

# Coach Orientation Indoor 2024-25 Saskatoon United Soccer Club

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# Agenda

- ▶ INTRODUCTION
  - ▶ POLICIES
  - ▶ TEAM STAFF
  - ▶ LEAGUE INFO
  - ▶ SEASON PREP
  - ▶ TOURNAMENTS
  - ▶ TEAM CLOTHING
  - ▶ RESOURCES
- 
- ▶ **Treaty Acknowledgment:** We acknowledge we are on Treaty 6 Territory and the Homeland of the Métis. We pay our respect to the First Nations and Métis ancestors of this place and reaffirm our relationship with one another and grow our beautiful game.

# POLICIES – SAFETY IS OUR PRIORITY

## COMMIT TO KIDS

All your interactions and activities with children:

- should be known to, and approved by the board, where applicable, and the parents of the child
- tied to your duties, and
- designed to develop the child's skills in the sport program

## GENDER RULE – EXPLAINED

Canada Soccer requires an adult of the same gender as the players to be present with players. This can be a coach or any member of the team staff. If a team is made up of players who identify as more than one gender, an adult of each gender must accompany the players.

# Purpose of Rule of Two

To protect minor athletes and coaches in potentially vulnerable situations by ensuring more than one adult is present



# RULE OF TWO



## CANADA SOCCER GRASSROOTS STANDARDS

CRITERIA	ACTIVE START	FUNDAMENTALS		LEARN TO TRAIN	
	U5-U6	U7	U8-U9	U10-U11	U12-U13
Match format (maximum)	No formal matches	3v3	4v4 (no GK) or 5v5 (with GK)	7v7	9v9 [U12] 9v9 or 11v11 [U13]
Coaching qualification	Active Start + MED + RiS + Making Headway + EAP	Fundamentals + MED + RiS + Making Headway + EAP	Fundamentals + MED + RiS + Making Headway + EAP	Learn to Train + MED + RiS + Making Headway + EAP	Learn to Train + MED + RiS + Making Headway + EAP
Maximum match duration	Informal play	30 minutes	40 minutes	50 minutes	70 minutes [U12] 80 minutes [U13]
Maximum match time per player per day	N/A	60 minutes	60 minutes	80 minutes	100 minutes
Minimum rest time between matches	N/A	Duration of one [1] match	Duration of one [1] match	Duration of one [1] match	Duration of one [1] match
Maximum goal size	Pop-up goals 3ft (0.91m) x 5ft (1.52m)	Pop-up goals 3ft (0.91m) x 5ft (1.52m)	5ft (1.52m) x 8ft (2.44m)	6ft (1.83m) x 16ft (4.88m)	6ft (1.83m) x 18ft (5.49m)
Field size	N/A	Width: 18-22m Length: 25-30m	Width: 25-30m Length: 30-36m	Width: 30-36m Length: 40-55m	9v9 Width: 42-55m Length: 60-75m 11v11 Width: 45-90m Length: 90-120m
Ball size	3	3	3 or 4 (or 4 super light)	4 (or 5 light)	9v9: 4 (or 5 light) 11v11: 5 (or 5 light)
Number of memorable events (maximum)	N/A	N/A	Two (2) per year	Two (2) per year	Four (4) per year <i>*One (1) event may be overseas</i>
Referee or Game Leader	N/A	Game Leader	Game Leader or Referee	Game Leader or Referee	Referee
Restarts from Sidelines	N/A	Pass in or dribble in	Pass in or dribble in	Pass in or dribble in	Throw-in

GRASSROOTS  
STANDARDS –  
CANADA  
SOCCER  
ASSOCIATION

[canadasoccer.com](http://canadasoccer.com)

# TEAM PERSONEL

- ▶ HEAD COACH
- ▶ CO-COACHES
- ▶ GAME LEADERS (U7, U9)
- ▶ ASSISTANT COACH
- ▶ TEAM MANAGER
- ▶ FIELD MARSHALS (U11 and up)
  
- ▶ TEAM TREASURER
- ▶ TRAINER/FIRST AID
- ▶ GENDER REPRESENTATIVE/BENCH PARENT

# LEAGUE INFORMATION –

## To CANCEL a GAME:

### U7 & U9

- Notify the other teams' coaches via email, found on [saskatoonyouthsoccer.ca](http://saskatoonyouthsoccer.ca)
- NO MAKEUP GAME WILL BE SCHEDULED

### U11 & Up

- IN ADVANCE: Complete the Online form at [SYSI Rescheduling Form Survey \(surveymonkey.com\)](https://www.surveymonkey.com) and submit the associated fee to SYSI
- LAST MINUTE: Contact the Other Team and SYSI Office ASAP [info@saskatoonyouthsoccer.ca](mailto:info@saskatoonyouthsoccer.ca)
- “No show” teams will forfeit and potential face fines from the league so just let someone know!

# REGISTERING IN RAMP AS A COACH/STAFF MEMBER

## Saskatoon United Soccer Club

 Pay Outstanding Balances  
\$75.00 Balance Owing >>

 Participant  
Register as a Participant >>

 Coach/Staff Registration  
Register as a Coach or Staff Member >>

 Clinic Registration  
Search & Register to Clinics >>

 Available Participant Packages  
See all available participant packages >>



1. LOG IN AS YOU DID WHEN YOU REGISTERED YOUR PLAYER FOR THE SEASON
2. CHOOSE COACH/ STAFF REGISTRATION
3. *Date of Criminal Record Check will be required to register*
4. ADMIN WILL ASSIGN YOU TO YOUR TEAM



# SYSI Permit Player Rules

## League Permit Grid:

Age Group	Eligible to permit from:					
U11 Alliance A	U11 Alliance B	U9 Development	U9 Community	U11 City League		
U13 Alliance A	U13 Alliance B	U11 Alliance A	U11 Alliance B	U13 City League	U11 City League	
U15 Alliance A	U15 Alliance B	U13 Alliance A	U13 Alliance B	U15 City League	U13 City League	
U17 Alliance A	U17 Alliance B	U15 Alliance A	U15 Alliance B	U17 City League	U15 City League	
U19 Alliance A	U19 Alliance B	U17 Alliance A	U17 Alliance B	U19 City League	U17 City League	
U11 Alliance B	U9 Development	U9 Community	U11 City League			
U13 Alliance B	U11 Alliance A	U11 Alliance B	U13 City League	U11 City League		
U15 Alliance B	U13 Alliance A	U13 Alliance B	U15 City League	U13 City League		
U17 Alliance B	U15 Alliance A	U15 Alliance B	U17 City League	U15 City League		
U19 Alliance B	U17 Alliance A	U17 Alliance B	U19 City League	U19 City League		
U11 City League	U9 Community	U9 Development				
U13 City League	U11 City League					
U15 City League	U13 City League					
U17 City League	U15 City League					
U19 City League	U17 City League					

Note: A City League player may only permit to the Alliance League a total of three (3) times within a season.

# Gamesheets – U11 & Up

## ▶ Games @ Soccer Center -

- ▶ Gamesheets will be available for the HOME TEAM to collect, fill out, then pass to the VISITOR TEAM. Pick them up and your dressing room key at the front desk.

## ▶ Take a PHOTO of your GAMESHEETS!

It is strongly recommended that BOTH teams take a photo of the gamesheet at the conclusion of the game before the Referee takes it.

# U11 & Up: Game sheets & Field Marshals

**SOCCER ASSOCIATION** Date: Jul 04, 2022 Game Time: 8:00 AM Field: Kinsmen Turf Field Game Number: Category: Outdoor League Test Division

HOME TEAM: Aurora Test						Final Score
HOME TEAM ROSTER						2
JERSEY #	NAME (First & Last)	Goals	C/D	Code	MVP	
2	Char Adamus					
3	Mukasa Bagonluri					
4	Simon Chambers					
5	Jascon Cochran					
6	<del>Ryan Deputch</del>					
7	<del>Steve Furt</del>					
8	Colin Fong					
9	Breanne Fraser					
10	Alex Hein GK					
11	Mark Laxdal					
12	Chris Rhodes					
13	Alun Roberts					
14	Mark Schramm					
15	Cory Yuen					
16	James Zimmer					
Head Coach	Percy Hoff					
Manager	Rachelle Lockwood					
Assistant Coach	Huw Morris					
17	George Blain					
18	Kevin Brown (P)					
Team Fair Play Points						Mark 1
10 being best - To be completed by referee						

MATCH OFFICIALS					
REFEREE (Print)					
Assistant REFEREE (Print)					
Assistant REFEREE (Print)					
Fourth Official (Print)					
REFEREE'S SIGNATURE					
Official comments (including field conditions)					

VISITOR TEAM: Lakewood Test						Final Score
VISITOR TEAM ROSTER						1
JERSEY #	NAME (First & Last)	Goals	C/D	Code	MVP	
1	Arielle Benesh					
2	Leon Bourner					
3	Elias Calabria					
4	Thomas Diegel					
5	<del>Marty Hoehn</del>					
6	Dan Kelly					
7	Hope Kwan					
8	Len Lewko					
9	Tim Mangan					
10	Mark Millard GK					
11	Lewis Oteruelo					
12	Ally Schneider					
13	Chris Todd					
14	Den Weber					
15	Jim Wong (injured)					
Assistant Coach	Dave Suter					
Head Coach	Mike Gramiak					
Manager	Dean Stanzel					
16	Paras Patel					
17	Wamitha Gopal (P)					
18	Adelle Banderet					
Team Fair Play Points						Mark 2
10 being best - To be completed by referee						Mark 3

**ABSENT  
PLAYER  
CROSSED  
OFF**

**INJURED  
PLAYER  
(should be  
WEARING  
JERSEY)**

**PERMIT  
PLAYER  
MARKED  
WITH (P)**

**FIELD  
MARSHAL  
SEATED WITH  
YOUR  
SPECTATORS**

**SIGNED BY A  
REGISTERED  
STAFF  
MEMBER**

PLEASE CHECK IF ATTACHING A DISMISSAL REPORT

Dismissal

Caution codes: 1. Unsporting behavior 2. Dissent by word or action 3. Persistent infringement of the laws of the game 4. Delaying the restart of play 5. Failure to respect the required distance 6. Entering or re-entering the field of play without the referee's permission. 7. Deliberately leaving the field of play without the referee's permission.

# FIELD MARSHAL PROGRAM U11-U19

Without the  
officials, we  
can't play.

- ▶ ALL U11-U19 SYSI league play must designate an individual at each game to act as a Field Marshall (FM).
- ▶ FM: one individual from your team's spectators to speak up on behalf of the referee among their fellow parents/spectators.
- ▶ FM: must be named on the team's game sheet.
- ▶ Teams will be fined by SYSI if they do not list their FM on the game sheet

# SEASON PREP:

## Start with a Team Meeting

- **Connect:** Hold a brief meeting with Parents & Caregivers to meet everyone
- **Schedules:** always available via Team RAMP App or [www.susc.ca](http://www.susc.ca)
- **Uniforms:** contact Soccer Locker for any issues
- **Discuss:**
  - ✓ Season expectations & League Rules
  - ✓ Tournaments? Staying Local or Out-of-Town?
  - ✓ If yes, will you be Fundraising?

# ZONE INFORMATION – Practice makes perfect.

- Connect with other Teams: SUSC teams are encouraged to pair up for practices and work with the other coaches.

- **If you must CANCEL with less than 48-hours notice, you MUST CANCEL your OWN PRACTICE and NOTIFY PLAYERS.**

- Technical Coverage:
- To Request Coverage (more than 48-hours notice) contact [techdirector@susc.ca](mailto:techdirector@susc.ca) with all details (date, time, location, team).
- Coverage is not guaranteed as all Tech Coaches are Volunteer Coaches as well.
- Fees may be charged to teams for coverage at games, training, and tournaments.

# ZONE INFORMATION – Practice makes perfect.

## Canada Soccer Practice Guides:

Coach Curriculums on DropBox:

Active Start U7-U9 Drills

[https://www.dropbox.com/s/79vpwck95n8pr29/Community\\_Stream\\_PSP\\_Active\\_Start\\_%5B9939%5D.pdf?dl=0](https://www.dropbox.com/s/79vpwck95n8pr29/Community_Stream_PSP_Active_Start_%5B9939%5D.pdf?dl=0)

Fundamentals U9-U11 Drills

[https://www.dropbox.com/s/5dwo03sji66mvzw/Community\\_Stream\\_PSP\\_Fundamentals\\_%5B9940%5D.pdf?dl=0](https://www.dropbox.com/s/5dwo03sji66mvzw/Community_Stream_PSP_Fundamentals_%5B9940%5D.pdf?dl=0)

Learn to Train U11-U13 Drills

[https://www.dropbox.com/s/wkrxsrvvbg7g0nj/Community\\_Stream\\_PSP\\_Learn\\_to\\_Train\\_%5B9941%5D.pdf?dl=0](https://www.dropbox.com/s/wkrxsrvvbg7g0nj/Community_Stream_PSP_Learn_to_Train_%5B9941%5D.pdf?dl=0)

Soccer for Life

[https://www.dropbox.com/s/a3n6v87uxyi61pi/Community\\_Stream\\_PSP\\_Soccer\\_for\\_Life\\_%5B9942%5D.pdf?dl=0](https://www.dropbox.com/s/a3n6v87uxyi61pi/Community_Stream_PSP_Soccer_for_Life_%5B9942%5D.pdf?dl=0)

# SPECIAL PLAYER CIRCUMSTANCES...

## Late Registrations

- If a player registers late, they may be added to your roster
- The technical team will assess and place the player in the appropriate league
- You will be notified by SUSC of the new player so you can contact the family
- A uniform will be available for them at Soccer Locker
- The player should appear on game sheets, if not, you will need to add their name

## Dreambrokers

- This program operates through select Elementary schools within our zone.
- Provides funding, assistance with registration, and most importantly: TRANSPORTATION, usually taxi cabs.
- Staff are listed as contacts for the players to ensure that their taxi rides are coordinated properly and fees are paid
- Can pay for equipment and team fees if needed

## No-show players

- If a player fails to respond to your attempts to contact the family and does not show up to SUSC soccer events, please TELL us ASAP.
- SUSC will make our best effort to contact the player to investigate why they haven't attended.
- Rosters may be adjusted if players decide not to participate in part or all of the season.



# TOURNAMENTS

- SAFE SPORT ROSTER REQUIREMENTS

- ▶ Any team participating in any tournament or festival (other than the MiniFOS), must have at least one FULL SAFE SPORT ROSTER Coach registered and present with their team on field.
- ▶ Anyone listed as a Coach or Assistant Coach for any tournament or festival must have the FULL SAFE SPORT ROSTER specific to the age group.

Anyone MODIFIED SAFE SPORT ROSTER team staff may be registered and present with their team on field as a MANAGER or GENDER REP.

Any non-compliance of these rules by an SUSC team could have detrimental consequences for SUSC.

# TOURNAMENTS

- ▶ SUSC Annual Indoor Tournament, Feb 14-17, 2025
  - Entry of SUSC teams is strongly encouraged to support our club's biggest fundraiser
  - Volunteerism makes our tournaments successful!
- OTHER CLUB TOURNAMENTS:
  - PAYSA – Melba Jenkins Cup Nov 8-11, 2024 (U9-U13)
  - Saskatchewan – all listed on [sasksoccer.com](http://sasksoccer.com)
  - Out-of-City - Player photo ID may be required
  - Out-of-Province - Travel Permits required from SSA, apply early
  - Collecting funds & budgeting is up to your team

# SAFE SPORT ROSTER – FULL OR MODIFIED, plus optional courses

## OPTIONAL

- KEEPING GIRLS IN SPORT
- COMMIT TO KIDS
- INDIGINEOUS ATHLETE MODULE

## MODIFIED

- ▶ CRIMINAL RECORD CHECK – VULNERABLE SECTOR
- ▶ RESPECT IN SPORT FOR ACTIVITY LEADERS
- ▶ NCCP # FROM CANADIAN COACHES ASSOCIATION
- ▶ RAMP REGISTRATION FOR INDOOR SEASON
- ▶ UNDERSTANDING THE RULE OF TWO

## FULL

- ▶ NCCP COURSE PART 1 – ONLINE MODULE
- ▶ NCCP COURSE PART 2 – ON-FIELD CERTIFICATION
- ▶ MAKING HEADWAY – CONCUSSION PROTOCOLS
- ▶ MAKING ETHICAL DECISIONS – COURSE & EXAM
- ▶ EMERGENCY ACTION PLANNING

# TEAM CLOTHING AND UNIFORMS

## ▶ TEAM CLOTHING OPTIONS

- SUSC Bunnyhugs available all year round
- Soccer Locker Clothing Program
- Individual team attire
- ❖ design must be preapproved by the SUSC Board
- ❖ Logos and color codes can be provided

## UNIFORMS:

**SUSC POLICY STATES: All SUSC players must wear the designated kits and may NOT deviate from the issued uniform. These uniforms are to be worn during all league play and tournaments. If players do not wear the proper kit for each game and do not match the rest of the team, then there is a possibility of that team being disqualified or the game being overturned as per FIFA rules.**

# Resources

- Jaime Diguier, Operations Coordinator, SUSC
- Huw Morris, Technical Director, SUSC
- Adele Bandet, Director of Coach and Player Development
- Cory Clapson, President, SUSC Board of Directors

SUSC Technical Coaches: Allen, Dee, Don, James, Morgan, Michele, George

SUSC Jr Coaches: Kali, Lexie, Katelyn, Rose, Miel, Tyrese, Sonny

- Amanda Probe, Executive Director, SYSI
- Ian Knight, Technical Lead Director, SYSI
- Jordan Paul, Administrative Director, SYSI

Thank you

BEST OF LUCK IN YOUR SEASON!