

SASKATOON YOUTH SOCCER INC.



2022-23 INDOOR SEASON COMMUNITY COACH PACKAGE U5 – U9

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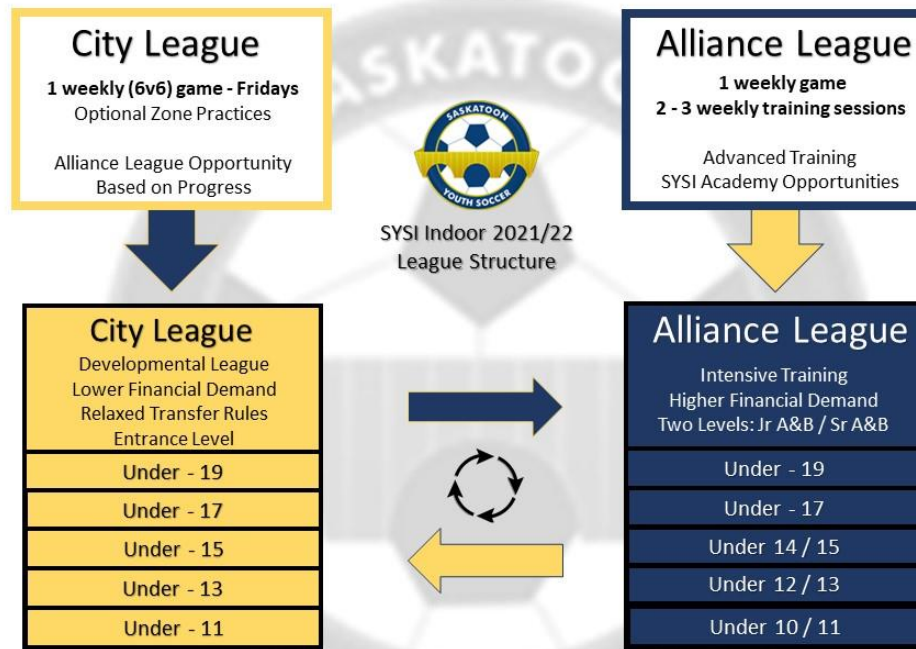
IMPORTANT DATES

DATE & TIME	DESCRIPTION	LOCATION
Mon Sept 26, 4:30 PM	Community Coach Packages & Schedules – Available Online	www.saskatoonyouthsoccer.ca
Wed Sept 28, 7:45 PM	Community Coach Night (All U5, U7 & U9 Coaches)	Online Meeting ID: 826 3059 9475 Password: 706779
Wed Oct 5, midnight	Coach Clinic registration & online theory completion deadline	www.saskatoonyouthsoccer.ca
Thurs Oct 6, 6:00 PM – 10:00 PM	Make Ethical Decisions: Register Here	Online
Wed Oct 12, 6:00 PM – 10:00 PM	Make Ethical Decisions: Register Here	Online – SYSL Coaches Free
Fri Oct 14, 5:30 PM – 8:30 PM	Coach Clinic: Active Start / FUNDamentals	SSC Turf Fields, 150 Nelson Rd
Wed Oct 19	Make Ethical Decisions: Register Here	Online
Sun Oct 23, 9:00 AM - 1:00 PM	Make Ethical Decisions: Register Here	Online
Sun Oct 23	Deadline: RESPECT IN SPORT for all coaching staff to complete	Online - Free
Sun Oct 23	Start of U5, U7 & U9 Community Leagues	SKHRSC, 219 Primrose Dr.
Tues Oct 25	Make Ethical Decisions: Register Here	Online
Thurs Nov 17, 6:00 PM-10:00 PM	Make Ethical Decision:	Online
Tues Nov 29, 6:00 PM - 10:00 PM	Make Ethical Decisions	Online
No League Games from Sat Dec 24, 2022 – Sat Jan 7, 2023 (Christmas holidays)		
Mon Feb 13	Entry Deadline: XSSL Mini SISCO Festival	Contact Community Coordinator
No League Games from Fri Feb 17, 2023 – Sat Feb 25, 2023 (Winter Break)		
Sat Mar 18	SSA Annual General Meeting	TBA

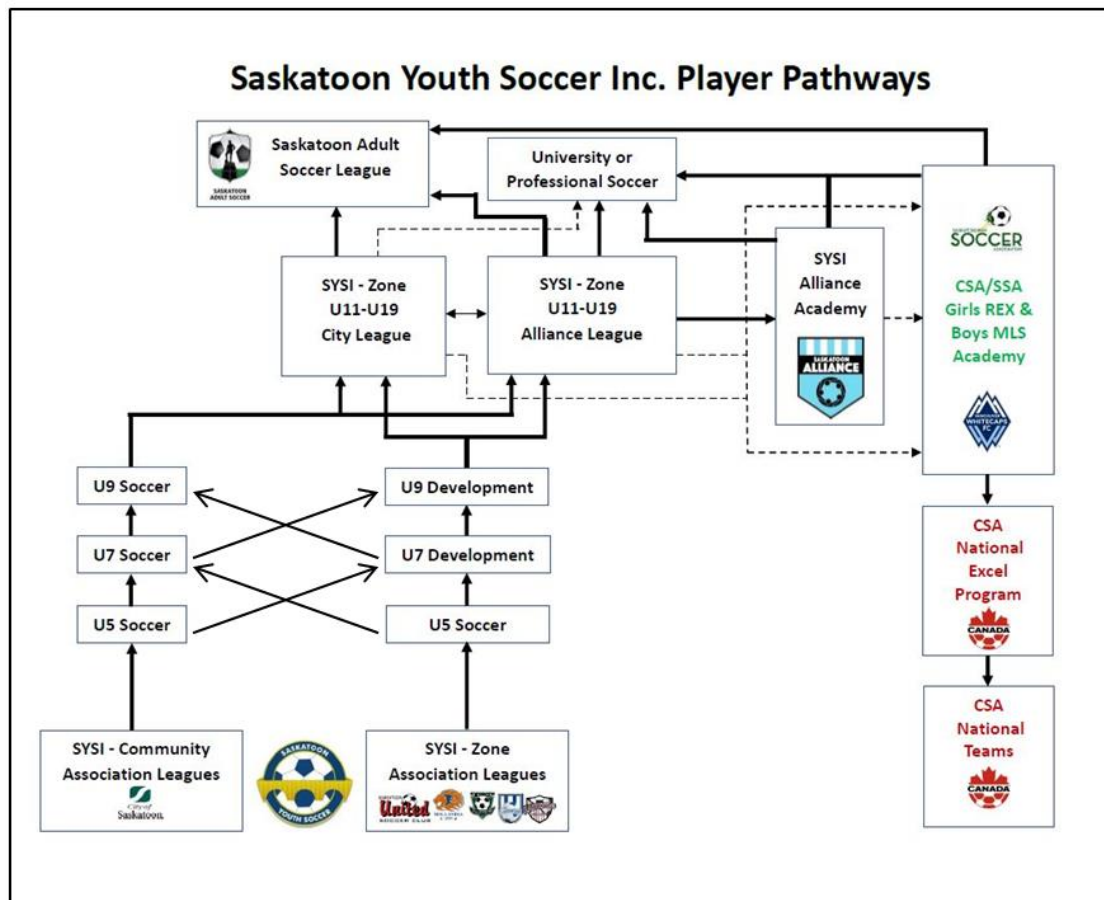
TOURNAMENT & EVENT DATES

Date / Time	Item	Location
Fri Nov 25 – Sun Nov 27	Tournament: Aurora Open Cup (U9-U19)	SSC Turf Fields, 150 Nelson Rd
Fri Dec 2 – Sun Dec 4	Tournament: Hollandia Off the Wall (U9-U19)	SKHRSC, 219 Primrose Dr
Fri Feb 3 – Sun Feb 5	Tournament: Lakewood “Just Kick It” Cup (U9-U19)	SSC Turf Fields, 150 Nelson Rd
Fri Feb 17 – Mon Feb 20	Tournament: SUSC (U9-U19)	SSC Turf Fields, 150 Nelson Rd
Fri Mar 17 – Sun Mar 19	XSSL Mini SISCO Festival (U5-U9)	SSC Turf Fields, 150 Nelson Rd

SASKATOON YOUTH SOCCER INC. LEAGUE STRUCTURE



SASKATOON YOUTH SOCCER INC. PLAYER PATHWAY



OFFICE CONTACT INFO

Hours: Monday to Friday 10:00am – 4:30pm

Website: www.saskatoonyouthsoccer.ca

Phone: (306) 975-3413

Fax: (306) 975-3416

Address: 150 Nelson Road, Saskatoon SK, S7S 1P5

E-mail: Jordan Paul Administrator
 Dan Kelly Program Coordinator
 Erin Fehr Operations Coordinator
 Amanda Probe Executive Director

info@saskatoonyouthsoccer.ca
programs@saskatoonyouthsoccer.ca
operations@saskatoonyouthsoccer.ca
executivedirector@saskatoonyouthsoccer.ca

How to Find the SYS Office:

The Saskatoon Sports Centre is located on 150 Nelson Road (off Attridge Drive) and is attached to the Centennial High School. The office is on the 2nd floor of the Saskatoon Sports Centre at the South end of the building (facing the outdoor turf fields and Attridge Drive). For best access during office hours, park across from St Joseph High School in the Saskatoon Sports Centre parking lot and enter through the doors facing the outdoor turf fields and proceed upstairs (After 5pm these doors are locked, and you will need to use the main entrance attached to the school).

REGISTRATION AGES

All Dates Are as of January 1

Community-Based Programs (Community Association handles registration, coaches, and equipment):

Born 2018	Under-5	Register with Community Association
Born 2016 / 2017	Under-7	Register with Community Association
Born 2014 / 2015	Under-9	Register with Community Association

Zone Association Programs (Zone coordinates registration, coaches, and additional player development):

Born 2016 / 2017	Under-7 D-League	Register with participating Zone Association
Born 2014 / 2015	Under-9 D-League	Register with participating Zone Association
Born 2012 / 2013	Under-11	Register with Zone of Residence
Born 2010 / 2011	Under-13	Register with Zone of Residence
Born 2008 / 2009	Under-15	Register with Zone of Residence
Born 2006 / 2007	Under-17	Register with any participating Zone
Born 2004 / 2005	Under-19	Register with any participating Zone

CANADIAN SOCCER ASSOCIATION COACHING EDUCATION PATHWAY

As the governing body for soccer in Canada the Canadian Soccer Association is responsible for training coaches from grassroots to national team level. With the increasing number of players registering with clubs across the country this represents a considerable challenge. In order to meet this challenge the Association has developed a Long Term Player Development (LTPD) Model and tailored the Coach Education Program to this Model. As a result, a two-streamed education program has been developed in conjunction with the NCCP and CSA's provincial/territorial partners to meet the needs of both developing coaches and the sport itself. The Streams through which a coach may enter and/or advance are:



TEAM PERSONNEL REQUIREMENTS

RAMP Registration: Every coach, assistant coach, manager, and volunteer parent or volunteer participating in any on-field activities with the team must be registered and insured through SSA. This does not mean certified with the correct coaching certification but registered to show due diligence in terms of in the insurance. To ensure you are registered you must be listed on a roster submitted by your team or your Zone Registrar. The Saskatchewan Soccer Association hereby requires that all coaching staff on the bench be age-appropriate certification as listed below:

Age Groups	NCCP Certification	Respect In Sport Online Certification	Making Ethical Decisions Course (MED - Step 1)	Making Ethical Decisions Online Evaluation (MED - Step 2)	Making Headway e-learning Module	Same Gender Rep	RAMP Online Registration	Criminal Record Check
U5	Active Start <i>Recommended</i> 1 coach		<i>Not required</i>	<i>Not required</i>	<i>Not required</i>		Mandatory	Mandatory
U7 – U9	Fundamentals Mandatory Minimum 1 coach	Mandatory All team personnel	Mandatory Minimum 1 coach	Mandatory Minimum 1 coach	<i>Recommended</i> Minimum 1 coach	Mandatory Minimum 1 on the bench	All Team Personnel To Register EACH Season. Any individual who sits on the bench during an SYSI league game assists the team during SYSI league play.	Minimum every 2 years or sooner if Zone policy differs. Any team personnel interacting with players must provide criminal record check with vulnerable sector to their zone or community.

Deadline for above requirements prior to 1st game

Any unregistered team personnel (those found on the team bench or on the game sheet) may be fined \$100 each.

COSTS: All U5 – U19 NCCP certification clinics are free for SYSI registered team personnel; Respect In Sport is free online training; RAMP registration is free and takes about 3 minutes through your Zoner registration platform; and all other coach certification costs may be covered or reimbursed by your Zone association – just check with your Zone and keep receipts. Criminal record checks are free for community association coaches when accompanied by a letter from the community association. Checks for zone coaches are \$10 when accompanied by a letter from the zone (otherwise cost is \$70).

COACHING RESOURCES

Online Coach Packages: Available Online Mon Sept 26, after 4:30 pm

The coach package will include office contact info, important dates, coach certification information, game reschedule information, tournament information, Timbit league info, field lists and locations, fair play codes, first aid inventory, player medical info forms, soccer centre facility usage guidelines, and emergency action plan forms.

Coach Resources and Education Opportunities:

- [Byte Size Coaching Resource](#) (several age-appropriate practice drills)
 - o coach@saskatoonyouthsoccer.ca password = coach
- [Coach Decks](#) (handy deck of cards that fits in your pocket containing practice drills) SYSI Office \$15
- [Visit our website](#) (full list of certification clinics or additional training opportunities)

COACH CERTIFICATION CLINICS & TRAINING

Coach clinics will use a blended format including online (theory) and in-person (on-field practical). Coaches will register for the online portion of the clinic through the [CSA grassroots coach education program](#) and the on-field portion through the SYSI RAMP registration portal.

National Coach Certification Program (NCCP) Clinics

Active Start – *Recommended for U5*

Time: Approx. 4.5 hours

Designed for coaches of U4 to U6 players and consists of completing 1.5 hours of online training followed by a 3-hour Practical On-Field Workshop. No pre-requisites required.

- [Part 1 \(Online\)](#) \$20 – prerequisite
- [Part 2 \(On-field\)](#): Fri Oct 14, 5:30 PM – 8:30 PM, Saskatoon Sports Centre - *register by Wed Oct 5, midnight*

FUNDamentals (U7 / U9) – *Required for U7-U9*

Time: Approx. 4.5 hours

Is designed for coaches of Boys U6-U9 and Girls U6-U8. It consists of completing 1.5 hours of online training followed by a 3-hour Practical On-Field Workshop. Coaches are also expected to complete the NCCP Make Ethical Decisions Workshop and Online Evaluation; the NCCP Making Headway Concussion Awareness Workshop, the NCCP Online Emergency Action Plan Workshop and the Respect in Sport Activity Leader Course. No prerequisites are required. The cost for the on-field clinic has already been collected through team league fees.

- [Part 1 \(Online\)](#) \$20 – prerequisite – *complete prior to Wed Oct 5, midnight*
- [Part 2 \(On-field\)](#): Fri Oct 14, 5:30 – 8:30 PM, Saskatoon Sports Centre – *register by Wed Oct 5, midnight*

Additional Training for ALL TEAMS – Required

1) Respect In Sport ~ FREE Online – *Required for ALL U5-U9*

Time: Approx. 3 hours

Website: <https://sasksrc.respectgroupinc.com/secure> ~ **ALL team personnel to complete before 1st game!**

Online anti-bullying, anti-harassment program that is a Provincial Government-led initiative through Sask Sport and is a requirement for all coaches in all sports in Saskatchewan. There are some equivalency acceptances for coaches that have received similar training through programs such as hockey's "Speak Out" training, the "Respect in School" program or NCCP's new "Empower+". The Respect in Sport program is structured over 5 online modules with their sub-modules which can be taken independently and at the coaches' leisure. The overall duration is 3 hours but that can be broken down as the profile will register every sub-module once completed. When registering, select Saskatchewan Soccer as your association.

2) Making Ethical Decisions (MED) ~ \$50 **Time:** Approx. 4 hours

SYSI Online Clinic Dates (Free for SYSI Coaches): [Oct 12](#), [Oct 19](#) & [Oct 25](#)

Online Clinics: [Oct 6](#), [Oct 23](#), [Nov 17](#) & [Nov 29](#)

By successfully completing the Make Ethical Decisions (MED) workshop coaches will be fully equipped to handle virtually any ethical situation with confidence. MED helps coaches identify the legal, ethical, and moral implications of difficult situations that present themselves in the world of team and individual sport. Example: A coach that has attended Fundamentals, Learning to Train, or Soccer for Life will appear as "In Training". A coach needs to attend and pass the online evaluation for MED for the status to be changed to "Trained". ** MED and online evaluation not required for the U5 Active Start coaches.

3) MED Online Evaluation ~ FREE Online after attending an online MED clinic or \$85 without MED Clinic – *Required for U7-U9*

For more info: [click here](#)

Time: Approx. 20 – 30 min (longer without MED clinic)

All coaches will also need to complete an online evaluation after taking the Making Ethical Decisions course, which can be done at any time at the coach's own pace after completing the Active Start, Fundamentals, or Learning to Train; Making Ethical Decisions; and Respect In Sport. Once all are completed including the Online Evaluation, the coach will be considered "Trained" for the appropriate age group; until then the coach will be considered "In Training". ** MED and online evaluation not required for the U5 Active Start coaches.

Additional Training Opportunities – Optional

1) NCCP Emergency Action Plan ~ Free Online

Time: Approx. 60 – 90 min

Website: <https://thelocker.coach.ca/account/login?ReturnUrl=%2fonlinelearning#EAP-E>

The NCCP Emergency Action Plan Module prepares coaches to respond calmly, quickly, and effectively if a sport participant is seriously injured practice or competition. After completing the NCCP Emergency Action Plan module, you will be able to: describe the importance of having an emergency action plan (EAP), identify when to activate your EAP, explain the responsibilities of the charge person and call person when your EAP is activated and create a detailed EAP that includes all required information for responding to any emergency.

2) Keeping Girls in Sport Training ~ FREE Online

Time: Approx. 90 minutes

Website: <https://sasksoccerkgis.respectgroupinc.com/>

Keeping Girls in Sport was created to help everyone who coaches girls understand how girls develop physically, mentally, socially, and emotionally, so that we can help every young athlete stay in sport, reach their potential, remain active long after the competitions end, and become the next generation of inspiring female coaches and roles models.

3) Commit to Kids ~ \$12 Online Learning

Time: Approx. 2.5 hours

Website: <https://www.protectchildren.ca/en/get-involved/online-training/commit-to-kids-for-coaches/>

The Commit to Kids (C2K) for Coaches online training empowers coaches with practical information to help them enhance child and youth safety in sport. It highlights the importance of understanding boundaries, sexual misconduct, and reporting inappropriate behavior. The online training consists of eight separate modules that addresses the following: Child Sexual Abuse, The Grooming Process, Handling Disclosures Of Child Sexual Abuse, The Impact Of Child Sexual Abuse, Creating A Child Protection Code Of Conduct For Your Organization, Policies And Procedures To Use To Protect Children In Your Organization, The C2K Program For Child-Serving Organizations.

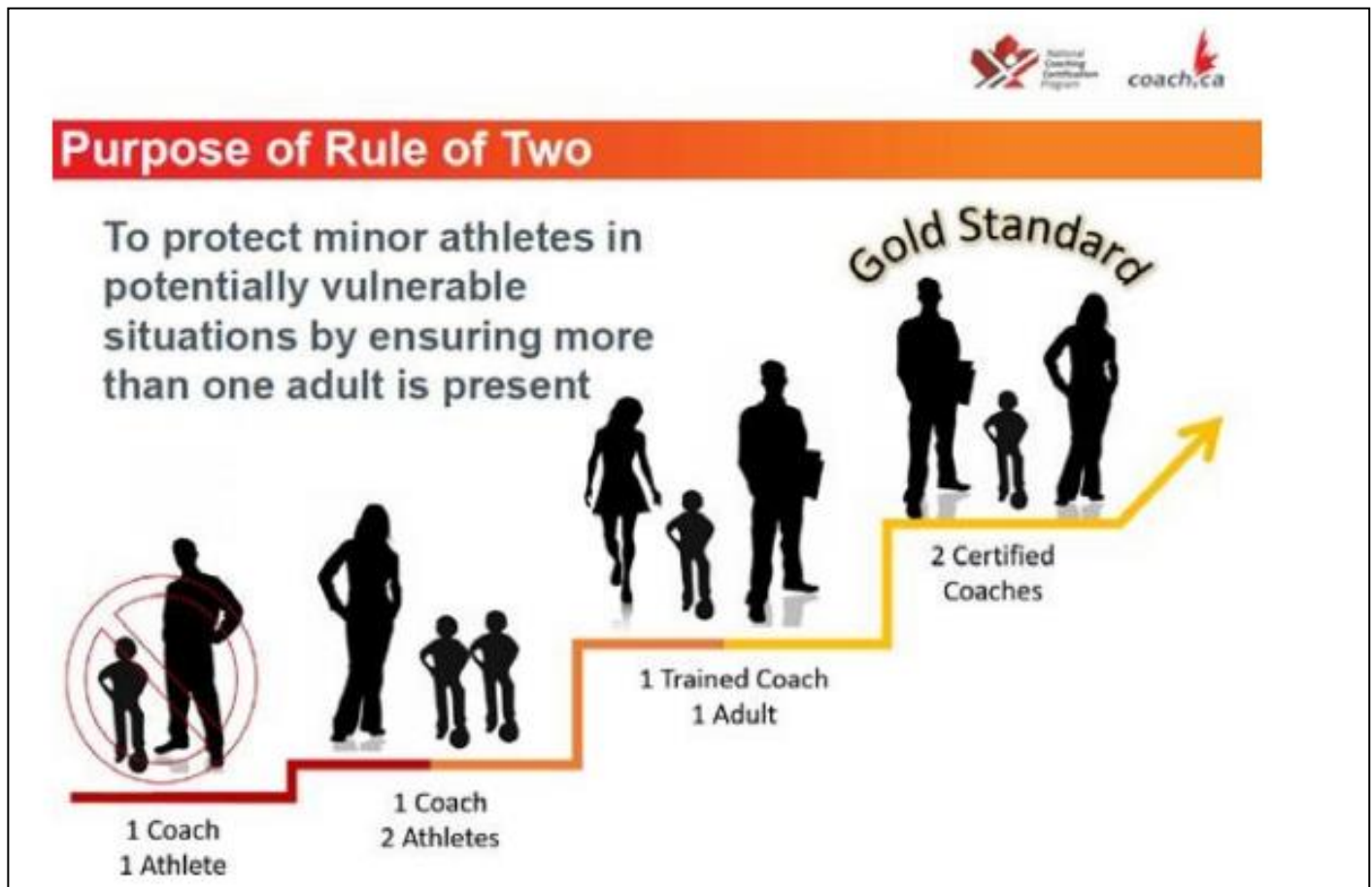
CODE OF CONDUCT & ETHICS

The purpose of the Saskatoon Youth Soccer Inc., [Saskatchewan Soccer Association](#), and [Canadian Soccer Association Code of Conduct and Ethics](#) is to ensure a safe and positive environment (within their programs, activities, and events) by making individuals aware that there is an expectation, at all times, of appropriate behaviour consistent with their core values. Saskatoon Youth Soccer Inc., Saskatchewan Soccer & the Canadian Soccer Association supports equal opportunity, prohibits discriminatory practices, and is committed to providing an environment in which all individuals are treated with respect.

SYSI RULE OF TWO POLICY

1.0 General

- 1.1 The Rule of Two serves to protect minor athletes in potentially vulnerable situations by ensuring that more than one adult is present. Vulnerable situations can include closed doors meetings, travel, and training environments. SYSI Zone Associations are encouraged to create and implement policies and procedures that limit the instances where these situations are possible and can occur.
- 1.2 The Rule of Two states that there will always be two screened and Respect in Sport and NCCP trained or certified coaches with an athlete, especially a minor athlete, when in a potentially vulnerable situation. One-on-one interaction between a coach and an athlete, without another individual present, must be avoided in all circumstances except medical emergencies. SYSI expects that all organizations affiliated with SYSI will work toward attaining the Gold Standard.
- 1.3 In the event where screened and NCCP trained or certified coaches are not available, a screened volunteer, parent, or adult can be recruited. In all instances, one coach/volunteer must reflect the genders of the athletes participating or be of an appropriate identity in relation to the athlete(s).



- 1.4 As depicted in the diagram above, the Gold Standard is the preferred environment, it is not expected that it will be reached at all times. The alternatives presented, although increasing risk, are acceptable and would be considered to be in alignment with the Rule of Two. However, the one-on-one interaction between a coach and an athlete without another individual present, as depicted at the lowest stair in the diagram, is to be avoided in all circumstances.

2.0 Situational Guidelines

- 2.1 Saskatoon Youth Soccer recommends the following guidelines for organizations to ensure they are following the Rule of Two. In the guidelines below, a 'Person in Authority' is defined as an NCCP-trained or certified coach, a screened volunteer, or other adult. The organization is meeting the Gold Standard for the Rule of Two if the Person in Authority is always an NCCP-trained or certified coach.

2.1.1 Travel

- A Person in Authority may not be alone in a car with an athlete unless the Person in Authority is the athlete's parent or guardian
- A Person in Authority may not share a room or be alone in a hotel room with an athlete unless the Person in Authority is the athlete's parent or guardian
- Room or bed checks during overnight stays must be done by two Persons in Authority

2.1.2 Training / Competition Environment

The following guidelines are strongly recommended for the training and competition environment (including before, during, and after practices and games):

- A Person in Authority should never be alone with an athlete prior to or following a game or practice, unless the Person in Authority is the athlete's parent or guardian. If the athlete is the first athlete to arrive, the athlete's parent should remain until another athlete or Person in Authority arrives. Similarly, if an athlete would potentially be alone with a Person in Authority following a game or practice, the Person in Authority should ask another Person in Authority (or a parent or guardian of another athlete) to stay until all the athletes have been picked up. If an adult is not available, then another athlete should be present in order to avoid the Person in Authority being alone with a single athlete.
- Persons in Authority giving instructions, demonstrating skills, or facilitating drills or lessons to an individual athlete should always be doing so within earshot and eyesight of another Person in Authority.

2.1.3 Gender Identity

A Person in Authority who is interacting with athletes should be of the same gender identity as the athletes. The following guidelines are strongly recommended:

- For teams consisting of athletes of just one gender identity, a Person in Authority of the same gender identity should be available to participate or attend every interaction
- For teams consisting of athletes of more than one gender identity (e.g., co-ed teams), a Person in Authority of each gender identity should be available to participate or attend every interaction

3.1 Saskatchewan Child Abuse Protocol

The Saskatchewan Child Abuse Protocol demonstrates a commitment by the Government of Saskatchewan to ensure that all efforts to protect children from abuse and neglect are integrated, effective and sensitive to the needs of children. To achieve this goal, all police, professionals and organizations are being asked to collaborate with the Government of Saskatchewan in an effort to prevent, detect, report, investigate and prosecute cases of child abuse and support children who have been abused. Sask Sport has been asked by the Ministry of Parks, Culture and Sport to provide this information to the all of the agencies and organizations and the community groups within who work with children and deliver sport activities. Although there will be many people in our sport community who are familiar with, or who already using, programs that build awareness and resources to help keep kids safe, such as RespectED and Respect in Sport, we ask that you pass along this information to reinforce the protocol to ensure that instructors, coaches and leaders in our communities are aware of their "duty to report" suspicions of child abuse.

3.2 Saskatoon Youth Soccer Inc., counsels all Entities (zones and community associations) to be aware of and distribute this information to all instructors, coaches and leaders to reinforce the Saskatchewan Child Abuse Protocol and the obligations outlined in [The Child and Family Services Act](#) (Section 12, Subsection 1 and 4) which states that every person who has reasonable suspicion to believe that a child may be in need of protection shall report the information to a child protection worker, Ministry of Social Services, First Nations Child and Family Services Agency or Police officer.

3.3. Reporting Child Sexual Abuse and Misconduct

NOTE: The below information is not meant to be exhaustive or intended to or to use in place of legal counsel but is to be intended as a quick reference for use in a sporting environment. Consult with child welfare, law enforcement and legal counsel if child abuse is alleged or suspected.

3.3.1 There is a legal and ethical responsibility to act, when a person becomes aware that a child may be or has been abused.

3.3.2 Individuals are responsible for reporting concerns, not proving abuse.

3.3.3 A person has a legal duty to report incidences of abuse, sexual or otherwise, even if it has occurred in the past and is no longer occurring. The offender may still have access to other children and those children may be at risk.

3.3.4 Stepwise Action for Reporting Child Sexual Abuse

- a) Child discloses abuse or abuse is discovered with the adult involved in the abuse being a coach or volunteer
- b) Coach/Volunteer who receives disclosure
 - i. Notifies law enforcement and/or child welfare about the incident(s)
 - ii. Consults with child welfare about notifying the parents; and
 - iii. Notifies the supervisor/manager, as well as a representative from Saskatoon Youth Soccer. The supervisor/manager in turn notifies the head of the organization.
- c) Head of the organization suspends coach/volunteer suspected of abuse without pay until case is resolved.
 - i. If the individual is a volunteer or unpaid staff, consider if the individual should be dismissed from their position immediately
- d) A child welfare agency and/or police will carry out any investigation. Organization(s) should conduct an internal follow up in consultation with police/child welfare and adjust(s) internal policies if needed. Potential outcome of investigation:
 - i. Substantiated/guilty. Coach/volunteer is dismissed from his/her position
 - ii. Inconclusive/not guilty. Seek legal counsel. Consider if coach/volunteer should be dismissed, with or without severance.
 - iii. Criminal processes can be complex and lengthy. A finding of not guilty may not necessarily mean that the abuse did not occur. Consult with a lawyer.
- e) Document the outcome of the investigation on the incident report form. Document the results of the internal follow-up.

3.3.5 Many of the steps above would also apply when:

- a) A child divulges abuse by someone outside the organization
- b) A peer divulges on behalf of another child
- c) An adult suspects that a child is being/or has been abused
- d) The safety of the child and other children in the organization must always be ensured in the process.

3.3.5 Legal guidance should be sought prior to suspension or dismissal

- 1) Canadian Soccer Association Code of Conduct

SYSI GUIDELINES FOR ADULTS INTERACTING WITH CHILDREN & ADOLESCENTS

Note: This document is not meant to be used or viewed as an exhaustive list or acceptable and unacceptable conduct nor does it address every situation that could arise and should not be used in place of legal consultation. The document intends to provide a framework within sport, in which individuals are expected to exercise common sense and good judgment when interacting with children. For the purpose of this document “a coach or adult” refers to any person working, volunteering or otherwise interacting with children in sport. “Children” refers to anyone registered as a player or involved in Saskatoon Youth Soccer Programming, and not a parent.

Sport presents children and adolescents with amazing experiences fundamental to boosting growth and development. Positive experiences are tied to wholesome relationships between coaches and athletes and are conducted in safe environments where there is a high degree of accountability for adult behaviour and actions. The reason for these guidelines is to establish expectations and understanding around adults interacting with children/adolescents in sport and creating a safe space for those who need to bring to light any concerns of misconduct toward children.

Coach and Athlete Relationships

When taking on the responsibilities of the role of the coach you are also taking on a position of trust for the athlete. This trust is built on boundaries of professionalism inherent in the coach and athlete relationship. Once the trust is broken so are the foundations of this professional relationship. This relationship is also typified by a power balance of coach over the athlete, as they are taught at an early age to respect and listen to their coaches, as well as athletes depend on the knowledge and training provided by the coach to increase their skills and development in their sport of choice.

As a result, both this power and trust can be used to violate the coach-athlete relationship and more often than not is a result of boundary violations where adults place their needs above the needs of the child athlete in order to receive professional or personal gains at the child's expense. The responsibility of maintaining the professional relationship and appropriate boundaries always lies with the adult.

Roles of Parents and Coaches

In instances where it appears that a coach-athlete relationship seems to have been broken, it can be a hard to process and respond to this situation. However, reporting any suspected inappropriate behaviour creates accountability whereby appropriate actions can be implemented to restore and re-establish expectations. Parents and coaches who have any concerns should speak to SYSI and the zone organization as outlined in the SYSI Abuse and Safety Policy. Regular age-appropriate discussions around personal safety and boundary-breaking behaviour with children, should be conducted regularly by parents and coaches. Some examples of topics to discuss would be:

- Qualities and attributes of a healthy relationship
- Personal boundaries and their importance
- Where and who to bring concerns to and how to get help

For these topics and more, please visit: kidsintheknow.ca/safetysheets. Any concerns about any sexual images that have been shared, please visit: [Cybertip.ca](https://cybertip.ca). As well, for more information around reporting inappropriate conduct and child sexual abuse you can visit: commit2kids.ca/safesport.

Example of Behaviour: Appropriate and Inappropriate

Individuals working or volunteering in sport are expected to model behaviour that upholds public confidence and enhances healthy relationships with children and families. Again, the example show below are not meant to be exhaustive, but illustrative.

Examples of appropriate behaviour in coach-athlete relationships:

- Use of respectful language, tone and attitude towards others
- Be respectful of personal, emotional and physical boundaries
- Respond to children to their needs and not the adult's

Examples of inappropriate behaviour in coach-athlete relationships:

- Inappropriate and/or disrespectful language
- Humiliating or intimidating children/adolescent
- Improper touching of children/adolescent (e.g., massaging, stroking, caressing, roughhousing, tickling)
- Divulging or sharing overly personal information with a child

Maintaining Appropriate Boundaries: Standards of Measure

Any and all interactions and activities with children/adolescents should be (including electronic communication):

- Accountable
- In response to meeting the child's needs
- Related to coaching/volunteer duties
- Transparent

Age of Protection in Canada

The age of protection (also called the age of consent) is the age at which a young person can legally consent to sexual activity. The age of protection in Canada is generally 16 years old, but the *Criminal Code* increases that age to 18 in the context of certain relationships. If the child is:

Under 12 years old	No person can engage in sexual activity with the child under any circumstance.
12 or 13 years old	The age difference must be LESS THAN 2 years AND the relative positions of the parties must be such that a child is able to give consent.*
14 or 15 years old	The age difference must be LESS THAN 5 years AND the relative positions of the parties must be such that a child is able to give consent.*
16 or 17 years old	The relative positions of the parties must be such that a child is able to give consent.*

* For all children aged 12-17: If the other person is in a position of trust or authority over the child (e.g., a coach, teacher, etc.), the child is dependent on the other person or the relationship is exploitative of the child, the child is NOT able to give consent, making sexual activity in the context of such relationships illegal. In these situations, only a person aged 18 or older is capable of consent. The increased age takes into account the inherent vulnerability of the child and is meant to protect the child in situations that involve a power or other imbalance.

SASKATOON SOCCER CENTRE RULES

The Saskatoon Sports Centre and Saskatoon Kinsmen / Henk Ruys Soccer Centre have served the Saskatoon area soccer community for over 15 years. These fabulous facilities have been recognized as some of the best in Canada! We should all be very proud of those who have made this a reality.

The staff of SSCI strives to ensure that all facility users have a fun and safe experience. To achieve this goal, we ask that you share the following rules with all parents, assistant coaches and players.

- **Clean footwear** must be worn – free of mud and dirt, when entering all fields. Metal cleats are not allowed on the fields
- Spectators are to view games from **designated spectator areas** only
- Food, sunflower seeds, sugared drinks or gum are **not allowed** on the fields
- **No outside Food or Drink permitted**
- Only plastic bottles **with water** are allowed on the fields
- There is zero tolerance for **violence or abusive and foul language** directed at anyone in or around SSCI facilities
- **Spitting is prohibited** indoors and outdoors on all Saskatoon Soccer Centre premises. Individuals caught spitting will be immediately evicted

These policies will be enforced

Thank you for assisting us in providing the safest and cleanest environment for our soccer community!

SOCCER CENTRE PARKING MAPS

SASKATOON SPORTS CENTRE
150 Nelson Road

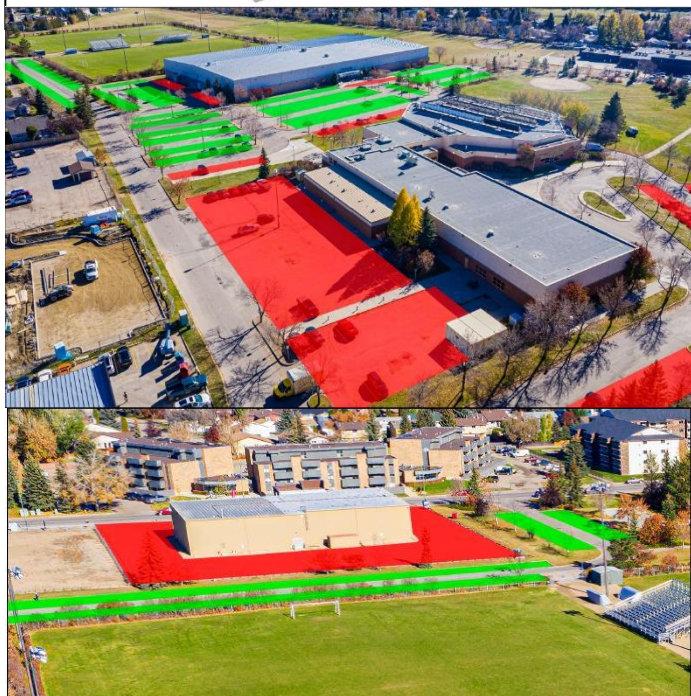
Please park in the areas marked in **GREEN** only.
Vehicles parked in **RED** areas will be ticketed
Thank you for your cooperation



SASKATOON KINSMEN HENK RUY'S SOCCER CENTRE
219 Primrose Drive

Please park in the areas marked in **GREEN ONLY**.
Vehicles parked in **RED** areas or on GRASS / BOULEVARDS will be
ticked.

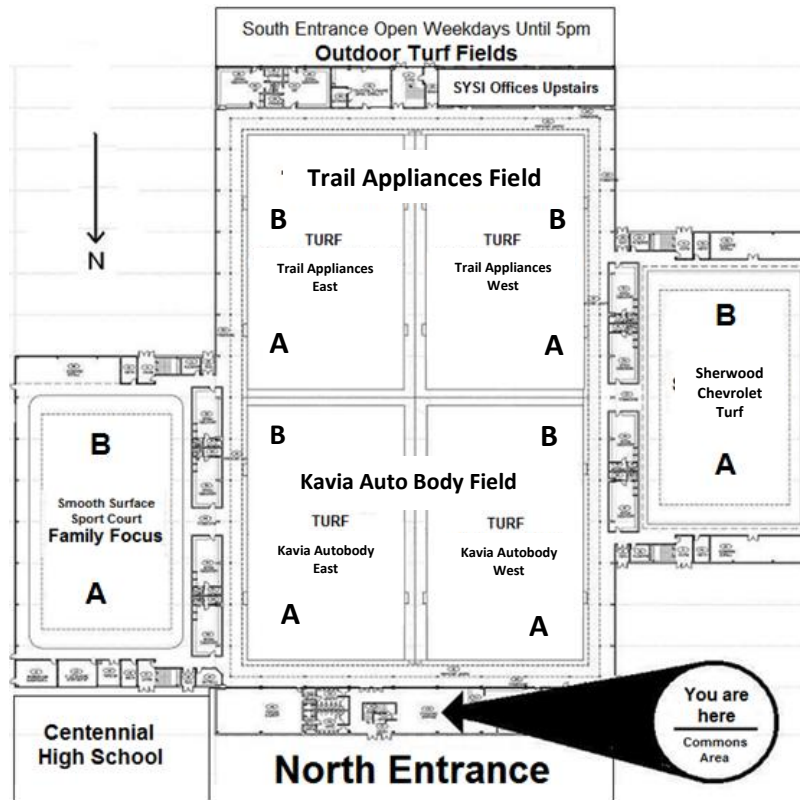
Thank you for your cooperation



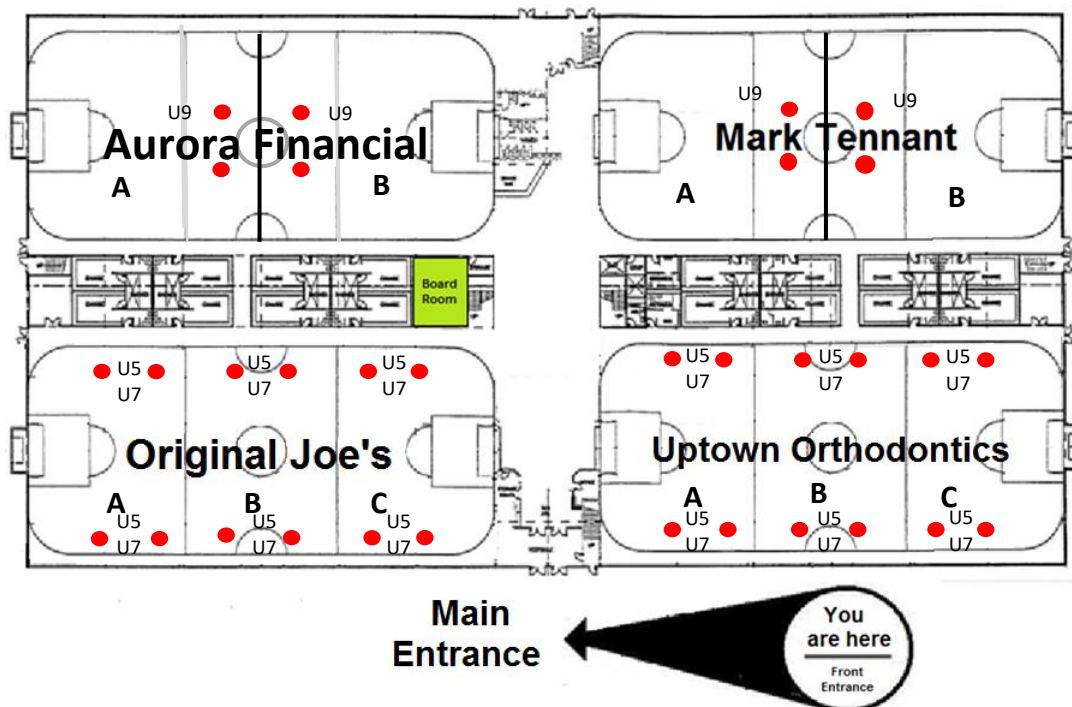
SASKATOON SPORTS CENTRE FIELD MAP

SASKATOON SPORTS CENTRE
150 Nelson Road

Attached to Centennial High School use North Entrance



SASKATOON KINSMEN HENK RUYS SOCCER CENTRE
219 Primrose Dr





Goal Set Up Instructions

To: U5-U9 Coaches

From: SYSI Office

Re: U5-U9 D-League Flag Set Up

Dear Coaches,

Please be advised that all Under 5, Under 7 & Under 9 goals will be set up by the coaches of the first game taking place on any given game day. Please see below for full instructions:

Step 1: Go to the flag storage area that is closest to your scheduled game.

Step 2: A coach from each team will grab 2 flags from the garbage bin.

Step 3: A coach from each team will grab 2 bases from the stacks of bases that are neatly stacked on the floor.

Step 4: Take your flags and bases to the field of your scheduled game.

Step 5: Once determined what side your teams' goal will be, place the two flags approximately 10-12 feet apart to use as your goal area for the game.

Step 6: HAVE FUN!

Thank you

SYSI RESCHEDULING POLICY: U5 – U9

Soccer (U5 – U9) games will not be rescheduled by the Saskatoon Youth Soccer Inc. office. If a team is unable to attend a game for whatever reason, they are to notify the other team of the cancellation. For games scheduled at the Saskatoon Kinsmen Henk Ruys Soccer Centre and Saskatoon Sports Centre, the remaining team would be allowed to use that field for a practice.

FAIR PLAY CODES FOR ATHLETES, COACHES, PARENTS, AND SPECTATORS

ZERO TOLERANCE POLICY: Saskatoon Youth Soccer Inc. has a “Zero Tolerance Policy” for offensive language, insulting, abusive language and/or gestures. Please instruct your players, coaches, parents and spectators accordingly! It is the coaches’ responsibility to ensure their team as well as themselves act appropriately!!

FAIR PLAY CODE FOR ATHLETES:



1. I will participate because I want to, not just because my parents or coaches want me to.
2. I will play by the rules, and in the spirit of the game.
3. I will control my temper – fighting and “mouthing off” can spoil the activity for everybody.
4. I will respect my opponents.
5. I will do my best to be a true team player.
6. I will remember that winning isn’t everything – that having fun, improving skills, making friends and doing my best are also important.
7. I will acknowledge all good plays/performances – those of my team and of my opponents.
8. I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.

FAIR PLAY CODE FOR COACHES:

1. I will be reasonable when scheduling games and practices, remembering that young athletes have other interests and obligations.
2. I will teach my athletes to play fairly and to respect the rules, officials and opponents.
3. I will ensure that all athletes get equal instruction, support and *playing time*. (Check with your zone’s philosophy on equal or fair playing time).
4. I will not ridicule or yell at my athletes for making mistakes or for performing poorly. I will remember that children play to have fun and must be encouraged to have confidence in themselves.
5. I will make sure that equipment and facilities are safe and match the athletes’ ages and abilities.
6. I will remember that children need a coach they can respect. I will be generous with praise and set a good example.
7. I will obtain proper training and continue to upgrade my coaching skills.

FAIR PLAY CODE FOR PARENTS:

1. I will not force my child to participate in sports.
2. I will remember that my child plays sport for his or her enjoyment, not for mine.
3. I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
4. I will teach my child that doing one’s best is as important as winning, so that my child will never feel defeated by the outcome of a game/event.
5. I will make my child feel like a winner every time by offering praise for competing fairly and trying hard.
6. I will never ridicule or yell at my child for making a mistake or losing a competition.
7. I will remember that children learn best by example. I will applaud good plays/performances by both my child’s team and their opponents.
8. I will never question the officials’ judgment or honesty in public.
9. I will support all efforts to remove verbal and physical abuse from children’s sporting activities.
10. I will respect and show appreciation for the volunteer coaches who give their time to provide sport activities for my child.

FAIR PLAY CODE FOR SPECTATORS:

1. I will remember that children play sport for their enjoyment. They are not playing to entertain me.
2. I will not have unrealistic expectations. I will remember that child athletes are not miniature professionals and cannot be judged by professional standards.
3. I will respect the officials’ decisions and I will encourage participants to do the same.
4. I will never ridicule an athlete for making a mistake during a competition. I will give positive comments that motivate and encourage continued effort.
5. I will condemn the use of violence in any form and will express my disapproval in an appropriate manner to coaches and league officials.
6. I will show respect for my team’s opponents, because without them there would be no game.
7. I will not use bad language, nor will I harass athletes, coaches, officials or other spectators.

FAIR PLAY IT’S YOUR CALL!!

THE GAME BELONGS TO THE KIDS

What does this mean?

The “Game Belongs to the Kids” campaign’s main objective is to create awareness and help bring back the fun in the sport of soccer. The core idea is to remind everyone involved with the game why we are there: to let the kids have fun. We want to encourage everyone to think foremost of the players and let them enjoy the game. The game means a lot to them as it is; they will give it their best and have the most fun if they don’t feel additional undue pressure to “win”.

Reports from other associations that have tried this idea have been very positive. The kids overwhelmingly said the game was more fun; they liked playing and not being yelled at. Coaches/parents admitted to having a difficult time initially remembering the silent part, but also reported being pleased with the results, particularly the happy kids. Kids surveyed were happier because they had fun. Most of them were happy to see a progress in their game and did not mention wins or losses.

Goals:

1. Develop our players' thinking and creative ability to make decisions on the field without constant sideline intervention.
2. Improve the players' ability to communicate with each other on the field by reducing the un-necessary outside noise level.
3. Support all of our referees by eliminating all sideline dissension and intervention.
4. **Bring back the fun in the soccer game and make sure our players improve at a rate that they have chosen to.**

It is recommended that all youth teams participate in the “Game Belongs to the Kids” Campaign by following these guidelines:

1. Spectators/Parents can encourage the players. Please do that by all means as long as there is no negative connotation towards the other team/players. You know your kids better. Many times, they succumb to the pressure from the stands/sideline and not perform their best. They don’t like a high pitch scream or to be told where they need to be, how they need to pass. Any loud, potential negative comments that can be heard by players, referees, or opponents are un-necessary and should be avoided.
2. Coaches should try to be quiet and "let them play," giving only normal coaching instruction before the game, at the half, after the game, and to players on the sideline before or after substitutions.
3. Coaches should try to address the referee only to request player substitutions (if applicable) or in case of an prolonged injury not noticed.
4. When the games are over, ask your kids if they liked it the game. Explain to them the positive aspects of this game and ask them if they had fun.

We are not asking anybody not to be competitive. We are not asking anybody to not try their hardest. The game will still be about the two teams trying to better each other on the field. They will be experiencing the highs and lows of the competition. This is our players game; we (adults) are there to facilitate it. Our main objective plain and simple is to make sure they have fun. Underneath that, we must foster the desire to play and help them on their chosen path of development. Their individual and team progress is more important than the “perceived” success of qualifying for the playoffs, winning the championship etc.

SYSI’s intention is not to enforce this Campaign on anybody. We cannot, and we will not be supervising each game making sure that you are adhering to it. It will be YOU that will make it successful and ultimately OUR kids will enjoy and reap the multitude of benefits the sport of soccer brings. This is their game!

“Difficulty lies not in new ideas but in escaping the old ones.”
(John Maynard Keynes)



XSSL MINI SISCO FESTIVAL



Xtratime Sports Soccer Locker MINI SISCO - is scheduled for all interested Under 5, Under 7, Under 7 D-League, Under 9 and Under 9 D-League Saskatoon teams. Each participant in the tournament will receive three games and a medal. The Mini SISCO tournament fee is included in each team's Indoor season fee, however, zones/coordinators must indicate to the SYSL office which teams will or will not be participating and the strength of the team (strong/average/weak) the registration excel sheet will be emailed to zones/coordinators.

Cancellation Policy - Teams that cancel their entry after **Mon Feb 13** will forfeit their entire entry fee. Teams not fulfilling their entire tournament obligations (scheduled games) need to contact the office prior to the tournament so that the office may contact the other team.

Event Date: Fri Mar 17 – Sun Mar 19
Event Location: SaskTel Sports Centre fields, 150 Nelson Road
Cost included in team fees: U5/U7/U7D - \$125.00 U9/U9D - \$150.00
Deadline to confirm teams: Mon Feb 13

Thank you, Xtratime Sports Soccer Locker, for being our Diamond Title Sponsor of this festival event!

2022-23 INDOOR TOURNAMENTS

Please visit the provincial association websites for updates on available sanctioned tournaments:

- [Alberta Sanctioned Tournaments](#) (May have even age classifications)
- [Saskatchewan Sanctioned Tournaments](#)
- [Manitoba Sanctioned Tournaments](#)

Nov 25-27, 2022	Aurora Open Cup (U9 – U19) - Saskatoon Deadline: Fri Nov 4; Website: www.aurorasoccer.ca
Dec 2-Dec 4, 2022	Hollandia Off the Wall (U9 – U19) - Saskatoon Deadline: Sun Nov 13, 2022; Website: http://www.hollandiaoffthewall.ca
Feb 3–5, 2023	Lakewood Just “Kick It” Cup (U9 – U19) - Saskatoon Deadline: Fri Dec 16, 2022; Website: http://www.lakewoodsoccer.com
Feb 17-20, 2023	SUSC Tournament (U7-U19) - Saskatoon Deadline: Mon Jan 16, 2023; Website: http://www.susc.ca
Mar 17-19, 2023	Mini SISCO (U5-U9) - Saskatoon Deadline: Mon Feb 13; Website: www.saskatoonyouthsoccer.ca <i>U5-U9 teams need to confirm with their Zone by Mon Feb 13 if they are participating</i>

CSA POLICY ON PLAYERS WEARING CASTS



This Canada Soccer policy document is designed to reduce inconsistencies in rulings over players wearing casts. All referees are expected to follow these policies in all matches sanctioned by Canada Soccer. Law 4 states that a player may not use equipment or wear anything that is dangerous [to anyone]. It further states that non-dangerous protective equipment is permitted as long as it has the sole purpose of protecting the individual physically providing that it poses no danger to the individual or any other player. Modern protective equipment made of soft, lightweight, padded materials are not considered dangerous and are therefore permitted. Hard casts are considered to pose a danger to both the wearer and other players and are not permitted to be worn. The practice of padding a hard cast does not reduce the element of danger. Players wearing a soft cast will be permitted to play if the cast does not present a danger to the individual or any other player. The referee or Supervisor of Officials (if one has been appointed to the match/tournament) will make the final decision as to the acceptability of any cast. Any player who uses a cast with the intent to intimidate or injure an opponent shall be sent off.

FIRST-AID KIT INVENTORY LIST

Here is a suggested inventory for your first-aid kit. Check the items included in your kit and remember to restock them when they are used up.

- | | |
|--------------------------------------------|----------------------|
| ❖ Antibiotic ointment | ❖ Sun screen |
| ❖ Athletic tape | ❖ Plastic bags |
| ❖ Adhesive bandages | ❖ Safety pins |
| ❖ Cotton swabs | ❖ Scissors |
| ❖ Gauze pads | ❖ Small mirror |
| ❖ Change for the telephone | ❖ Splint material |
| ❖ Towel | ❖ Ice (use a cooler) |
| ❖ Triangle bandage | ❖ Note pad and pen |
| ❖ Player medical information cards | ❖ Tweezers |
| ❖ Neosporin (instead of hydrogen peroxide) | ❖ Insect repellent |
| ❖ Emergency action plan sheet | |



SSA INSURANCE INFORMATION

[There are four easy steps for completing your insurance claim correctly.](#)

Step One - Download the Insurance Consent Form - see below

Step Two - Download one of or both - Insurance Dental or Insurance Medical

Step Three - Fill out both forms completely and send to the Saskatchewan Soccer Association Office in Regina (do not send directly to Knight Archer Insurance); include with your form all your receipts related to your claim.

Step Four - The Saskatchewan Soccer Association will review the form and supporting documentation to make sure all necessary information and supporting documentation is completed and forward. The office will then approve the claim.

Your completed forms will be forwarded to our insurance agent at Knight Archer Insurance and notification will be given to the claimant by the SSA office by email or by mail that the claim has been forwarded or notification will be given that more information is required.

The SSA Accident Insurance policy is a SECONDARY PAYABLE policy. This means, if employer coverage exists, the claim must first be made through your employment coverage and then through the SSA policy.

The insurance forms can be found on the Saskatchewan Soccer website, www.sasksoccer.com under *Member Servic*

PLAYER MEDICAL INFORMATION

Player Name: _____ Date of Birth: DD / MM / YYYY
Emergency Contact Person: _____ Day Phone: _____
Relation to Player: _____ Evening Phone: _____
Alternate Contact Person: _____ Day Phone: _____
Relation to Player: _____ Evening Phone: _____
Family Doctor: _____ Phone: _____

Health Insurance #: _____ Email: _____

Medications: _____

Allergies: _____

Previous Injuries: _____

Does the player carry and know how to administer his/her own medications? Yes ☐ No ☐

Other Conditions: _____

Note: Medical information is confidential. Only authorized individuals should have access to this card. Keep this card with the team at all times.



PLAYER MEDICAL INFORMATION

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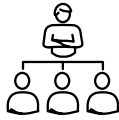
EMERGENCY ACTION PLAN



EMERGENCY ACTION PLAN (EAP)

Date:

Event: _____ Location: _____



Charge Person

Backup

Backup



Call Person

Backup

Backup



Important Addresses

Site or Facility (Address, City, Province)

Nearest Hospital (Address, City, Province)

Additional Location Information



Emergency Phone Numbers

Emergency Services

Facility Manager or Superintendent

Other

EMERGENCY ACTION PLAN (EAP)

Date: _____

Event: _____ Location: _____

Directions to site/facility**Charge Person Responsibilities**

1. Conduct an initial assessment of the injury.
2. Designate someone to watch the other participants (stop all activities and ensure all participants are in a safe area if nobody is available to supervise).
3. Wait with the injured participant and help keep them calm until emergency medical services arrive and conduct their assessment of the injury.
4. Record the injury using their club's accident report form.

Call Person Responsibilities

1. Call for emergency help.
2. Provide all necessary information to dispatch.
 - The facility location
 - The closest access door to the injured participant
 - The nature of the injury
 - A description of first aid that has been performed
 - Other medical information, such as allergies or medical conditions
3. Clear any traffic from the facility entrance or access road before the ambulance arrives.
4. Wait by the entrance to direct the ambulance.
5. Call the participant's emergency contact person.
6. Assist the charge person as needed.

REMINDERS

- You can save and re-use this form to prepare an EAP for your usual practice site and for any site where you host competitions.
- When preparing for away competitions, ask the host team or host facility for a copy of their EAP in advance.
- Attach the medical profile and parent or caregiver contact information for each participant to this emergency action plan.

B&H INNOVATIONS

Your Fundraising Solution

Fantastic fundraiser to earn significant dollars for your Soccer Team

GREAT FUNDRAISING OPTION!

- 1) A coupon book that includes dozens of year round deals and many 1 time deals at various establishments across Saskatoon, Warman and Martensville. **For each \$25 coupon book sold, \$15 is earned by the team**

YEAR ROUND DEALS – UN-LIMITED USE



SINGLE USE COUPONS



*There is no minimum or maximum number of cards that must be sold & no risk, return what you don't sell

*More productive than other fundraising activities - many teams sell as they run a bottle drive.

*Great value makes the cards easy to sell. Patrons recover the cost in as little as 1 coupon

Order your coupon books or cards: Kim 306-241-6640 OR Jason 306-260-7399

Email: kim.bhent@sasktel.net Jason.bhent@sasktel.net

www.bhfundraising.com



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Best selection of cleats!

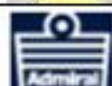
**We carry the biggest names
of soccer manufacturers like
Adidas, Nike, Puma, Lotto, Asics
as well as a brand-new selection
of Under Armour products!**



STORE HOURS

**Mon/Tues/Wed/Fri: 10 a.m. - 7 p.m.
Thursday: 10 a.m. - 8 p.m.
Saturday: 10 a.m. - 5 p.m.
Sunday: 12 p.m. - 5 p.m.**

**477 Second Avenue North
Ph: 244-8933 Fax: 244-8934
soccerlockerstore@gmail.com**



...and more!