

# U13 ALLIANCE ACADEMY

To: SYSI Parent and/or Player

From: Saskatoon Alliance Committee

Date: Jul 5, 2022 (Revised Aug 22)

Re: U13 Alliance Academy Overview



## About the Alliance Academy:

The Alliance Academy was designed to provide a high-quality supplementary training schedule synchronized with regular league games and Zone training programs. The training is available to players in the Under 11 to Under 19 age groups, who are registered with a zone and playing on a team in the Alliance League.

## Eligibility for Participation & Assessment:

To be eligible to be selected for the Alliance Academy you must:

- Be age eligible (players born in 2010 / 2011)
- Registered with Zone with Saskatoon Youth Soccer
- Participating in the Saskatoon Youth Soccer Inc. Alliance League
- **No Assessment** ~ 60% first come first serve (12 spots) and 40% reserved for those recommended by their zone (8 spots)

Click [here](#) to register for Indoor 2022-23 Alliance Academy

## Program Overview:

Providing a schedule synchronized with regular league games and Zone training programs, the Alliance Academy offers high quality supplementary training program, athletes can expect an emphasis on playing within a team setting in small sided games, as well as an introduction to tactical team concepts within the four moments of the game (attacking, defending, and attacking and defending transitions). Players will be introduced to all positional concepts to aid their development, becoming a more versatile player.

Training will encompass three main components throughout each session

1. Training will resemble the game
2. High contact time with the ball; and
3. It will be player centred. Our player-centric model aims at increasing the players' confidence along with competence and character.

## Training Dates:

### U13 Girls: Thursday

- Nov 3, 10, 17, 24; Dec 1, 8, 15, 22; Jan 12, 19, 26; Feb 2, 9, 16; Mar 2, 9, 16;

### U13 Boys: Monday

- Nov 7, 14, 21, 28; Dec 5, 12, 19; Jan 9, 16, 23, 30; Feb 6, 13, 27; Mar 6, 13, 20;

**Goalkeeper Sessions:** 8 sessions (dates TBA)

**Training Times:** 4:00 PM - 5:15 PM

**Location:** Saskatoon Sports Centre (150 Nelson Rd)

**Alliance Invitational:** Fri Jan 20 – Sun Jan 22, 2023 (3 games)

**Cost:** \$355.00 & \$40 training kit, \$395.00 total (\$18.81/sessions); Any additional fees, i.e., team travel, tournaments, over and above the player registration fee required will be coordinated by the team. Please note there is potential \$50 max per player for Alliance Invitational.