

Coach Orientation Outdoor 2024

Saskatoon United Soccer Club

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Agenda

- ▶ INTRODUCTION
- ▶ POLICIES
- ▶ TEAM STAFF
- ▶ LEAGUE INFO
- ▶ SEASON PREP
- ▶ TOURNAMENTS
- ▶ TEAM CLOTHING
- ▶ RESOURCES

- ▶ **Treaty Acknowledgment:** We acknowledge we are on Treaty 6 Territory and the Homeland of the Métis. We pay our respect to the First Nations and Métis ancestors of this place and reaffirm our relationship with one another and grow our beautiful game.

POLICIES – SAFETY IS OUR PRIORITY

COMMIT TO KIDS

All your interactions and activities with children:

- should be known to, and approved by the board, where applicable, and the parents of the child
- tied to your duties, and
- designed to develop the child's skills in the sport program

GENDER RULE – EXPLAINED

Canada Soccer requires an adult of the same gender as the players to be present with players. This can be a coach or any member of the team staff. If a team is made up of players who identify as more than one gender, an adult of each gender must accompany the players.

Purpose of Rule of Two

To protect minor athletes and coaches in potentially vulnerable situations by ensuring more than one adult is present



RULE OF TWO



CANADA SOCCER GRASSROOTS STANDARDS

CRITERIA	ACTIVE START	FUNDAMENTALS		LEARN TO TRAIN	
	U5-U6	U7	U8-U9	U10-U11	U12-U13
Match format (maximum)	No formal matches	3v3	4v4 (no GK) or 5v5 (with GK)	7v7	9v9 [U12] 9v9 or 11v11 [U13]
Coaching qualification	Active Start + MED + RiS + Making Headway + EAP	Fundamentals + MED + RiS + Making Headway + EAP	Fundamentals + MED + RiS + Making Headway + EAP	Learn to Train + MED + RiS + Making Headway + EAP	Learn to Train + MED + RiS + Making Headway + EAP
Maximum match duration	Informal play	30 minutes	40 minutes	50 minutes	70 minutes [U12] 80 minutes [U13]
Maximum match time per player per day	N/A	60 minutes	60 minutes	80 minutes	100 minutes
Minimum rest time between matches	N/A	Duration of one [1] match	Duration of one [1] match	Duration of one [1] match	Duration of one [1] match
Maximum goal size	Pop-up goals 3ft (0.91m) x 5ft (1.52m)	Pop-up goals 3ft (0.91m) x 5ft (1.52m)	5ft (1.52m) x 8ft (2.44m)	6ft (1.83m) x 16ft (4.88m)	6ft (1.83m) x 18ft (5.49m)
Field size	N/A	Width: 18-22m Length: 25-30m	Width: 25-30m Length: 30-36m	Width: 30-36m Length: 40-55m	9v9 Width: 42-55m Length: 60-75m 11v11 Width: 45-90m Length: 90-120m
Ball size	3	3	3 or 4 (or 4 super light)	4 (or 5 light)	9v9: 4 (or 5 light) 11v11: 5 (or 5 light)
Number of memorable events (maximum)	N/A	N/A	Two (2) per year	Two (2) per year	Four (4) per year <i>*One (1) event may be overseas</i>
Referee or Game Leader	N/A	Game Leader	Game Leader or Referee	Game Leader or Referee	Referee
Restarts from Sidelines	N/A	Pass in or dribble in	Pass in or dribble in	Pass in or dribble in	Throw-in

GRASSROOTS
STANDARDS –
CANADA
SOCCER
ASSOCIATION

canadasoccer.com

TEAM PERSONEL

- ▶ HEAD COACH
- ▶ CO-COACHES
- ▶ GAME LEADERS (U7, U9)
- ▶ ASSISTANT COACH
- ▶ TEAM MANAGER
- ▶ FIELD MARSHALS (U11 and up)

- ▶ TEAM TREASURER
- ▶ TRAINER/FIRST AID
- ▶ GENDER REPRESENTATIVE/BENCH PARENT



U7-U9 Zone Development League Game Format

To: U7D – U9D Coaches

From: SYSI Office

Re: Game Format & Breakdown

Dear Coaches,

Please be advised that all Under-7 & Under-9 games will be played in a festival format for the Outdoor 2023 season. Please see below for the format and breakdown of the hour time slot.

Zone U7-U9 Development League Game Format:

- Under-7 & Under-9 D-League teams will be playing a festival format
- There will be 2 games per night.
- Game Set-up
 - Teams will set up equipment (cones and nets as needed) for their first game of the evening, leave their equipment in place for the second game, and come back to collect the equipment after the conclusion of the second game.

Breakdown of the hour time slot:

- 5-minute warm up
- Game 1: 25-minute game; 2 x 12-minute halves with a 1-minute half time
- Field switch (5 minutes)
- Game 2: 25-minute game: 2 x 12-minute halves with a 1-minute half time

U7 & U9 Outdoor
Game Format

saskatoonyouthsocce
r.ca

LEAGUE INFORMATION –

To CANCEL a GAME:

U7 & U9

- Notify the other teams' coaches via email, found on saskatoonyouthsoccer.ca
- NO MAKEUP GAME WILL BE SCHEDULED

U11 & Up

- IN ADVANCE: Complete the Online form at [SYSI Rescheduling Form Survey \(surveymonkey.com\)](https://www.surveymonkey.com) and submit the associated fee to SYSI
- LAST MINUTE: Contact the Other Team and SYSI Office ASAP info@saskatoonyouthsoccer.ca
- “No show” teams will forfeit and potential face fines from the league so just let someone know!

LEAGUE INFORMATION –

Extreme Weather:

Coaches will be notified of any decisions about game cancellations made by SYSI by email by 4pm. After that it's up to Coaches and Referees discretion.

Cold

- ▶ Less than 0C – limit time outdoors or cancel if precipitation

Rain

- ▶ Play on *unless* **THUNDER or LIGHTNING**, then you must wait somewhere safe for 30 min to continue play

Heat

- ▶ 25-29°C: allow extra water breaks in each half
- ▶ 30-39°C: allow extra water breaks, referee can elect to reduce duration of match
- ▶ Referees and Game Leaders have FINAL say on game cancellation decisions.

REGISTERING IN RAMP AS A COACH/STAFF MEMBER

Saskatoon United Soccer Club

 Pay Outstanding Balances
\$75.00 Balance Owing >>

 Participant
Register as a Participant >>

 Coach/Staff Registration
Register as a Coach or Staff Member >>

 Clinic Registration
Search & Register to Clinics >>

 Available Participant Packages
See all available participant packages >>



1. LOG IN AS YOU DID WHEN YOU REGISTERED YOUR PLAYER FOR THE SEASON
2. CHOOSE COACH/ STAFF REGISTRATION
3. *Date of Criminal Record Check will be required to register*
4. ADMIN WILL ASSIGN YOU TO YOUR TEAM

SYSI Permit Player Rules

League Permit Grid:

Age Group	Eligible to permit from:					
U11 Alliance A	U11 Alliance B	U9 Development	U9 Community	U11 City League		
U13 Alliance A	U13 Alliance B	U11 Alliance A	U11 Alliance B	U13 City League	U11 City League	
U15 Alliance A	U15 Alliance B	U13 Alliance A	U13 Alliance B	U15 City League	U13 City League	
U17 Alliance A	U17 Alliance B	U15 Alliance A	U15 Alliance B	U17 City League	U15 City League	
U19 Alliance A	U19 Alliance B	U17 Alliance A	U17 Alliance B	U19 City League	U17 City League	
U11 Alliance B	U9 Development	U9 Community	U11 City League			
U13 Alliance B	U11 Alliance A	U11 Alliance B	U13 City League	U11 City League		
U15 Alliance B	U13 Alliance A	U13 Alliance B	U15 City League	U13 City League		
U17 Alliance B	U15 Alliance A	U15 Alliance B	U17 City League	U15 City League		
U19 Alliance B	U17 Alliance A	U17 Alliance B	U19 City League	U19 City League		
U11 City League	U9 Community	U9 Development				
U13 City League	U11 City League					
U15 City League	U13 City League					
U17 City League	U15 City League					
U19 City League	U17 City League					

Note: A City League player may only permit to the Alliance League a total of three (3) times within a season.

Gamesheets – U11 & Up

▶ Games @ Soccer Center -

- ▶ Gamesheets will be available for the HOME TEAM to collect at the SOUTH ENTRANCE. Pick them up and your dressing room key at the front desk.

▶ Games @ Grass Fields-

Gamesheets must be printed and brought by the HOME TEAM to the game. Both TEAMS should take a photo of the completed gamesheet. The Referee is responsible for submitting this to SYSI.

Take a PHOTO of your GAMESHEETS!

It is strongly recommended that BOTH teams take a photo of the gamesheet at the conclusion of the game before the Referee takes it.

U11 & Up: Game sheets & Field Marshals

Soccer Association Date: Jul 04, 2022 Game Time: 8:00 AM Field: Kinsmen Turf Field Game Number: Category: Outdoor League Test Division

HOME TEAM: Aurora Test						Final Score
HOME TEAM ROSTER						2
JERSEY #	NAME (First & Last)	Goals	C/D	Code	MVP	
32	Char Adamus					
33	Mukasa Bagonluri					
34	Simon Chambers					
35	Jason Cochran					
36	Ryan Deptuch					
37	Steve Eaton					
38	Colin Fong					
39	Breanne Fraser					
40	Alex Hein GK					
41	Mark Laxdal					
42	Chris Rhodes					
43	Alun Roberts					
44	Mark Schramm					
45	Cory Yuen					
46	James Zimmer					
Head Coach	Percy Hoff					
Manager	Rachelle Lockwood					
Assistant Coach	Huw Morris					
FM	George Bland					
01	Kevin Brown (P)					
Team Fair Play Points						Mark 1
10 being best - To be completed by referee						

MATCH OFFICIALS					
REFEREE (Print)					
Assistant REFEREE (Print)					
Assistant REFEREE (Print)					
Fourth Official (Print)					
REFEREE'S SIGNATURE					
Official comments (including field conditions)					

VISITOR TEAM: Lakewood Test						Final Score
VISITOR TEAM ROSTER						1
JERSEY #	NAME (First & Last)	Goals	C/D	Code	MVP	
20	Arielle Benesh					
21	Leon Bourner					
22	Elias Calabria					
23	Thomas Diegel					
24	Marty Hoehn					
25	Dan Kelly					
26	Hope Kwan					
27	Len Lewko					
28	Tim Mangan					
29	Mark Millard GK					
30	Lewis Oteruelo					
31	Ally Schneider					
32	Chris Todd					
33	Dan Weber					
34	Jim Wong (injured)					
Assistant Coach	Dave Suter					
Head Coach	Mike Gramiak					
Manager	Dean Stanzel					
FM	Bara O'Sullivan					
23	Wamitha Goro (P)					
26	Adelle Banderet					
Team Fair Play Points						Mark 2
10 being best - To be completed by referee						Mark 3

**ABSENT
PLAYER
CROSSED
OFF**

**PERMIT
PLAYER
MARKED
WITH (P)**

**INJURED
PLAYER
(should be
WEARING
JERSEY)**

**FIELD
MARSHAL
SEATED WITH
YOUR
SPECTATORS**

**SIGNED BY A
REGISTERED
STAFF
MEMBER**

PLEASE CHECK IF ATTACHING A DISMISSAL REPORT

Dismissal

Caution codes: 1. Unsporting behavior 2. Dissent by word or action 3. Persistent infringement of the laws of the game 4. Delaying the restart of play 5. Failure to respect the required distance 6. Entering or re-entering the field of play without the referee's permission. 7. Deliberately leaving the field of play without the referee's permission.

FIELD MARSHAL PROGRAM U11-U19

Without the
officials, we
can't play.

- ▶ **ALL U11-U19 SYSI league play must designate an individual at each game to act as a Field Marshall (FM).**
- ▶ **FM: one individual from your team's spectators to speak up on behalf of the referee among their fellow parents/spectators.**
- ▶ **FM: must be named on the team's game sheet.**
- ▶ **Teams will be fined by SYSI if they do not list their FM on the game sheet**

SEASON PREP:

Start with a Team Meeting

- **Connect:** Hold a brief meeting with Parents & Caregivers to meet everyone
- **Schedules:** always available via Team RAMP App or www.susc.ca
- **Uniforms:** contact Soccer Locker for any issues
- **Discuss:**
 - ✓ Season expectations & League Rules
 - ✓ Tournaments? Staying Local or Out-of-Town?
 - ✓ If yes, will you be Fundraising?

ZONE INFORMATION – Practice makes perfect.

- Connect with other Teams: SUSC teams are encouraged to pair up for practices and work with other coaches.

- Technical Coverage:

- Min. 48-hours notice is required.
- Coverage is not guaranteed as all Tech Coaches are Volunteer Coaches as well.
- Fees may be charged to teams for coverage at games, training, and tournaments.

U7 – U9, U11 Alliance

- ▶ Skills Center Sessions on Sundays;
- ▶ Additional team sessions weekly.

U13 – U19 Alliance

- ▶ Training @ Newsham on Sundays;
- ▶ Additional team sessions weekly.

U11 – U15 City

- ▶ Optional Training @ Scott Park on Wednesdays;
- ▶ Option to join Player and/or Goalkeeper Academies ~players must register individually.

ZONE INFORMATION – Practice makes perfect.

Canada Soccer Practice Guides:

Coach Curriculums on DropBox:

Active Start U7-U9 Drills

https://www.dropbox.com/s/79vpwck95n8pr29/Community_Stream_PSP_Active_Start_%5B9939%5D.pdf?dl=0

Fundamentals U9-U11 Drills

https://www.dropbox.com/s/5dwo03sji66mvzw/Community_Stream_PSP_Fundamentals_%5B9940%5D.pdf?dl=0

Learn to Train U11-U13 Drills

https://www.dropbox.com/s/wkrxsrvvbg7g0nj/Community_Stream_PSP_Learn_to_Train_%5B9941%5D.pdf?dl=0

Soccer for Life

https://www.dropbox.com/s/a3n6v87uxyi61pi/Community_Stream_PSP_Soccer_for_Life_%5B9942%5D.pdf?dl=0

SPECIAL PLAYER CIRCUMSTANCES...

Late Registrations

- If a player registers late, they may be added to your roster
- The technical team will assess and place the player in the appropriate league
- You will be notified by SUSC of the new player so you can contact the family
- A uniform will be available for them at Soccer Locker
- The player should appear on game sheets, if not, you will need to add their name

Dreambrokers

- This program operates through select Elementary schools within our zone.
- Provides funding, assistance with registration, and most importantly: TRANSPORTATION, usually taxi cabs.
- Staff are listed as contacts for the players to ensure that their taxi rides are coordinated properly and fees are paid
- Can pay for equipment and team fees if needed

No-show players

- If a player fails to respond to your attempts to contact the family and does not show up to SUSC soccer events, please TELL us ASAP.
- SUSC will make our best effort to contact the player to investigate why they haven't attended.
- Rosters may be adjusted if players decide not to participate in part or all of the season.

TOURNAMENTS

SUSC U13 Cup June 14-16, 2024

- Entry of U13 and U11 SUSC teams is strongly encouraged to support our club's biggest fundraiser
- Volunteerism makes our tournaments successful!

•OTHER CLUB TOURNAMENTS:

- Saskatchewan – all listed on sasksoccer.com
- Out-of-City - Player photo ID may be required
- Out-of-Province - Travel Permits required from SSA, apply early
- Collecting funds & budgeting is up to your team

• SAFE SPORT ROSTER REQUIREMENTS

- ▶ Any team participating in any tournament or festival (other than the MiniFOS), must have at least one FULL SAFE SPORT ROSTER Coach registered and present with their team on field.
- ▶ Anyone listed as a Coach or Assistant Coach for any tournament or festival must have the FULL SAFE SPORT ROSTER specific to the age group.
- ▶ Anyone MODIFIED SAFE SPORT ROSTER team staff may be registered and present with their team on field as a MANAGER or GENDER REP.
- ▶ Any non-compliance of these rules by an SUSC team could have detrimental consequences for SUSC.

SAFE SPORT ROSTER – FULL OR MODIFIED, plus optional courses

OPTIONAL

- KEEPING GIRLS IN SPORT
- COMMIT TO KIDS
- INDIGINEOUS ATHLETE MODULE

MODIFIED

- ▶ CRIMINAL RECORD CHECK – VULNERABLE SECTOR
- ▶ RESPECT IN SPORT FOR ACTIVITY LEADERS
- ▶ NCCP # FROM CANADIAN COACHES ASSOCIATION
- ▶ RAMP REGISTRATION FOR OUTDOOR SEASON
- ▶ UNDERSTANDING THE RULE OF TWO

FULL

- ▶ NCCP COURSE PART 1 – ONLINE MODULE
- ▶ NCCP COURSE PART 2 – ON-FIELD CERTIFICATION
- ▶ MAKING HEADWAY – CONCUSSION PROTOCOLS
- ▶ MAKING ETHICAL DECISIONS – COURSE & EXAM
- ▶ EMERGENCY ACTION PLANNING

TEAM CLOTHING AND UNIFORMS

▶ TEAM CLOTHING OPTIONS

- SUSC Bunnyhugs available all year round
- Soccer Locker Clothing Program
- Individual team attire
- ❖ design must be preapproved by the SUSC Board
- ❖ Logos and color codes can be provided

UNIFORMS:

SUSC POLICY STATES: All SUSC players must wear the designated kits and may NOT deviate from the issued uniform. These uniforms are to be worn during all league play and tournaments. If players do not wear the proper kit for each game and do not match the rest of the team, then there is a possibility of that team being disqualified or the game being overturned as per FIFA rules.

Resources

- Jaime Diguier, Operations Coordinator, SUSC
- Huw Morris, Technical Director, SUSC
- Cory Clapson, President, SUSC Board of Directors

- Amanda Probe, Executive Director, SYSI
- Dan Kelly, Programs Director, SYSI
- Jordan Paul, Administrative Director, SYSI

- **Saskatoon Parks map – Google My Maps**
- **OD2024 Zone Coach Package V2.pdf**

Thank you

BEST OF LUCK IN YOUR SEASON!