

Memo



To: SYSI Players, Team Personnel, Zone Directors and Staff
From: SYSI Office
Date: Mon Jan 10, 2022
Re: **COVID-19 Close Contact Communication**

Dear parents and caregivers,

Due to recent [changes to provincial testing and case management guidelines](#) (please click on link to read about the changes). Persons who have received a positive COVID-19 test using the home tests (rapid antigen tests) are not required to get a PCR test to confirm the home test. However, they must immediately begin isolating as they are considered COVID positive. With the decrease in PCR testing, SYSI is unlikely to receive information about isolation dates from the Saskatchewan Health Authority. Notification from SYSI should be considered notification of a positive case.

When a player or team personnel tests positive:

- When a positive case is identified using a rapid antigen test, and the individual **attended a soccer game or practice within 48 hours of testing positive**, parents/caregivers are **required to notify their TEAM COACH as well as the SYSI OFFICE immediately** by filling in the online form at <http://www.saskatoonyouthsoccer.ca/form/5210> – *updated Jan 14/22 (new online form process)*
 - o The revised provincial Public Health Orders requires notification of close contacts.
 - o Any information provided is considered private and treated as such. The only information that will be shared is the fact an individual on a soccer team or training group tested positive and the date SYSI received notification.
- SYSI will send a notification to the team or training group with information about self-isolation and possible exemptions to isolation.
- Unless you are notified of specific changes, soccer activities for your team or training group will continue.

When your team is notified of a COVID-19 exposure at a recent soccer event:

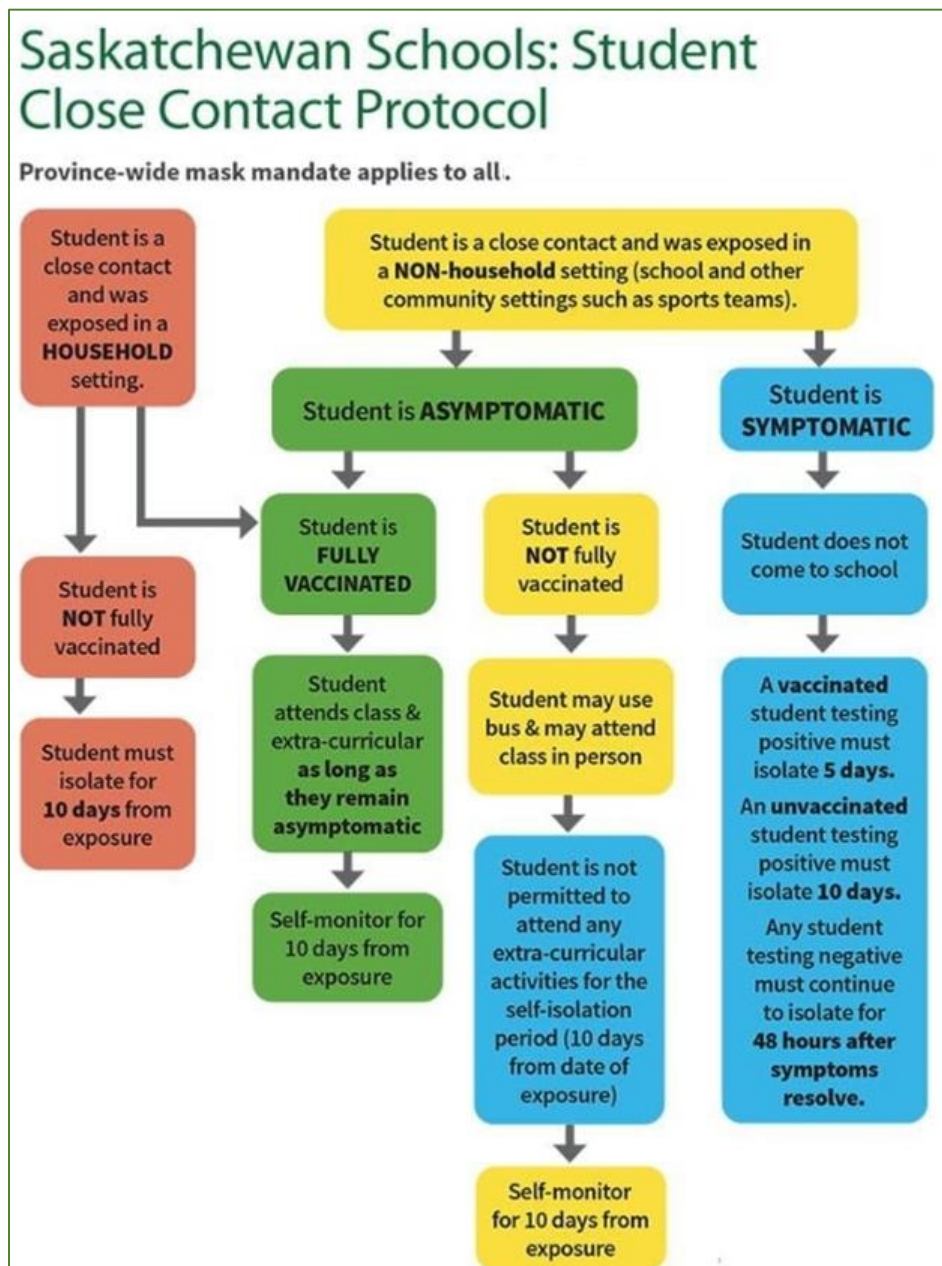
- If a player or team personnel member were not at the soccer event on the date of the exposure, they are free to continue soccer activities so long as they are not experiencing symptoms, have not tested positive for COVID-19, nor been deemed a close contact in any other situation that requires them to self-isolate (home setting, school, work, other activity, etc.). – *updated Jan 12/22 (new point added for clarification)*
- **Fully vaccinated** individuals who have tested negative and are not experiencing any symptoms may continue practicing or attending games. – *updated Jan 11/22 (removed asymptomatic wording)*
- **Non-vaccinated** (including those who have had one or two doses but have not reached their 14 days following their second dose) individuals must isolate from their soccer activities for 10 days from the date of the exposure, regardless of testing negative at home.
- **Symptomatic individuals** vaccinated or not are to self-isolate and get tested. Those who are fully vaccinated and test positive are to self-isolate from soccer for five (5) days or 48 hrs after symptoms have ended whichever is longer. Those not fully vaccinated and test positive are to self-isolate from soccer for ten (10) days or 48 hrs after symptoms have ended whichever is longer.
- **Minimum number of players:** Minimum number of players: You must have a minimum of four (4) fully vaccinated players for 6v6 or six (6) fully vaccinated players for 9v9 in order to continue with any scheduled games for the next 10 days - otherwise the team will forfeit the game with no forfeit fee.

Fully vaccinated individuals have tested negative and are not experiencing any symptoms. Use of affiliate or permit players is strongly discouraged at this time. Use of affiliate or permit players is strongly discouraged at this time. – updated Jan 11/22 (removed asymptomatic wording)

- **Rescheduling:** As long as the SYSI Office is provided seven (7) days' notice of a game in which the minimum number of players is not available during the 10 day isolation period, the game will be rescheduled by SYSI at no additional charge to the team.

If you would like rapid antigen test kits for your family, please contact your school or city public library. As always, this process is subject to change if provincial processes and/or Public Health Orders change. The **flowchart on the following page**, from the Government of Saskatchewan, helps explain isolation requirements for close contacts. Learn more on the [Government of Saskatchewan's website](#).

Sincerely,
Saskatoon Youth Soccer Inc.



Self-Isolation Requirements for Students

Effective: January 5, 2022

Vaccinated

2 doses + 14 Days since
2nd dose of a mRNA vaccine

1 dose + 14 days since
dose of J&J vaccine (18 + only)

Student is a close contact of someone who tests positive for COVID-19 in any setting and is asymptomatic

No restrictions other than the province-wide mask mandate

Student can attend class and extra curricular as long as they remain asymptomatic

Self-monitor for symptoms

Student is a close contact of someone who tests positive for COVID-19 in any setting and is symptomatic

Student does not come to school.

If student tests positive they must complete self-isolation of 10 days. If they test negative, they must continue to self-isolate for 48 hours after symptoms resolve.

Student tests positive for COVID-19

Student must self-isolate for 5 days

Not Vaccinated

Any vaccination status other than:

2 doses + 14 Days since 2nd dose of a mRNA vaccine

1 dose + 14 days since dose of J&J vaccine (18+ only)

Student is a close contact of someone who tested positive for COVID-19 in a non household setting and has symptoms

Student does not come to school.

If student tests positive they must complete self-isolation of 10 days. If they test negative, they must continue to self isolate for 48 hours after symptoms resolve.

Student is a close contact of someone who tested positive for COVID-19 in a non household setting and is asymptomatic

Student may use bus and attend class in-person

Student is not allowed to attend extra-curricular activities for the duration of the self-isolation period (10 days)

Student must self-monitor for symptoms

Student is a close contact of someone who tested positive for COVID-19 in the household















Student must self-isolate for 10 days

Student tests positive for COVID-19

Student must self-isolate for 10 days

Health Screening Questionnaire

All people entering the soccer centres must conduct a health screening before entering. If you have any of the following symptoms DO NOT enter the soccer centres or attend soccer team related activities. Stay at home until you are symptom free.

Fever			Nausea/vomiting/ diarrhea
Cough			Unexplained loss of appetite
Shortness of breath/ Difficulty breathing			Loss of sense of taste or smell
Chills			Muscle/joint aches
Sore throat/ Painful swallowing			Conjunctivitis/ Pink eye
Runny nose/ Nasal congestion			Headache
Feeling unwell/ Fatigued			Dizziness