

U17G – U19G ALLIANCE ACADEMY

To: SYSI Parent and/or Player

From: Saskatoon Alliance Committee

Date: Jul 5, 2022 (Revised Sept 26, 2022)

Re: U17G – U19G Alliance Academy Overview



About the Alliance Academy:

The Alliance Academy was designed to provide a high-quality supplementary training schedule synchronized with regular league games and Zone training programs. The training is available to players in the Under 11 to Under 19 age groups, registered with a zone and playing on a team in the Alliance League.

Eligibility for Participation & Assessment:

To be eligible to be selected for the Alliance Academy, you must:

- Be age-eligible (players born in 2004 / 2005 / 2006 / 2007)
- Registered with Zone with Saskatoon Youth Soccer
- Participating in the Saskatoon Youth Soccer Inc. Alliance League

Program Overview:

Providing a schedule synchronized with regular league games and Zone training programs, the Alliance Academy offers high-quality supplementary training programs; athletes can expect further tactical specialization within a team setting. Athletes will also be exposed to all positional concepts to increase their tactical and positional awareness while learning advanced positional expectations and specialization. Players can expect small-sided games and as well as functional game scenarios to improve the quality and depth of their game. Training will encompass three primary components throughout each session:

1. Training will resemble the game;
2. High contact time with the ball; and
3. Training will be player centred.

Training Dates:

U17-U19 Girls: Wednesday

- Nov 2, 9, 16, 23, 30; Dec 7, 14, 21; Jan 11, 18, 25; Feb 1, 8, 15; Mar 1, 8, 15;

Goalkeeper Sessions: 8 sessions (dates TBA)

Training Times: 4:00 PM - 5:15 PM

Location: Saskatoon Sports Centre (150 Nelson Rd)

Additional Programming offerings:

- Alliance Invitational Weekend (Jan 20 – 22, 2023) – min 3 games
- Guest presentations
- Once a month training with sport science group*
- A minimum of two Showcase Events/Tournaments*
- Friendly Exhibition Matches*
- U17 PSL preparation & U19 preparation for post-secondary

*Additional fees will apply to tournament/showcase events, friendly matches, travel, and sport science sessions.

Cost: \$355.00 & \$40.00 training kit, \$395.00 total (\$18.81/session); Please note there is potential \$50 max per player for Alliance Invitational and \$30 of additional fees max per player.