy Policy that has been established in accordance with the Personal Information Protection and Electronic Documents Act that is posted on the Association website.

ACKNOWLEDGEMENT

14. I acknowledge that I have read and understand this document, that I have executed this document voluntarily, and that this document is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives. I further acknowledge by signing this document I have waived my right to maintain a lawsuit against the Association on the basis of any claims from which I have released herein.

Name of Individual (print) Signature of Individual Date

Name of Witness (print) Signature of Witness Date



REFEREE FEEDBACK FORM



1. On a scale of 1 to 5, please rate both teams individually in terms of their overall compliance with COVID-19 precautions. 1 being little or no compliance, 5 being a high degree of compliance. One rating for 'Home', one rating for 'Visitor'.

2. Please check off any or all of the following that applied in the game:

- The game proceeded smoothly with no COVID related issues.
- I had to STOP the game at times to deal with MINOR COVID related issues (ball re-sanitizing etc.)
- I had to STOP OR SUSPEND the game to deal with SIGNIFICANT COVID related issues (removal of symptomatic players, minor spectator issues etc.)
- I had to TERMINATE the game due to MAJOR COVID related issues (persistent team noncompliance, physical altercations, major spectator non-compliance etc.)

3. Please provide a detailed report for any reason that you had to TERMINATE a game due to COVID related issues.

4. Please provide any additional comments:

Name (Referee)

Date

FORM TO BE SENT INTO SASKATOON & DISTRICT SOCCER REFEREE ASSOCIATION INC. ONCE COMPLETED. (www.sdsraiexecutive@gmail.com)

APPENDICES & RESOURCES



Saskatchewan Soccer Association Resources for Return to Play

<https://cloud.rampinteractive.com/saskatchewansoccer/files/COVID%20Communications/Return%20to%20Soccer%20Plan%20-%20V3%20-%2006.26.20.pdf>

Canada Soccer Resources

[CSA COVID-19 Updates https://www.canada.ca/en/health-canada.html](https://www.canada.ca/en/health-canada.html)

Return to Train for Referees

https://cloud.rampinteractive.com/saskatchewansoccer/files/COVID%20Communications/COVID%20Resources/CSA/Return%20to%20Train%20Guidelines_Referee%20EN.pdf

Re-open Saskatchewan Plan

<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/re-open-saskatchewan-plan>

Government of Saskatchewan - Phase 4 Outline

<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/re-open-saskatchewan-plan/phases-of-re-open-saskatchewan/phase-four%E2%80%AF%20>

COVID-19 HEALTH RESOURCES

[Self Assessment Tool https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/covid-19-self-assessment%E2%80%AF%20](https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/covid-19-self-assessment%E2%80%AF%20)

[Self-Monitoring Tool https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/self-monitoring%E2%80%AF%20](https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/self-monitoring%E2%80%AF%20)

[Social Distancing Guidelines https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/social-distancing](https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/social-distancing)

[Tips for Parents - COVID-19 https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/resources/tips-for-parents%E2%80%AF%20](https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/resources/tips-for-parents%E2%80%AF%20)



**WE ARE IN THIS
TOGETHER!**

