

# Safe Sport 2025-2026

Saskatoon Water Polo Club Meeting, October 2025

# Agenda

- 1. Introduction
- 2. Liability and Insurance
- 3. Anti-doping
- 4. Safe play and Injury prevention
- 5. Harassment
- 6. Social Media Behaviour
- 7. Under water contact

## 1. Introduction + what is Safe Sport:

- Safe Sport addresses the safety off all water polo participants inside and outside the pool during all our activities.
- ▶ It includes physical and verbal harassment, safe play, injury prevention, antidoping, and any other safety related component.

# 2. Liability and Insurance

- If an incident occur, Insurance will cover cost of Legal Fees and eventual Fine if
  - ► Safe Sport Policies are set
    - Safe Sport Manual on WPS Website
  - Screening and training of identified members is done:
    - Criminal Check and screening form
    - Respect in Sport
    - ▶ WPS does for WPS staff and coaches in its events
    - Clubs must do it for their own staff
  - ▶ Safe Sport prevention is annually done
    - WPS does it to its clubs' members and staff
    - Each club is responsible to bring this prevention down to all its members (athletes and parents)

# 2. Anti-doping:

Refer to WPC website: Water Polo Canada: Website by RAMP InterActive

Concerns mostly National Team athletes who should ask their doctors to verify medicines they prescribe are not in the antidoping list.

# 3. Safe play and Injury prevention:

- Game and practice safe play: water polo is a physical game BUT there are rules of play to support player safety. Coaches and referees help ensure the safety of athletes.
- ► Coaches address athletes who do not respect rules, especially rules regarding safety. Misbehaviour should be corrected using educational tools but also sanctions when indicated by policies.
- Injury prevention is very important for our coaches:
  - ▶ Athletes will receive education/training to prevent injuries
  - ▶ Injuries will be identified quickly
  - ▶ Injured athletes will be referred to a professional and return to train as permitted
  - ▶ Communication among coaches, athletes and parents is KEY.
- Helmet for goalies to wear at practice is strongly recommended.
- Concussion training (i.e., Making Headways) for Coaches is mandatory for NCL coaches and players, we strongly recommended all other coaches and parents to take the course too.

#### 4. Harassment:

- The Code of Conduct is signed by ALL members and parents as well as the Code of Ethics:
- Reminder of important points:
  - Rule of two
  - Background screening
  - ▶ Ethics training for coaches and all participants (e.g., Respect in Sport Training)
- IDENTIFY harassment is key:
  - ▶ By coaches, other athletes AND parents
  - Parents should help identify if their kids have been harassed BUT also if have contributed to harassment.
  - Additional work ask to parents to prevent Bullies
- Duty to Report: where/how/to who?
  - ► To: wpsask.ca (link on front page)
  - ▶ Independent 3<sup>rd</sup> part for the "triage" of complaints
  - Duty to Report using the link above. Maltreatment signs are listed on the code of conduct and ethic
- Treatment of a Report / complaint:
  - ▶ Third Party "ITP Sport" to receive complaint online
  - ▶ Non maltreatment issues will be re-orientated to the proper channel
  - ▶ All complaint will be treated following policies (can be found on wpsask.ca)

# 5. Social Media Behaviour:

- > This a very BIG concern of today
- Everybody must be careful on what they post: the Codes of Conduct and Ethics can apply on social media.
- ➤ Harassment on social media can be very hard to avoid, and when happening, it is very hard to stop, identify the harasser(s) and sanction them before harm occurs.
- Athletes/coaches/staff must set all Privacy controls to the maximum level of security.
- Even with privacy controls, everyone should keep in mind that what is posted online is not under their control anymore; online content can be stolen and shared to anybody.

### 6. Under water contact

#### Landscape:

▶ Deep water and not natural environment, contact, swim suit

#### Acceptable contact

- Permitted by the spirit of the sport which means to take a positional advantage in regard of the water Ball, defensively and offensive.
- ▶ With any part of the body except the neck, head and genital area
- The contact must have for unique goal to take a positional advantage in regard of the ball to defend or attack during the game
- ▶ Grabbing the suit is sometimes not sanctioned at higher levels, although it is technically against the rules
- ▶ It excludes contact with the goal of hurting the other player

#### Not acceptable contact

- Any contact toward genitals.
- Any contact with the goal to hurt the other player
- ▶ Any contact with the goal to harass: must be reported immediately
- ▶ Players using not acceptable contact must know that they will be sanctioned following policy if this contact is confirmed.

#### Accidental contact

- Players are working for a positional advantage and does not have the intention of hurting or harassing another player.
- ► Accidental contact occurs at all levels
- ▶ Sometimes accidental contact is misperceived as intentional.
- Accidental or not, the player who received the contact must still report it immediately to the coach, parents, referee or any other support.
- The player that made the "accidental contact" should, if they notice it, should acknowledge the unintentional contact to the opponent by <u>apologizing</u>, as well as informing their coach and the referee.