



# Saskatoon Youth Soccer Inc. Return to Soccer Plan Indoor Season 2020-21

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## 1.0 Disclaimer

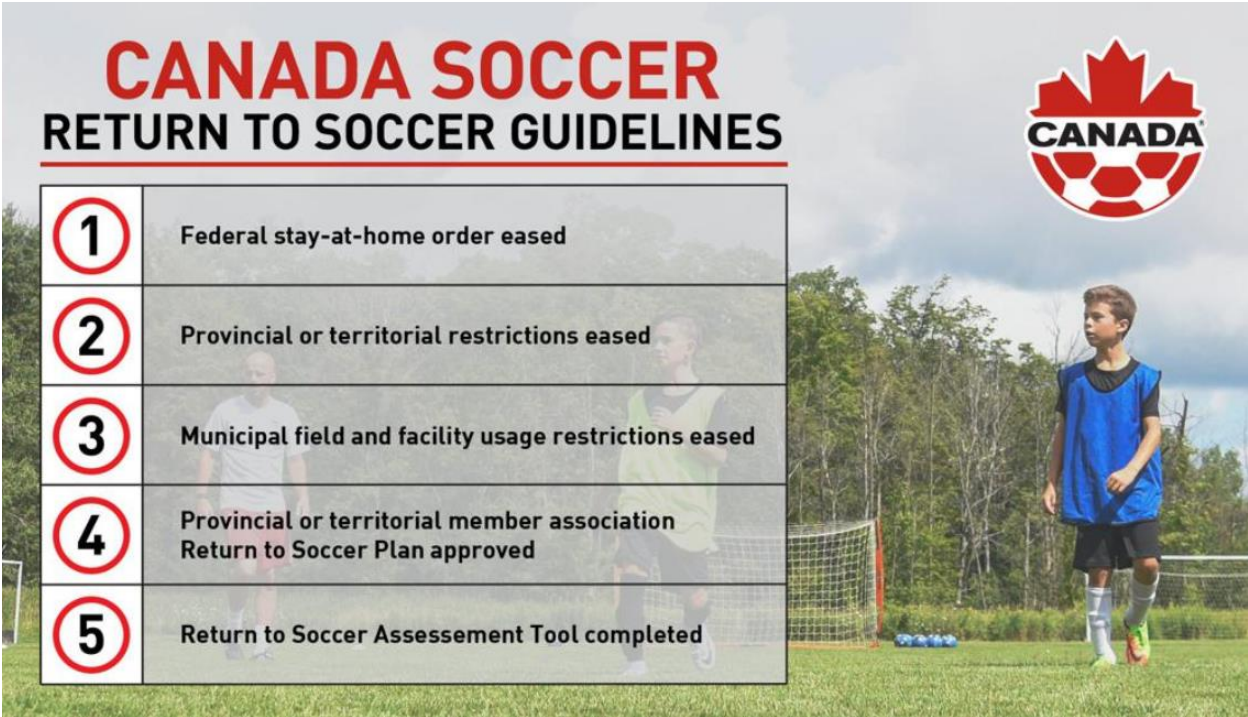
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## 2.0 Canada Soccer Return to Soccer Guidelines

Guided by leadership from Canada Soccer's Sports Medicine Committee and in consultation with federal, provincial, territorial and local public health authorities, Canada Soccer created the below Return to Soccer Guidelines to provide member organizations with a five-step process, including a checklist of weighted questions known as the Return to Soccer Assessment Tool, all for the purpose of determining preparedness to mitigate COVID-19 risks and implications upon the resumption of soccer and related activities.



From these guidelines, the Saskatchewan Soccer Association has created A Return to Play plan for the province, which includes guidelines, considerations, and recommendations for Member Organizations and clubs for when they design their subsequent return to play plans. With these taken into consideration Saskatoon Youth Soccer Inc, has created this dynamic document to outline a return to play plan for the programs not undertaken by the Soccer Clubs of Saskatoon.



The graphic features a grey background with a soccer field scene. On the left, a table lists five steps. On the right, the Canada Soccer logo is displayed above a photo of a young player in a blue jersey on a field.

### CANADA SOCCER RETURN TO SOCCER GUIDELINES

<b>1</b>	Federal stay-at-home order eased
<b>2</b>	Provincial or territorial restrictions eased
<b>3</b>	Municipal field and facility usage restrictions eased
<b>4</b>	Provincial or territorial member association Return to Soccer Plan approved
<b>5</b>	Return to Soccer Assessment Tool completed



## 3.0 SSA Return to Soccer Guidelines

Saskatchewan Soccer Association has developed the Return to Soccer Plan (RTSP) to serve as a guide to assist SSA Member Organizations in the safe reintroduction of soccer, with support from Canada Soccer, Sask Sport, and other provincial soccer associations. The plan uses a multi-phase approach for a thoughtful and cautious return to the pitch.

### Re-Open Saskatchewan - Phase 4.1

June 22

#### Re-Opening:

- Child and youth day camps
- Outdoor pools and spray parks
- Outdoor sports

[saskatchewan.ca/COVID19](https://saskatchewan.ca/COVID19)

#COVID19SK

Saskatchewan 

***This document will be dynamic and will be updated as new information becomes available. In the end, when all the SSA guidelines are followed and restrictions are eased, it will be the Member Organization's decision if they are ready to offer opportunities to return to play and the participant's decision to determine if they are ready to play, coach, referee, or volunteer, considering the associated risks. It is also essential that all Government of Saskatchewan guidelines are followed in conjunction with this plan***

The table below should help provide clarity on the steps needed to resume organized soccer programming. The outlined steps follow the assumption that soccer is an included sport which has been given the go ahead to resume operations from the Provincial Government and other key stakeholders such as Municipalities and Facility Operators.

Steps	What is involved in each step?
Step 1	Saskatchewan Soccer Association (SSA) submits Return to Soccer Plan (RTSP) to Canada Soccer to review - COMPLETE
Step 2	Canada Soccer reviews the RTSP and provides commentary. If changes are necessary -> return to step 1 and resubmit once adjustments are made - COMPLETE
Step 3	RTSP (this document) provided to SSA Member Organizations (MOs) which outlines steps and phases for resuming soccer and provides information for developing their own RTSP - COMPLETE
Step 4	MOs must adhere to the phase of resuming soccer. MOs develop their own plan based on the considerations in this document and then complete the Canada Soccer Return to Soccer Assessment Tool – COMPLETE
Step 5	Canada Soccer and SSA will engage with MOs to provide feedback on any areas of improvement in the Return to Soccer Assessment Tool which will help the MO determine whether they are ready to return to play or not → if MO needs to re-submit, go back to Step 4 until Assessment Tool confirms readiness - COMPLETE
Step 6	Member Organizations can deliver soccer and must adhere to Phase of resumption - COMPLETE

## 4.0 SSA Timeline for Return to Soccer



The timelines for the phases of the Return to Soccer Plan are dependent on all the steps (pg. 5) being completed and maintained by the Member Organization – Saskatoon Youth Soccer – and compliance to these measures by the Zones and Community Organizations partaking in SYSI sanctioned activities. With discussions from each organization we will be adequately preparing them for operating at the level SYSI has determined suitable for league. Any organization not comfortable with operating at this level does not have to but will need to adapt an RTP plan with the help of SYSI.

## 5.0 SSA Phases of Resuming Soccer

Phase 1 – Return to Train (No contact)	Phase 2 – Return to Train (Minimal Contact)	Phase 3 – Return to Play (Increased Contact)	Phase 4 – Return to Play (Full Contact)
Individual Training Social Distancing measures are in place Technical Based Activities *Opposition may be created utilizing individuals from within same household or family bubble.	Designated "Team/Group" Based Training Social Distancing measures are being relaxed Small Group Activities *Activities should be created where contact is avoidable as much as possible. *Consider using individuals from within same household or extended family bubble in the same group/team(ideal).	Club based Play Social Distancing measures are relaxed further Intro of Small Game Formats (3v3 to 7v7) Mini Leagues of 50 can be formed.	Open Play Social Distancing measures are removed All Game Formats (1v1 – 11v11)

SSA will determine timelines for each RTSP Phase in alignment with the Saskatchewan provincial health authorities involving government orders, restrictions, and guidelines. Currently SSA has deemed the conditions are present to operate up to and including Phase 3 in their Return to Play phased in approach. ***SYSL leagues will operate within Phase 3 and the conditions, procedures and protocols all organizations participating in the league will need to meet.***

**Social Distancing (Phase 1):** Contact is considered anything less than the 2 metres between participants; no contact is allowed in this phase.

**Technical Based Activity:** Activities that do not require opposition within 2 metre proximity, therefore, allowing players and coaches to maintain social distancing. Examples could be individual ball mastery, passing and receiving on the ground between partners, relays and other competitions/challenges that maintain social distancing.

**Small Group Activities:** Include activities with opposition. Numbers for the activities should be between 1v1 to 3v3. Try to keep players in groups together so that they work with similar players rather than constantly mixing players together (can increase number of players interacting with an asymptomatic COVID-19 carrier)

**Small Game Formats (Phase 3):** Game formats of 1v1 to 7v7. Recommendation within RTSP Phase 3 would be to keep this in-house versus playing against different clubs. Recommendation against festival type formats where one team plays against many teams on a given day (reduce number of individuals that may encounter potentially an asymptomatic COVID-19 carrier).

**All Game Formats:** Introduction of all game formats.

*The Saskatchewan Government is to provide guidelines around what will be acceptable for the resumption of sport regarding areas such as social distancing and max capacity for facilities. While there is a desire to return to normalcy during COVID-19, everyone must remain conscientious about the safety and welfare of all participants as the primary consideration. As such, there is an increased importance around the due diligence required to keep all participants safe and prevent community transmission by organizations that make the choice to deliver soccer programming.*



## 6.0 SSA Phase 3 Considerations

- a) Member Organizations may enter Phase 3 on or after June 29, 2020
- b) This stage is 'Club based' and players will only play within their own club or Member Organization.
- c) Mini Leagues are now allowed and can be comprised of multiple teams, but no more than 50 individuals. Mini Leagues allow teams to return to a safe level of play and will help mitigate the risk of widespread transmission by limiting the number of athletes that come in close contact with each other.
- d) The 50-person maximum per mini-league includes coaches/staff, instructors, participants from multiple teams, referees and volunteers who cannot maintain two metres of distancing from others at all times.
- e) This is discouraged, however the BRT confirmed that there are no guidelines that prohibit participation in more than one mini league within a sport.
  - i. Ultimately the Member Organization is responsible for providing a safe environment for its participants. Allowing participants to play in more mini leagues increases risk and, if there is an exposure, multiple groups may be affected. The risk of the spread of COVID increases exponentially with every contact a person has. By maintaining access to only one mini league your participants are safer.
- f) ONLY under the following circumstances only may a coach participate in more than one mini-league:
  - i. The coach maintains 2 metres social distancing at all times and wears a nonmedical mask, OR;
  - ii. If the coach cannot maintain social distancing at all time, they must wear medical (surgical or procedural) mask.
- g) Game play can resume between teams in a mini-league and must be limited to teams within the same mini-league.
- h) Mini Leagues should remain together until restrictions are further relaxed.
- i) No single group on the field shall exceed the gathering limits in the public health order (as of June 24, 30 people). Teams need to be separated while on the sidelines and players cannot exceed gathering limits during games, practices or training.
- j) At least two metres distancing should be maintained between all individuals, except members of the same household, when off the field of play (e.g. on benches, during half time).
- k) Tournaments and inter-provincial travel for games are not permitted at this time.
- l) Intra-provincial travel for sport is only allowed under two conditions:
  - i. In-sufficient numbers do not allow mini leagues to be formed locally, and,
  - ii. Distance between communities is reasonable.
- m) If physical distancing cannot be maintained or is unpredictable, a mask should be worn by those not actively participating in the activity (i.e. coaches, volunteers, etc.)
- n) Referees are now allowed in this phase. ONLY under the following circumstances, may a referee participate in more than one mini league:
  - i. The referee maintains 2 M social distancing at all times and wears a nonmedical mask, OR;
  - ii. If the referee cannot maintain social distancing at all time, they must wear medical (surgical or procedural mask).

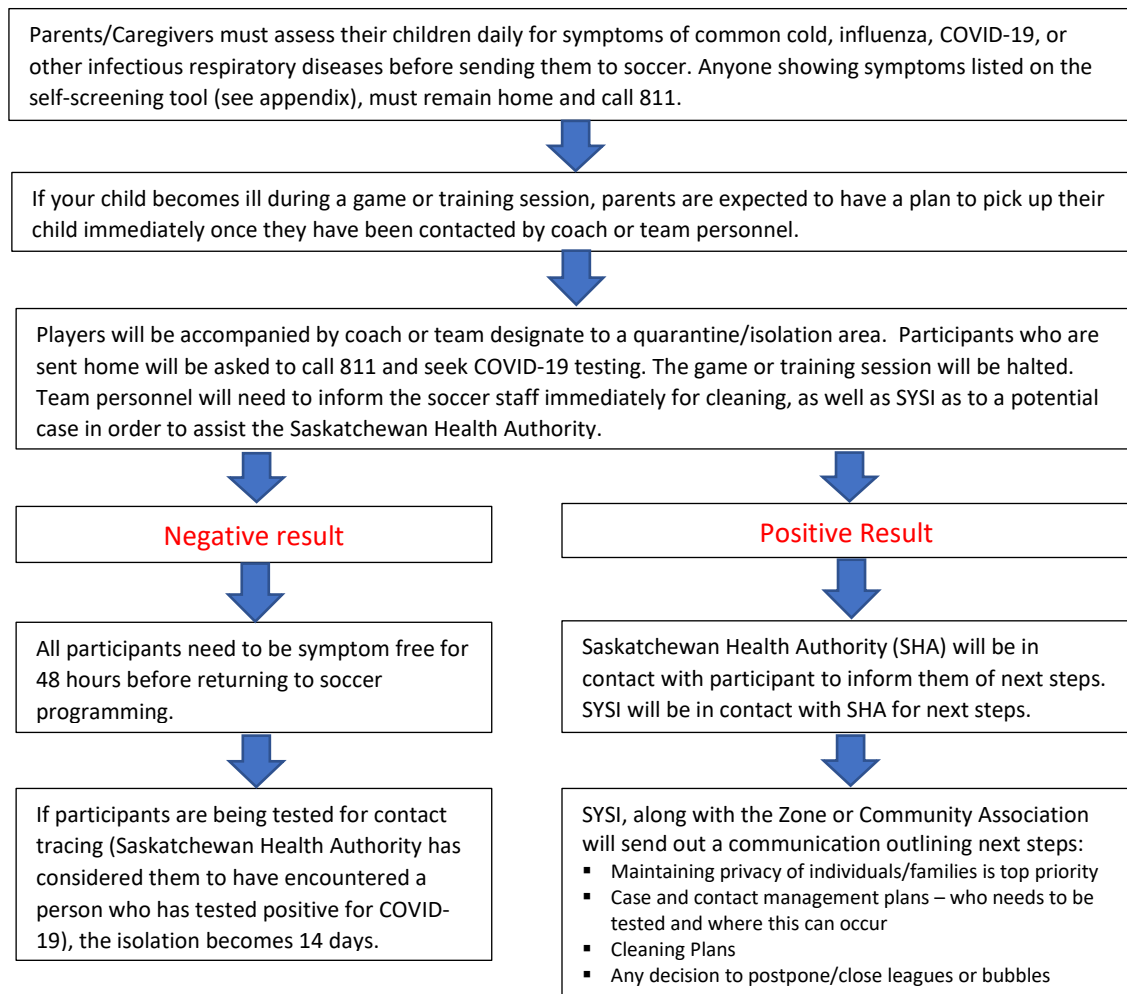
- o) It is highly recommended that referees participate in only one mini league. Soccer referees are considered highly active as they run at the same pace as the players and therefore will have difficulty wearing masks.
- p) If a Member Organization chooses to have referees in multiple mini leagues, they should be aware that the referees' abilities will be limited by the above requirements. The member organization will also need to determine an alternative to a referee blowing the whistle (i.e. electronic whistles).
- q) All referees need to continue best practices of not touching equipment with hands, maintain social distancing during pre-game routines (no coin toss unless social distancing is achieved), and post-game routines (no handshakes), etc.
- r) Organizations are responsible for the management of their spectators. We encourage ongoing education. Only 30 spectators are allowed at an event. They must not enter the activity area, and they must practice following social distancing. See Parent/Spectator Guidelines.
- s) This information may change at any time and further information will be released as available. This information is not exhaustive, and Member Organization must also refer to the Government of Saskatchewan Re-open Saskatchewan Plan for Sport Guidelines.

## 7.0 SYSI Return to Play Procedures and Guidelines

### 7.1 General Guidelines

- a) It should be noted that this section could be subject to change if conditions of the pandemic change and/or direction is provided from the Government regarding new or changing guidelines.
- b) All precautionary practices are still in effect involving physical/social distancing where possible.
- c) Adherence to provincial guidelines regarding public gathering sizes; this is currently set at 30 people for indoor/outdoor spaces while maintaining physical/social distancing measures.
- d) Adherence to the Saskatoon Soccer Centre Inc. (SSCI) re-opening guidelines while in attendance/on the premises of the Saskatoon Kinsmen Henk Ruys Soccer Centre and Saskatoon Sports Centre (see section 10.0 Additional Resources). It should be noted that this document could be subject to change if direction is provided from the government regarding new guidelines.
- e) All participation in the SYSI mini leagues and Parent and Tot programs are at one's own risk (including staff, volunteers, coaches, participants, parents, etc.). Please review the waiver signed at registration a copy can be found [here](#).
- f) Although coaches and players may be involved in more than one bubble/mini league, these persons are required to follow increased safety requirements (see sections [7.4.1](#) and [7.4.3](#)). It should be noted the Zones and Community Associations who choose to allow this take on increased risk and liability. As well, if an outbreak occurs, this could then affect and shutdown multiple bubbles/mini leagues.
- g) Leagues reserve the right to implement mandatory guidelines over and above the guidelines set by the SSA and SSCI and will be implemented to ensure the safety of everyone involved.
- h) It is the responsibility of all involved to remain home if they feel ill or have been in contact with someone who has been ill within the last 14 days; as well, they should inform the SYSI safety officer right away of illness.

- i) COVID-19 symptoms can present as:
- Fever
  - Cough
  - Headaches
  - Aches and pains
  - Sore throat
  - Chills
  - Runny nose
  - Loss of sense of taste or smell
  - Shortness of breath or difficulty breathing
- i) These may be unexplained new or worsening symptoms and may vary. Some people experience mild symptoms or no symptoms at all. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death. Older people or those with chronic illnesses may be at higher risk for a more severe form of the disease.
- j) For more information on COVID-19 please visit:  
<https://www.saskatchewan.ca/government/health-care-administration-and-provider-resources/treatment-procedures-and-guidelines/emerging-public-health-issues/2019-novel-coronavirus/about-COVID-19>
- k) In the case of a positive or suspected case within the SYSI programs, the following plan must be followed:



## 7.2 Communication

- a) It should be noted that this section could be subject to change if direction is provided from the government regarding new guidelines.
- b) All participants will be required to register for each season through their Zone or Community Association RAMP registration platform prior to their first game. This includes all players and team personnel.
- c) As part of the coach package, coaches will receive this document as well as SYSI Safety Action Plan (see section [9.0](#)). SYSI will place these documents and all other related to safety regarding the pandemic on their website. It will be the responsibility of the Zones and Community Associations to ensure the education, understanding and compliance of these safety protocols with their members/participants.
- d) Included in the registration, is a waiver for players/participants that will need to be completed and electronically signed, before a player can participate in any SYSI sanctioned activities.
- e) Information about stages/phases of play will be subject to change as Provincial Phases are changed. Any changes that occur will be recorded in these documents and will be posted to the website; an accompanying communication by SYSI will be sent out to all participating organizations. It will be the responsibility of these organizations to communicate these changes (if they occur) to their members.
- f) Signage will be displayed at the field to highlight access points for entering and exiting the field to decrease the risk of bottlenecks and maintaining physical/social distancing measures.
- g) Each participant will be made aware that the only items they may bring to the soccer centre will be a soccer bag to store their belongings and should contain a Ziploc bag with their name on it which contains tissues, masks, closed mouthed water bottles, hand sanitizer and medication (if required), etc.
- h) At the beginning of each game and training session, a safety orientation should be conducted by the coaches to the participants, to remind everyone what safety measures and protocols are expected when the participants are at the field.

## 7.3 League Guidelines and Procedures

### 7.3.1 **General Guidelines**

- a) Where possible social distancing measures are to be maintained.
- b) Mini leagues will operate in Phase 3 of [Saskatchewan Soccer Association's \(SSA\) Return to Play Plan](#) – small sided games up to a maximum 6v6 format (including goalkeepers) will be used for all mini league games.
- c) Mini leagues or participant bubbles will remain consistent for both games and training sessions. (i.e. a mini league cannot be separate for games and then crossover for training sessions).
- d) The maximum participants in a league/bubble is 50 persons, including players, and referees.

- e) Coaches, team managers, trainers and other team personnel are **NOT** included in the 50 person limit for a bubble/mini league **IF they are wearing a medical (surgical or procedural) mask at all times or those who wear a mask and maintain 2 meters of social distancing at all times.**
- f) The maximum participants that can occupy *the field of play* is 30 persons, as per the Government of Saskatchewan guidelines. *Team personnel and players not on the field of play are not considered part of the 30 person limit, however, mini leagues bubbles are still subject to a 50 person limit.*

### **7.3.2 Scheduling of Games and Format of Play**

- a) All games will be scheduled by SYSI.
- b) The Fall Schedule (Oct-Dec) will be released early October and the Winter Schedule (Jan-Mar) will be released in late December.
- c) SYSI shall schedule 8 games for the U5 – U9 mini leagues, 10 games for U11 and U13 mini leagues, 9 games for the U15 mini leagues, and 8 games for the U19 mini leagues per Fall or Winter Season.
- d) SYSI will ensure mini league games are scheduled in accordance with government guidelines.
- e) SYSI community mini leagues U5 will play 3v3 format, U6 will play 4v4 format, and U9 will play 5v5 format. Community Association mini leagues will be formed by SYSI by grouping teams from the same community or neighboring community when at all possible to ensure potential exposure sites are limited and localized.
- g) Zone in-house leagues U7 to U13 may choose their game format so long as it does not exceed the 6v6 format as indicated in Phase 3 of the SSA Return to Play Plan.
- h) SYSI mini leagues U15 and U19 will play 6v6 format.

### **7.3.3 Scheduling of Training Sessions**

- a) Zones will be allotted field times at the Saskatoon Soccer Centres and will assign training sessions to their U7-U13 teams ensuring teams sharing a training field are within the same mini league. SYSI will assign training sessions to any Community Association teams who have opted into training sessions as well as all U15-U19 zone teams, while ensuring teams sharing a training field are from the same mini league.
- b) The number of training sessions is set prior to the start of the league and varies within each Zone in-house mini league. SYSI will assign 8 training sessions per Fall or Winter season to any U5-U9 opted in community teams as well as 9 training sessions for U15 teams and 8 training sessions for U19 teams.

### **7.3.4 Parent and Tot**

- a) SYSI offers programs focusing on physical literacy and introduction to basic soccer concepts for participants age 2 – 4
- b) Players must be accompanied by one Parent/Caregiver participant to maintain social distancing practices wherever possible.
- c) The Parent-Tot program will have six sessions between October to December and January to March.

- d) Limited to 12 player participants and Parent/Caregivers in order not to exceed the indoor maximum of 30 participants.
- e) Two classes will be encompassing a 50 person mini league, and have one coach assigned to two classes.

### **7.3.5 Designated Indoor Spaces (Field Formats)**

- f) Saskatoon Sports Centre will utilize full size Sherwood and Family Focus fields as well as quarter field Trail Appliance and Kavia Autobody turf fields divided with the curtains to create and demarcate designated indoor spaces. These fields may be used for U11 to U19 mini league games and training sessions, U7 – U9 Zone D-League training sessions, as well as the potential of U5-U9 games on Family Focus or Sherwood field if appropriate portable field barriers are available to split the field in half.
- g) **Update 10/15/20 – When using the field partitions on Sherwood Chevrolet and Family Focus fields at the Saskatoon Sports Centre, please ensure cones are set up on each side of the partition to ensure there is a 1 meter distance between the cone and the partition. This will ensure social distancing is maintained between the two fields. It also prevents a tripping hazard posed by the support legs on the partitions themselves.**
- h) Saskatoon Kinsmen Henk Ruys Soccer Centre will be used as full fields or divided in half with the curtain for half field spaces for the younger ages (U5, U7, U9), into distinct indoor spaces.

### **7.3.6 Soccer Centre Entrance**

- a) Games and training sessions will take place at the Saskatoon Soccer Centre(s).
- b) Saskatoon Kinsmen Henk Ruys Soccer Centre (SKHRSC) at 219 Primrose Drive can be accessed through the main entrance.
- c) Saskatoon Sports Centre (SSC) at 150 Nelson Road can be accessed by using the main north entrance shared with Centennial Collegiate. The south entrance facing Attridge Drive will be locked and not accessible.
- d) All those entering the facility must exercise proper hand hygiene by washing or sanitizing upon entering and exiting the facility.

### **7.3.7 Spectators/Parents:**

- a) Only one parent/guardian may accompany a child to games and training sessions.
- b) Bringing additional children to spectate is strongly discouraged.
- c) The parent/guardian must check in with the team manager/coach indicate their name and relationship. Contact information for parents/guardians needs to be up-to-date and parents need to be reachable and readily available to pick up their children in case of illness or injury.
- d) **Update 10/15/20 - Live Barn app will be coming soon for those who wish to purchase the app for a nominal monthly fee to watch their child's game or training session from the safety of their home or vehicle.**

### 7.3.8 Mandatory Mask Use

- a) All persons entering the soccer centres must wear a mask and only players and referees may remove their mask when they are participating in the on-field activity. Masks will be available for purchase at both facilities if a participant, referee, or spectator does not have one.
- b) Updated 10/15/20 - Players are to wear their mask upon entering the soccer centre until they reach the field of play, and when they exit the field.
- c) Coaches, spectators, as well as Parent and Tot Parent/Caregiver participants are always to keep their mask on.
- d) There are three types of masks referenced in this document. Certain situations call for specific mask types (i.e. if coaching or playing in multiple bubble/mini leagues). Below are the differences between them:
  - i. Non-medical masks are usually homemade or cloth masks and should be worn while maintaining social distancing measures. These masks can be worn multiple times but need to be washed between each use
  - ii. Medical masks -surgical and procedural - are the blue masks medical professionals wear during medical procedures or doctor visits. A procedure mask has the ear loops, whereas a surgical mask uses ties rather than ear loops to secure the mask. Both types of medical masks are single use and need to be disposed of after each use.
- e) The soccer centres will be evaluating the need for this requirement throughout the progression of the indoor season.

### 7.3.9 Attendance and Contact Tracing

- a) Zones and Community Associations will need to take attendance of all participants including coaches, training staff, players, and parents/spectators. Any carpooling or ridesharing should be documented.
- b) Attendance shall be conducted by team coach or manager, with prescreening questions such as (see appendix for [screening questionnaire](#)):
  - Do you have a new cough, fever, or difficulty breathing?
  - Have you come in to contact with someone who has had to self/isolate, quarantine, or has been exposed to COVID-19 within the last 14 days?
  - Have you travelled outside of Canada within the last 14 days?
- c) The parent/guardian must check in with the team manager/coach indicate their name and relationship. Contact information for parents/guardians needs to be up-to-date and parents need to be reachable and readily available to pick up their children in case of illness or injury.
- d) Game sheets and/or attendance records are to be used for tracking/tracing purposes and used to assist the Public Health Authorities in the event of an outbreak. It is the responsibility of the coaches to accurately fill out the game sheets, including players who may come late. Any inaccuracies could have far reaching implications for tracking and tracing, so accuracy and consistency in this task is fundamental. Only participants present at the game or training session must be marked on the game sheet or attendance record. If a player is late, coaches will need to ensure that these players are recorded as well.

- e) Games sheets must be filled out prior to every game and deposited into one of the black game sheet boxes located near the entrances at each soccer centre. The SYSI office will keep these on file for at least one month.
- f) All attendance records should be kept by the Zones and Community Associations team personnel for at least one month for tracking/tracing purposes in the event an outbreak of illness occurs.
- g) Zones and Community Association must make players and parents/guardians aware of the above processes and guidelines.

#### **7.3.10 Arrival & Exit Procedures**

- a) Players should arrive at the soccer centre *no earlier than 10 minutes* prior to the scheduled game or training time, to ensure social distancing and numbers are kept at a minimum.
- b) No loitering or gathering in the commons area or other waiting areas before or after each session is permitted.
- c) Game and training times will be staggered to ensure participants maintain social distancing when entering and leaving the field, to ensure participants from different mini leagues or participant bubbles do not have contact with one another and to allow soccer centre staff adequate time to clean high contact areas.
- d) Training groups will need to wait until the prior group has finished cleaning their equipment and all members of the prior group have exited the field prior to entering.
- e) Team(s) must stay in their designated green room or dressing room until their scheduled time. They may proceed onto the field once the cleaning has been finished and the facility staff have left the field of play.
- f) Upon entering the field participants may start their warm-up activities with the restriction of soccer ball use until facility staff have completed their cleaning duties and have safely exited the field. This ensures facility staff are not injured by soccer balls while carrying out important cleaning tasks.
- g) A safe space for water bottles and player belongings will be located at the side of the training area and should be kept at least 2 meters apart from other participants belongings to maintain social distancing wherever possible.
- h) Once the session has finished coaches will instruct participants to pick up their personal effects and guide them to the exit of the field individually to maintain physical/social distancing.

#### **7.3.11 Dressing rooms**

- a) Saskatoon Kinsmen Henk Ruys Soccer Centre will have dressing rooms available to teams for the exception of shower access. All dressing rooms will be cleaned between uses by the facility staff.
- b) Saskatoon Sports Centre will not have dressing rooms available to teams, however designated male and female dressing rooms will have bathroom access for players and team personnel on the field level. These dressing rooms are not to be used for changing and no personal belongings are to be left within these dressing rooms.
- i) In all cases, participants are encouraged to come dressed and ready to participate to reduce gatherings and delays to game times.



- j) Common areas are not to be used as dressing rooms and personal belongings are not to be left in these areas.
- k) Participants may put their shoes on at the field and store their belongings on field if dressing rooms are not available to them. Participants are also encouraged to leave their belongings with their parent or guardian.

### **7.3.12 Cleaning and Sanitization**

- a) All participants (coaches, referees, players, parents, spectators, volunteers, and staff) will need to wash or sanitize their hands before and after a session.
- b) Sanitization stations will be located throughout both soccer centres.
- c) Team benches, goal posts, entrance/exit areas, and dressing rooms where available will be cleaned and sanitized by facility staff between each scheduled game, training session, or group use.
- d) Regular increased cleaning of high touch areas such as entrances, doors, railings, spectator benches, washrooms, etc. will be cleaned by facility staff.
- e) All team owned equipment needs to be collected and cleaned at the completion of a game or training session prior to leaving the field by team coaches or team personnel.
- f) All participants must ensure that their training/playing clothes are washed immediately after each use (upon returning home).
- g) Participants will be reminded dispose of all disposable material belonging to them in the garbage at the soccer centres, or to bring them home with them to be disposed of safely.

### **7.3.13 Minimizing Contact**

- a) All those entering the soccer centre shall practice social distancing of 6 feet apart from one another whenever possible.
- b) Coaches and staff will deter large crowds to ensure physical distancing measures and will direct crowds at their discretion.
- c) If belongings are being brought onto the field they are to be kept as distant from other belongings as possible. Closed mouth water bottles must remain in the players bags when not being used.
- d) No sharing of water bottles is permitted.
- e) Water fountains are limited to filling water bottles only.
- f) No handshakes, hugs, etc. at any time.
- g) **Update 10/16/20 - No heading or handling of the ball is permitted – i.e. No throw-ins. Players may utilize kicks ins at U11-U19. U7-U9 players may utilize both dribble in and kick-ins.**
- h) Any equipment that is shared (soccer balls, cones, etc.) will only be handled by staff or coaches.
- i) During the warmup prior to the game, players must stay on their half of the field, if a ball rolls into the opposition's half it needs to be retrieved by a coach or team personnel.

### 7.3.14 First Aid or Illness

- a) In the event of an injury, first aid will be administered by the coach or a member of the team personnel (or parent if the player has been picked up and off the field of play). The person assisting with the injured player must be wearing a medical (surgical or procedural) mask and gloves and properly dispose of mask(s) and gloves after use. As well, the player receiving first aid must wear a mask prior to receiving treatment. The player must remain masked until they are deemed ok to return to play. In the event of illness the player will remain masked until they have left the soccer centre buildings
- b) In the event of illness during a game or training session, the coach or team personnel will contact the parent to come and collect their child immediately from the field entrance. If the parent is not reachable the player will be escorted by two team personnel to a designated and quarantined area of the building until the parent is reached and has picked up their child. At Saskatoon Kinsmen Henk Ruys Soccer Centre this will be the first aid room and at the Saskatoon Sports Centre this will be a designated dressing room.
- c) **Updated 10/15/20** - Once in the designated isolation room, the player will wait for their parent to collect them. The accompanying team personnel will remain outside of the room and remain socially distant whenever checking on the player.
- d) **Updated 10/15/20** - When the player has been collected, the SSCI staff along with team personnel will ensure there is a clear path free from interaction so the player can leave the facility without coming into contact with anyone else. At the Saskatoon Sports Centre, the player will exit the building through the south exit (closest to outdoor fields) and through the front entrance at the Saskatoon Kinsmen Henk Ruys building.
- e) **Updated 10/15/20** - SSCI staff will clean high touch areas, as well as, coaches/team personnel will clean the equipment before resumption of play. SSCI staff will disinfect the isolation room, as well as any high touch points including commons areas, green rooms and areas used to enter and exit the buildings.

## 7.4 Roles and Responsibilities

### 7.4.1 Coach Responsibility

- a) Obligated to not attend if they have any symptoms or are ill or have been in contact with someone who is ill. Shall complete the [COVID-19 Screening Questionnaire](#) found in section 8.0 of this document and be clear of any listed symptoms prior to attending each game or training session.
- b) All coaches and team personnel are expected to go through the COVID-19 related material located in section 10.0 Additional Resources of this document. Coaches are expected to communicate the following safety measures to their team:
  - Hand washing, no spitting, elbow coughing, nose blowing, disposing of garbage, glove and mask use (if required), all procedures, transitions as they related to the program and each session, sanitization and equipment cleaning, etc.
- c) Equipment must be cleaned on field and gathered by coaches; no other participants are to handle the equipment.

- d) **Update 10/15/20** – When using the field partitions on Sherwood Chevrolet and Family Focus fields at the Saskatoon Sports Centre, please ensure cones are set up on each side of the partition to ensure there is a 1 meter distance between the cone and the partition. This will ensure social distancing is maintained between the two fields. It also prevents a tripping hazard posed by the support legs on the partitions themselves.
- e) Wearing masks is required for all scenarios when they are present at the soccer centres as well as situations such as team meetings, parent meetings, coaches' meetings, etc. As much as possible, these meetings should be conducted via an online format, such as Zoom or Facebook Messenger Video Chat.
  - f) Prior to each game or training session coaches will deliver an on-field orientation, reiterating physical/social distancing measures, coughing/sneezing etiquette, outlining designated areas (i.e. isolation areas), exit and entrance procedures and transitioning from the field.
  - g) Create and organize activities to ensure and maximize physical/social distancing where possible when conducting training.
  - h) Create activities to ensure that athletes stay within the existing groups to limit contact between participants.
  - i) No heading or hand contact with the ball during the sessions or games – feet only. Goalkeepers are the only player on the field who can use their hands during training sessions and games.
  - j) Be cognizant of any equipment that gets misplaced, coaches will be responsible for moving it back to proper position. Under no circumstances should the participants do this.
  - k) Be cognizant of any stray balls that may leave the fields as coaches will be responsible for gathering and returning the ball to the appropriate field. Under no circumstances should the participants do this.
  - l) Provide participants with regular sanitization and water breaks.
  - m) Guide and take players to exit after each session, ensuring participants are following the floor signs, and designated floor map.
  - n) If required coaches may need to administer first aid to an injured player. Proper mask and gloves are to be worn in these instances by the coach (gloves should be appropriately discarded after each use). Players will need to be given a mask while before being attended to.
  - o) As per SSA guidelines, SYSI coaches may coach and/or play in more than one bubble/mini league only under the following conditions:
    - i. The coach maintains 2 metres social distancing at all times and wears a nonmedical mask, OR;
    - ii. If the coach cannot maintain social distancing at all time, they must wear medical (surgical or procedural) mask.
    - iii. If these conditions cannot be met coaches cannot be involved with more than one bubble/mini league

#### **7.4.2 Parent/Guardian Responsibility**

- a) Obligated to not attend events in any capacity if they have any symptoms, feeling ill, or has been in contact with someone who is ill and must keep their child home as well.

- b) Ensure child is healthy with no signs of any symptoms, recommended to take temperature prior to coming to each game and training session. Parent shall complete the [COVID-19 Screening Questionnaire](#) found in section 8.0 of this document both for themselves and their child and be clear of any listed symptoms prior to attending each game or training session.
- c) Review the physical/social distancing, hand hygiene, and safety procedures with participants to ensure there is obvious understanding of the expectations of the program and at each game and training session.
- d) When dropping their child off for games or training they may not enter the field areas on the main levels of both soccer centres, unless they are a Parent/Caregiver Participant in the Parent-Tot Program.
- e) Ensure the child/participant has all the items that is required to participate. On top of a soccer bag for clothing items/shoes and a closed water bottle, a ziploc bag marked clearly with the child's name can be brought to the field, and should include items such as:
  - Hand sanitizer
  - 2 masks
  - Medication if required (e.g. inhaler for asthma)
  - Band aids for minor scrapes
  - Tissues
- f) Only one parent/guardian per household may stay to watch training sessions and games, to follow the indoor gathering sizes and to maintain social distancing, and safe cleaning measures. Bringing other children is strongly discouraged.
- g) Parents/Guardians and any other spectators will be required to wear a mask for the full duration of their attendance in the soccer centre.

### **7.4.3 Participant Responsibility**

- a) Obligated to not attend if they have any symptoms, are feeling ill, or have been in contact with someone who is ill. Shall complete the [COVID-19 Screening Questionnaire](#) found in section 8.0 of this document and be clear of any listed symptoms prior to attending each game or training session.
- b) Come prepared in clothes ready to participate, shoes can be changed into at the field. Participants can bring a soccer bag in order to store clothing and outside shoes/boots and should contain a ziploc bag with their name on it which contains tissues, masks, closed mouthed water bottles, hand sanitizer, medication, and band aids for minor cuts (if required). No other personal items should be brought with them.
- c) Participants will be reminded to take all personal disposable material belonging to them and dispose of them in the garbage at the soccer centre or home to be disposed of safely.
- d) In order to ensure their own safety and the safety of others, the participant and their accompanied parent/caregiver must commit to accept and put into practice the physical/social distancing and all other safety protocols as a part of the Saskatoon Youth Soccer Indoor league.
- e) No handshakes, hugs, etc. at any time.

- f) No shared use of water bottles or other personal belongings.
- g) No head or hand contact with the ball.
- h) Goalkeepers must not at anytime spit or use water from water bottles or use the water fountains to wet their gloves. Goalkeepers will be required to change their gloves immediately in any of these scenarios.
- i) Goalkeeper gloves cannot be shared during a game or practice session, and, like the rest of the uniform **MUST** be washed in between each use. Keepers should sanitize their hands immediately before and after each use of goalkeeper gloves.
- j) All participants must ensure that their training/playing clothes are washed immediately after each use (upon returning home).
- k) As per provincial health authority guidelines, the use of a mask is highly recommended in all scenarios. Mask use may be encouraged while the participant is sitting on the sidelines during a game or training session. A mask must be worn while entering and exiting the field and all other instances while not on the field in a game or training session.
- l) As per SSA guidelines, although it is highly discouraged, however, players may partake in more than one bubble/mini league operating up to and including Phase 3 in SSA's Return to Play Plan. Players and parents/caregivers must ensure that stringent safety practices are upheld by these participants.

## 8.0 COVID-19 Screening Questionnaire

**This questionnaire should be utilized by parents, team personnel to assess whether they should attend a soccer event (Game or Training Session).**

Risk Evaluation Screening Questions:

Do you or your child have any of the symptoms below:	Circle on option:	
• Fever	Yes	No
• New cough	Yes	No
• Shortness of Breath/Difficulty breathing	Yes	No
• Chills	Yes	No
• Sore Throat	Yes	No
• Conjunctivitis (Pink Eye)	Yes	No
• Painful Swallowing	Yes	No
• Runny nose/nasal congestion	Yes	No
• Loss of smell or taste	Yes	No
• Loss of appetite	Yes	No
• Nausea/vomiting/diarrhea	Yes	No
• Joint or Muscle aches	Yes	No
• Feeling unwell or fatigued	Yes	No
Has the person(s) attending the soccer centre(s) travelled outside Canada in the last 14 days?	Yes	No
Have you or your child been in contact with someone who has travelled outside of Canada in the last 14 days?	Yes	No
Has anyone in your household been in contact in the last 14 days with someone who is confirmed or being investigated to be a case of COVID-19?	Yes	No

**If you have answered no to ALL of the above questions, you may come to Soccer.**

**If you have answered yes to ANY of the above questions, please stay home and call 811 for further instructions. Please DO NOT attend any soccer events or enter the Saskatoon Soccer Centres.**

## 9.0 SYSI Safety Action Plan

### 9.1 SYSI Contacts

- a) **SYSI Safety Officer:**
  - Jordan Paul – [info@saskatoonyouthsoccer.ca](mailto:info@saskatoonyouthsoccer.ca) or (306) 975-3413; will work closely with appropriate authorities if an outbreak were to occur.
- b) **SYSI Staff Contacts:**
  - Amanda Probe – Executive Director – [executivedirector@saskatoonyouthsoccer.ca](mailto:executivedirector@saskatoonyouthsoccer.ca)
  - Erin Fehr – Operations Coordinator – [operations@saskatoonyouthsoccer.ca](mailto:operations@saskatoonyouthsoccer.ca)
  - Dan Kelly – Programs Coordinator – [programs@saskatoonyouthsoccer.ca](mailto:programs@saskatoonyouthsoccer.ca)
  - Jordan Paul – Administrator – [info@saskatoonyouthsoccer.ca](mailto:info@saskatoonyouthsoccer.ca)
- c) **First Aid:**
  - Zone and Community registered coaches or team personnel will administer first aid and will call 9-1-1 in cases of an emergency.

### 9.2 Game and Training Session Deployment

- a) Zone and Community Association mini league or participant bubbles are scheduled by SYSI.
- b) Zones will be provided training session times as per indicated prior to registration, community associations can opt into training sessions provided by SYSI
- c) Soccer events will take place at 2 predetermined Soccer Centres in the city of Saskatoon
  - Saskatoon Kinsmen Henk Ruys Soccer Centre - 219 Primrose Drive
  - Saskatoon Sports Centre – 150 Nelson Road
- d) Small sided game formats can only be played up to a max of 6v6
- e) Leagues/bubbles can only be comprised of 50 persons max (players, team personnel, and referees)

### 9.3 Zone and Community Association Responsibilities

- a) Team personnel will act as an onsite safety officer, ensuring all safety protocols are met, including educating participants about the safety measures, and delivering an on-field safety orientation at every event. They will be in close contact with the SYSI safety officer if serious injury or sickness occurs.
- b) Coaches are responsible cleaning equipment in between each session and at the end of each event.
- c) Separate entrance and exit to field to ensure social distancing.
- d) Parents will not be permitted at the field level unless there is an emergency. They will drop their child off with the coach and proceed up to the spectator area
- e) All participants are encouraged to wear a mask where/when they can.
- f) Masks are mandatory for all coaches a part of SYSI leagues.
- g) Hand sanitizing is required before entering and exiting the field.
- h) Sanitizer stations will be set up at Field entrances and exits and building entrance and exit points.

- i) Players/parents/coaches will be asked to stay home if they are not feeling well or have been in contact with anyone quarantining or showing symptoms of COVID-19 (please refer to section [8.0 COVID-19 Screening Questionnaire](#)).
- j) There will be a designated quarantine/isolation area in both soccer centres, in the case where someone becomes unwell during games or training sessions. Team personnel will escort the participant to the isolation area donning the proper PPE (Mask and gloves) while maintain social distancing.
- k) The coaches will alert the parents for pick up and keep the player separated from the other players and will notify the SYSI safety officer.
- l) In the event someone becomes ill during a game or training session, the event will immediately stop, parents will be alerted to pick up their children, so that soccer centre staff can clean the affected areas.
- m) Parents must have a plan in place if their child becomes ill or in the case of emergency during soccer events.
- n) All equipment used during the games and training session will be sanitized between groups and at the conclusion of their allotted time on the field.
- o) All coaches will have reviewed the information sent out by the province as to understand and recognize COVID-19 symptoms (see links in the appendix of the SYSI Return to Play Plan)

#### **9.4 Safety Officer Responsibilities**

- a) If someone does test positive for COVID-19 that has been at training or playing in any of the SYSI leagues the safety officer will contact the participant/caregivers as well as the Saskatchewan Health Authority to make sure what steps to take next.
- b) The SYSI safety officer will be in continual contact with Saskatchewan Health Authority as well as the Zone or CA on how best to Return to Soccer.
- c) The SYSI Safety Officer will notify Saskatchewan Soccer Association.



## 10.0 Additional Resources

### 10.1 Health and Safety Contacts

- a) Government of Saskatchewan [Self-Assessment Tool](#)
- b) Health Line – 811
- c) Saskatoon Youth Soccer Safety Officer: Jordan Paul phone 306-975-3413 or email [info@saskatoonyouthsoccer.ca](mailto:info@saskatoonyouthsoccer.ca)

### 10.2 COVID-19 Information Links and Resources

- a) [About COVID-19](#)
- b) [Hand Hygiene](#)
- c) [Hand Washing Video for Kids](#)
- d) [Physical Distancing](#)
- e) [COVID-19 Self-Assessment Tool](#)
- f) [COVID-19 Self Monitoring Tool](#)
- g) [Putting on Latex Gloves - Procedure](#)
- h) [COVID-19: How to safely use a non-medical mask or face covering](#)

### 10.3 Related Organization Return to Play Plans

- a) [Canada Soccer's Return to Soccer Guidelines](#) – May 22, 2020
- b) [Saskatchewan Soccer Association's – Return to Soccer Plan](#)
- c) [Saskatoon and District Soccer Referees Association Inc. \(SDSRAI\) – Return to Soccer Plan](#)
- d) [Saskatoon Soccer Centres Inc. \(SSCI\) – Re-Opening Plan](#)
- e) [Re-Open Saskatchewan Plan](#) – [Sports & Activities Guidelines pages 79-84](#)

## INDOOR COVID-19 POLICIES & PROCEDURES

Saskatoon Sports Centre & Saskatoon Kinsmen/Henk Ruys Soccer Centre

We are excited to welcome our community, members, and guests back to the SSCI facilities! The health and safety of those individuals and our staff team is our priority. All users of the facility must review the policies and procedures contained within this information package. It is the league or group representative's responsibility to distribute this information to all participants and ensure they understand and will adhere to these policies and procedures. If your group requires assistance, please contact Saskatoon Soccer Centre Inc. in advance of your booking to discuss how we can help!

**MASKS ARE MANDATORY AT BOTH FACILITIES. ALL PATRONS ARE RESPONSIBLE TO SUPPLY THEIR OWN MASKS.**

- Masks must be worn by players, team officials and referees before & after games. It is optional to wear masks during play.
  - All spectators must wear masks for the full duration of time they are inside the facilities.
  - Masks are available to purchase for \$1 at the Member & Guest Services desk at either facility.

### COVID-19 PROCEDURE OVERVIEW

**FIELD ENTER/EXIT PROCEDURES:** The procedures for how teams proceed to and from the field has changed. Details are on page 2 and the field level maps for each facility.

**SPECTATORS:** For youth games, spectators are limited to one per player who must go directly to the mezzanine level upon arrival at the facility (no field level access). If you need to assist your child, please do so prior to arriving or in the Commons Area/lobby before they proceed to their assigned field. Spectators are discouraged for adult games.

#### **DRESSING ROOMS**

- **Saskatoon Sports Centre:** Designated dressing rooms and showers are not available, but rather will be utilized as team 'Green Rooms' together prior to game time. All participants are to arrive no more than 10 minutes prior to the start of your game and be dressed to play (indoor shoes changed on site). No belongings are to be left in the rooms (please bring a bag to store outdoor shoes). Absolutely no changing on the fields or in public areas. Green Rooms are unavailable after your game.
- **Saskatoon Kinsmen / Henk Ruys Soccer Centre:** Dressing rooms will be available no more than 15 minutes before game time. Showers are not available. Initially we are not issuing keys, so please be mindful of your valuables. Please vacate dressing rooms post game within a reasonable time or at the request of the Service Team.

**HAND SANITIZER:** Sanitizer stations are available at the facilities. Everyone is encouraged to also bring their own for personal use.

**DISINFECTING PROCEDURES:** Areas of the field (benches and surrounding area, flags and nets) will be disinfected between every game. Additional cleaning will also be done in the public areas, washrooms and mezzanine areas. Green rooms at both facilities will be disinfected between uses.

**PHYSICAL DISTANCING:** Physical distancing is to be practiced in all areas of the facilities at all times, including Green Rooms, seating areas, main foyer and mezzanine levels.

**ISOLATION ROOMS:** Isolation rooms will be made available at each facility in the event a player begins to exhibit symptoms during a game and is unable to immediately leave the facility.

**GUIDELINES:** All policies and procedures set forth by the Province of Saskatchewan, Saskatchewan Soccer Association, and your associate league must be followed at all times. Failure to do so may result in your removal from the facility – and we all just want to play! As the situation evolves, adjustments will be made as needed.

## INDOOR COVID-19 POLICIES & PROCEDURES



Saskatoon Soccer Centre Inc. is committed to providing a healthy sports environment. Our indoor facilities are equipped with mechanical ventilation systems designed to provide fresh air throughout the buildings.

SSCI has also set new policies and procedures to provide the opportunity to play safely and physical distance as much as possible. These include wearing masks, having designated entrances and exits for the facilities and fields when possible, additional hands sanitizer stations and increased disinfecting and cleaning practices. SSCI staff are on hand throughout the facilities to help any way they can!

MASKS ARE MANDATORY AT BOTH FACILITIES. ALL PATRONS ARE RESPONSIBLE FOR SUPPLYING THEIR OWN MASKS. Masks must be worn by players, team officials and referees before and after games. It is optional to wear masks during play. All spectators must wear masks for the full duration of time they are inside the facility. If needed, masks are available to purchase for \$1 at the Member & Guest Services desks.

REVIEW THE PROVINCE OF SASKATCHEWAN'S COVID-19 PRE-SCREENING TOOL PRIOR TO ARRIVING AT THE FACILITY. IF YOU HAVE SYMPTOMS, DO NOT ENTER THE FACILITY AND START FOLLOWING COVID-19 PROCEDURES IMMEDIATELY.

### PRE-GAME PROCEDURES

- Review the attached field level maps for the two facilities to familiarize yourself with where you are to go once you arrive at the facility.
- Arrive no more than 10 minutes prior to the start of your game. There will be no field level access prior to this time.
- Be dressed and ready to play. Change into your playing shoes once inside the Green Room.
- Upon arrival, proceed directly to the Green Room (see above 'Dressing Rooms') on your assigned playing field. Do not remove your mask and spread out as much as possible to adhere to physical distancing guidelines.
- **YOUTH PLAYERS:** You may meet your coach in the Commons Area/lobby and proceed to the playing field or Green Room (see above 'Dressing Rooms') as a group. Parents and spectators are not allowed at field level.
- Do not enter your assigned field until the SSCI staff have finished the disinfecting process and give the thumbs up to proceed.
- After clearance, proceed through the designated field entrance to your bench area and place your personal belongings behind your bench. Outdoor shoes are not to be worn or placed directly on the fields. Please use bags to store. SSCI is not responsible for lost or stolen items so please leave your valuables at home.
- There is limited space at the bench areas. Please physical distance on the sidelines when not playing.

### POST-GAME PROCEDURES

- Time is limited between games so do not linger. Quickly put on your outdoor attire (except outdoor shoes) and collect your belongings. Absolutely no changing on the fields or in public areas.
- Proceed quickly to your designated field exit, follow the directional arrows and proceed through the field level doors and continue into the lobby to change shoes and exit the facility. You may also proceed directly to the Restaurant/Pub areas on the second level at either location for an after-game refreshment.
- All players and spectators are to exit as quickly as possible. Do not congregate on the mezzanine or at the exit areas.
- **YOUTH PLAYERS:** Parents are to arrange to meet their children in the lobby after the game. There will be no loitering allowed at the main entrances/exits of the facilities.

Adjustments may be made to these procedures. Please follow the guidance of the SSCI staff and adhere to the signs posted at the facilities.

Thank you for your cooperation

# Saskatoon Sports Centre

Saskatoon Soccer Centre Inc. (A)

306.975.3400 info@saskatoonsoccer.com

[www.saskatoonsoccer.com](http://www.saskatoonsoccer.com)

## SASKATOON SPORTS CENTRE



# Saskatoon Kinsmen/Henk Ruys Soccer Centre

219 Primrose Dr, Saskatoon, SK

SASKATOON KINSMEN/HENK SOCCER CENTRE

