

# U11 ALLIANCE ACADEMY

To: SYSI Parent and/or Player

From: Saskatoon Alliance Committee

Date: Jul 5, 2022 (Revised Aug 22)

Re: U11 Alliance Academy Overview



## About the Alliance Academy:

The Alliance Academy was designed to provide a high-quality supplementary training schedule synchronized with regular league games and Zone training programs. The training is available to players in the Under 11 to Under 19 age groups, who are registered with a zone and playing on a team in the Alliance League.

## Eligibility for Participation & Assessment:

To be eligible to be selected for the Alliance Academy you must:

- Be age eligible (players born in 2012 / 2013)
- Registered with Zone with Saskatoon Youth Soccer
- Participating in the Saskatoon Youth Soccer Inc. Alliance League
- No Assessment ~ %100 first come first serve

Click [here](#) to register for Indoor 2022-23 Alliance Academy

## Program Overview:

Providing a schedule synchronized with regular league games and Zone training programs, the Alliance Academy offers high quality supplementary training program, the focus is on the individual player and developing their technical and cognitive ability in a team setting. Small sided games will be used to emphasize these skills as well as to draw out decision making in individual and small team settings. Players can expect variable overload and underload scenarios (2v2, 2v1, etc.)

Training will encompass three main components throughout each session

1. Training will resemble the game
2. High contact time with the ball; and
3. It will be player centred. Our player-centric model aims at increasing the players' confidence along with competence and character.

## Training Dates:

### U11 Girls: Tuesday

- Nov 1, 8, 15, 22, 29; Dec 6, 13, 20; Jan 10, 17, 24, 31; Feb 7, 14, 28; Mar 7

### U11 Boys: Wednesday

- Nov 2, 9, 16, 23, 30; Dec 7, 14, 21; Jan 11, 18, 25; Feb 1, 8, 15; Mar 1, 8;

**Training Times:** 4:00 PM - 5:15 PM

**Location:** Saskatoon Sports Centre (150 Nelson Rd)

**Alliance Invitational:** Fri Jan 20 – Sun Jan 22, 2023 (3 games)

**Cost:** \$335.00 & \$40 training kit, \$375 total (\$18.75/sessions); Any additional fees, i.e., team travel, tournaments, over and above the player registration fee required will be coordinated by the team. Please note there is potential \$30 max per player for Alliance Invitational.