

Memo



To: U5-U9 Team Personnel, Community Coordinators, and Zone Personnel
From: SYSI Office
Date: Fri Apr 22, 2022
Re: **Intro to 5-up-1-up rule for U5 to U9 Leagues**

Dear U5-U9 Team Personnel, Community Coordinators, and Zone Personnel

This Outdoor 2022 SYSI will be introducing the 5-up-1-up rule to mini leagues (see rule below). This rule creates better competition for all players involved, providing an additional opportunity for a challenge. It also keeps all players encouraged and motivated, and is a truly player centred approach to keeping the fun in the game. This rule has been utilized over the past few years in the U11 leagues with great outcomes; as a result, the decision was made to extend this rule to the lower age groups starting Outdoor 2022:

5-up-1-up Rule:

- ***If the game gets to a 5-goal differential the trailing team can add a player to the field of play, and every three (3) goals after you can an additional player up to a maximum of three (3) additional players. If the score goes under the 5-goal differential, they must remove the additional player.***

Continue to not focus on score keeping; however, if a team looks like it may be dominating then apply the above rule.

The [Outdoor rules for U5, U7 & U9](#) have been updated to include the 5-up-1-up rule.

SYIS has sent out communication to all U5, U7 & U9 coaches but we ask that coordinators and zones follow up with their coaches to ensure they are aware of this rule.

Any questions can be directed to SYSI at 306-975-3413 or email info@saskatoonyouthsoccer.ca.

Sincerely,
Saskatoon Youth Soccer Inc.